



MESSAGE NOTES

THE LOOP CAMPUS

SUMMER REFRESHMENT

June 2, 2019 • Pastor Gregg Matte • 1 Kings 19:1–18 (p. 197 in CSB provided or at 1kings.bible)

▶ **Life can be** _____ . *1 Kings 13:7; Job 29:20; Proverbs 25:13*

▶ **The route of summer** _____ .

Acts 3:19; Philemon 1:7

- Reboot: _____ bring new perspectives.
- _____ — dine physically and spiritually and sleep deeply.
- The refreshment of the _____ requires engagement with the _____ of our soul.

▶ **The results of summer refreshment.** *Romans 15:32*

- _____ to continue the journey.
- See _____ in a new way.
- See _____ in a new way. *1 Kings 19:10, 14 & 18*