

# Dear Neighbor,

These are difficult times, but as your neighbor and friend, I want you to know that you are not alone. If you need any help, I live nearby and am ready to assist if you have any needs for food/supply runs, or if you just want to connect with someone and need a word of encouragement.

Please let me know if you need anything during this time when many of us are feeling disconnected from family and friends. I am here for you!

---

## SOME IDEAS I CAN HELP WITH:

- GROCERY STORE RUN AND DELIVERY**
- MEAL PROVISION**
- OTHER ERRANDS**
- SMALL CHORES**
- PRAYER**
- CONVERSATION**

YOU CAN CONTACT ME BY EMAIL: \_\_\_\_\_

OR PHONE NUMBER: \_\_\_\_\_