From Kathleen to Dr Kathie to Niam Tais Yeev and Thaj Mom Yeev

Kathie Culhane-Pera, MD MA MAFP, April 20, 2017

Family Medicine

BIOSPHERE SOCIETY-NATION CULTURE-SUBCULTURE COMMUNITY FAMILY TWO-PERSON PERSON (Experience & Behavior) NERVOUS SYSTEM ORGAN/ORGANS SYSTEM TISSUES CELLS ORGANELLES MOLECULES ATOMS SUBATOMIC PARTICLES

Kathleen to Kathy to Katy to Kathie to Dr Kathie Culhane-Pera



Minnesota: Dr Kathie



Thailand: Dr Kathie



Hmong Village: Niam Tais Yeev



Niam Tais Yeev











Thaj Mom Yeev









Dr Kathie, Dra Pera, and Dr Pera



Healing by Heart

Culhane-Pera · Vawte Xiong · Babbitt · Solber

Healing by Heart
Clinical and Ethical Case Stories of Hmong Families and Western Providers



Healing by Heart

Clinical and Ethical Case Stories of Hmong Families and Western Providers

Edited by Kathleen A. Culhane-Pera, Dorothy E. Vawter, Phua Xiong, Barbara Babbitt, and Mary M. Solberg

- Part I: Hmong Culture: Tradition and Change
- Health-related cultural beliefs, values, and practices, both "traditional" and in US

Culture: Tradition and Change





Healing by Heart



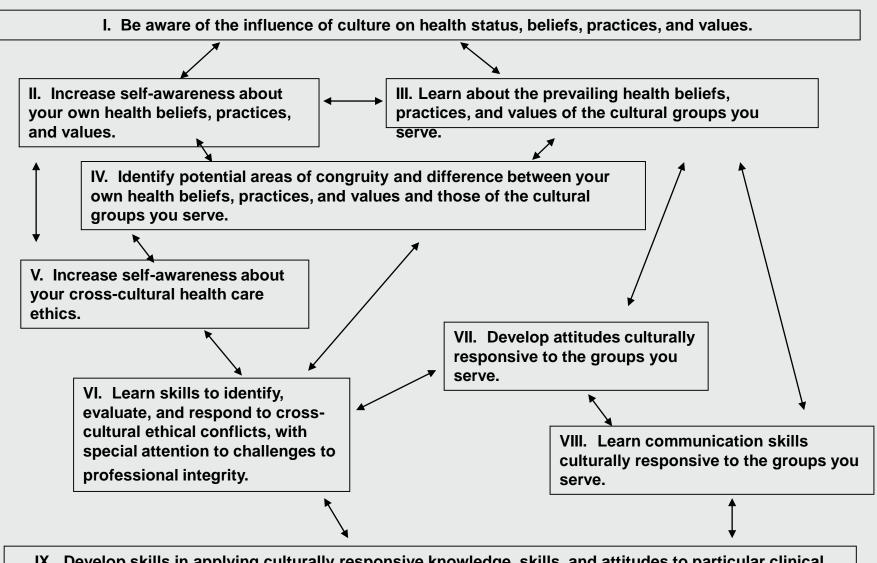
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- Part II: 15 case stories
- Across life cycle
- With "conflicts" between patients/family and healthcare providers/system
- Multiple stories
- Multiple voices
- Multiple views
- Part III: Culturally Responsive Health Care Model

The Healing by Heart Model: Culturally Responsive Health Care



IX. Develop skills in applying culturally responsive knowledge, skills, and attitudes to particular clinical relationships.

More Simply

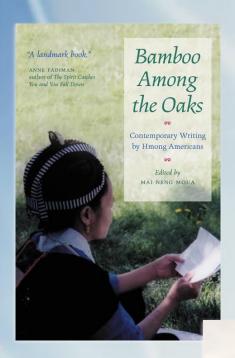
- Learn more about ourselves as physicians
 - Medical beliefs, practices, and values
- Learn more about others
 - Language, history, social structure, religion
 - Health beliefs, practices, and values
- Nurture attitudes of curiosity, compassion, humility
- Learn communication and negotiation skills (LEARN)

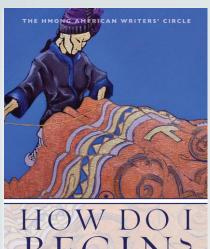
Sources of Cross-cultural Conflicts

- 1. Different cultural beliefs and practices
- 2. Different ethics and values
- 3. Different moral practices and commitments:
 - 1. Respect
 - 2. Trust
 - 3. Roles, responsibilities, and prerogatives
 - 4. Disclosure of health-related information
 - 5. Best interests and risks/benefit assessments
 - 6. Methods and criteria for good health care decision making

Show Respect

- Refer to people by kinship titles
- Ask people about their family, their lives
- Speak politely, not insulting, shaming, accusing, threatening, demanding
- Speak indirectly about frightening or sensitive matters
- Do not assert authority over others
- Work with family members, and family-based decision-making, as people want
- Ask people's ideas about their symptoms, diseases, traditional treatments, and biomedical approaches.

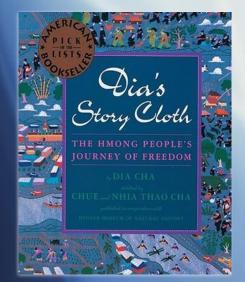




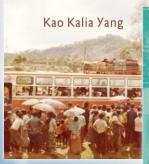


A HMONG AMERICAN LITERARY ANTHOLOGY

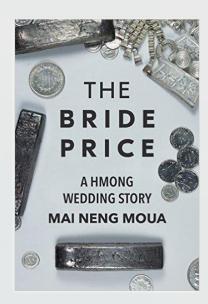
heartbreaking, and unforgettable." -ANNE FADIMAN











Kathleen A Culhane-Pera, MD MA KA Culhane-Pera MD MA

- Medical Director of Quality
- Co-Director of Community-based Research

Hla dej yuav hle khau. Tsiv teb tsaws chaw yuav hle hau. —White Hmong Proverb

When crossing a river, remove your sandals. When crossing a border, remove your crown.