

EQUIPPING DISCUSSION GUIDE

What does it look like to **walk** with Christ?



The daily rhythms of abiding in Christ that lead to increasing Christlikeness

1. BEFORE YOU BEGIN



Play the **Walk Equipping Video** available at redeemerresources.church/walk

2. REVIEW + UNDERSTAND

As you think about practicing worship over the last week, share a story of praise and adoration to God.

Read Colossians 1:9-11. Salvation is not the finish line of faith. Salvation is the starting line of a life spent seeking to walk in a manner worthy of the Lord. What is the target, direction, and quality of that journey meant to be like? What is the finish line we strive toward?

How would you describe your walk with Christ? What adjectives would you use?

Why do you think careful Bible study and other spiritual disciplines matter?

3. ASSESS + APPLY

Practice #1: I have an intentional plan for regular prayer, Bible study, and other spiritual disciplines.

Evaluate your life rhythms. If someone else was to follow you around for a week, how important would they say spiritual disciplines (*like prayer, bible study, community, etc*) are to you?

Share the story of a time that God used your personal Bible study to change your trajectory.

Practice #2: I am regularly evaluating my life and habits in light of God's truth.

Think back to the last time you felt “squeezed” by life circumstances. What did your heart really want in that moment? Was that desire honoring to the Lord? Use the Fruit-To-Root diagnostic if you need help getting to the heart issue.

Practice #3: I am in vulnerable spiritual relationships with other believers.

How vulnerable have you been with your group? What do you struggle with that they don't yet know about?

In the past three weeks, where is God prompting you to grow?

PRAYERS & APPLICATIONS

5 DAY READING PLAN

Each day answer the questions: What does it **say**? What does it **mean**? How should I **respond**?

DAY 1

John 15

DAY 2

Col. 1:1-11

DAY 3

Eph. 4:11-16

DAY 4

Eph. 4:17-32

DAY 5

Gal. 4:19

EXTRA RESOURCES

We created the website **redeemerresources.church** to host resources that will help us live the 4W life. Check there each week for helpful videos, articles, and more. Below is a list of the **new resources** available this week!

- The 4W Life - Walk Equipping Video (*Video*)
- How to Study the Bible (*Printable PDF*)
- Prayer Guide & Tips (*Printable PDF*)
- 7 New Ways to Interact with God's Word (*Printable PDF*)
- Accountability Questions (*Printable PDF*)
- Fruit-To-Root Diagnostic (*Printable PDF*)