



Sermon Discussion Guide

3.22.26 Message | Scott Bates | Galatians 6:1-10

Note: This discussion guide is designed for both group and individual use. While some questions are written with group discussion in mind, individuals can still use this guide for personal reflection, journaling, and prayer. Simply adapt any group-oriented questions for your own study time.

LOOK BACK - Relationship & Accountability (~15% of your discussion)

→ Share Life

- What's something simple you're thankful for right now?
- What's been taking most of your attention lately?
- Is there anyone in your community who needs help right now, and how can our group come alongside them?

→ Follow Up From Last Time

- As you think back to last week, what stood out or stayed with you?
- Was there anything you felt invited to try, practice, or pay attention to this week? How did that go?
- Did that show up in any conversations, choices, or moments this week?
- Where did you see God at work - even in small ways?

LOOK UP - Scripture & Discovery (~60%)

→ Read (twice, in different translations)

- Read the text you are studying this week in the ESV out loud.
- Read the text you are studying this week a second time in an alternate version.

→ Retell

- In your own words, summarize what the author is saying in this passage.

Key Scripture (ESV)

Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ. For if anyone thinks he is something, when he is nothing, he deceives himself. But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. For each will have to bear his own load. Let the one who is taught the word share all good things with the one who teaches. Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. And let us not grow weary of doing good, for in due season we will reap, if we do not give up. So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith.

- Galatians 6:1-10

MESSAGE HIGHLIGHTS

- God's design for His church is not independence but interdependence; He weaves His people together to care for one another.
 - When someone falls into sin, the goal is not condemnation but restoration, done with gentleness and love.
 - Carrying one another's burdens reflects the heart of Christ and creates unity within the church.
 - Humility is essential in community—we are called to examine our own lives rather than compare ourselves to others.
 - Each person is responsible for their own walk with God while also caring for others.
 - The choices we make shape the direction of our lives—we will reap what we sow.
 - A life led by the Spirit produces ongoing good—serving others, giving generously, and persevering even when it is difficult.
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CONVERSATION STARTER

Think of a time when someone helped you through a difficult season—or when you helped someone else.

What made that experience meaningful, and what impact did it have on you?

DISCUSS THE MESSAGE (Does your group understand the message?)

- What did you like about this passage?
- Did you find anything difficult about this passage?
- What does this passage teach about God?
- What does this passage teach about people?

THINK DEEPER (Does your group understand the passage?)

- In **Galatians 6:1**, Paul says that when someone is caught in sin, they should be restored **gently**. Why do you think gentleness is so important in helping someone who has fallen? **Can you think of a time when someone helped restore you—or when you helped someone else?** What made that experience helpful or unhelpful?
 - Paul says to “**bear one another’s burdens**” in **verse 2**. What might that look like in real, everyday situations? Can you think of a time when someone carried a burden for you? What did that mean to you?
 - In **verses 3–5**, Paul warns about pride and encourages self-examination instead of comparison. Why is comparison so tempting, and how can it affect relationships within a church or group?
 - Paul talks about both **carrying one another’s burdens** (v.2) and **carrying your own load** (v.5). How do you think those two ideas fit together?
 - In **verses 7–8**, Paul says, “*You reap what you sow.*” Where do you see that principle play out in real life?
 - Paul warns about the danger of self-deception in these verses. Why do you think it’s easy for people to believe their choices won’t have long-term consequences?
 - In **verses 9–10**, Paul encourages believers not to grow weary in doing good. What makes it difficult to keep doing good for others over time?
 - What helps someone stay faithful and continue doing good, even when they don’t immediately see results?
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BRIDGE QUESTION

Based on this passage, what kinds of responses does it invite? What direction does it point our lives toward?

LOOK FORWARD – Application & Mission (~25%)

→ **Inside Me**

- Where do I need to bring my sin into the light instead of hiding it?
- What is one concrete step of obedience I can take this week to pursue Jesus in that area?

→ **Who Else?**

- Who might need encouragement that grace is real and change is possible?
- How can I move toward them with love and truth this week?

→ **Pray Together**

- Pray for clarity to see Jesus more clearly and follow Him faithfully.

- Pray for strength to resist anything that competes for our allegiance and next steps.
- Pray for courage and grace to take the next faithful step that God is inviting us into.