Cross & Crown Quilt

Approx Design Size: 27” square

Originally published in the Spring 1994 issue of Celebrations to Cross Stitch and Craft magazine
©2008 by Leisure Arts, Inc.

CLICK HERE to sign up for the FREE Leisure Arts E-newsletter at www.leisurearts.com to receive free projects, book reviews, handy tips, and more inspiration!
Cross & Crown Quilt

INSTRUCTIONS
For wall hanging, approx 27” square, you will need:

44/45”w 100% cotton fabrics
1 yd of cream
1 yd of pink
⅜ yd of purple
1 yd of desired fabric for backing and hanging sleeve
ruler
freezer paper
poster board
#2 pencil
washable fabric marking pencil
scissors
36” square of ½” thick low-loft polyester bonded batting
hand-sewing needle
white quilting thread
quilting needle
quilting hoop or frame
straight pins

PREPARING FABRICS
Wash all fabrics in a mild laundry detergent to remove sizing and to preshrink; dry fabrics. (Note: Do not use fabric softener in washer or dryer.) Press all fabrics to make cutting out quilt pieces easier.

MAKING TEMPLATES
Note: Patterns for templates A-C have two lines: a sewing line (dashed line) and a cutting line (solid line). Measurements given for templates D-I include ¼” seam allowances.

1. For templates A, B, and C, trace solid lines of all patterns (page 5) onto dull side of freezer paper. Trace arrow for straight of grain. Do not cut out pattern. Place freezer paper shiny side down on poster board. With iron set on cotton setting (do not use steam), place iron on freezer paper for 3-5 seconds; do not leave iron on freezer paper longer than 5 seconds or freezer paper may permanently fuse to poster board. Cut out templates directly on drawn lines and remove freezer paper. Write pattern letter and mark straight of grain arrow on each poster board template.

2. For template D, cut a 2½” square from poster board. Write D and mark straight of grain arrow on template parallel to one edge.

3. For template E, cut a 2¼” x 4½” rectangle from poster board. Write E and mark straight of grain arrow on template parallel to long edges.

4. For template F (setting squares), cut a 1½” square from poster board. Write F and mark straight of grain arrow on template parallel to one edge.

5. For template G (sashing), cut a 1½” x 10½” rectangle from poster board. Write G and mark straight of grain arrow on template parallel to long edges.

6. For template H (top/bottom borders), cut a 2¼” x 23½” rectangle from poster board. Write H and mark straight of grain arrow on template parallel to long edges.

7. For template I (side borders), cut a 2½” x 27½” rectangle from poster board. Write I and mark straight of grain arrow on template parallel to long edges.

CUTTING OUT QUILT PIECES
Note: All fabric pieces must be cut out straight and on grain in order for piecing to be accurate; therefore, it is important to take your time when measuring and cutting.

1. Place fabric right side down on a smooth flat surface. Lay template on fabric lining up arrow with lengthwise grain. Using fabric marking pencil, draw around template the number of times specified. Cut out pieces directly on drawn lines.

2. For quilt top, follow Step 1 and cut out quilt top pieces listed in table.

<table>
<thead>
<tr>
<th>CROSS &amp; CROWN QUILT TOP</th>
</tr>
</thead>
<tbody>
<tr>
<td>TEMPLATE</td>
</tr>
<tr>
<td>A</td>
</tr>
<tr>
<td>B</td>
</tr>
<tr>
<td>C</td>
</tr>
<tr>
<td>C</td>
</tr>
<tr>
<td>D</td>
</tr>
<tr>
<td>D</td>
</tr>
<tr>
<td>E</td>
</tr>
<tr>
<td>F</td>
</tr>
<tr>
<td>G</td>
</tr>
<tr>
<td>H</td>
</tr>
<tr>
<td>I</td>
</tr>
</tbody>
</table>
PIECING QUILT TOP

Note: When piecing quilt top, always match right sides, raw edges and seams of fabrics. Use regular sewing thread in machine. Use a short, straight stitch and a \( \frac{1}{4} \)“ seam allowance for all sewing; do not backstitch at beginning and end of stitching. Press seam allowances toward darker fabric whenever possible. When piecing, some ends of seam allowances will extend past edges of pieces; trim ends of seam allowances even with edges of pieces (Fig. 1).

1. For each block, follow Unit 1 diagram to sew pieces together to make Unit 1. Repeat to make a total of four Unit 1’s.

2. Sew one E between two Unit 1’s to make Unit 2. Repeat to make a total of two Unit 2’s. Sew one D between two E’s to make Unit 3.

3. Sew Unit 3 between two Unit 2’s to complete Block.

4. Repeat Steps 1-3 to make four Blocks.

5. Sew two Blocks between three G pieces to make Unit 4. Repeat to make a total of two Unit 4’s.

6. Sew two G pieces between three F pieces to make Unit 5. Repeat to make a total of three Unit 5’s.

7. Sew two Unit 4’s between three Unit 5’s to make Unit 6.

8. Sew one H piece to top and one to bottom of Unit 6; sew one I piece to each side of Unit 6 to complete quilt top.

ASSEMBLING QUILT

1. Cut backing fabric 4” larger than quilt top on all sides to allow for shifting during quilting.

2. Place backing fabric wrong side up on a flat surface; smooth out wrinkles. Center batting on wrong side of backing fabric; smooth out wrinkles.
3. Center quilt top right side up on batting; smooth out wrinkles. Placing pins at 4” intervals and starting at center, pin layers together.

4. Working from the center outward, baste all layers together in horizontal and vertical rows. (Note: Basting lines should be 2-3” apart, with outer basting lines ½” from edges of quilt top.) Remove pins.

**HAND QUILTING**

1. Secure center of quilt in hoop. Check quilt top and backing to make sure they are smooth.

2. Thread quilting needle with an 18-20” length of quilting thread; knot one end.

3. Beginning at center of quilt and working outward, stitch in the ditch along all seamlines. Bring needle up through layered fabric and batting. When knot catches on back of quilt, give thread a quick, short pull to pop knot through fabric into batting.

4. Use Quilting Stitch to sew layers together. (Note: For Quilting Stitch, hold needle with your sewing hand and place your other hand underneath quilt. Take tip of needle down through all layers. When needle touches your finger underneath, push tip of needle back up through all layers. Rock needle up and down, taking 3-6 stitches; then pull needle and thread through all layers. Stitches on quilt top and backing should be equal in length and have 5-7 stitches per inch. If stitches do not go through all layers evenly, you may need to take one stitch at a time. At the end of each length of thread, knot thread close to fabric and pop knot into batting; clip thread close to fabric.)

5. Remove basting threads.

**MAKING BIAS BINDING**

1. For binding, cut a bias strip 1½”w x 116”l from pink fabric. Matching wrong sides and long edges, fold and press strip in half.

2. Trim straight across each short end of bias binding. Fold one end of binding diagonally; press (Fig. 2).

3. Matching raw edges and beginning with pressed short end approx. 5” from a corner, pin binding to right side of quilt along one side. Lay binding around quilt to make sure that seams in binding will not end up at a corner. Adjust binding placement if necessary.

4. When you reach the first corner, use washable fabric marking pencil to mark ¼” from corner of quilt top (Fig. 3).

5. Using a ¼” seam allowance, sew binding to quilt top, backstitching at beginning of stitching and when you reach the mark (Fig. 4). Lift needle out of fabric and clip thread.

6. Fold binding as shown in Figs. 5 and 6 and pin binding to adjacent side, matching raw edges. When you reach the next corner, use pencil to mark ¼” from edge of quilt top.

7. Backstitching at edge of quilt top, sew binding to quilt top (Fig. 7); backstitch when you reach the mark. Lift needle out of fabric and clip thread.

8. Repeat Steps 6-7 to continue sewing binding to quilt top. Leaving a 2” overlap, trim off excess binding. Stitch overlap in place.

9. On one edge of quilt, fold binding over to quilt backing and pin pressed edge in place, covering stitching line (Fig. 8). On adjacent side, fold binding over, forming a mitered corner (Fig. 9). Repeat to pin remainder of binding in place.
MAKING A HANGING SLEEVE

1. Cut a piece of fabric 3” x 26½”. Press all edges ¼” to wrong side; press edges ¼” to wrong side again. Machine stitch pressed edges in place.

2. With one long edge of hanging sleeve just below edge of binding or top of quilt, center and pin hanging sleeve to backing. Whipstitch long edges of hanging sleeve to backing.

10. Blind stitch binding to backing.