

Message from the Isle

Midwestern Latitudes ~ Caribbean Attitudes
www.isleofiowa.com



November 2010

Vol. 13 Issue 11

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Quarterly Charity
*September, October &
November*

HACAP - Adopt a Family

**For more information on the
club go to:**

www.isleofiowa.com

Words from our President

From Deanna's Window on the World
Deanna "Diego" Steggall - President

With my involvement in the club, I have often been asked, "What is a Parrot Head"? At first I would become a little embarrassed as I fumbled for words to express just exactly what a Parrot Head is to me; but as the years have passed the answer has come so much easier.

People oftentimes clump Parrot Heads and drinking together by answering their own question with, "They're that group of people who like to drink margaritas." Although many of us would not pass up a margarita given the right time and place, the margarita does not define who we are.

There are others who use our own phrase against us by saying we are a group of tropical minded spirits who "Party with a Purpose." Again, we do like to party with a purpose, but this does not define a Parrot Head – well, at least not to me.

To me a Parrot Head is an open-minded person, with a huge heart. We are believers in uniting together to make the world we live in a better place. Parrot Heads are people who listen to each other, take action when we see someone in need, and try to see the best in every situation. When we all come together we can accomplish some amazing things. Parrot Heads do not care what you do for a living, your social status, or the amount of money you have in your savings account. They care about people - Parrot Heads and non-Parrot Heads alike.

When Don and I joined the Club, we had no idea what we were getting into. In our case, that was a very good thing. We did not know all the diverse people who made up the club. It made no difference to us. What we saw were people who cared so much they would drive to Des Moines the morning of the Alzheimer's walk to get 60 dozen Krispy Kreme donuts to share with the other walkers. We were astonished that people opened up their homes to the other members, old and new alike, and treated them as family, all for a common cause - to make our lives better and our community a better place to live.

Continued on Pg. 2

Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~ 52410-1172

From the Editor

Newsletter Committee:

Editor:

Deanna Steggall

Assistant Editor:

Sandy Young

Photographer:

Dave Metz

Contribute to the Message from the Isle

Any appropriate articles such as letters, reviews, recipes, Parrot Head related stories, and/or personal experiences, are welcomed and should be e-mailed to Sandy Young, Assistant Editor, at sandy@classicphotocr.com. Parrot Head related pictures are welcomed as well, and should be e-mailed to the Editor, Deanna Steggall, at deannajs@q.com.

Deadline for articles in the monthly newsletter will be the 15th of each month. Any articles received after this date will be used in the following month's newsletter.

Message From the Isle is the official publication of the Isle of Iowa Parrot Head Club. Message From the Isle is published monthly for all members of the club and sent to many other chapters and contacts nationwide. The views expressed in the Message From the Isle are solely those of the authors and do not necessarily reflect the opinions of the Isle of Iowa Parrot Head Club, its members, or Board.

Jimmy Buffett's music and the tropical lifestyle might be what brought us together, but our willingness to stand up and make a difference is what keeps us united.

As Jimmy Buffett says

"Some people love to lead

And some refuse to dance.

Some play it safely, others take a chance.

Still it's all a mystery

This place we call the world

Where most live as oysters

While some become pearls."

So, the next time someone asks you, "What is a Parrot Head?" hold your head up high and let everyone know that Parrot Heads are like pearls in the ocean; each one is unique but a true treasure to find and keep. Parrot Heads are wonderful friends and great assets to our communities and the world!

I am proud to be an Isle of Iowa Parrot Head and proud to know each one of you!!



As always remember to *SMILE*, It's contagious and makes the world a brighter place!

For more information on our international organization of Parrot Head Clubs, please go to the Parrot Heads in Paradise, Inc. (PHIP) web site at www.phip.com. You can read their quarterly newsletter, TradeWind Times, and be kept up-to-date on Parrot Head Clubs across the country and internationally.

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Monthly Meetings

Let's Start the Holidays!

Sandy Young

Fast Facts:

What: Monthly Meeting

Where: Downtown Fieldhouse, 411 First St. S.E., CR

When: November 18, 2010

Time: 5:30 p.m. – 10 p.m.

The holidays are fast approaching, and what better way to start planning than to get together with your Parrot Head phriends at our phun and inphormative monthly meeting! Most everyone should be back from Meeting of the Minds and ready to tell of their exploits from down South, so come on out to the Downtown Fieldhouse and be ready for them to bend your ear.

We will have our business meeting where Deanna will fill you in on the Board's plans for our Christmas Party and other phun things going on.

The charity for our quarterly raffle of September/October/November continues to be Hawkeye Area Community Action Program, Inc. (HACAP). *"A help up, not a hand out."* For further information, please go to their website at www.hacap.org.

We always accept donations for Waypoint Services, such as canned goods and non-perishables. The need for plastic shopping bags is paramount, as well as empty plastic food containers. Please go to their website at www.waypointservices.org for an updated list of their needs, or see the list in this month's newsletter.

We will also be collecting beverage tabs for the Ronald McDonald House Charities.



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Monthly Meetings

Back to the Beat

Sandy Young

Fast Facts:

- **What:** One Particular Harbor (OPH)
- **Where:** City Beat, 304 3rd. Ave. SW, CR
- **When:** November 10, 2010
- **Time:** 5:30 p.m. – 10 p.m.

This month's OPH will be at City Beat, 304 Third Ave. SW, Cedar Rapids, on the **second Wednesday of the month, November 10**, so that most of those who went to the Meeting of the Minds in Key West will be back and able to come.

These get-togethers are strictly for fun, so come and enjoy great food and drink at reasonable prices back at one of our old haunts.

The next One Particular Harbor will be on December 1. Please watch the Listserv for the location.

Holiday Parade – Holiday DeLight

Deanna Steggall

Fast Facts

- **Where:** Downtown Cedar Rapids, 3rd Ave. SW/SE
- **When:** Saturday, December 4, 2010
- **Time:** 6 p.m.

Are you able to walk and give out candy at the same time? I know that's double tasking, and if that's too difficult how about just walking with our club in the Holiday Parade this year? This is the 27th Annual Holiday Parade and they are asking all participants to light up the streets with their lighted entries. I am sure we Parrot Heads can come up with a great Buffett way to light up our group and get the attention of the crowd and judges!

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Information on the Phlock

Hawkeye Area Community Action Program, Inc.

"A help up, not a hand out."

Deanna Steggall

Every year in December for the Christmas season the Isle of Iowa adopts one or two families through the Hawkeye Area Community Action Program, Inc., (better known as HACAP) **Adopt-A-Family program**, and this year is no different; because Parrot Heads care about the entire community and are dedicated to helping people help themselves and each other. It is our plan to adopt a large family with four or more children.

We are in need of your help to donate gifts and food and help us distribute these items to our family. Information on the family and gift tags will be available at our November Monthly meeting as well as our December One Particular Harbor. Or, if you are interested in helping out in any way, please let me know at deannajs@q.com or call me at 319-651-9494. The Board thanks you in advance for your help and support.

The HACAP Adopt-A-Family Program helps more than 350 families become linked with individuals and organizations wishing to donate food and gifts to families in need. Community action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live.

HACAP's Mission Statement: Helping people develop skills to become successful and build strong communities.

For further information on HACAP please go to their Web site at www.hacap.org.

Thought for the Day

Always be yourself; because the people who matter don't mind, and the ones who mind, don't matter ~ (unknown)

Monthly Meetings

Christmas Party

Deanna Steggall

Fast Facts

- **Where:** Fairfax Legion Hall, 216 Main Street, Fairfax
- **When:** December 11, 2010
- **Time:** 6 p.m.

The club Christmas Party will soon be upon us! Our get-together will be held at the Fairfax Legion Hall on Saturday, December 11th at 6 p.m., so mark your calendars! This party will take the place of our monthly meeting and there will be no raffle that night – only fun, fun, fun!

This will be a potluck, so bring a dish to share. The club will provide table service and cupcakes. As the club's Christmas present to everyone, each club member will receive one drink ticket upon arriving at the party.

The gifts for Adopt-a-Family will be collected that night.

We will be having a gift exchange which always proves to be a lot of fun! Guidelines are listed below:

Gift Exchange

To participate in the Gift Exchange:

1. Please sign in when you arrive by writing your name on a ticket provided and place the ticket in a basket located by the front door.
2. When the Gift Exchange begins, a name will be drawn from the basket. This person will go to the tree and select a gift to unwrap. After unwrapping, the person can then choose to keep the gift or open another gift. If the person decides to open another gift, the unwrapped gift is returned to the tree and the second gift will be theirs to keep. NO changing their mind after opening the second gift!
3. The next name drawn will then have the option of taking from the tree the unwrapped gift, opening a wrapped gift or taking a gift that another member unwrapped. Once a gift has been taken one time that gift cannot be taken again.
4. This will continue for the remainder of the names.

Information on the Phlock

Iowa Soldier Care Packages

Deanna Steggall

The Isle of Iowa Board, at a suggestion from members of the club, has agreed to form a committee to collect and distribute items in care packages for Iowa soldiers away in combat areas.

We are looking for names of family and friends who are currently deployed to receive a care package. We are also looking for people to be on the committee and those wishing to help with donations.

The Isle of Iowa wants to make sure our soldiers know how much we appreciate their dedication and service to our country!

Please contact anyone on the Board if you'd like to participate in any way. Your help will be most appreciated!

Blues 'n' Buffett Chili Challenge

Deanna Steggall

Fast Facts

- **Where:** Marriott Hotel, 1200 Collins Rd. NE, CR
- **When:** Sunday, February 27, 2011
- **Time:** 2 p.m. - 5 p.m.

I know you may think it is a little early to be thinking about the Chili Challenge, but before you know it the date will be here and we will wonder why we didn't start planning earlier. Therefore, the Killer Committee has solved that problem for you and we are planting the seed. It is time to start planning for the Chili Challenge!! Sunday, February 27, 2011 is the big day and we are looking for contestants to make wonderful chili, volunteers, and people to come and enjoy the event with us.

The Killer Committee is already hard at work behind the scenes putting the details together for the 11th Annual Blues "n" Buffet Chili Challenge. There will be a sign-up sheet at our November Monthly Meeting for both volunteers and contestants. For now, mark your calendars and start practicing your chili recipes!

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Monthly Meetings

Members Only Listserv

Deanna Steggall

The Board wants to remind everyone that come December 1st, the Isle of Iowa Listserv will become a "Members ONLY Listserv". This means that if you have not paid your dues on or before this date you will be removed from the Listserv.

Website Committee

Deanna Steggall

The Board is very thankful to all the hard work that Bob and Karen Randklev have put into our club website. This job can be very time-consuming. With that being said, Bob, Karen and the Board all agree that having a committee to help with all the duties would be a great idea. We are looking for people who can donate a little bit of time, creative energy, and a passion for our club to keep our wonderful website moving forward! If this sounds like something you would be interested in please contact Gordy Smith at crparrots@imonmail.com.



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Information on the Phlock

One Particular Harbor - October 2010

Deanna Jackman-Steggall

A big thank you to everyone who came out to Gus' Food and Spirits in Coralville!



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Photos of the Phlock



Membership Appreciation Party



Now, who would tie their shoes together???



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Photos of the Phlock



Membership Appreciation Party



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Parrot Head Happenings

Cedar Rapids Downtown Districts Calendar of Events 2010

Save the Date! Holiday Fire & Ice Festival
Saturday, December 4 @ 3:00 PM

For more information on what is happening in Cedar Rapids, go to: <http://www.downtowncr.org/Events/>

Vow Renewals:

Don and Deanna Steggall will be renewing their vows on Wednesday, November 3rd, 2010 in Key West. The festivities will take place on Smather's Beach at sunset. Although we know that many of you cannot be there in person we know you will be there in spirit.

You will be able to enjoy the experience pretty quickly as the wedding planning company we are going through have promised that the photos will be online the next day. As soon as they are posted we will send an email to the Listserv so that anyone who would like to go and take a look can do so!

Thank you all for your well wishes and we look forward to our return and will share the experience with you!

Congratulations:

Congratulations are in order for Kim Hamer & Matt Zimmermann for winning the Membership Appreciation basket. They renewed their membership by Oct 1st and our founder Susan Freundt pulled their name from the basket of all the names that had renewed!

History of our Club

10 YEARS AGO

Susan Freundt – Founder

NOVEMBER 2000

Garry Joseph and Kathy Faiszak were united in marriage on November 2 at the Southernmost Point in Key West, Florida, during the Meeting of the Minds. A reception followed at the Merlin Inn with Gene Mitchell providing the entertainment.

The Isle of Iowa participated in the Holiday Parade taking a Third Place finish with a float, "Midwestern Latitudes, Caribbean Attitudes", which consisted of two trailers – one depicting a normal Midwestern winter scene and the other a tropical scene with a "sandman" and Tiki Bar.

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Regional Events

4th Annual

Parrot Heads From Somewhere Other Than Here

Boats, Beaches and Bars Tour



Presented by the Omaha Nebraska Parrot Head Club

February 6-13, 2011

Cruising the Mexican Riviera on the Carnival Splendor



Activities

Silent Auction
Scavenger Hunt
Theme Days
Poker Run/Pub Crawl
Pool Parties
Pre - Cruise Party
Party in every Port
Capt. Josh performances
Prizes and more!



Balcony Cabins 795.00
Ocean View Cabins 695.00
Inside Cabins 595.00

Itinerary:

2/5/10 Pre-Cruise Party
2/6/11 Long Beach, CA
2/7/11 At Sea
2/8/11 At Sea
2/9/11 Puerto Vallarta
2/10/11 Mazatlan
2/11/11 Cabo San Lucas
2/12/11 At Sea
2/13/11 Long Beach, CA

Featuring the music of Capt. Josh

www.capt-josh.com

100.00 per cabin

on board credit!

Prices are per person, based on double occupancy and include **all taxes and fees.**

Price also includes a 50.00 per person donation to the Spirit of Courage.

www.SpiritOfCourage.org

For those who would like to fly into Los Angeles/Long Beach a day early we will have hotel rooms available as well as our annual pre-cruise party on 2/5/11

For information or to book a cabin contact

Terry Oldenburg at Beacon Vacations

Toll Free 1-877-298-9948 Local 712-256-4781

Email terry@beaconvacations.com

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Club Calendar

Event	Date	Time	Place
Election Day	11/2		
Meeting of the Minds	11/4-11/6		Key West, FL
Daylight Saving Time Ends	11/7		
One Particular Harbor	11/10	5:30 p.m. - 10 p.m.	City Beat 304 3 rd Ave. SW CR
Veteran's Day	11/11		
Board Meeting	11/16	6 p.m. Snacks 6:30 p.m. Meeting	Steve & Sandy Robe's, 1508 10 th St., Coralville
Monthly Meeting	11/18	6 p.m.	Downtown Fieldhouse, 411 1 st St. SE, CR
Thanksgiving	11/25		
One Particular Harbor	12/1	5:30 p.m. – 10 p.m.	City Beat 304 3 rd Ave. SW CR

Dis & Dat

Tropical Gold Punch

Tropical Gold Punch is a non-alcoholic fruit punch made with orange juice, lime juice, and club soda sweetened with honey. It is usually garnished with an orange slice and a lime slice.

Ingredients

- * 12 ounce of V8 Strawberry-Kiwi fruit drink
- * 1 ounce Captain Morgan Spiced Rum
- * 1 ounce Bacardi Limon
- * 1 Ounce Dekuyper Peach Schnapps

Instructions:

1. Place in a blender with a fist full of ice and blend until thick (frozen)
2. Serve in 2 frozen mugs.
3. Sprinkle a dash of Grenadine over the top for color
4. Garnish with a large strawberry and a slice of Kiwi fruit (peeled)



Mimosa Hawaiian Cocktail

This version of the popular orange juice and champagne mimosa cocktail also includes pineapple juice and apricot nectar.

Ingredients

- * 12 ounce can of apricot nectar
- * 12 ounce can of pineapple juice
- * 6 ounce can of frozen orange juice
- * 3/4 cup of water
- * 1 bottle of dry white champagne, chilled

Instructions

1. Mix the apricot nectar, pineapple juice, frozen orange juice, and water.
2. Mix until orange juice has thawed.
3. Stir in champagne and serve in champagne flutes.



If you have a recipe that you would like to share, please send it to Deanna at deannajs@q.com.

Dis & Dat

Contact the Club Board Contacts

President – Deanna Steggall 319-651-9494, president@isleofiowa.com
Vice President – Gerald Ptacek, 319-551-9006, vicepresident@isleofiowa.com
Secretary – Deb Rassler, 319-213-1048, secretary@isleofiowa.com
Treasurer – Steve Robe 319-351-3474, treasurer@isleofiowa.com
Social Director – Randy Havlik 319-396-5217, socialdirector@isleofiowa.com
Membership Director – Bart Mason 319-930-2833, membershipdirector@isleofiowa.com
Member at Large – Cindy Ek, memberatlarge1@isleofiowa.com
Member at Large – Gordy Smith, memberatlarge2@isleofiowa.com
Member at Large – Doris Olson, memberatlarge3@isleofiowa.com

Monthly Board Meeting

The monthly Board meetings are scheduled for the **Tuesday before** the monthly membership meeting, and will start at 6:00 p.m. unless otherwise noted.

These Board meetings are open to all members, not just Board members. Come and join us as we discuss the business of our club and plan upcoming events, etc. It's a great chance to help the club and to become more involved.

For the location of this month's Board meeting, please see the Phlock calendar. You can also visit us online at: www.isleofiowa.com.

Join the Listserv

To join the Listserv, visit our Web site at www.isleofiowa.com and enter your E-mail address on the Listserv box found on the Homepage. The Listserv is the fastest way of getting the latest information about the club, and to keep track of events' dates or changes. Since we are a social group, it is okay to post social events on the one Listserv that you would like to invite members of the club to. With that being said, we would like to remind everyone of a few maintenance issues.

Appropriate Posts for the Listserv are:

1. Club information
2. Club events
3. Personal parties
4. Jimmy Buffett news
5. Recipes

Okay, I think you get the idea.

Things not allowed on the Listserv:

1. Profanity
2. Anything offensive
3. Anything pornographic

If you have ideas, questions, concerns or suggestions for the Isle of Iowa, you can e-mail any member of the Board individually; or – something new – collectively at board@isleofiowa.com.

November Birthdays

Randy Braumann - 4
Diane Jamrock - 5
Tina Hansen - 6
Paula Sion - 7
Lindsey Wessels - 8
Dan Wall - 10
Rebecca Gordon - 15
John Young - 20
Rich Jamrock - 22
Doris Olson - 22
Diane Ford - 25

December Birthdays

Lou Ann Anderson - 2
Deb Ptacek - 8
Mary Jo Doyle - 10
Carol Winetroub - 12
Deb Worden - 17
Jack Vasquez - 19
Steve Robe - 20
Garry Joseph - 25
Jimmy Buffett - 25
Steve Flock - 31
Karen Randklev - 31

Be sure and attend the monthly meeting in the month of your birthday to get your free Birthday drink!

New/Renewed Members

Check out next month's newsletter for all the new and renewed member list

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