



## **Discipleship Group Year 1- Knowing God and Trusting Jesus**

**Leader's personal prayer for your group:** That those within my influence know God the Father, Jesus the Son, the Holy Spirit and why we should trust them. That any barriers to their faith in God is overcome.

**Instructions: Select when you will do the activities in each section and place on the calendar.**

### **Knowledge: Renewing our minds to think like Jesus 3 lessons total of 30 weeks**

1. Romans 12 on 4:19 website (combine lessons as these can be short) – 8 lessons
2. *Disciple Essentials* by Greg Ogden – 6 lessons
3. *Accountability Lesson: The Gift of Loving Accountability* on 4:19 website – 1 lesson
4. *The 4 Calls of Christ & Key Behaviors of a Disciple* on 4:19 website – 2 lessons
5. PLACE assessment workbook (DiscipleLife) – 4 lessons
6. *3 Simple Rules* – by R. Job – 3 lessons

### **Skills: Develop our capabilities so we say “yes”, when the Holy Spirit asks us to do God's work**

1. Spiritual Journey (documents on 4:19 website) – 30 minutes for each member
2. Why Memorize Scripture handout on 4:19 website – 30 minute discussion
3. Help them to pray aloud if they have never done before (writing it first – 1-1 is best)

**Character: Spiritual practices are activities that we do with God we we start responding like Christ (example – overcoming temptations Luke 4:1-13). These are not outward behaviors but practices that draw us closer to God to allow Him to transform us. Start slow and move up. Example:**

1. Practice 4 or more hours a quarter in silence and solitude
2. Start serving the poor, homeless, enslaved and lost on a regular basis
3. Practice fasting once per week and use that time to pray. Make sure to focus on God in prayer.
4. Meditate on the **Attributes of God** and **Names of God** on 4:19 website – Cover 1 per week until done

**Development: These are activities that are often overlooked but super impactful in growth**

- Consider spending 1-1 with each group member to help them personally. This should include understanding barriers and gently encourage them to become a church member, get baptized, pray aloud, start serving, start giving and other big steps that move us deeper with Jesus.



- Ask them to share their memorized Scripture each week and consider starting a book of them.
- Use Targeted Prayer or Prayer Request sheets from 4:19 website for sharing time
- Serve together – this is to help those hesitant to start using their gifts. Go as a group to get them connected.
- Engage members to lead activities within your group like serving together, birthday celebrations, social planning and attending events/conferences. This will allow more life-on-life time.
- Assign prayer partners for accountability and rotate as best for the group
- Have them create a missional prayer list of people to show God’s love to and disciple in the future
- If anyone in the group has not read the Bible in full, encourage them in a full reading plan. Do it together and spur each other on.

**Don’t forget:**

- Review covenant as needed
- Pray daily for your group
- Enter your attendance in Realm