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FIELD GUIDE

to giving life



a study of the ten commandments

== FIELD ASSIGNMENT ==

EACH WEEK in your program ‘Field Guide’, you’ll find *interactive field assignments* with creative ideas to apply message learnings to your life. Some weeks will be reflective, some weeks will be places to visit and some weeks will be things to do with others.

– VI –

You shall not kill.

We are called to not harm others physically, mentally, or emotionally. While the world tells us to promote ourselves at the expense of others, God implores us to promote others above ourselves and seek to better their lives.

{ Ryan Alexander, Lead Pastor }

WE CAN GENUINELY SEEK the best for people when we begin to see them through God’s eyes.

1. IDENTIFY

Think of someone who really challenges you relationally – someone who just ‘rubs you the wrong way’. Invite God to show you why you respond to this person the way you do.

2. PRAY

Pray and ask God to let you see this person through His eyes. Instead of asking God to ‘fix’ the person, ask God to ‘fix’ your heart.

3. CONNECT

After praying (more than once), intentionally connect with this person – stop by their cubicle, give them a call, or walk over and talk to them while they are doing yard work. Ask how things are going. Listen with an open heart. Ask if there’s anything you could be praying for in their lives.

4. CONTINUE

Continue to pray for this person, allowing God to genuinely change your heart for them.

5. OPTIONAL [GREAT FOR CHILDREN]

Have a real conversation with your kids about people they don’t like. Talk about what Jesus says in Matthew 5:44. Pray together. As God leads, take it one step further. Decide to do something kind for that person – mow their lawn, buy them a beverage, or spend some time together. Thank God for giving you His heart!

DISCUSSION QUESTIONS

- Why do you think people behave the way they do?
- How do you know when you have broken this commandment?
- What changes do you notice when you begin to pray for another person?



FRONT COVER DESIGN

When we think about life, we often think about growth and plants. In Genesis 2:9, God creates a luscious garden filled with trees that were pleasing to the eye and good for food. He also creates the tree of life. In the New Testament, Jesus uses illustrations of trees and plants that give life by bearing fruit. In Psalm 144:12 and 1 Corinthians 3:6, we see plant analogies used to illustrate growth and spiritual life. **THE LEAF** is an obvious symbol to demonstrate giving life.