

Part 3: HELP ME CHANGE

September 25, 2016 #YouAskedSeries



TAKE YOUR LIFE BACK

1. Who or what _____ you?

God paid a high price for you, so don't be enslaved by the world. (1 Corinthians 7:23)

2. Unresolved hurt results in a _____ life rather than freely living a fulfilling _____ life.

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. (Romans 12:2)

3. In reaction to shame, fear, anger and sadness we create a _____ rather than fearlessly presenting our _____ and living comfortably as who we actually are.

As a face is reflected in water, so the heart reflects the real person. (Proverbs 27:19)

4. We take our lives back when we become our own:

✓ _____

Deuteronomy 30:19 "Today I have given you the choice between life and death, between blessings and curses. Now I call on heaven and earth to witness the choice you make. Oh that you would choose life, so that you and your descendants might live!

✓ _____

Psalms 139: 14 Thank you for making me so wonderfully complex! Your workmanship is marvelous-how well I know it.

✓ _____

In view of all this, make every effort to respond to God's promises. Supplement your faith with a generous provision of moral excellence, and moral excellence with knowledge, and knowledge with self-control, and self-control with patient endurance and endurance with godliness, and godliness with brotherly affection, and brotherly affection with love for everyone. The more you grow like this, the more productive and useful you will be in your knowledge of our Lord Jesus Christ. But those who fail to develop in this way are shortsighted or blind, forgetting that they have been cleanse from their old sins. (2 Peter 5: 5-9)

✓ Then we can allow God to be the _____ of our lives.

Trust in the Lord with all your heart. Do not depend on your own understanding. Proverbs 3:5

Only you can decide to _____

Part 3: HELP ME CHANGE

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TAKE YOUR LIFE BACK

1. Who or what owns you?

God paid a high price for you, so don't be enslaved by the world. (1 Corinthians 7:23)

2. Unresolved hurt results in a reactive life rather than freely living a fulfilling responsive life.

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. (Romans 12:2)

3. In reaction to shame, fear, anger and sadness we create a false self rather than fearlessly presenting our real self and living comfortably as who we actually are.

As a face is reflected in water, so the heart reflects the real person. (Proverbs 27:19)

4. We take our lives back when we become our own:

✓ Decider

Deuteronomy 30:19 "Today I have given you the choice between life and death, between blessings and curses. Now I call on heaven and earth to witness the choice you make. Oh that you would choose life, so that you and your descendants might live!

✓ Defender

Psalm 139: 14 Thank you for making me so wonderfully complex! Your workmanship is marvelous-how well I know it.

✓ Developer

In view of all this, make every effort to respond to God's promises. Supplement your faith with a generous provision of moral excellence, and moral excellence with knowledge, and knowledge with self-control, and self-control with patient endurance and endurance with godliness, and godliness with brotherly affection, and brotherly affection with love for everyone. The more you grow like this, the more productive and useful you will be in your knowledge of our Lord Jesus Christ. But those who fail to develop in this way are shortsighted or blind, forgetting that they have been cleanse from their old sins. (2 Peter 5: 5-9)

✓ Then we can allow God to be the Director of our lives.

Trust in the Lord with all your heart. Do not depend on your own understanding. Proverbs 3:5

Only you can decide to Take Your Life Back!