

you asked for it!

I WON'T BE OVERWHELMED

Part 2 • September 9-10, 2017 • #HCYouAskedFort

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full (a rich and satisfying life). —Jesus (John 10:10)

SOUL FATIGUE

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" "Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her." (Luke 10:38–42)

THREE DIAGNOSTIC QUESTIONS

1. Is it a _____ issue?

But the Lord said to her, "My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her." (Luke 10:38–42, NLT)

2. Is it a _____ issue?

"Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" (Luke 10:40)

3. Is it a _____ issue?

Her sister, Mary, sat at the Lord's feet, listening to what he taught. (Luke 10:39, NT)

But Martha was distracted... (Luke 10:40, NLT)

The next morning Jesus awoke long before daybreak and went out alone into the wilderness to pray. Later Simon and the others went out to find Him. They said, "Everyone is asking for You." Mark 1:35-37 (NLT)

THE CURE FOR THE OVERWHELMED SOUL

But seek first his kingdom and his righteousness, and all these things will be given to you as well. (Matthew 6:33)

There is no fear in love; but perfect love casts out fear. (1 John 4:18, NKJV)

I am a _____ when I _____

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." (Matthew 11:28–30)

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2. Is it a company issue?

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3. Is it a trust issue?

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I am a different person when I meet with God.

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." (Matthew 11:28–30)



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