



AM | PM

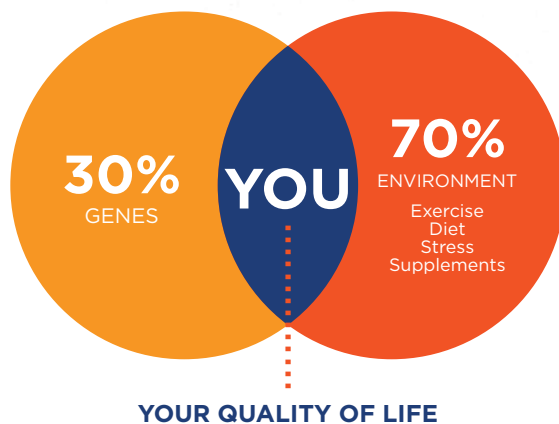
ESSENTIALS™

AN EVOLUTIONARY
STEP BEYOND
VITAMINS
AND MINERALS*

THE IMPORTANCE OF LIFESTYLE

GENES + OPTIMAL LIFESTYLE + AM & PM ESSENTIALS
= QUALITY OF LIFE

A person's quality of life is thought to be largely determined by the combined effects of genetics and environmental factors.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AM & PM ESSENTIALS BEYOND VITAMINS & MINERALS

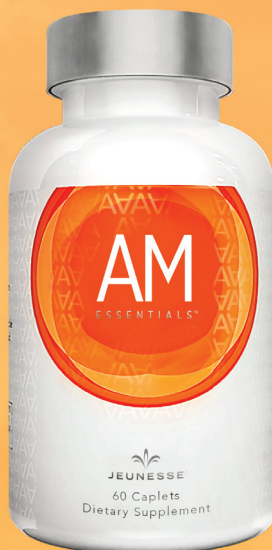
AM & PM Essentials include two supplement formulas that target your body's morning and nighttime needs. In each one of the 100 trillion cells that make up the human body, a biological clock is present that regulates our bodies' functions in the daytime and nighttime. AM & PM Essentials has exclusive formulas to improve your quality of life from the inside out, morning and night.*

wake up happy. sleep restfully.



AM ESSENTIALS ENERGY FOR THE DAYTIME*

WAKE UP HAPPY



AM ESSENTIALS INGREDIENTS

- VITAMINS (A, C, D, E, K, Thiamin, Riboflavin, Niacin, B6, Folate, B12, Biotin, Pantothenic acid)
- MINERALS (Calcium, Iodine, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum)
- TELOMERE MAINTENANCE COMPLEX (Soybean lecithin, Fenugreek seed, Turmeric root, Quercetin, Astragalus root, Cayenne pepper, Purslane, Vanadium)
- GENE EXPRESSION (Alpha lipoic acid, L-Carnitine tartrate, Coenzyme Q10, L-Carnitine HCl, Fisetin, Pterostilbene, Resveratrol)
- FREE RADICAL SCAVENGER COMPLEX (Ginkgo Biloba leaf, Green tea leaf, Green barley grass, Anthocyanins from bilberry and grape skin)
- DNA SUPPORT (Bacopa monniera, N-Acetylcysteine, Inositol)
- STEM CELL MAINTENANCE COMPLEX (Klamath blue-green algae, spirulina algae, chlorella algae, Fucoxanthin seaweed, Bladderwrack)
- CELL REGULATION COMPLEX (L-Glutamine, Guarana seed, DMAE bitartrate, Phosphatidylcholine, L-Phenylalanine, Taurine, L-Tyrosine, Cordyceps sinensis mushroom extract, Gotu kola leaf, Royal jelly)
- DIGESTIVE ENZYMES (Amylase, Neutral protease, Cellulase, Lactase, Lipase)

PM ESSENTIALS TO HELP INCREASE THE QUANTITY AND QUALITY OF SLEEP*

SLEEP RESTFULLY



PM ESSENTIALS INGREDIENTS

- VITAMINS (A, C, D, E, K, Thiamin, Riboflavin, Niacin, B6, Folate, B12, Biotin, Pantothenic acid)
- MINERALS (Calcium, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum)
- TELOMERE MAINTENANCE COMPLEX (Soybean lecithin, Valerian root, Fenugreek seed, Turmeric root, Quercetin, Cayenne pepper, Purslane, Vanadium)
- GENE EXPRESSION (Alpha lipoic acid, L-Carnitine tartrate, Acetyl L-Carnitine HCl, Betaine HCl, Coenzyme Q10, Fisetin, Pterostilbene, Resveratrol, MSM)
- FREE RADICAL SCAVENGER COMPLEX (Cruciferous vegetable concentrate, Grape skin extract, Green barley grass, Rosemary leaf extract, Tomato lycopene extract, Pine bark extract, Lutein from marigold flower)
- DNA SUPPORT (Bacopa monniera, N-Acetylcysteine, Inositol, Melatonin)
- STEM CELL MAINTENANCE COMPLEX (Klamath blue-green algae, spirulina algae, chlorella algae, Fucoxanthin seaweed, Bladderwrack)
- CELL REGULATION COMPLEX (L-Glutamine, L-Arginine, L-Ornithine, Inositol, Phosphatidylcholine, L-Tyrosine, Taurine, Cordyceps sinensis mushroom extract, Royal jelly)
- PROBIOTIC BLEND (Lactobacillus acidophilus, Lactobacillus plantarum, Bifidobacterium bifidum and Lactobacillus casei)
- DIGESTIVE ENZYMES (Amylase, Neutral protease, Cellulase, Lactase, Lipase)

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