# Surgical Insights: Sports Medicine Knee Surgery

## **Course Director**

Miho J. Tanaka, MD, is the Director of the Women's Sports Medicine Program at Massachusetts General Hospital and is a faculty member at Harvard Medical School.

Dr. Tanaka's primary research focus is biomechanics, imaging, and anatomy of the patellofemoral joint as it relates to patellar instability. She was awarded the Patellofemoral Surgical Anatomy Excellence Award by the Patellofemoral Foundation and the Arthroscopy Association of North America in 2014 and was the recipient of the 2017 and 2019 grant awards from the Arthroscopy Association of North America.



Miho Jean Tanaka, MD Boston, MA

has served as a physician member on the advisory board for Under Armour's Connected Fitness Programs.

Dr. Tanaka currently serves as the Chair of the American Academy of Orthopaedic Surgeons Video and Multimedia Committee for the Orthopaedic Video Theater and is a contributor to the American Academy of Orthopaedic Surgeons Sports Medicine Content Committee. She serves on the Electronic Media Editorial Board of the American Journal of Sports Medicine, the Editorial Board of the Arthroscopy Journal, and the Associate Continuing Medication Education Editor Panel of the Journal of Bone and Joint Surgery. She was an Amer-

ican Orthopaedic Society for Sports Medicine Traveling Fellow to Asia in 2017, an American Academy of Orthopaedic Surgeons Leadership Fellow in 2017 and 2018, and was inducted into the American Orthopaedic Association in 2018.

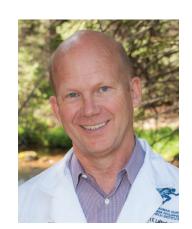
#### Dr. Tanaka has served as a team physician for multiple professional, semiprofessional,

and collegiate sports teams and has an interest in promoting injury prevention education among athletes. She was awarded the Community Partnership Grant by the Eileen Fisher Foundation in 2015 and 2016 for organizing injury prevention education programs in local girls' schools and

## Module Editors



Elizabeth A. Arendt, MD, FAAOS Minneapolis, MN



Robert F. LaPrade, MD, PhD, FAAOS Edina and Eagan, MN

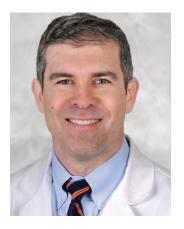


Christian Lattermann, MD, FAAOS

Boston, MA



John Kelly IV, MD, FAAOS Philadelphia, PA



Brett D. Owens, MD, FAAOS East Providence, RI

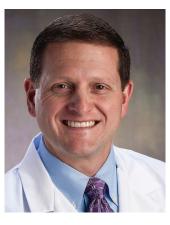
### Authors



Eric M. Berkson, MD, FAAOS Boston, MA



Andrew S. Bernhardson, MD San Diego, CA



James Bicos, MD, FAAOS Royal Oak, MI



Michael Robert Boniello, MD, MSc Camden, NJ



Kevin F. Bonner, MD, FAAOS Virginia Beach, VA



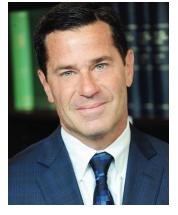
Robert H. Brophy, MD, FAAOS St. Louis, MO



Jorge A. Chahla Jr., MD, PhD Chicago, IL



Brian H. Cohen, MD Iowa City, IA



Brian J. Cole, MD, MBA Chicago, IL



Dan Courtney, BA, BS Philadelphia, PA



Lars Engebretsen, MD, PhD Oslo, Norway



Julian A. Feller, MD, FRACS Richmond, Australia



Rachel M. Frank Denver, CO



Andrew Gregory Geeslin, MD Kalamazoo, MI



Alan Getgood, MD, FRCS, Dip SEM. London, ON, Canada



Christopher D. Harner, MD, FAAOS Houston, TX



Betina Bremer Hinckel, MD Royal Oak, MI



Ann-Marie Kelly, MSc Philadelphia, PA



John Kelly IV, MD, FAAOS Philadelphia, PA



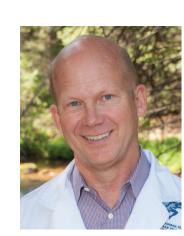
Michelle E. Kew, MD Charlottesville, VA



Mikhail Klimstra, MD Minneapolis, MN



Micheal Lee Knudsen, MD Minneapolis, MN



Robert F. LaPrade, MD, PhD, FAAOS Edina and Eagan, MN



Christian Lattermann, MD, FAAOS Boston, MA



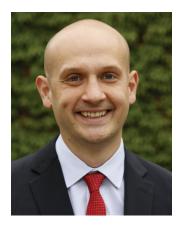
Justin Lea, MD Royal Oak, MI



Gergo Bela Merkely, MD Boston, MA



Xinning Li, MD, FAAOS Boston, MA



Sean Marx, MD Lexington, KY



Matthew J. Matava, MD, FAAOS St. Louis, MO



Brett Douglas Meeks, MD Dayton, OH



Mark D. Miller, MD, FAAOS Charlottesville, VA



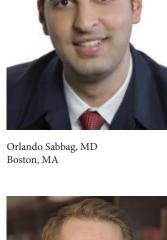
Gilbert Moatshe, MD, PhD Oslo, Norway



Adam O'Brien, MD Houston, TX



Robert Parisien, MD Philadelphia, PA





Austin V. Stone, MD, PhD Lexington, KY



Marc A. Tompkins, MD Minneapolis, MN



Armando F. Vidal, MD Vail, CO



Kate E. Webster, PhD Melbourne, Australia



Brady Thomas Williams, MD, BS Chicago, IL





Kelsey L. Wise, MD Minneapolis, MN Brian R. Wolf, MD, FAAOS Iowa City, IA