

Luke 22:39-46

1. vs 39: What is your custom/habit in prayer?
2. vs 40: How does prayer protect you from temptation? (see Ephesians 6:10-18)
3. vs 41-42: How does Jesus balance his prayer with honesty and trust? Do you see this balance in your prayer life? If there is an imbalance what results?
4. vs 43-44: What caused Jesus to be in such anxiety? How did his spiritual suffering compare to his human pain?
5. vs 45-46a): Jesus comes out of anguish to disciples worn out with grief. Could prayer have helped them? How? How does emotional/spiritual sorrow or struggle hamper your prayer life?
6. vs 45-46b): Why do you think Jesus restates his warning to the disciples?