ANTI-AGEING PILLOWS
We love this copper-infused pillow from Kally Sleep, which claims to reduce the signs of wrinkles due to its antimicrobial properties. Sign us up!

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French brand MoEa has created what it claims are the world’s first bio sneakers, £77, made from apple cores, pineapple peel and other fruity offcuts. Just peachy!

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CELEBRITY

Graph of greatness
The good and bad of what we’re talking about this week

AMELIA DIMALDENBERG
The London-born comedian is hilarious on her YouTube series Chicken Shop Date, with guests including Maya Jama and Romesh Ranganathan. Check her out.

FRUIT TRAINERS
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MICRO PLAITS
Having baby braids in your hair à la Perrie Edwards is so in for summer – but do they just make us look 12?

TOM DAVIS
He’s the most loveable man on earth as the titular “geezer diva” in the Beeb’s King Gary. And now it’s back for a second series. We’re so happy!

SPIRIT UNTAMED
Don’t miss this feminist kids’ flick (voiced by Julianne Moore and Jake Gyllenhaal), which has a female co-director and producer. In cinemas now.

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CLUTTERCORE
Creative chaos is the anti-minimalism interiors trend we don’t need. We’ve only just finished tidying up!

GREAT
LINE OF GREATNESS
NOT SO GREAT

FORMER CLERK OF HANDFORTH PARISH COUNCIL, 62
I’ll miss the attention when it stops. When the parish council Zoom meeting went viral [Jackie famously removed several councillors from a call after they began to argue], my husband Stuart [69] said: “Let’s enjoy the ride! It’ll be back to normal on Monday.” But I did the BRITs [Jackie appeared in an opening skit to the 2021 awards, with Jack Whitehall and Line Of Duty’s Vicky McClure and Martin Compston] and now I’ve got a podcast. As you get older you realise you have more time behind you than in front of you, so it’s nice having this adventure.

I rarely lose my cool. My job [chief officer of Cheshire Association of Local Councils] involves problem-solving, so presenting myself as grounded is reassuring for people who are upset or angry, and is something I try to project even if I don’t feel it. But I do suffer from road rage. I’ve never got out of the car, but I do gesticulate, and somehow I feel better afterwards.

Women communicate better than men. When words don’t work, men shout and use their fists. Women are more subtle – we have non-verbal communication skills. Men don’t understand the range of communication women have. When they refer to us as hysterical, what they’re really saying is: “I can’t cope with the emotional content of this conversation.” [On the Zoom call], I felt that the two men who shared the iPad [council vice-chair Aled Brewerton and his dad] were almost engaging in a dysfunctional family gathering. We’d lost the sense of it being a formal meeting.

I don’t think we can teach men the skills we have, so we have to use our skills to make them feel more comfortable. That way we can engage with them better and get what we want.

Sexism is about exercising power. I’ve experienced sexism – you can’t be a woman of my age and not have. I thought we’d moved on, but I’ve had messages from younger women saying they still experience it in the workplace. That’s so disappointing.

I encourage women to get validation from themselves, because if you do, no sexism or put-down will get to you.

It takes a lot to impress your children. I don’t feel famous and my family certainly don’t see me any differently. When my son Michael [36] listened to my podcast, he said: “It’s all a bit weird. I was listening to this voice on the radio, and I thought: ‘That’s my mum! It didn’t seem right, somehow!’” I think you have to do much more than this to impress your children.

Fame’s easier as an older woman. The TV historian Mary Beard said she felt she could cope with fame coming to her later in life. I related to that with the BRITs, because if I’d been younger I would have felt intimidated. But when you’re older you don’t compare yourself to younger women, so you’re able to do things that 30 years ago would have been more challenging.

Jackie Weaver Has The Authority is available on Apple, Google and Spotify. Follow @Jackieweaverpod on Twitter

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