

Message from the Isle

Midwestern Latitudes ~ Caribbean Attitudes
www.isleofiowa.com



August 2010
Vol. 13 Issue 8

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Quarterly Charity

June, July & August

Johnson County Crisis Center

For more information on the club go to:

www.isleofiowa.com

Words from our President

From Deanna's Window on the World

Deanna "Diego" Steggall - President

I have been trying to come up with ways to energize and motivate the Isle of Iowa Club and its members. To get people to see that it is up to us to make a difference in our communities and our country. That we cannot afford to complain about the status quo and then sit back and do nothing about it. This club has the ability to do so much good! I am not asking you to dip into your wallets to make the difference; I am asking that you dip into your hearts and make this world a brighter and better place. The Board is looking into different opportunities for us to volunteer our time and talents. If you have any ideas, I would love to hear them. I know we all have busy lives, but please take some time to help those who need our help.

With that being said, don't forget to participate in all the fun activities the Isle of Iowa has planned: Our Family Picnic at Bever Park, Buffett Night at the Ballpark and, of course, our Monthly Meeting at D.C.'s River Walk.

Speaking of PHUN, if you have not thought about it, consider attending Meeting of the Minds (MOTM). It is a great way to meet phellow Parrot Heads from all over the United States, Canada, Australia and more. You get to hear some wonderful music and enjoy the sights, sounds, and tastes of Key West.

As I leave you this month, let me say how proud I am to be a part of this club and to be phriends with the great members we have. Thank you to each and every one of you for all you do for this club and our communities!

As always here is My final thought: always remember to *SMILE*, It's contagious and makes the world a brighter place!



Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~ 52410-1172

From the Editor

Newsletter Committee:

Editor:

Deanna Steggall

Assistant Editor:

Sandy Young

Photographer:

Dave Metz

Contribute to the Message from the Isle

Any appropriate articles such as letters, reviews, recipes, Parrot Head related stories, and/or personal experiences, are welcomed and should be e-mailed to Sandy Young, Assistant Editor, at sandy@classicphotocr.com. Parrot Head related pictures are welcomed as well, and should be e-mailed to the Editor, Deanna Steggall, at deannajs@q.com.

Deadline for articles in the monthly newsletter will be the 15th of each month. Any articles received after this date will be used in the following month's newsletter.

Message From the Isle is the official publication of the Isle of Iowa Parrot Head Club. Message From the Isle is published monthly for all members of the club and sent to many other chapters and contacts nationwide. The views expressed in the Message From the Isle are solely those of the authors and do not necessarily reflect the opinions of the Isle of Iowa Parrot Head Club, its members, or Board.

Waypoint is in NEED of the following items

Food items:

Mac 'n Cheese Soup Tea/Cocoa Canned vegetables Stews Crackers Bakery items such as cake mixes/frostings/muffin mixes Fruit Juice Cereal Canned Fruit

Household Items:

Dish soap Laundry soap Baggies.....sandwich size/gallon size Toilet paper

Children and Baby Items:

Baby Shampoo Baby Wash Size 5 & 6 diapers Formula

Toiletries:

Hand Soap Adult & kids toothpastes and toothbrushes Cotton balls Shampoo/conditioner
Mouthwash Sanitary pads African American hair products Hair sprays/mousse/gels
Makeup – liquid/mascara/eye shadows, etc

For more information on our international organization of Parrot Head Clubs, please go to the Parrot Heads in Paradise, Inc. (PHIP) web site at www.phip.com. You can read their quarterly newsletter, TradeWind Times, and be kept up-to-date on Parrot Head Clubs across the country and internationally.

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Monthly Meetings

Shall We Gather at the River?

Sandy Young

Fast Facts:

- * **What:** Monthly Meeting
- * **Where:** D.C.'s River Walk, 411 First St. S.E., CR
- * **When:** August 19, 2010
- * **Time:** 5:30 p.m. – 10 p.m.

"Shall we gather at the river; the beautiful, the beautiful river? Shall we gather at the river"....and have ourselves a drink? (My apologies to Robert Lowry, gospel music composer, who wrote "Beautiful River", a traditional Christian hymn, back in 1864,)

We will soon be gathering at the river for our monthly meeting at D.C.'s River Walk on August 19. The summer is busy and passing swiftly like the river, but we hope you will be able to come.

The business meeting, as always, will be an important one as our president fills you in on happenings and changes in the club and asks for feedback from you, our members. **The Board will be asking you to fill out new applications for membership as they will be preparing an updated Membership List.**

The charity for our quarterly raffle of June/July/August (based on our fiscal year of June 1 to May 31) will be the Johnson County Crisis Center. The Crisis Center's vision is that every individual in Johnson County, IA has support in a time of need. For further information on this charity please go to jccrisiscen-ter.org.

We will continue to take donations for Waypoint Services. The need for plastic shopping bags is always paramount. Please start stockpiling these bags and bring them to the meeting. We know it's hard to do when most everyone has those "green" shopping bags, but save what you can. Waypoint will be most grateful!

They also need small food containers, so save your empty cottage cheese, oleo, etc., containers for them. They also need non-perishable canned and boxed food. Foodstuffs like macaroni and cheese go on sale quite often, and you can pick them up to give to Waypoint. It's not hard to donate to someone less fortunate.

Please go to their website at www.waypointservices.org for an updated list of their needs, or see the list in this monthly newsletter.

And, as always, we will be collecting the pop tabs for the Ronald McDonald House Charities.

Thank you for your support of our charities; we truly appreciate it. The generosity of the Parrot Heads in our club seems never-ending.

Monthly Meetings

Leave it to Bever

Sandy Young

Fast Facts:

- * **What:** One Particular Harbor (OPH)
- * **Where:** Bever Park, Bever Ave. and Memorial Dr. SE
- * **When:** August 4, 2010
- * **Time:** 5:30 p.m. – 10 p.m.

We'd like you to "gnaw" that our August OPH picnic will be at Beaver (er, I mean Bever) Park in the first pavilion off Bever Ave. coming in the east entrance. Let's hope for good weather this time!

These summer picnics are family events where children (Parakeets) and well-behaved pets are invited.

Meat will be provided by the club, grilled by a couple of our Board members. Tableware will also be provided. Please bring a dish to share and your beverage of choice. A donation jar will be there to help defray the cost of the meat.

In case of inclement weather, which seems to be quite often this year, we will meet at City Beat, 304 3rd Ave. SW, CR. Watch the Listserv for updates that day.

Our next OPH picnic, September 1, will be at the home of Don and Deanna Steggall, on their Tiki Deck. If you've never been there, you're in for a treat! Their home is located at 415 Brougham Rd., Robins.



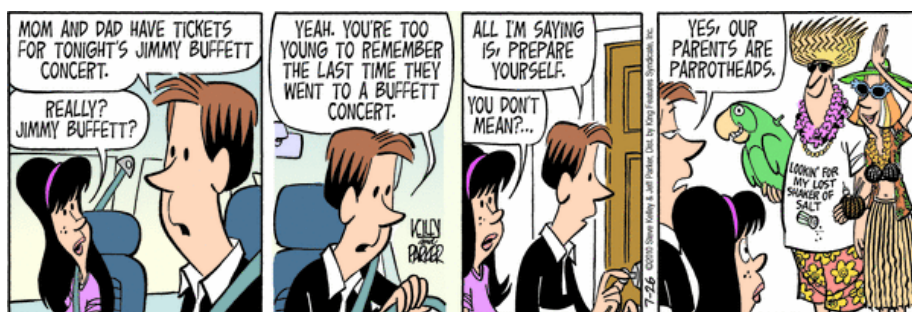
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Information on the Phlock

Tidbits

Menards' ad 7/11/10 – The Gazette

- * Leave everything a little better than you found it. (Even a public restroom?-Yeah.)
- * I have never in my life learned anything from anyone who agreed with me. (True!)
- * Work like a dog and play like a cat. (Does that mean nap too?)
- * The road to a friend's house is never long. (Thank goodness!)
- * My computer beat me at chess, but I beat it at kickboxing. (Don't we wish!)
- * Strive not to be a success, but rather to be of value. (Now THAT we might accomplish.) .



From
The Gazette

7-26-2010

Waypoint Volunteer Opportunities

Deanna Jackman-Steggall

Waypoint is in need of our help! Donations have been down and their pantry shelves are becoming bare! Any canned or boxed food items you would be willing to donate would be of great help. They are also in need of personal hygiene items as well. You can find a complete list of much needed items on page 2 of this newsletter.

We have also been given the chance to volunteer our time to help out this worthy organization.

- * Aug 6th, 2010 - We need a small group of 3-5 members of The Isle of Iowa Parrot Head Club to assist with sorting donations for Waypoint. Volunteers are needed for two hours between 3 p.m. - 5 p.m. The amount of donations received prior to the above volunteer date is unpredictable and may cause reduced task load and volunteer time.

- * Aug 11th, 2010 - We also need volunteers to help as "Personal Shoppers" to help families with their back to school items.

If you are interested in helping with any of these volunteer opportunities please let me know ASAP as we will each need to fill out a volunteer form by Aug 2nd. I can be reached at 319-431-2128, or via e-mail at deannajs@g.com. This is a GREAT way to give back to our community and to make this world we live in a better place.

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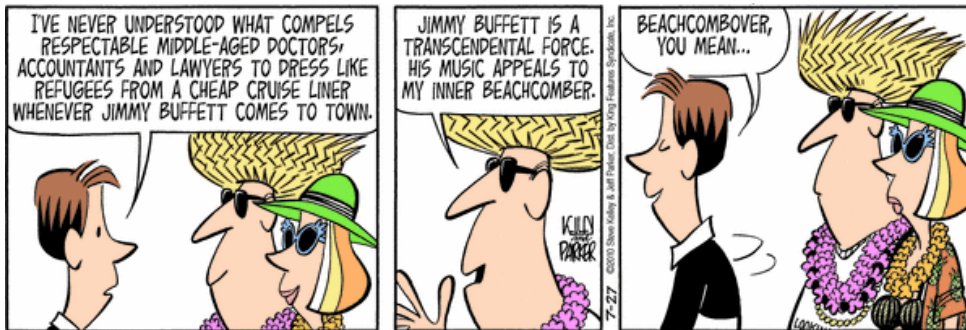
Information on the Phlock

Membership List Update and Dues

Deanna Jackman-Steggall

In an effort to update and organize our membership a little better, the Isle of Iowa Board is asking that when everyone renews their dues this year that a new application be filled out. Some of our records are very outdated, so your help with this will be greatly appreciated. Applications will be available at our August meeting.

For those attending MOTM please note that your dues need to be paid by October to be eligible to attend any of registered events. Dues are \$35 for a family and \$25 for a single membership. Thanks in advance! If you have any questions about membership please feel free to contact our Membership Director, Bart Mason, at 319-930-2833, or via email at: membershipdirector@isleofiowa.com.



From
The Gazette

7-27-2010

19th Annual Meeting of the Minds 2010, "Gypsies in the Palace" November 4 - November 7, 2010 (Key West, Florida)

To experience a little more Parrot Head mayhem and phun, I would highly recommend attending Meeting of the Minds (MOTM) in Key West. It is a wonderful opportunity to meet other Parrot Heads from all over the United States, Canada and other countries.

To be able to attend all the functions the event has to offer you need to register at www.phip.com. Registration is open to all Parrot Head Club members in good standing. Registration closes on September 30th or when 3500 members have registered, whichever comes first. Do not miss out on a great time and register today. Our club has quite a few members going this year and should prove to be a great time! A bonus this year is that our very own Cedar Island Band will be playing at the Street Party on Friday!!

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Information on the Phlock

Thought for the Day

Madame de Stael

Sow good services; sweet remembrances will grow from them.

Newsletter Committee

Sandy Young – Assistant Editor

With a new year starting for the Isle of Iowa Parrot Head Club, it would be a good time for you to think about joining the newsletter committee – yes, YOU!

We know some of you have been thinking about it and even submitting articles (thanks, Claude and Doug!) We could sure use your help. If you have questions or want to “dip your pen” and try it, contact Deanna at president@isleofiowa.com or Sandy at sandy@classicphotocr.com.

You may have fun! Or, at least be challenged!

JIMMY BUFFETT NIGHT @ THE BALLPARK FRIDAY, AUGUST 20, 2010

Gerald Ptacek

Fast Facts:

- * Game starts @ 6:35 p.m
- * Cedar Island Band plays before the game from approximately 5:30 - 6:30 p.m.
- * Cedar Island Band plays after the game from approximately 9:00 - 11:00 p.m.
- * The Kernels will be wearing Hawaiian jerseys during the game.
- * These jerseys will be sold by silent auction during the game.

Randy Kuehl Honfidence Pavillion:

This is located in the left field area with picnic tables. The Jimmy Buffett Night at the Ballpark includes a game ticket worth \$9.00, and all you can eat and drink from 5:30 - 8:30 p.m. for only \$15.00 more. We will stay in this area during the game and everyone will be given wristbands so you can come and go from the area as you choose. Food consists of 1/3 lb. fresh hamburgers, all beef hot dogs, brats, popcorn, and peanuts. Beverages consist of soda pop and beer.



PRICE:

Ages 6 & above: \$24.00 each
Ages 5 & under: Free



You do not have to be a club member to participate, so you may invite your family and friends to attend. If interested contact Gerald Ptacek by e-mail: gcptacek@hotmail.com or by phone 319-551-9006.

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Information on the Phlock

Benefits of Volunteering **Reprinted with permission by Bob Heffelfinger**

Volunteering has a meaningful, positive impact on your community. But did you know that it can have many benefits for you, too? Here are some reasons to volunteer:

Learn or develop a new skill

Volunteering is the perfect vehicle to discover something you are really good at and develop a new skill. As Mahatma Gandhi said, "Live as if you were to die tomorrow. Learn as if you were to live forever." It is never too late to learn new skills and no reason why you should stop adding to your knowledge just because you are in employment or have finished your education. Planning and implementing a major fundraising event can develop goal setting, planning and budgeting skills. Supervising and training other volunteers helps to develop supervisory and training skills. These are examples of skills that can enhance a career but you don't have to develop skills with the intention of facilitating your career. Painting a mural or making banners for International Volunteer Day – to celebrate the wonderful and priceless work that volunteers do – could gently push you to discover graphics and art talents. Explore your love for music and learn to DJ (disc jockey) so you can offer your newfound panache to local youth club discos. The possibilities are many.

Be part of your community

No man or woman is an island. We sometimes take for granted the community that we live in. People and societies co-depend on each other for survival, but growth of such things as commercialism is seeing traditional values being disregarded. Communities are suffering due to the growth of secular societies but at the same time we can really bridge that expanding gap through volunteering. Volunteering is ultimately about helping others and having an impact on people's wellbeing. What better way is there to connect with your community and give a little back? As a volunteer, you certainly return to society some of the benefits that society gives you.

Motivation and sense of achievement

Fundamentally, volunteering is about giving your time, energy and skills freely. Unlike many things in life there is choice involved in volunteering. As a volunteer you have made a decision to help on your own accord, free from pressure to act from others. Volunteers predominantly express a sense of achievement and motivation, and this is ultimately generated from your desire and enthusiasm to help. Sometimes volunteers are regarded as do-gooders and those who hold that view also assume that one person can never make a difference. It may be true that no one person can solve all the world's problems, but what you can do is make that little corner of the world where you live just that little bit better.

Boost your career options

A survey carried out by TimeBank through Reed Executive showed that among 200 of the UK's leading businesses:

73% of employers would recruit a candidate with volunteering experience over one without

94% of employers believe that volunteering can add to skills

94% of employees who volunteered to learn new skills had benefited either by getting their first job, improving their salary, or being promoted

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Information on the Phlock

(Continued from Pg. 7)

Also, if you are thinking of a career change, then volunteering is a perfect way to explore new fields. If you have a passion for the arts but have a career in computing, then why not volunteer at your local theatre? Or if your ambitions are to be a doctor, why not find out about volunteer opportunities at your local hospital – the ideal way to expand your work portfolio in your field and to gain a real insight into your chosen path.

New interests and hobbies

Sometimes we do get locked into the “rat-race” of life and volunteering can give that escape to everyday routine and create a balance in our lives. Finding new interests and hobbies through volunteering can be fun, relaxing, and energizing. Help run a youth radio station or website for a few hours a week or assist in publishing a charity newsletter. The energy and sense of fulfillment can carry over to a work situation and sometimes helps to relieve tensions and foster new perspectives for old situations. Sometimes a volunteer experience can lead you to something you never even thought about or help you discover a hobby or interest you were unaware of. You can strengthen your personal/professional mission and vision by exploring opportunities and expanding your horizons.

New experiences

Volunteering is a brilliant way to get life experience. Whether you build a library or mail flyers to raise awareness for a local charity, you will experience the real world through hands-on work. This guide section has established that volunteers can do almost anything and with the new millennium has dawned an era of infinite volunteer opportunities. For example, it is possible to volunteer in developing countries and see the direct impact of your actions on some of the most vulnerable people of the world. You could skydive for charity - a chance to experience the ultimate thrill and raise funds to help the charity continue its work.

Meeting a diverse range of people

Volunteering brings together a diverse range of people from all backgrounds and walks of life. Both the recipients of your volunteer efforts and your co-workers can be a rich source of inspiration and an excellent way to develop your interpersonal skills. Volunteering also offers an incredible networking opportunity. Not only will you develop lasting personal and professional relationships, but it is also a great way to learn about people from all walks of life, different environments, and new industries. Networking is an exciting benefit of volunteering and you can never tell who you will meet or what new information you will learn and what impact this could have on your life.

Send a signal to your employer, teachers, friends and family ...

People pay attention to your life outside the environment in which they have direct contact with you. For example, your employer would be interested in the activities that give you a good work/life balance, just as academic institutions are interested in your extra-curricular activities. Volunteering reflects and supports a complete picture of you and gives real examples of your commitment, dedication, and interests. Show people what you are passionate about and maybe you will inspire them too!

.....

Information on the Phlock

The 4th of July in Coralville

Deanna Jackman-Steggall

A big thank you to everyone who attended the 4th of July Parade in Coralville. We had a great time on a parade route that seemed to go on forever and ever. We had a lot of people comment on our tropical spirit as we danced through the streets. We learned that beads are a huge hit with both young and old as they were screaming BEADS, BEADS! The kids were even asking for beads instead of candy.

A huge thank you goes out to our driver, Gerald Ptacek, who made my seven year old's day by letting him be his co-pilot. I would also like to thank those of you who manned the tent in St. Morrison park on the 3rd and 4th of July to help promote the club and a great free concert where the Nitty Gritty Dirt Band put on a wonderful performance.



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Photos of the Phlock



Boat Drunks in Quad Cities
& Our July Monthly Meeting



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Photos of the Phlock



More Monthly Meeting Photos



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Parrot Head Happenings

Cedar Rapids Downtown Districts Calendar of Events 2010

Downtown Farmers' Market

Saturday, Aug 7, Aug 21, Sept 4 & Sept 18 @ 7:30 AM

Cedar Rapids Bank & Trust-Downtown Drive In Movie

Saturday, Aug 14 @ 7:00 PM

Taste of Downtown-Week of Specials

Saturday, Aug 7 & Aug 14 @ 7:00 AM

Downtown Fall Pub Crawl

Friday, October 15 @ 6:00 PM

For more information on what is happening in Cedar Rapids, go to: <http://www.downtowncr.org/Events/>

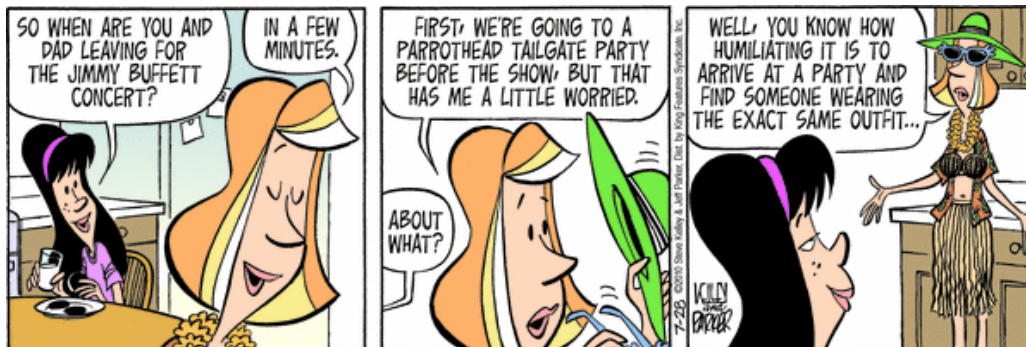
History of our Club

10 Years Ago – August 2000

Susan Fruendt - Founder

August 2000

The Club reserved the outfield terrace at the Kernels' Stadium for the first unofficial Parrot Head Night at the Ballpark.



From
The Gazette

7-28-2010

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History of Parrot Head Clubs

A BRIEF HISTORY OF LOCAL PARROT HEAD CLUBS

By our founder, Scott Nickerson (reprinted with permission)

In early 1989, Scott Nickerson of Atlanta, Georgia decided he had met so many great people "tailgating" before Buffett concerts that he should do something to get those people together more than once a year. His idea was to create something different than a typical social club or fan club, by forming a group that would not only enjoy a wide variety of social activities but also provide volunteer support for local (and beyond) community and environmental concerns. After all, Jimmy had set the example with Save the Manatees Club, Friends of Florida, etc., so it seemed a good bet that this concept would appeal to most Parrot Heads.

After 3 months of brainstorming, and receiving blessings from Margaritaville Key West, Scott put an ad in a free, weekly entertainment newspaper in hopes of starting the first organized parrot head club. Scott figured it was hit or miss, but inquiries came pouring in. Within a month, a core consisting of Scott and two other Parrot Heads had organized the first group meeting.

On April 1, 1989 approximately 15 Parrot Heads met at Chastain Park (the site of many previous Buffett concerts in Atlanta), for the first official Parrot Head Club meeting, then headed to a local patio bar for margaritas. More and more people began to flock to the club's bi-weekly happy hours, and it became obvious that the Atlanta Parrot Head Club was going to be a hit. During the next year or so, the club participated in several volunteer events with: the Red Cross, Children's Wish Foundation, S.I.D.S., UNICEF, the Atlanta Community Food Bank, Chattahoochee River Clean Up, and an "underwater monopoly" event that not only raised over seventy thousand dollars for Muscular Dystrophy, but also broke the Guinness Book record! The club has been involved in the same types of activities ever since.

A short blurb about the Atlanta Parrot Head Club appeared in the Coconut Telegraph, written by Marty Lehmann (editor). Parrot Head subscribers from everywhere began to call in to ask how to start the same kind of club in their own towns. Marty was impressed with the way the Atlanta club was running, so he asked Scott to write this "Guidelines" handbook to help start and promote consistency between clubs. Three years later, Scott was asked to handle all club-related inquiries and be consultant to all newly forming clubs.

By the end of 1992, clubs had emerged in Beaumont, Dallas, New York City, Orlando, Detroit, and New Orleans. The First Annual Parrot Head Convention, or "Meeting of the Minds" as it is fondly referred to, was organized by Jerry Diaz of the Beaumont club to take place in New Orleans, Louisiana, home of the newest Margaritaville Store & Cafe, in late December 1992.

Approximately 80 people attended and all had a fantastic time. After all expenses were deducted from the collected registration fees, \$200 was left over and donated to New Orleans Artists Against Hunger & Homelessness. The clubs also "honored" Jimmy with the lifetime achievement "Silver Chalice" award, which can still be seen high over the register at the Margaritaville store.

Nearly a year later, a second convention in New Orleans was put together by Scott Nickerson and the Atlanta Club for late October '93. By this time, 19 clubs existed and more were on the way. 165 Parrot Heads attended this convention, which was highlighted by a Parrot Head party at Margaritaville Cafe. The party was opened by a surprise video welcome from Jimmy on the big screen over the stage, followed by Scott's Buffett Tribute band, A1A, getting the party into full swing playing everyone's favorite Buffett songs. \$400 was donated to N.O.A.A.H.H. out of the registration funds that year. During the convention, a stronger connection was made with Margaritaville by Sunshine Smith's (Jimmy's business partner) presence at our meeting. Prior to that meeting, Sunshine named Scott official liaison between the clubs and Margaritaville, Inc.

Inspired by Sunshine, the national organization, Parrot Heads In Paradise was established in early 1994, in essence, to provide further guidance and support to the ever-growing number of local clubs and to give the associ

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History of Parrot Head Clubs

(CONTINUED from Pg. 12)

ated clubs national recognition.

In Nov., 1994, the 3rd Annual "Meeting of the Minds", was again held in New Orleans. By this time there were over 50 active clubs. At least 30 founders or representatives showed up to meet and discuss Parrot Head Club achievements, and over 325 Parrot Heads attended this convention. Key West, the Band, provided their renditions of Buffett's music, and originals, for the Parrot Head party at Margaritaville Cafe.

It was evident that the conventions had roughly doubled in size each year! By the 4th Annual Convention in Nov. 1995 the number of clubs had reached 81 and a record 750 Parrot Heads attended the convention.

Over 50 clubs were represented at the Founders Breakfast. Sunshine Smith, Marty Lehmann, and Judith Ranger of Margaritaville Inc. Key West, and Bob Mercer of Margaritaville Records attended the breakfast to thank the group for their ongoing community and environmental support.

This convention was organized by a committee chaired by Monte Tolar, Houston Club leader. Monte and his committee put together a "phenomenal" weekend which included the following events: an auction of various signed Buffett memorabilia and items donated by Corona Extra that brought in over \$8000 for charity. From registration proceeds after expenses, a check was given to Sister Jane Remson at Margaritaville Cafe for New Orleans Artists Against Hunger and Homelessness for \$2500, and a check in the same amount was sent to Save the Manatee Club.

Additional funds totaling \$5000 were distributed to a variety of charities suggested by club leaders, which brought the total charitable contribution from the 4th Annual Parrot Head Convention to \$10,000.

This was highlighted by a professionally made 20 minute video produced by Mike Douglass (Mikey D.). This video opened with the annual greeting and words of appreciation from Jimmy Buffett and continued with clips of many of the clubs involved in their respective community service and environmental projects. Captain Tony Terracino was brought in for storytelling and autograph signing at the Tropical Isle and Margaritaville Cafe by Capt. Harry Fink and Sara Sunshine of the Tampa Bay Club. Key West and A1A bands were brought in to open up for Peter Mayer, Fingers Taylor, Roger Guth (all of Jimmy's band), and friends for the annual party at Margaritaville Cafe.

Scott Nickerson was given an Award of Excellence from the clubs as well as a harmonica belt signed by Jimmy Buffett and Fingers Taylor as a gift of thanks from Judith Ranger of Margaritaville Inc. and Fingers. As an extra treat, Fingers joined A1A onstage for their rendition of his song, "Some White People Can Dance".

By the end of 1995 Parrot Heads in Paradise had grown into an association of approximately 15,000 members worldwide. It was time to evolve. Early in 1996, Scott Nickerson formed a board of directors and Parrot Heads in Paradise filed for incorporation and non-profit status with the I.R.S. By-laws were adopted to further insure the positive direction of the association. Two more successful conventions were held in New Orleans.

Then in 1998, The Meeting of the Minds moved to Key West, FL for the 7th Annual Convention. The November event was attended by a record 2000 Parrot Heads in Paradise club members. 80% of the 126 clubs were represented, & Parrot Heads from Canada even joined the phlock.

Over \$25,000 was raised for charity, in addition to a book collection for Wesley House and a toy collection for the Margaritaville sponsored Hurricane Relief Christmas for Keys Kids. And the BEST surprise of all was that it was convention "LUCKY 7"--Jimmy Buffett appeared at the Saturday night Parrot Head Street Festival and played for over an hour with Greg "Fingers" Taylor, Robert Greenidge and the Landsharks.

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Regional Events

4th Annual

Parrot Heads From Somewhere Other Than Here

Boats, Beaches and Bars Tour



Presented by the Omaha Nebraska Parrot Head Club

February 6-13, 2011

Cruising the Mexican Riviera on the Carnival Splendor



Activities

Silent Auction
Scavenger Hunt
Theme Days
Poker Run/Pub Crawl
Pool Parties
Pre - Cruise Party
Party in every Port
Capt. Josh performances
Prizes and more!



Balcony Cabins 795.00
Ocean View Cabins 695.00
Inside Cabins 595.00

Itinerary:

2/5/10 Pre-Cruise Party
2/6/11 Long Beach, CA
2/7/11 At Sea
2/8/11 At Sea
2/9/11 Puerto Vallarta
2/10/11 Mazatlan
2/11/11 Cabo San Lucas
2/12/11 At Sea
2/13/11 Long Beach, CA

Featuring the music of Capt. Josh

www.capt-josh.com

100.00 per cabin

on board credit!

Prices are per person, based on double occupancy and include **all taxes and fees.**

Price also includes a 50.00 per person donation to the Spirit of Courage.

www.SpiritOfCourage.org

For those who would like to fly into Los Angeles/Long Beach a day early we will have hotel rooms available as well as our annual pre-cruise party on 2/5/11

For information or to book a cabin contact

Terry Oldenburg at Beacon Vacations

Toll Free 1-877-298-9948 Local 712-256-4781

Email terry@beaconvacations.com

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Regional Events



C-U in the Prairibbean VI a concert to benefit the Developmental Services Center

Saturday, August 7 • Gates open at 6pm

*****NEW LOCATION*****

JUPITER'S AT THE CROSSING

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Questions? Email Todd Lindsey at twlindsey12@comcast.net.

Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Club Calendar

Event	Date	Time	Place
OPH Family Picnic	8/4	5:30 p.m. – 10 p.m.	Bever Park Bever Ave. & Memorial Dr. SE CR, IA
Waypoint Volunteering	8/6	3 p.m. – 5 p.m.	318 5th St. SE CR, IA
Waypoint Volunteering	8/11	3:30 p.m. – 5 p.m.	318 5th St. SE CR, IA
Newsletter articles' deadline	8/15		
Board Meeting	8/17	6 p.m. snacks 6:30 p.m. meeting	Gerald & Deb Ptacek's 309 Carter St. NW CR, IA
Monthly Meeting	8/19	6 p.m.	D.C.'s River Walk 411 1 st St. SE CR, IA
Buffett Night at the Ballpark	8/20	5:30 p.m.	Veteran's Memorial Stadium Rockford Rd. SW
National Homeless Animals' Day	8/21		
OPH Family Picnic	9/1	5:30 p.m. – 10 p.m.	Don & Deanna Steggall's 415 Brougham Rd. Robins, IA

Dis & Dat

Fiesta Salsa

A blast of colors, this salsa only takes a few minutes to prepare. Perfect to serve on the holidays.

Ingredients:

- * 2 avocados, peeled and chopped
- * 1 pint cherry tomatoes, quartered or grape tomatoes, halved
- * 1 cup frozen corn, thawed
- * 3 tablespoons chopped green chilies, drained
- * 1 bunch green onions (scallions), sliced
- * 3 tablespoons lime juice
- * 1/2 teaspoon sugar
- * Salt and pepper to taste

Instructions:

Carefully toss avocados, tomatoes, corn, green chilies, green onions, lime juice, sugar, and salt and pepper together.



Caribbean Romance

A Caribbean Romance is a tropical drink made with rum, amaretto, orange juice, pineapple juice, and grenadine. The grenadine is floated on the top, and this Caribbean Romance recipe is garnished with an orange, lemon, or lime slice.

Caribbean Romance Ingredients

- * 1 1/2 oz Light Rum
- * 1 oz Amaretto
- * 1 1/2 oz Orange Juice
- * 1 1/2 oz Pineapple Juice
- * 1 splash Grenadine



Caribbean Romance Instructions

Mix the rum, Amaretto, orange juice, and pineapple juice, shake well with ice, and pour into highball glass. Float grenadine on top and garnish with an orange, lemon, or lime slice.

If you have a recipe that you would like to share, please send it to Deanna at deannajs@q.com.

Dis & Dat

Contact the Club Board Contacts

President – Deanna Steggall 319-651-9494, president@isleofiowa.com
Vice President – Gerald Ptacek, 319-551-9006, vicepresident@isleofiowa.com
Secretary – Deb Rassler, 319-213-1048, secretary@isleofiowa.com
Treasurer – Steve Robe 319-351-3474, treasurer@isleofiowa.com
Social Director – Randy Havlik 319-396-5217, socialdirector@isleofiowa.com
Membership Director – Bart Mason 319-930-2833, membershipdirector@isleofiowa.com
Member at Large – Cindy Ek, memberatlarge1@isleofiowa.com
Member at Large – Gordy Smith, memberatlarge2@isleofiowa.com
Member at Large – Doris Olson, memberatlarge3@isleofiowa.com

Monthly Board Meeting

The monthly Board meetings are scheduled for the **Tuesday before** the monthly membership meeting, and will start at 6:00 p.m. unless otherwise noted.

These Board meetings are open to all members, not just Board members. Come and join us as we discuss the business of our club and plan upcoming events, etc. It's a great chance to help the club and to become more involved.

For the location of this month's Board meeting, please see the Phlock calendar. You can also visit us online at: www.isleofiowa.com.

Join the Listserv

To join the Listserv, visit our Web site at www.isleofiowa.com and enter your E-mail address on the Listserv box found on the Homepage. The Listserv is the fastest way of getting the latest information about the club, and to keep track of events' dates or changes. Since we are a social group, it is okay to post social events on the one Listserv that you would like to invite members of the club to. With that being said, we would like to remind everyone of a few maintenance issues.

Appropriate Posts for the Listserv are:

1. Club information
2. Club events
3. Personal parties
4. Jimmy Buffett news
5. Recipes

Okay, I think you get the idea.

Things not allowed on the Listserv:

1. Profanity
2. Anything offensive
3. Anything pornographic

If you have ideas, questions, concerns or suggestions for the Isle of Iowa, you can e-mail any member of the Board individually; or – something new – collectively at board@isleofiowa.com.

August Birthdays

Mary Klinger -- 2
Bart Mason -- 3
Susan Freundt -- 6
Gary Ballew -- 9
Terry Osmanski -- 10
Chris Levy -- 12
Laurie Sexton -- 14
Robb Wessels -- 20
Tammy Maneely -- 29

September Birthdays

Tom Whiting -- 2
Sandy young - 3
Randy Havlik -- 6
Sandy Young -- 6
Ed Nealson -- 15
Steve Petersen -- 15
Lisha Coffey - 18
Jim Doyle - 20
Linda Barger - 25
Steve Douglas - 28

Be sure and attend the monthly meeting in the month of your birthday to get your free Birthday drink!

New/Renewed Members

Tina Hansen
Robert &
Tracey Witcraft