

Message from the Isle

Midwestern Latitudes ~ Caribbean Attitudes
www.isleofiowa.com



March 2012
Vol. 15 Issue 1

News about the Isle

- * *From the Editor*
- * *Monthly Meetings*
- * *Information on the Phlock*
- * *Photos of the Phlock*
- * *Parrot Head Happenings*
- * *History of our Club*
- * *Regional Events*
- * *Club Calendar*
- * *Dis & Dat*

Quarterly Charity

March, April & May

Eastern Iowa Honor Flight

<http://eihonorflight.org/1801.html>

**For more information on
the club go to:**

www.isleofiowa.com

Words from our President

From Deanna's Window on the World
Deanna "Diego" Steggall - President

I can not tell you how many times I have sat down at the computer looking at this blank page and thought...Oh my what can I write about this time, what meaningful thing can I come up with that the membership both new and old will relate to and understand. What information can I give them that will matter or will they even read this page of the newsletter at all.

For the first time for me this letter is coming with easy. For the past 12 1/2 years I have watched this club grow and take flight, it's had a few speed bumps along the way but it picked itself up, dusted off its wings and continued on its path! Sometimes it wasn't easy but who ever said anything was going to be easy!

This club continues to grow and soar like an eagle because of the love many of us have to make sure it happens. It shows in our spirit, dedication and through the friendships this club has helped create. Every single one of you contribute to the success of this club through your time, talents and donations! Without all of those things this club would just not exist.

So, As we approach the 15th Birthday of this club, that we all have grown to love, I would like to say thank you to each and every one of you for doing your part! Thank you Susan for founding us, thank you to the 10 original members who are still apart of this club, thank you to the new members for checking us out and joining, thank you to the Board for your time and energy, thank you to all the

Continued on Pg. 2

Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

From the Editor

Newsletter Committee:

Editor:

Deanna Steggall

Photographer:

Dave Metz

Contribute to the Message from the Isle

Any appropriate articles such as letters, reviews, recipes, Parrot Head related stories, and/or personal experiences, are welcomed. Parrot Head related pictures are welcomed as well, and should be e-mailed to the Editor, Deanna Steggall, at deanna.steggall@gmail.com.

Deadline for articles in the quarterly newsletter will be the 1st of the month proceeding the newsletter. Any articles received after this date will be used in the following quarterly newsletter as long as the information is still relevant.

Message From the Isle is the official publication of the Isle of Iowa Parrot Head Club. Message From the Isle is published quarterly for all members of the club and sent to many other chapters and contacts nationwide. The views expressed in the Message From the Isle are solely those of the authors and do not necessarily reflect the opinions of the Isle of Iowa Parrot Head Club, its members, or Board.

people that support us through volunteering and/or donating and thank you to the businesses that allow us the space to come and do what we do best, "Raise money for good causes".

Lets keep this thing flying for another 15 years. I encourage each and everyone of you to make a little more effort this year. Come to one extra meeting, toss an extra \$1 in the donation jar for one of our Great charities, come to a Board Meeting, join a committee you have never been on before, invite a friend who you know enjoys the tropical lifestyle. We all know this thing is MUCH bigger than Jimmy Buffett! So help me in making the next 15 years just as wonderful if not better than the first 15 years!

As Kermit the Frog sings in "A Smile Connects Us"

"A smile is simple as a moon in space

It fills a room, it lights a face

It's a kind of message anyone can send

A smile connects us friend to friend."

Keep smiling friend!!!



For more information on our international organization of Parrot Head Clubs, please go to the Parrot Heads in Paradise, Inc. (PHIP) web site at www.phip.com. You can read their quarterly newsletter, TradeWind Times, and be kept up-to-date on Parrot Head Clubs across the country and internationally.

Monthly Meetings

Our Monthly Business Meeting's

Deanna Steggall

Fast Facts:

What: Monthly Meeting

Where: Downtown Fieldhouse, 411 First St. S.E., CR

When: March 15 & April 19

Time: 5:30 p.m. – 10 p.m.

Don't let the name of this article confuse or intimidate you! We still have a great time even though it is called a Business Meeting. The charity for our quarterly raffle of March/April/May will be Eastern Iowa Honor Flights.

We accept donations for Waypoint Services & Johnson County Crisis Center, such as canned goods and non-perishables. The need for empty plastic food containers is always needed. Please go to their website at www.waypointservices.org & www.johnsoncountycrisiscenter.org for an updated list of their needs, or see the list in this newsletter.



We will also be collecting beverage tabs for the Ronald McDonald House Iowa City.



of



Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Monthly Meetings



OPH & Monthly Meetings



Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Monthly Meetings

Join us on that One Particular Harbor

Deanna Steggall

Fast Facts:

What: One Particular Harbor (OPH)
Where: Smuggler's Wharf, 95 16th Ave., SW, Cedar Rapids
When: April 4, 2012
Time: 5:30 p.m. – 10 p.m.

This is a great place for food and drinks plus they are on our membership card.

Fast Facts:

What: One Particular Harbor (OPH)
Where: Gus'Food & Spirit, 2421 Coral Court, Coralville
When: May 2, 2012
Time: 5:30 p.m. – 10 p.m.

We always have a great time at Gus'. Our last OPH here was one of the largest we have had in a long time! The wait staff is fast and friendly, the food is awesome and it also gives those who live in Johnson County the opportunity to go out somewhere closer to home! Again on our membership card!

Fast Facts:

What: One Particular Harbor (OPH)
Where: Noelridge Park, 4900 Council St. NE, Cedar Rapids
When: June 6, 2012
Time: 5:30 p.m. – 10 p.m.



This will be our first Family Picnic of the year. Children, Friends, Family & well-behaved dogs are welcome at Family Picnics. Please bring a dish to pass & the beverage of your choice. The club will provide table service, A variety of meats and charcoal for the grill. The club also provides the Best part of the night the GRILL MASTER himself!!!!



Isle of Iowa Parrot Head Club
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Information on the Phlock

Des Moines Bus Trip

Bart Mason ~ Membership Director

We need a few good parrot heads to help us out with an important assignment! Are you ready, willing and/or able to step up and help us out?

We (Isle of Iowa Board) are asking for volunteers to serve on a committee to help us out with the planning for the Des Moines bus trip. This special Parrot Head Party Bus committee will be asked to work with a board liaison to help plan the activities for the trip to Des Moines. In addition, we may also ask this committee to give our board representative feedback and help us generate ideas for the Tuesday on the Island Tailgate at the Wells Fargo Arena. As one of the official sponsors for this special event, our club has the opportunity to gain a tremendous amount of exposure. To say the least, it is a really unique & special opportunity for our club and we are looking for some pholks to help us "think big" & take maximum advantage of it.

Please e-mail me back if you would be willing to serve on this committee. Additional details (including the date of our first meeting) will be provided at the club meeting next week (Thursday, March 15) and the committee will need to meet soon after that to get working on the details!

WOO HOO...it's a great time to be on the Isle of Iowa!!!

Concert Tickets

Deanna Steggall ~President

As expected the concert came on us with a BANG! But to our surprise it wasn't our normal venue in Alpine, it was Des Moines. As soon as the concert was announced the flurry for tickets began. A notice was put out for those wishing to request tickets to get in touch with me ASAP. Within a week we were confirmed with the number of tickets our club would receive and then we had a little over a week to collect the funds and get them sent to the Des Moines Ticket Coordinator. Our club requested 5 times the number we requested last year and were granted everyone and MORE. We should feel pretty fortunate.

With that being said I would like to remind everyone that club tickets are a **PRIVELEDGE** not a right! If for some reason you can not use your ticket it must go to another club member! While at the concert the club member the seat belongs to must be the person using the ticket, not a friend or non club member! Please remember to keep this in mind or we all could potentially lose our club ticket privileges.

Also if you are interested in club tickets to another venue, your request must come to the president of the club (me) and I will forward the request on. These are PHIP rules so please abide by them ! Finz Up and let's have FUN in Des Moines!

Isle of Iowa Parrot Head Club
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Information on the Phlock



**Reserve
Your Seat
Today!**
Concert Ticket Not Included

The Wheels on the Bus Go...

Round & Round as the *Parrothead Party Bus* (sponsored by the Isle of Iowa) travels to the Des Moines for the *Welcome to Fin Land Concert*

When:
Tuesday, April 17, 2012

Bus will depart from Cedar Rapids at 12:00 p.m. (tentative-may be earlier) and will pick up Parrot Heads in Coralville on the way (estimated return time is 1:00 a.m.).
Departure times may be adjusted to an earlier departure time depending on pre-party plans.
The trip includes a fun-filled bus ride with your phriends, and a ticket to the official pre-party.
Please Note: *Concert Ticket Not Included*

Cost:
\$50 per person
Cost includes transportation, jello shots, games & entertainment on the bus, and admission to pre-party.

PLEASE NOTE:
A \$40 non-refundable cancellation fee may be charged if you need to cancel and your seat can not be resold to someone else.

To Reserve Your Seat...
Seats will be reserved on a first-come, first serve basis. To reserve your seat on the bus, you must contact Bart Mason, Membership Director at 319-930-2833 or by e-mail (themason4@mchsi.com) to add your name to the list and make arrangements to pay for your seat in advance. This trip is open to all—club members & non-club members so spread the word to co-workers, neighbors, friends & family.



Don't Miss the Bus
and the chance to
Party With a Purpose
and celebrate the return of
Jimmy Buffett & the Coral Reefer Band!

Isle of Iowa Parrot Head Club
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Information on the Phlock

Happy 15th Birthday Isle of Iowa

Deanna Steggall

Fast Facts:

What: Club 15th Birthday Party
Where: Fairfax Legion; 216 Main St., Fairfax
When: April 28th, 2012
Time: 6pm –?



Can you believe it has been 15 years? Where has the time gone, well to raising lots of money for some very worthy charities. I know the date is a little early this year but with Mother's Day and graduation's we wanted as many people as possible to make it to this years Birthday Party.

We have lots of fun planned with some great activities and games as well as the opportunity to just hang out and have fun with our fellow Parrot Heads!

Make sure you have marked the date as we would love to see a huge group at this years 15th Birthday Party. Plus don't miss the announcing of our Parrot Head of the Year!!

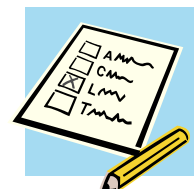
By-Law Proposed Changes

Deanna Steggall

Upon reviewing the By-Laws the Board noticed a few things that would make running the club a little bit smoother. These changes would also put us on a better track with PHIP and their fiscal calendar. The proposed changes can be found on the club website at <http://isleofiowa.com/member-news/club-by-laws-proposed/> . In a nutshell these are the changes we, the Board are asking for. We would like to change the Fiscal year of the club from June to May to January through December. With this change it would be necessary to have the current Board stay on until December 2012 when the election would be held for a new Board. This change will also help with the continuity of our Island Fever Phlocking as the event gets split up between two different Boards. I know a concern was about the Birthday but this change will not effect our club Birthday as it will remain the same, in May!

We will be voting on these changes at our April Monthly Meeting 4/19, if you are unable to make it to the meeting you can request an absentee ballot from our election chairperson: Tina Hansen at 319-560-5574 or skippy Tina@hotmail.com. Absentee ballots have to be returned/postmarked no later than 4/17 to be counted in the official results.

If you have any questions, comments or concerns please feel free to let Tina know!



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Information on the Phlock

Cedar Island Band Kicks Off 2012



The **Isle of Iowa** had a great turnout at *Gus'* in Coralville on Saturday, January 7, 2012 for the first official gig of the **Cedar Island Band** in 2012. The band sounded fabulous as they welcomed two new members into the group – **Jason Shadrick** on the guitar (lead & rhythm) and **Billy Valencia** on the bass. They never missed a beat and the *2012 Tour Kick-Off Party* was an awesome way to “kick off” the New Year. The boys in the band – and Ashley – brought along a few new selections along with all of our old favorites.

They turned a balmy January night into a tropical paradise...who needs global warming when you've got the **CIB**?

Over 40 members from our club came out to enjoy a fantastic evening of phriends, phun and great music. We even had a retired Hooter's girl in the house that night making a special birthday cake delivery to one of our very own. Suffice it to say that **Geraldine** still has just the right amount of “shimmy in her shake” and left an impression on our birthday boy (and Hooter's vagabond) **Garry Joseph**.



Come on Susan...you know the

Many of the newest members of our phlock came out to party as well. In fact, **Susan Anderson** (member since July 2011) received an extra special serenade from Doug. “***I really do appreciate the fact you're sittin here...***” Come on Susan – you know this one...it has to be on your I-pod!

Coincidentally, **Kathleen Nes-seler** actually had the opportunity to

celebrate her birthday (January 7) with the **CIB**. Unfortunately Geraldine had left the house before she arrived – I'm sure Kathleen chalked it up as a real missed opportunity!

If you missed this appearance of the **CIB** at *Gus'* mark your calendars for their return visit on Saturday, March 17 – St. Patrick's Day. They will be



Garry gets “lei'd” by our Hooter's girl!



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Information on the Phlock

The 7th Annual BIG B*A*S*H

Brought to you by the Grant Wood Area Chapter of the American Red Cross, the 7th Annual BIG B*A*S*H will take place on Friday, May 4, 2012, from 5:30-10:30 pm at the PS Air Hanger at the Eastern Iowa Airport.

Featuring emcees Tim Boyle and Amy Johnson Boyle, catering by Chef Tim Palmer, and the music of the Cedar Island Band, the BIG B*A*S*H is a casual, military-themed dinner, dance and auction fundraising event to generate critically needed revenue to support the American Red Cross mission of helping people prevent, prepare for and respond to emergencies, including supporting our men and women in uniform.

Come dine, drink, dance and bid on a wide range of auction items, all to help raise money for the American Red Cross. Casual dress is appropriate, including jeans, camouflage, military fatigues, medical scrubs, Hawaiian shirts, dog tags, beads--pretty much anything goes! There will be a costume contest.

To learn more about this worthwhile and fun event, to purchase tickets, donate an item to the auction, or to become a corporate sponsor, contact Executive Committee Member (and Doug Rassler's brother in law) Bob Freeman: rwfreeman2@mchsi.com / (319) 533-5765.



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Information on the Phlock



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Information on the Phlock

Blues 'n' Buffett Chili Challenge Mini Wrap-up

WOW, we did it again! Exceeded all expectations, raised lots of money for 2 very worthy charities, tasted some amazing chilies, and all while having a great time! We raised over \$10,000 both charities receiving over \$5,000. For the 2nd time in the history of the event the Linn County Blues Society won the 51% and Henry for the H.D. Youth Center could not have been more happy. The winners this year are as follows:

Club with the most People's Choice earning 51% for their club - LCBS

Pro Division -

Judge's Choice - Cranky Hanks

People's Choice - Cranky Hanks

Club Division

Judge's Choice - Rich Lyle "Kickin' Tailgate Chili" - LCBS

LCBS People's Choice - Marcy Pease "Miss Sassy's Sweet & Spicy Chili"

Isle of Iowa People's Choice - Steve Robe "Chocolate Covered Cherry"

Most Spicy - Harlan Yoder "Fly Away Chili" - LCBS

Most Unusual - Steve Robe "Chocolate Covered Cherry" - Isle of Iowa

Best Non Beef - Deb & Doug Rassler "Hooters Hot Wing Chili" - Isle of Iowa

Best Presentation - Harlan Yoder "Fly Away Chili" - LCBS



Isle of Iowa Parrot Head Club
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Information on the Phlock



Special bus stop in the tropical paradise of...

Key West

featuring the **CEDAR ISLAND BAND**

The Wheels on the Bus Go...

Round & Round as the *Parrothead Party Bus* (sponsored by the *Isle of Iowa*) travels to the Dubuque for *One Particular Harbour* with the Dubuque Phlockers!

When:

Saturday, April 14, 2012

Bus will depart from Coralville at 12:00 p.m. (estimated return is 2:00 a.m.)
and will pick up Parrotheads in Cedar Rapids at 12:25 p.m.

The trip includes a fun-filled bus ride with your phriends, a special visit to **Key West**, the official pre-party, and your ticket to the phlocking.

Cost:

\$50 per person

Cost includes transportation, jello shots, prizes, games & entertainment on the bus, and admission to all events.

PLEASE NOTE:

A \$40 non-refundable cancellation fee may be charged if you need to cancel
and your seat can not be resold to someone else.



Reserve Your Seat Today!

To Reserve Your Seat...

Seats will be reserved on a first-come, first serve basis. To reserve your seat on the bus, you must contact Bart Mason, Membership Director at 319-930-2833 or by e-mail (themason4@mchsi.com) to add your name to the list and make arrangements to pay for your seat in advance. This trip is open to all—club members & non-club members so spread the word to co-workers, neighbors, friends & family.



Don't Miss the Bus and the chance to
Party With a Purpose and support our fellow
Parrotheads in Dubuque and **Trop Rock Out** with
the Cedar Island Band!

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Information on the Phlock



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Information on the Phlock

Ralph MacDonald 1944 - 2011

These photos were taken at Margaritaville-Orlando in April of 2009 at a special VIP event celebrating the 10th anniversary of the Orlando location. We had the opportunity to meet Ralph & the other Coral Reefers.





Celebrate

St. Patrick's Day

with the

CEDAR ISLAND BAND



2421 Coral Court
Coralville, Iowa
319-545-4290



Saturday, March 17, 2012
9 pm to 1 am
Gus' Food & Spirits

Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Photos of the Phlock



Club Holiday Party 2011



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Photos of the Phlock



New Years Party 2011



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Parrot Head Happenings



Proud to call YOU a Parrot Head

Congratulations Luke! We are all very proud of you and know you will make an AWESOME Assistant Principal. The children at Northwest Junior High are very lucky to have such a talented and compassionate mentor joining their faculty. Here's to many years of success! Thanks for making a difference in the lives of our children!

Ragbrai 2012

Tina Hansen would like to let any Parrot Heads who maybe riding in Ragbrai know they are welcome to stay at her house in Anamosa for the overnight stop. If you are interested please contact her at 319-560-5574 or skippytyna@hotmail.com.



Please keep the Doyle's: Jim, Mary Jo & Kelsey Jo in your thoughts and prayers!

Jim just finished his 2nd round of Chemo and is doing pretty good, I will keep you posted on how he is doing and if the family could use our help!



Isle of Iowa Parrot Head Club
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Parrot Head Happenings



Party at Gus' with the Cedar Island Band



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Parrot Head Happenings

Condolences



Our condolences go out to the family of Cindy Ek in the loss of her step mother, Joleta (Jo) Haney Ek, on February 10, 2012.



Our condolences go out to the family of Jim Roman in the loss of his Father, Joseph Wencil Roman Sr. "Big Joe," on January 4, 2012.

History of our Club

10 YEARS AGO

Deanna Steggall

March - May 2002



Our Mascot Costume was born and a contest was underway to name him!

Names that were submitted were: JB the Parrot, KeKe, Cabana Boy Parrot, Frank our Feathered Friend and Peaty.

The club raised \$2796 at the Alzheimer's Phone Gala with 8 callers spending 1 and a half hours on the phone!

Isle of Iowa Parrot Head Club
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Regional Events

The Isle of Iowa Partied With a Purpose at Havana Daydreamin'

The *Isle of Iowa Parrothead Club* supported our fellow parrotheads in the Quad Cities at *Havana Daydreamin'* on Saturday, January 22, 2012. Twenty-two members from the *Isle of Iowa* made their way to Davenport for the Quad Cities Parrothead Club's annual phlocking. This year's event once again featured the great trop-rock sounds of the *Boat Drunks* who were joined on stage by John Patti along with Coral Reefers- Doyle Grisham & Nadira Shakoor.



Susan & Dave



John & Kara

New to this year's event was the *Parrot Head Crossroads* – a special VIP pre-party held in the *Redstone Room* at the *River Music Experience*. *Crossroads* treated us to a truly unique musical experience that featured several different groups including *Firesale*, the *Sin City Orchestra* and the *Whooz-dads*. During their sets, each of the bands was joined on stage by members from the other groups as well as by John Patti, Doyle Grisham & Nadira Shakoor. This was a fantastic musical experience... one that you definitely should consider attending next year!

For the past two years, the *Isle of Iowa* has hosted an "unofficial" party between the parties at the host hotel – the *Radisson*. With each year the party gets bigger and better with more and more people dropping by to enjoy some good ole *Isle of Iowa* hospitality. We even got to share a few drinks with John Patti, Doyle Grisham and his wife Deb when they stopped by this year's "unofficial" event.



Doug & Deb



Tina & Saul



Tom & Penny

The Tiki God was restless...special thanks to Dave & Susan Anderson for capturing a few photos of our club members with him! We'll do it again next year and hope you will consider joining us for our return trip to this great event. Mark your calendar – February 2, 2013 and join the *Isle of Iowa* road trip to the Quad Cities for HDD 2013.

Regional Events



<http://st-minnesomeplace.com/>

17th Annual
THIS HOTEL ROOM PHLOCKING

WHEN

March 23 and 24
THR is a TWO-NIGHT ESCAPIDIOUS
CAPER!

Time:

6pm to Dark Thirty on Friday Night
2pm until Dark Thirty on Saturday
Night

WHERE

America's Best Value Canterbury Inn
1244 Canterbury Road
Shakopee, MN 55379
(952) 445-3644

Dubuque Phlocking Bus Trip

Fast Facts:

What: One Particular Harbour
Where: Grand River Center, Dubuque
When: April 14
Time: 6:00 p.m.



Come join us once again as we return to One Particular Harbour... our 6th annual "party with a purpose" to benefit the Opening Doors of Dubuque! This tropical-themed party is a local favorite and beach/informal-wear is welcome. See <http://www.dbqphlockers.org/activities/2012/oph.aspx> for complete details.

The Isle of Iowa is taking a bus so jump on board and enjoy the fun with us!!!

Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Club Calendar

Event	Date	Time	Place
Monthly Meeting	3/15	6pm - ?	Downtown Fieldhouse 411 1 st St. SE, CR
St Patrick's Day Parade	3/17	1pm	Downtown Cedar Rapids
Cedar Island Band at Gus'	3/17	9pm – 1am	Gus' Food & Spirits 2421 Coral Court, Coralville
StMinneSome-Place This Hotel Room Phlocking	3/23-3/24	2 day event	America's Best Value Canterbury Inn 1244 Canterbury Road Shakopee, MN 55379
One Particular Harbor	4/5	5:30pm – 10pm	Smuggler's Wharf 95 16th Ave. SW Cedar Rapids
Board Meeting	TBD	6pm - 9pm	Deb Rassler's 1490 Cedar Bend, Palo
Dubuque Phlocking	04/14		
Des Moines Concert	4/17		Iowa Event Center, Des Moines
Monthly Meeting	4/19	6 pm	Downtown Fieldhouse 411 1 st St. SE, CR
Club's 15th B-day Party	4/28	5:30 pm – 10 pm	Fairfax Legion 216 Main St. Fairfax
One Particular Harbor	5/2	6pm - 9pm	Gus' Food & Spirits 2421 Coral Court, Coralville
Board Meeting	5/15	6 pm	Bart Mason's
1st Family Picnic	6/6	5:30pm – 10pm	Noelridge Park

Dis & Dat

Waypoint Services Top Ten Needed Donations

- 1 [Financial Donations](#)
- 2 White Sugar
- 3 Disinfectant Wipes & Spray
- 4 Bleach
- 5 Adult & Children Cold Medicine
- 6 Canned Meat (Beef & Chicken)
- 7 Toddler Pull-ups
- 8 Adult & Children's Body Wash
- 9 Lotion
- 10 African American Hair Products



Johnson County Crisis Centers Top Ten Needed Donations

- 1 [Financial Donations](#)
- 2 Canned fruit & 100% fruit juice
- 3 Hearty soups & stews
- 4 Pasta & rice
- 5 Stuffing mix
- 6 Canned pie filling
- 7 Baking supplies (sugar, flour, etc.)
- 8 Instant potatoes
- 9 Baby formula
- 10 Size 4 & up baby diapers



Dis & Dat

Coconut Shrimp I



Rated: ★★★★★

Submitted By: LINDAV10

Photo By: Yan

Prep Time: 10 Minutes

Ready In: 1 Hour

Cook Time: 20 Minutes

Servings: 6

"These crispy shrimp are rolled in a coconut beer batter before frying. For dipping sauce, I use orange marmalade, mustard and horseradish mixed to taste."

Ingredients:

1 egg	1/4 cup all-purpose flour
1/2 cup all-purpose flour	2 cups flaked coconut
2/3 cup beer	24 shrimp
1 1/2 teaspoons baking powder	3 cups oil for frying

Directions:

1. In medium bowl, combine egg, 1/2 cup flour, beer and baking powder. Place 1/4 cup flour and coconut in two separate bowls.
2. Hold shrimp by tail, and dredge in flour, shaking off excess flour. Dip in egg/beer batter; allow excess to drip off. Roll shrimp in coconut, and place on a baking sheet lined with wax paper. Refrigerate for 30 minutes. Meanwhile, heat oil to 350 degrees F (175 degrees C) in a deep-fryer.
3. Fry shrimp in batches: cook, turning once, for 2 to 3 minutes, or until golden brown. Using tongs, remove shrimp to paper towels to drain. Serve warm with your favorite dipping sauce.

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Dis & Dat

Contact the Club Board Contacts

President – Deanna Steggall 319-651-9494, president@isleofiowa.com
Vice President – Gerald Ptacek, 319-551-9006, vicepresident@isleofiowa.com
Secretary – Deb Rassler, 319-213-1048, secretary@isleofiowa.com
Treasurer – Steve Robe 319-351-3474, treasurer@isleofiowa.com
Social Director – Randy Havlik 319-396-5217, socialdirector@isleofiowa.com
Membership Director – Bart Mason 319-930-2833, membershipdirector@isleofiowa.com
Member at Large – Heather Sexton, memberatlarge1@isleofiowa.com
Member at Large – Gordy Smith, memberatlarge2@isleofiowa.com
Member at Large – Tom Whiting, memberatlarge3@isleofiowa.com

Monthly Board Meeting

The monthly Board meetings are scheduled for the **Tuesday before** the monthly membership meeting, and will start at 6:00 p.m. unless otherwise noted.

Board meetings are open to all members. Come and join us as we discuss the business of our club and plan upcoming events, etc. It's a great chance to help the club and to become more involved. Plus you get to see what takes place behind the scenes!

For the location of this month's Board meeting, please see the Phlock calendar. You can also visit us online at: www.isleofiowa.com.

Join the Listserv

To join the Listserv, visit our Web site at www.isleofiowa.com and enter your E-mail address on the Listserv box found on the Homepage. The Listserv is the fastest way of getting the latest information about the club, and to keep track of events' dates or changes. Since we are a social group, it is okay to post social events on the one Listserv that you would like to invite members of the club to. With that being said, we would like to remind everyone of a few maintenance issues.

Appropriate Posts for the Listserv are:

1. Club information
2. Club events
3. Personal parties
4. Jimmy Buffett news
5. Recipes

Okay, I think you get the idea.

Things not allowed on the Listserv:

1. Profanity
2. Anything offensive
3. Anything pornographic

If you have ideas, questions, concerns or suggestions for the Isle of Iowa, you can e-mail any member of the Board individually; or – something new – collectively at board@isleofiowa.com.

March Birthdays

Jon Shramek - 3
Mark Hennessey - 6
Robert Witcraft - 14
Ro Shramek - 15
Don Steggall - 15
Lani Albrecht - 16
Sandy Robe - 16
Dennis McCallum - 18
Mick Snodgress - 19
Jeff Hoffman - 20
Bret Throlson - 24
Mary Flock - 31
Tami Kloth - 31

April Birthdays

Pat Albrecht - 3
Saul Herrera - 3
Wayne Martin - 8
Charlie Ross - 8
Deb Rassler - 18
Kathy Hansen - 19
Steve Sanders - 22

May Birthdays

Maureen Engle - 2
Susan Anderson - 6
Julie Houston - 9
Keith Wright - 9
Terry Barger - 13
John Ritch - 18
Andrew Laockard - 21
Deanna Steggall - 27

Be sure and attend the monthly meeting in the month of your birthday to get your free Birthday drink!

Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172