

Message from the Isle

Midwestern Latitudes ~ Caribbean Attitudes
www.isleofiowa.com



April 2010
Vol. 13 Issue 4

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Quarterly Charity

April, May & June

**Community Health Free Medical
Clinic**

**For more information on the
club go to:**

www.isleofiowa.com

View From the Volcano's Top

Mike "Volcano" Sion - President

Finally the sun is warming our island and the view today is very enjoyable. The waters around us are receding and the thoughts of flooding have passed. We can't help thinking about the flood in 2008 that changed most of our lives. Change, as most of us know, is a two sided sword. I have friends and relatives who lost everything and have started over. I have friends who have lost jobs, and businesses have closed or moved their works out of the GOOD OLD USA.

Our club goes through changes constantly. Our membership grows and decreases, yet with our core group we conduct business as usual. Our core is a group of pholks who falter very little. They are always there to help out, take charge, and get things going. Through my last year as president I have spoken to many other club leaders and we all have our core groups; without these people nothing would be accomplished.

The great thing is, almost every year we gather a few new pholks who become a part of the core. Pholks who are part of the core know who they are. I would like to thank our CORE group. Without you where would our Island be? It seems to me that the change in our core comes about by the loss of pholks who take things too personally. To these people I say don't let the politics deter you in what you joined the club for - HELPING OUT OUR COMMUNITY, SUPPORTING LESS FORTUNATE PEOPLE, GATHERING FOOD FOR SOME, AND BLOOD FOR OTHERS and, of course, HAVING FUN AND BUILDING lasting relationships with the fabulous pholks who are the ISLE OF IOWA PARROT HEAD CLUB. No matter when you joined the club - the first year or in recent years - try not to lose sight of our goals. Work with the core; try not to criticize them. Or, better yet, rejoin them and help make a difference. Remember how good you felt back when?

So, as the sun sets and the colors in the sky
amaze us, tomorrow will bring.....



Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

From the Editor

Newsletter Committee:

Editor:

Deanna Steggall

Assistant Editor:

Sandy Young

Photographer:

Dave Metz

Contribute to the Message from the Isle

Any appropriate articles such as letters, reviews, recipes, Parrot Head related stories, and/or personal experiences, are welcomed and should be e-mailed to Sandy Young, Assistant Editor, at sandy@classicphotocr.com. Parrot Head related pictures are welcomed as well, and should be e-mailed to the Editor, Deanna Steggall, at deannajs@q.com.

Deadline for articles in the monthly newsletter will be the 15th of each month. Any articles received after this date will be used in the following month's newsletter.

Message From the Isle is the official publication of the Isle of Iowa Parrot Head Club. Message From the Isle is published monthly for all members of the club and sent to many other chapters and contacts nationwide. The views expressed in the Message From the Isle are solely those of the authors and do not necessarily reflect the opinions of the Isle of Iowa Parrot Head Club, its members, or Board.

Waypoint List of Most Needed Items

Food items:

Mac 'n Cheese Soup Tea/Cocoa Canned vegetables Stews Crackers Bakery items such as cake mixes/frostings/muffin mixes Fruit Juice Cereal

Household Items:

Dish soap Laundry soap Baggies.....sandwich size/gallon size Toilet paper

Children and Baby Items:

Baby Shampoo Baby Wash Size 6 diapers Formula

Toiletries:

Hand Soap Adult & kids toothpastes and toothbrushes Cotton balls Shampoo/conditioner
Mouthwash Sanitary pads African American hair products Hair sprays/mousse/gels
Makeup – liquid/mascara/eye shadows, etc

For more information on our international organization of Parrot Head Clubs, please go to the Parrot Heads in Paradise, Inc. (PHIP) web site at www.phip.com. You can read their quarterly newsletter, TradeWind Times, and be kept up-to-date on Parrot Head Clubs across the country and internationally.

Isle of Iowa Parrot Head Club
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Monthly Meetings

Monthly Meeting – New April Location!

Sandy Young

Fast Facts:

- * **What:** Monthly Meeting
- * **Where:** Longbranch Hotel, Gold Zone Bar, 90 Twixt Town Rd. NE, CR
- * **When:** April 15, 2010
- * **Time:** 5:30 p.m. – 10 p.m.

We will be going back to the Longbranch for our monthly meeting in April to the Gold Zone Bar area. Every Thursday the Longbranch has all you can eat wings and chicken legs in Kitty's Saloon in the main bar from 5 p.m. – 9 p.m., so come early and eat your fill!

Our raffle committee, composed of Amy Beenblossom, Mike Sion, Deanna Steggall, and the Board, have decided to try a new way to raise money for our monthly raffle. Instead of setting up two raffles for you to try and win, we are going to try a 50/50 giveaway again. Last month Randy Havlik was the lucky winner of \$50.00, which meant our charity received \$50.00 last month as well. The charity that will be the recipient of our raffle monies for the quarter of April/May/June is the Community Health Free Clinic, located at 947 14th Ave. SE, Cedar Rapids.

Linda and Terry Barger, the Mini Mart King and Queen report they will have the following available at the meeting:

Baseball Caps, Purple and Navy Tanks, Lt. Blue Long Sleeve T-Shirts, Men's and Ladies Polo Shirts, Bottle Koozies, Black Cups, Flashing Glasses (Yeah, we've still got some), Pirate and Parrot Door Mats, Picture CD's of the Club, Tiki Idols.

We will continue to take donations for Waypoint Services this year. They always need plastic shopping bags, small food containers, and non-perishable canned and boxed food. Please go to their Web site at www.waypointservices.org for an updated list of their needs or look in this issue of the newsletter for more information.

And, as always, we will be collecting the pop tabs for the Ronald McDonald House Charities.

Welcome back to the Longbranch! Next month will be our May birthday celebration on the 22nd in Fairfax. Please see the article in this newsletter for further information.



Isle of Iowa Parrot Head Club
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Monthly Meetings

Spring Has Sprung!!

Sandy Young

Fast Facts:

What: One Particular Harbor (OPH)

Where: Cocktails & Company, 1625 Blairs Ferry Rd., Marion

When: April 7, 2010

Time: 5:30 p.m. – 10 p.m.

Spring has sprung, the grass has 'ris...Parrot Heads know where their flip-flops is!! (Hey, it's the best I could come up with!) This month's indoor OPH will be at Cocktail's and we hope to have a great turnout for this one as there's only a couple more indoor One Particular Harbors, then it's outside for our family picnics starting in June.

For you new members, One Particular Harbors are social get-togethers where Parrot Heads can visit and relax in a casual atmosphere and get to know one another better. They start around 5:30 p.m. and officially go until 10 p.m., but please come when you can and stay as long as you want.

As always, the board welcomes any ideas you may have for a location for the One Particular Harbors, whether indoors or in the summer at our outdoor picnics. You may contact any board member with your ideas. The indoor establishment should be a place large enough to hold between 20-30 people and have food available as well as drinks.

Below you will find the locations for our upcoming Family Picnics this summer as the pavilions have already been reserved. More information will follow in future newsletters.

June 2nd- Noelridge

July 7th – Jones Park

August 4th – Cherry Hill Park

September 1st – Bever Park



Isle of Iowa Parrot Head Club
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Information on the Phlock

Waypoint May Baskets

Deanna Steggall

If you would like to help the club with Waypoint May Baskets, please bring some of the following items to the April Meeting. If you have any questions please contact Deanna Steggall at deannajs@q.com or 319-651-9494.

List of Needs

For women, children and families who are living in poverty, homeless, or victims of violence.



Food Items

- Boxed Pasta Meals
- Canned Fruits
- Canned Meat
- Canned Vegetables
- Cereal
- Crackers
- Fruit Juice
- Mac'n'Cheese
- Pasta
- Pasta Sauce

Toiletries

- African American Hair Products
- Conditioner
- Deodorant
- Disposable Razors
- Hair Gel
- Hair Mousse
- Sanitary Pads
- Shampoo
- Tampons

Household Items

- Baggies—gallon
- Baggies—sandwich
- Kleenex
- Rubber Gloves

Children's Items

- Baby Lotion
- Baby Shampoo
- Baby Wash
- Diaper Cream

Current Most Needed Items

- Tampons
- Sanitary Pads
- Shampoo
- Conditioner
- Deodorant
- Disposable Razors
- Spaghetti
- Spaghetti Sauce
- Cereal

Donate Your Time—Coordinate a Donation Drive!

Waypoint Services relies 100% on community donations of food and toiletries to provide to women, children and families in need. Consider coordinating a donation drive at your workplace, civic group or church and your support your local families who are homeless, living in poverty, or victims of violence.

Waypoint Only Accepts Food and Toiletries

Waypoint does not accept clothing and household items. Waypoint families are being referred to other community programs that provide these items. Donors with clothing or other used items are encouraged to donate to these programs that assist Waypoint families. For a list of these community programs and their needs, please visit www.waypointservices.org.

Thank you for your support!

With your help, Waypoint is able to serve over 3,500 community members in need this year.

Donations can be dropped off at:

Waypoint Services
318 Fifth Street SE
Cedar Rapids
Monday—Friday
8 a.m. to 5 p.m.

WAYPOINT
Services for women, children and families

Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Information on the Phlock

Mailing Address
12007 190th Street
PO Box 418
Monticello, IA 52310-0418

Phone Numbers
(319) 465-5916
(319) 465-5919 - fax

Web Address
www.campcourageous.org

Email Inquiries
info@campcourageous.org

Executive Director
Charles W. Becker
(319) 465-5916, ext. 2100
cbecker@campcourageous.org

Board of Directors
President-Phil Martin
Anamosa, Iowa
Prg. Elect-Aaron Cook
Winthrop, Iowa
Secretary-Jim LeMaster
Cedar Rapids, Iowa
Treasurer-Steele Supple
Cosco, Iowa
Margo Ahrendsen
Claret, Iowa
John Bailey
Anamosa, Iowa
Randy Paulkner
Cedar Rapids, Iowa

Jim Fools
Brooklyn, Iowa
Brian Gey
Charlottesville, Iowa
Hartland Hetzler
Monticello, Iowa
Martin Hulse
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Joe Ironside
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Monticello, Iowa
Mog Welter
Monticello, Iowa
Winnie Williams
Monticello, Iowa

Honorary Board
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Bill Beckwith
Tim and Barb Eggleston
Leo Greco
Jim Hynes
Marty Kloska
Don Lambert
Skip Manternach
John Menster
Ralph Palmer
Tom & Sonja Penaluna
Rick Sellers
Herold Smith
Jackie Snyder
Gary Turbes
Liz Valliere
John Vermazen
Helen Watts
Charlie & Tina Weepie
Maxine Welch

Camp Courageous
is a year-round
recreational and
respite care facility
for individuals with
disabilities, run on
donations.

A not-for-profit 501(c)3
Federal ID #23-7210932

Friday, March 19, 2010



MIKE SION
ISLE OF IOWA PARROT HEAD CLUB
PO BOX 11172
CEDAR RAPIDS IA 52410-1172



Dear Mike and Parrot Heads:

On behalf of over 5,000 individuals with disabilities who look forward to coming to Camp Courageous each year, I would like to acknowledge with sincere appreciation your gift of \$1500.00. We are grateful for your ongoing support of the camp and the special campers who are served.

Since Camp Courageous is run on donations, without government assistance, formal sponsorship, or paid fund raisers, your contribution makes possible this unique recreational and respite care facility for individuals with disabilities of all ages.

Camp Courageous stands as a living testimony to the generosity and love of individuals like yourself. Please stop by the camp anytime and see firsthand the good you are helping provide so many.

Thank you again for helping make this dream come true... we have much to be thankful for. It has been a great 30+ years--growing from 211 campers in the summer of 1974 to over 5,000 in a year-round program today!

Best wishes for a healthy and happy 2010!

With warm regards,

Charles W. Becker
Executive Director

WE ARE SO GRATEFUL FOR YOUR PARROT HEADS INCREDIBLE SUPPORT!



Isle of Iowa Parrot Head Club
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Information on the Phlock

Spring Highway Clean-Up

Election Update

Karen Mahannah

We have a full group of people who put in their letters of intent for the Board this term and no one is running contested. Therefore, according to our By-laws there will be no need for elections to be held at the April Meeting. Make sure you come to the May Birthday Party on May 22 when I will announce the new Board for the Isle of Iowa Parrot Head Club.

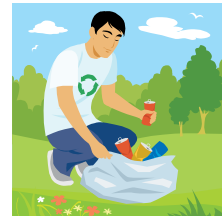


Doug Rassler

The Adopt-a-Highway Spring Clean-Up will take place on Sunday, May 23rd. Volunteers are asked to meet at the BP gas station at the Swisher/Shueyville Exit 10 on I-380 at 10 a.m.

There will be a sign-up sheet at the April monthly meeting, or you can e-mail me at drassler@netins.net to volunteer.

Volunteers are asked to wear appropriate clothing, including sturdy shoes or boots, and gloves. Orange vests and garbage bags will be provided by the Iowa Department of Transportation (IDOT).



Blues 'n' Buffett Chili Challenge Follow-Up

The Chili Challenge at the Marriot on February 28th was a huge success with over 360 people attending.

The H.D. Youth Center will receive \$3,290 from the Linn County Blues Society, and the Community Health Free Clinic will receive \$3,425 from the Isle of Iowa Parrot Head Club.

Congratulations to the Killer Committee headed by Steve Petersen, Kate Sanders, Steve Springer and Keith Wright, and to all the many volunteers, for their hard work in making this year's Chili Challenge so successful!



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Information on the Phlock

Pre-Phlocking Party

Deanna Steggall

Fast Facts:

- * **What:** Pre-Phlocking Party – Isle of Iowa Parrot Head Club
- * **Where:** Longbranch GoldZone, 90 Twixt Town Rd. NE, CR
- * **When:** Saturday, April 24th, 2010
- * **Time:** 3 p.m. to 6:30 p.m.

The committee is hard at work organizing another phun filled pre-phlocking party for all to enjoy. For our Isle of Iowa club members this will be an opportunity to relax and get that much needed nourishment before the Phlocking begins. We ask that all club members bring a dish to pass to the Pre-Phlocking. This dish can consist of your favorite appetizer, salad, side dish, main dish and of course your favorite dessert. You will also have a great opportunity to meet our out-of-town guests in a more relaxed atmosphere.

For our out-of-town guests we ask that you come and enjoy the wonderful spread of food that our club members are providing and mingle with the Isle of Iowa club members and other out-of-town guests. Rooms can be blocked at the Longbranch under the Parrot Head Block for \$89.99 plus tax and fees, 1-800-443-7660 or <http://www.bestwesterniowa.com/hotels/best-western-longbranch-hotel-and-convention-center/>.

The food is a big part of staying in the zone and being able to enjoy the whole night of PHUN! If you are unsure of what staying “in the zone” is, the best person to talk to is our very own Gordy Smith! The Gold Zone Bar will be open to quench any of your thirst needs.

To add to the phun we will have quite a few games that everyone should partake in, from flippy cup to cheeseburger race and a few others in between. These games will definitely bring out the phun tropical spirit in us all. We will have a shuttle service so that people will not have to drive from the Pre-Phlocking Party to the Island Fever Phlocking at 1st Ave LIVE! and back again. Sign-up sheets will be available on a first come first serve basis for departure times. All we ask for this shuttle service is that you tip the driver, are courteous and pick up after yourself.

We have some *NEW* Phun to add to the Pre-Phlocking Party, thanks to our sponsors “Ptacek Construction” and “The Isle of Iowa Parrot Head Club”, we are pleased to announce that we will have live entertainment at the Pre-Phlocking Party this year. Jeff Mattison will be there to get us ready for the Cedar Island Band later that night. Jeff plays a variety of music from country to rock.

OK now that we have your undivided attention, make your plans to book your room at the Longbranch and come to the Pre-Phlocking Party. Everyone that is planning to attend should send their names and club affiliation to Deanna Steggall at deannajs@q.com for your Pre-Phlocking Party Name Badges. **Only names received by Sunday, April 11th will have badges printed up, so do not delay!!**

Isle of Iowa Parrot Head Club
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Information on the Phlock

The 12th Annual Island Fever Phlocking to benefit

WAYPOINT

Services for women, children & families



**Saturday, April 24th
1st Ave. LIVE!**

3701 1st Ave. SE, Cedar Rapids

(in the Town and Country Shopping Center)

8pm—Midnight / Doors Open at 7pm

\$10 Advance Tickets / \$15 at the Door

Featuring: The Cedar Island Band



**For More Information please contact Deanna Steggall at
319-651-9494, deannajs@q.com or www.isleofiowa.com**

Isle of Iowa Parrot Head Club
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Information on the Phlock

Phlocking Silent Auction

Karen Randklev

Calling all Parrot Heads!! It's time to gather your items for the Silent Auction taking place at our annual Island Fever Phlocking on April 24 at 1st Ave. Live!

If you have anything you'd like to donate (not garage sale items) or anything that another person/company would like to donate, please contact one of the following people for pick-up/delivery coordination.

Karen Randklev	533-1254
Tammy Maneely	361-3474
Doris Olson	573-7358
Michelle Mason	659-3429

We are challenging everyone!! If you, or a group of you, can assist with items for just ONE basket, that would make a world of difference. Do you need ideas for some cool baskets? CALL US...we can help!! With EVERYONE pitching in, we can make this the best auction yet! Phins UP!!

Camp Courageous Benefit

Reprint with permission from Camp Courageous Website

Fast Facts:

- * **What:** Omelet Breakfast and Open House
- * **Where:** Camp Courageous, 12007 190th Street, Monticello, IA 52310
- * **When:** Sunday, April 25th, 2010
- * **Time:** 7 a.m. – 1 p.m.



The Camp Courageous Omelet Breakfast and Open House is traditionally held on the last Sunday in April. A great breakfast of made-to-order omelets served with sausage, toast, coffee, juice, and milk. Thirty trained omelet cooks will make an omelet with ham, cheese, green peppers, and more depending on what you like. It is recommended you come early for this wonderful breakfast.

During the breakfast and open house you'll be able to take guided tours of Camp Courageous. The tour will include the Sill Barn, Nature Center, Train Depot, camper cabins, Multi-Purpose Building, indoor pool, and more. The camp store, located in the Beckwith Visitors Center, will be open throughout the morning. WMT's Leo Greco broadcasts live from the camp lodge during the Omelet Breakfast and Open House. Be sure to tune in to his show for updates on what's going on at the breakfast.

The Omelet Breakfast is a huge undertaking and it wouldn't be possible without the help of so many volunteers and sponsors. Thank you to all that dedicate their time and efforts in making this event happen. If you or your organization would like to assist then please contact Chef Dennis Bayne at 319-465-5916, ext. 2400 or by email at dbayne@campcourageous.org.

Camp Courageous is located at [12007 190th Street, Monticello, IA 52310](https://www.campcourageous.org). From US Highway 151, take exit 65 and follow the signs. The camp is located about five miles south-west of Monticello. For more information go to: www.campcourageous.org

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Information on the Phlock

JIMMY BUFFETT NIGHT @ THE BALLPARK FRIDAY, AUGUST 20, 2010 Gerald Ptacek

Fast Facts:

- * Game starts @ 6:35 p.m
- * Cedar Island Band plays before the game from approximately 5:30 - 6:30 p.m.
- * Cedar Island Band plays after the game from approximately 9:00 -11:00 p.m.
- * The Kernels will be wearing Hawaiian jerseys during the game.
- * These jerseys will be sold by silent auction during the game.

Randy Kuehl Honfidence Pavillion:

This is located in the left field area with picnic tables. The Jimmy Buffett Night at the Ballpark includes a game ticket worth \$9.00, and all you can eat and drink from 5:30 - 8:30 p.m. for only \$15.00 more. We will stay in this area during the game and everyone will be given wristbands so you can come and go from the area as you choose. Food consists of 1/3 lb. fresh hamburgers, all beef hot dogs, brats, popcorn, and peanuts. Beverages consist of soda pop and beer.



PRICE:

Ages 6 & above: \$24.00 each
Ages 5 & under: Free



You do not have to be a club member to participate, so you may invite your family and friends to attend. If interested contact Gerald Ptacek by e-mail: gcptacek@hotmail.com or by phone 319-551-9006. Payment would be appreciated as soon as possible to insure your participation in this event.

Isle of Iowa's 13th Birthday Celebration Deanna Steggall

Fast Facts

- * **What:** Club's Birthday Party
- * **Where:** American Legion, 216 Main Street, Fairfax
- * **When:** Saturday, May 22, 2010
- * **Time:** 6pm - ???



It is almost time to be celebrating our club's 13th year in existence. On May 22nd the Board will be hosting a party at the Fairfax Legion. Thanks Gerald Ptacek!!! This party will take the place of our monthly meeting and tends to be a great deal of PHUN!! The club will provide cupcakes, table service and a drink ticket for everyone who attends. We ask that everyone bring a dish to pass and come ready to enjoy the night. The bar will be open, so no need to bring your own drinks.

During the evening we will have games to play, introduce the new Board, announce the Parrot Head of the Year, hand out several silly awards, and eat some really great food.

For you new members and those of us who need reminding, the Isle of Iowa was officially sanctioned as a club in May of 1997 with 34 members. The club was founded by Susan Fruendt during a get-together at Chubby's Bar on Mt. Vernon Road.

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Information on the Phlock

Relay for Life 2010

Deanna Steggall

Fast Facts:

- * **What:** American Cancer Society, Relay for Life
- * **Where:** Kirkwood Community College
- * **When:** Friday, June 4th – Saturday, June 5th, 2010
- * **Time:** 7 p.m. – 9 a.m.

This year the Isle of Iowa has again made the commitment to help save lives from cancer by taking part in the American Cancer Society Relay For Life® and I am inviting you to join me at Relay as a member of our team. Together we can make a difference in the fight against cancer.

So, what is Relay?

Relay is a unique community event where our team raises money to support the American Cancer Society's life-saving mission. We'll camp out overnight and take turns walking around the track. To start off the evening, there is an incredible ceremony to celebrate cancer survivors and caregivers, and at dusk, a moving ceremony is held to honor and remember those who have fought the disease. Relay is a night full of fun, hope, and remembrance - a life-changing experience.

When being faced with cancer, many people can feel helpless. Now is our opportunity to do something and fight back against the disease by joining the Isle of Iowa team. We have the power to help create a world where cancer can no longer claim another year of anyone's life.

If you are not able to participate at Relay this year, I hope you'll consider supporting our efforts by making an online donation.

Event Contests

- Best Birthday Party Campsite
- Best Birthday Banner
- Best Decorated Birthday Hat

Thank you and I hope to see you at Relay this year! To join the Isle of Iowa team or make a donation on our behalf go to: http://main.acsevents.org/site/TR/RelayForLife/RFLFY10MW?pg=team&fr_id=22937&team_id=685025

Clean out your Closet, Donate a Purse

The Gazette

Community Health Free Clinic has partnered with Guaranty Bank to collect purse donations for the fundraiser "Bags for Bucks."

Donations can be made at Community Health Free Clinic, 947 14th Ave. SE, Cedar Rapids, or any Guaranty Bank location now through April 16.

Donated purses should be in good condition and only gently used. The goal of the fundraiser is to have a variety of styles and values.

The fundraiser will be 10 a.m. May 1 at the downtown Guaranty Bank Office, 302 Third Ave. SE, Cedar Rapids.

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Information on the Phlock

Cedar Rapids Downtown Districts Calendar of Events 2010

The Celebration Continues! Proof at Theatre Cedar Rapids
Thursday, April 15 @ 7:00 PM

Spring-O Pub Crawl!
Friday, April 23 @ 6:00 PM

Taste of Downtown Kick-Off Event
Saturday, May 15 @ 6:00 PM

Campaign: Stay Downtown after Uptown Returns

Friday, May 28 @ 5:00 PM

Greene Square Park

As downtown businesses recover it is more important than ever before that area residents enjoy what downtown Cedar Rapids has to offer.

Downtown Farmers' Market

Saturday, June 5, June 19, July 3, July 17, Aug 7, Aug 21, Sept 4 & Sept 18 @ 7:30 AM

Run the Flood

Saturday, June 12 @ 8:00 AM

Cedar Rapids Bank & Trust-Downtown Drive In Movie

Saturday, June 26, July 17, Aug 14 @ 7:00 PM

Taste of Downtown-Week of Specials

Saturday, Aug 7 & Aug 14 @ 7:00 AM

Downtown Fall Pub Crawl

Friday, October 15 @ 6:00 PM

Holiday Fire & Ice Festival

Saturday, December 4 @ 3:00 PM

For more information on what is happening in Cedar Rapids, go to: <http://www.downtowncr.org/Events/>

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Photos of the Phlock



Pictures from This Hotel Room
Phlocking



Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Photos of the Phlock



More Pictures from This Hotel
Room Phlocking



Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Parrot Head Happenings

Parrot Head Happenings

Mike “Volcano” and Paula “Lava” Sion

Mike and Paula will be celebrating their 9th wedding anniversary on April 3. Congratulations you two! May you have many more happy and fulfilling years together.

Jon and Ro Shramek

Jon and Ro have officially moved into their sparkling new condo in Hiawatha. Their new address is 1809 Emmy Lane. Their e-mail address remains the same. Congratulations on the new place guys!

John “Forever” and Sandy “Ever” Young

John and Sandy will celebrate their 49th wedding anniversary on April 22. Only one more year to go before their 50th (good Lord willin’ and the creek don’t rise.) Congratulations!

.....

Tidbits to Ponder

Authors Unknown

- Time is just nature’s way to keep everything from happening at once.
 - I don’t have a solution, but I do admire the problem.
 - If a thing is worth doing, it would have been done already.
 - Two can live as cheaply as one...for half as long.
 - Good health is merely the slowest possible rate at which one can die.
 - Confession is good for the soul, but bad for the career.
 - Sometimes too much to drink isn’t enough.
 - How much can I get away with and still go to heaven?
-

History of our Club

10 Years Ago

Susan Freundt - Founder

April 2000

It was a very quiet April! Nothing to report.

Isle of Iowa Parrot Head Club
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Regional Events

One Particular Harbour



2010



A Fun, Tropical Party for

Camp Albrecht Acres

"Providing a unique environment for people with special needs"

**The Dubuque Parrot Heads are having their 4th annual
One Particular Harbour Fundraising Event**

**Grand River Center Dubuque
Saturday, May 1st from 6:00 pm until 11:30**

This year we are featuring:

A Pirate Over 50

Steve Cavanaugh

THE CEDAR ISLAND BAND

Silent Auctions, Door and Raffle Prizes
Food, Drinks and much more...

In 2009, we raised over \$10,000 for charities in the surrounding area.

Tickets are \$10.00 in advance, \$15.00 at the door and can be purchased online at www.dbqphlockers.org, by calling 563-599-0991, or contact any Dubuque Parrot Head Club member. Reserved tables are available for \$110.00, which includes event tickets for 8. The Dubuque Phlockers are 501c3

Doors open at 6:00... We'll See You There!

Isle of Iowa Parrot Head Club
PO Box 11172 ~ Cedar Rapids, Iowa ~52410-1172

Club Calendar

Event	Date	Time	Place
One Particular Harbor	4/7	5:30 p.m.	Cocktails 1625 Blairs Ferry Rd., Marion
Board Meeting	4/13	6:30 p.m.	Longbranch Hotel Gold Zone Bar 90 Twixt Town Rd. NE, CR
Monthly Meeting	4/15	6 p.m.	Longbranch Hotel Gold Zone Bar
Newsletter Deadline	4/18		
Pre-Island Fever Phlocking	4/24	3 p.m. - 6:30 p.m.	Longbranch Hotel Gold Zone Bar
Island Fever Phlocking	4/24	Doors Open 7 p.m.	1 st Ave. Live! 3701 1 st Ave. SE, CR
One Particular Harbor/Cinco de Mayo!	5/5	5:30 p.m.	TBD
Club's 13th Birthday Party	5/22	6 p.m. - ???	Fairfax Legion 216 Main Street, Fairfax
Spring Highway Clean-Up	5/23	10 a.m.	I-380 exit #10 Swisher/ Shueyville
Board Meeting	5/25	6:30 p.m.	Longbranch Hotel Gold Zone Bar 90 Twixt Town Rd. NE, CR

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Contact the Club Board Contacts

President – Mike Sion 319-378-3641, president@isleofiowa.com
Vice President – Keith Wright, 319-573-5153, vicepresident@isleofiowa.com
Secretary – Deanna Steggall, 319-651-9494, secretary@isleofiowa.com
Treasurer – Steve Robe 319-351-3474, treasurer@isleofiowa.com
Social Director – Laurie Sexton 319-651-4473, socialdirector@isleofiowa.com
Membership Director – Karen Mahannah 319-389-2795, membershipdirector@isleofiowa.com
Member at Large – Kaye Moeller, memberatlarge1@isleofiowa.com
Member at Large – Jim Roman 319-213-0585, memberatlarge2@isleofiowa.com
Member at Large – Doris Olson, memberatlarge3@isleofiowa.com

Monthly Board Meeting

The monthly Board meetings are scheduled for the **Tuesday before** the monthly membership meeting, and will start at 6:30 p.m. unless otherwise noted.

These Board meetings are open to all members, not just Board members. Come and join us as we discuss the business of our club and plan upcoming events, etc. It's a great chance to help the club and to become more involved.

For the location of this month's Board meeting, please see the Phlock calendar. You can also visit us online at: www.isleofiowa.com.

Join the Listserv

To join the Listserv, visit our Web site at www.isleofiowa.com and enter your E-mail address on the Listserv box found on the Homepage. The Listserv is limited to club business and events only and is the fastest way of getting the latest information about the club, and to keep track of events' dates or changes

Join the Coconet

isleofiwacoconet@yahoogroups.com. This is the Isle of Iowa Parrot Head Club's open communications group for non-official discussions of club members. The only limitations of this group are no profanity, no defamation of character, no indecent photos or comments, and no illegal activity. Other than that, members are free to advertise, discuss non-club events, or whatever those members wish to communicate. Please keep in mind that common sense, kindness, and courtesy shall rule.

To join the Coconet, go to <http://launch.groups.yahoo.com/group/isleofiwacoconet/> and sign up. The existing Isle of Iowa Listserv mentioned above will still be used, but limited to club business and events only please.

If you have questions about the Listserv or Coconet, contact the board President listed under **Contact the Club** on this page.

April Birthdays

Pat Albrecht – 3
Saul Herrera – 3
Ron Moore – 4
Connie Gross – 6
Wayne Martin – 8
Charlie Ross – 8
Rob Goyer – 14
Deb Rassler – 18
Steve Sanders – 22

May Birthdays

Maureen Engle – 2
Keith Wright – 9
Jeff Clark – 12
Terry Barger – 13
Rich Bonar – 14
Deanna Steggall – 27

Be sure and attend the monthly meeting in the month of your birthday to get your free birthday drink!

New Members

Mary Halford & Ron Ott

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