



# I Didn't Say That: God Helps Those Who Help Themselves

June 8 & 9, 2019 – John Ortberg

*Note to Leaders: Every group is different, so we are providing a summary study with additional discussion questions in the Going Deeper section. Please choose the questions that relate best to your particular group.*

**Follow up from last week:** Read 2 Corinthians 5:17 How have you experienced God's healing love this last week?

## Connect

- 1. What was most helpful to you from this weekend's services?
- 2. When do you find it hardest to admit you need help?

## Engage

1. Read Exodus 2:23, 25
  - Why did God start to bring the Israelites out of slavery?
  - What insights does this give us to the nature of prayer?
2. Read Exodus 17:8 -13. Looking at Moses, Aaron and Hur's actions:
  - What do you learn about the nature of prayer?
  - Why is continuing to pray important?

## Apply

1. Read Ephesians 3:20. What is God's capability compared to your need?
2. What stops you from asking for God's help more often?
3. Where do you most need help from God?

## Pray

Pray together:

Our Father in heaven, hallowed be your name,  
Your kingdom come, your will be done, on earth as it is in heaven.  
Give us today our daily bread.  
And forgive us our debts, as we also have forgiven our debtors.  
And lead us not into temptation but deliver us from the evil one.  
Thank you for hearing our prayers. Amen



## Going Deeper

### **Need help to pray?**

There are always members of the prayer team available after each service or during the week to pray with you.

### **Need someone to walk alongside you in a difficult situation?**

Go to [menlo.church/connect/support-recovery](https://menlo.church/connect/support-recovery) and select the kind of help you need most.

### **Serving Opportunity**

Consider becoming a member of the prayer team at your campus. Contact your Groups staff person to learn more. [menlo.church/about/team](https://menlo.church/about/team)  
Consider becoming a Stephen Minister [menlo.church/serve/stephen-ministry](https://menlo.church/serve/stephen-ministry)

### **Personal Spiritual Practice experiment**

Keep a prayer diary for your Life Group's prayer requests & review them each time you come to prayer. You will see God at work, and it will build your faith and your boldness in prayer.

