

Message from the Isle

Midwestern Latitudes ~ Caribbean Attitudes
www.isleofiowa.com



June 2010
Vol. 13 Issue 6

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Quarterly Charity

April, May & June

*Community Health Free Medical
Clinic*

**For more information on the
club go to:**

www.isleofiowa.com

Half of the president I used to be

Deanna "Diego" Steggall - President

To look at me now, I am literally half the person I used to be, but my heart and passion for this club has not waived one bit! I still truly believe that this club does a lot of great things for our community and it is my personal goal to see that continue and improve to the best of my abilities.

Our club motto is "Party with a Purpose!" My personal opinion is that if we put just a little more focus on our purpose for our major fundraisers we will obtain more for our charities and still put on one heck of a party for those outside of our club that attend.

I have high expectations for myself and the new board and I also have high expectations for this Club. A lot of new members see what we are doing but really have no idea of the potential this Club has. I have had the opportunity to attend other club's functions and have learned one thing....to be successful in our charity work, we must use our members resources to obtain financial sponsorship.

Another thing I think is important is to focus some energy on our parakeets, when they are involved with our charity work it makes them more productive people, our community a better place to live and adds strength and character to our club! What a better way to invest in our futures?

It has been said that Parrot Heads are Angels in Tropical shirts and I am a true believer!

So to my Isle of Iowa Angels this is what I say to you!

*We have wings that we can't see
We have wheels on our feet
Way up high we'll be free
On these wings we can't see
Jimmy Buffett*

My final thought: always remember to
SMILE, It's contagious and makes the
world a brighter place!



Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

From the Editor

Newsletter Committee:

Editor:

Deanna Steggall

Assistant Editor:

Sandy Young

Photographer:

Dave Metz

Contribute to the Message from the Isle

Any appropriate articles such as letters, reviews, recipes, Parrot Head related stories, and/or personal experiences, are welcomed and should be e-mailed to Sandy Young, Assistant Editor, at sandy@classicphotocr.com. Parrot Head related pictures are welcomed as well, and should be e-mailed to the Editor, Deanna Steggall, at deannajs@q.com.

Deadline for articles in the monthly newsletter will be the 15th of each month. Any articles received after this date will be used in the following month's newsletter.

Message From the Isle is the official publication of the Isle of Iowa Parrot Head Club. Message From the Isle is published monthly for all members of the club and sent to many other chapters and contacts nationwide. The views expressed in the Message From the Isle are solely those of the authors and do not necessarily reflect the opinions of the Isle of Iowa Parrot Head Club, its members, or Board.

Waypoint List of Most Needed Items

Food items:

Mac 'n Cheese Soup Tea/Cocoa Canned vegetables Stews Crackers Bakery items such as cake mixes/frostings/muffin mixes Fruit Juice Cereal

Household Items:

Dish soap Laundry soap Baggies.....sandwich size/gallon size Toilet paper

Children and Baby Items:

Baby Shampoo Baby Wash Size 5 & 6 diapers Formula

Toiletries:

Hand Soap Adult & kids toothpastes and toothbrushes Cotton balls Shampoo/conditioner
Mouthwash Sanitary pads African American hair products Hair sprays/mousse/gels
Makeup – liquid/mascara/eye shadows, etc

For more information on our international organization of Parrot Head Clubs, please go to the Parrot Heads in Paradise, Inc. (PHIP) web site at www.phip.com. You can read their quarterly newsletter, TradeWind Times, and be kept up-to-date on Parrot Head Clubs across the country and internationally.

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Monthly Meetings

Monthly Meeting – Back to D.C.'s

Sandy Young

Fast Facts:

- * **What:** Monthly Meeting
- * **Where:** 411 First St. S.E., CR
- * **When:** June 17, 2010
- * **Time:** 5:30 p.m. – 10 p.m.

We will be going back to a favorite place, D.C.'s River Walk, for our monthly meeting in June. Please come and welcome our new Board and show your support.

The charity for the last month of our quarter will be the Community Health Free Clinic, located at 947 14th Ave. SE, Cedar Rapids. Our Raffle Committee will have dreamt up something creative to raise money for this most deserving charity!

The Mini Mart will be available, so you new Parrot Heads can stock up on t-shirts, caps, etc., for the summer, and all you seasoned Parrot Heads can get some fresh stuff. Check it out while you're there.

We will continue to take donations for Waypoint Services. The need for plastic shopping bags is a pressing need right now. Please start stockpiling these bags and bring them to the meeting. Waypoint will be most grateful! They also need small food containers and non-perishable canned and boxed food. Please go to their Web site at www.waypointservices.org for an updated list of their needs.

And, as always, we will be collecting the pop tabs for the Ronald McDonald House Charities.

Meet our New Board Members

Our newly elected IIPHC Board members, effective June 1, 2010 through May 31, 2011 are:

- President: Deanna Steggall
- Vice President: Gerald Ptacek
- Secretary: Deb Rassler
- Treasurer: Steve Robe
- Social Director: Randy Havlik
- Membership Director: Bart Mason
- Members at Large: Cindy Ek, Doris Olson, Gordy Smith



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Monthly Meetings

Let's Have a Picnic!!

Sandy Young

Fast Facts:

- * **What:** One Particular Harbor (OPH)
- * **Where:** Noelridge Park Pavilion, 4900 Council St. NE
- * **When:** June 2, 2010
- * **Time:** 5:30 p.m. – 10 p.m.

For this OPH we will be heading outdoors for our first picnic of the season on June 2 to Noelridge Park at 4900 Council St. NE, CR to the pavilion by the lake. This picnic will be a family event where children (Parakeets) and well-behaved pets are invited.

Meat will be provided by the club, grilled by a couple of our new Board members. Please bring a dish to share and your beverage of choice. Tableware will be provided. A donation jar will be there to help defray the cost of the meat.

In case of inclement weather we will meet at City Beat, 304 3rd Ave. SW, CR. Watch the Listserv for updates that day.

Our next family picnic will be at Jones Park at the Parkview Pavilion, located high on a hill. Jones Park is on Wilson Ave. and Fruitland Blvd. SW. If you need directions, just call any of the Board members, or ask any of your Parrot Head phriends who have been there before.



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Information on the Phlock

13th Birthday Party

Deanna Steggall

A great deal of fun was had by all who attended! Thank you to Gerald Ptacek for providing the venue! Thank you to the fill in bartenders for the night; Gerald Ptacek, Don Steggall and Randy Havlik. A huge thank you to everyone that came out and celebrated with the club!

Awards were given out and here are the winners:

Most Active Parakeets: Derek & Lindsay Randklev
Accepting the awards were their parents Bob & Karen Randklev

Most Active New Members: Bart & Michelle Mason



Furthest Migrating Parrot Heads: Gary & Cindy Ballew



Parrot Head Most likely to be in Disguise: Penny Holthaus



Money Man: Steve Robe



Parrot Head who knows how to wear a hat: Doris Olson



Silent Auction Queens: Tammy Maneely, Karen Randklev & Kate Sanders



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Information on the Phlock

Most Inspirational: Jim Roman & Laurie Sexton

Club Fluffer: Rich Bonar
Parrot Head who KNOWS how to have PHUN: Saul Herrera
Most Dedicated Helper: Steve Petersen
Newest Members: Mary Halfod & Ron Ott
True Phriend: Mike Slon



Parrot Head of the Year 2010
*****DRUM ROLL*****
Sandy Young



JIMMY BUFFETT NIGHT @ THE BALLPARK FRIDAY, AUGUST 20, 2010 Gerald Ptacek

Fast Facts:

- * Game starts @ 6:35 p.m
- * Cedar Island Band plays before the game from approximately 5:30 - 6:30 p.m.
- * Cedar Island Band plays after the game from approximately 9:00 - 11:00 p.m.
- * The Kernels will be wearing Hawaiian jerseys during the game.
- * These jerseys will be sold by silent auction during the game.

Randy Kuehl Honfidence Pavillion:

This is located in the left field area with picnic tables. The Jimmy Buffett Night at the Ballpark includes a game ticket worth \$9.00, and all you can eat and drink from 5:30 - 8:30 p.m. for only \$15.00 more. We will stay in this area during the game and everyone will be given wristbands so you can come and go from the area as you choose. Food consists of 1/3 lb. fresh hamburgers, all beef hot dogs, brats, popcorn, and peanuts. Beverages consist of soda pop and beer.



PRICE:

Ages 6 & above: \$24.00 each
Ages 5 & under: Free



You do not have to be a club member to participate, so you may invite your family and friends to attend. If interested contact Gerald Ptacek by e-mail: gcptacek@hotmail.com or by phone 319-551-9006. Payment would be appreciated as soon as possible to insure your participation in this event.

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Photos of the Phlock



Pictures from Our 13th Birthday Party



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Parrot Head Happenings

Condolences

It's my deepest regret to inform our club that one of our member's has lost their father this weekend. Garry Joseph's father Revere Joseph passed away Sat. afternoon. I can't begin to tell you what a great father, husband, and friend he was. I am proud to say he was my Dad's best friend for many, many years, (@60yrs) and if any of us are fortunate enough to have a best friend for so many years like my Uncle Joe you have truly been blessed. Visitation is at Cedar Memorial West from 4-8 Wed June 2nd. The family is having a private funeral Thursday. I'm sure you will all join me in sending our blessings to Garry and his family.

Thanks for all you do
Mike S.

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Cedar Rapids Downtown Districts Calendar of Events 2010

Downtown Farmers' Market

Saturday, June 5, June 19, July 3, July 17, Aug 7, Aug 21, Sept 4 & Sept 18 @ 7:30 AM

Run the Flood

Saturday, June 12 @ 8:00 AM

Cedar Rapids Bank & Trust-Downtown Drive In Movie

Saturday, June 26, July 17, Aug 14 @ 7:00 PM

Taste of Downtown-Week of Specials

Saturday, Aug 7 & Aug 14 @ 7:00 AM

Downtown Fall Pub Crawl

Friday, October 15 @ 6:00 PM

For more information on what is happening in Cedar Rapids, go to: <http://www.downtowncr.org/Events/>

History of our Club

10 Years Ago

Susan Fruendt - Founder

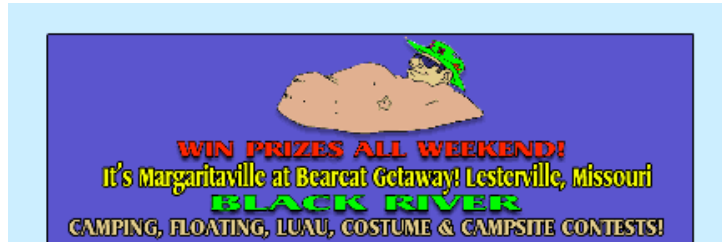
May 2000

The Club observed its 3rd Anniversary with a membership of over 200. Ro Shramek was honored as Parrot Head of the Year for 1999 at our birthday party. Money was due for the Alpine concert. Reserve Seat tickets were \$60.

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Regional Events

Don't miss the 8th Annual Midwest Parrot Head Beach Party
June 11th & 12th, 2010
Bearcat Getaway, Lesterville, MO
Call 888-356-2844 for reservations now!



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Club Calendar

Event	Date	Time	Place
One Particular Harbor Family Picnic	6/2	5:30 p.m.	Noelridge Park 4900 Council St. NE CR
Relay For Life	6/4-6/5	7 p.m. – 9 a.m.	Kirkwood Community College Sports Complex 6301 Kirkwood Blvd, SW, CR
Flag Day	6/14		
Newsletter Articles' Deadline	6/15		
Board Meeting	6/8 & 6/15	6 p.m.	Deanna's House
Monthly Meeting	6/17	6 p.m.	D.C.'s River Walk 411 1 st St. SE, CR
Parrot Fest Golf Outing	6/19		St. Andrew's Golf Course, 1866 Blairs Ferry Rd. NE, CR
Father's Day	6/20		
Summer Begins!!	6/21		
Jimmy Buffett at Alpine!	6/26		
One Particular Harbor Family Picnic	7/7	5:30 p.m.	Jones Park Parkview Pavilion, Fruitland Blvd. SW, CR

Dis & Dat

Margarita Pie

4 T. margarine
1 ¼ C. coarsely crushed unsalted pretzels
1 can (6 oz.) frozen concentrated limeade
1 can (6 oz.) water
3 eggs, separated (so they don't fight)
2 envelopes unflavored gelatin
3 T. tequila (or more if you're going to take a nip)
2 T. triple sec liqueur
Green food coloring (optional)
Fresh lime slices and/or crushed pretzels

Microwave margarine in a 9-in. microwave proof pie plate on high for 1 minute or until melted. Stir in pretzel crumbs. Press evenly over bottom and sides of dish. Microwave on high 1 ½ to 2 minutes and set aside.

Combine limeade, water, egg yolks and gelatin in a 2-qt. microwave proof bowl or casserole; whisk together. Microwave on high 4 minutes, whisking or stirring twice. Stir in tequila, triple sec and green food coloring. (Take another nip of the set aside tequila.)

Place in freezer for 45 minutes or until thickened. Beat egg whites until they're senseless or until they form stiff peaks. Fold in limeade mixture and turn into prepared pie shell. Chill until firm. Garnish top with lime slices and/or crushed pretzels, if desired. Serves 8.



Dis & Dat

Contact the Club Board Contacts

President – Deanna Steggall 319-651-9494, president@isleofiowa.com
Vice President – Gerald Ptacek, 319-551-9006, vicepresident@isleofiowa.com
Secretary – Deb Rassler, 319-213-1048, secretary@isleofiowa.com
Treasurer – Steve Robe 319-351-3474, treasurer@isleofiowa.com
Social Director – Randy Havlik 319-396-5217, socialdirector@isleofiowa.com
Membership Director – Bart Mason 319-930-2833, membershipdirector@isleofiowa.com
Member at Large – Cindy Ek, memberatlarge1@isleofiowa.com
Member at Large – Gordy Smith, memberatlarge2@isleofiowa.com
Member at Large – Doris Olson, memberatlarge3@isleofiowa.com

Monthly Board Meeting

The monthly Board meetings are scheduled for the **Tuesday before** the monthly membership meeting, and will start at 6:00 p.m. unless otherwise noted.

These Board meetings are open to all members, not just Board members. Come and join us as we discuss the business of our club and plan upcoming events, etc. It's a great chance to help the club and to become more involved.

For the location of this month's Board meeting, please see the Phlock calendar. You can also visit us online at: www.isleofiowa.com.

Join the Listserv

To join the Listserv, visit our Web site at www.isleofiowa.com and enter your E-mail address on the Listserv box found on the Homepage. The Listserv is limited to club business and events only and is the fastest way of getting the latest information about the club, and to keep track of events' dates or changes

Join the Coconet

islefiowacoconet@yahoogroups.com. This is the Isle of Iowa Parrot Head Club's open communications group for non-official discussions of club members. The only limitations of this group are no profanity, no defamation of character, no indecent photos or comments, and no illegal activity. Other than that, members are free to advertise, discuss non-club events, or whatever those members wish to communicate. Please keep in mind that common sense, kindness, and courtesy shall rule.

To join the Coconet, go to <http://launch.groups.yahoo.com/group/isleofiowacoconet/> and sign up. The existing Isle of Iowa Listserv mentioned above will still be used, but limited to club business and events only please.

If you have questions about the Listserv or Coconet, contact the board President listed under **Contact the Club** on this page.

June Birthdays

Kaye Moeller – 2
Bill Overman – 2
Mike Sion – 4
Aimee Pitlick -- 9
Jerry Tichy – 19
Amy Beenblossom – 22
Jim Gross – 22
Teresa Becker – 24
Janey Wall – 24
Joe Coffey – 26
Ashley Hinson - 27

July Birthdays

Maureen Engle – 2
Lori Hennessey — 7
Sandie Smith — 8
Doug Klinger – 9
Jerry Fruendt – 10
Jerry Davenport — 17
Matt Tyc – 17
Freddie Maneely - 21
Doug Rassler – 24
Cyndy Hillby -- 26
Lowell Buchholz -- 29

Be sure and attend the monthly meeting in the month of your birthday to get your free Birthday drink!

New/Renewed Members

Ken & Sharon Bream
Todd & Sarah Helle
Steve & Cyndy Hillby
Marc & Kathleen Nessler
Gary & Aimee Pitlick

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