



UNITY

IN CHRIST - IN COMMUNITY

UNITY



# EPHESIANS 5:22-33

<sup>22</sup> Wives, submit to your own husbands, as to the Lord. <sup>23</sup> For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. <sup>24</sup> Now as the church submits to Christ, so also wives should submit in everything to their husbands.



# EPHESIANS 5:22-33

<sup>25</sup> Husbands, love your wives, as Christ loved the church and gave himself up for her, <sup>26</sup> that he might sanctify her, having cleansed her by the washing of water with the word, <sup>27</sup> so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.



# EPHESIANS 5:22-33

<sup>28</sup> In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. <sup>29</sup> For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, <sup>30</sup> because we are members of his body.



# EPHESIANS 5:22-33

<sup>31</sup> “Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.” <sup>32</sup> This mystery is profound, and I am saying that it refers to Christ and the church. <sup>33</sup> However, let each one of you love his wife as himself, and let the wife see that she respects her husband.



**DON'T DO IT LIKE WE DID!**

# DON'T DO IT LIKE WE DID!

- Insensitive – never asked “how do I love Cindy?”



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- “Me first” selfish attitude

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- Conditional

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- Irresponsible – money & time

# DON'T DO IT LIKE WE DID!

- Insensitive – never asked “how do I love Cindy?”
- “Me first” selfish attitude
- Conditional
- Irresponsible – money & time
- Manipulative – twisted scripture, always blamed & berated Cindy, always made it her fault



**DON'T DO IT LIKE WE DID!**

Net Result?

# DEATH BY POTATO



# HUSBANDS, LOVE YOUR WIVES

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# HUSBANDS, LOVE YOUR WIVES

<sup>28</sup> In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself.

You shall love your neighbor as yourself. I am the LORD.

–Leviticus 19:18

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# WIVES

Wives submit to your own husbands as to the Lord.. And the wife must respect her husband

# WIVES

- Submit = to accept or yield to
- Respect = hold in high regard, value or appreciate

# WIVES

## My Story





**DISRESPECT**

The Tongue:



**DISRESPECT**

The Tongue:

- Criticizing





# DISRESPECT

## The Tongue:

- Criticizing
- Nagging



# DISRESPECT

## The Tongue:

- Criticizing
- Nagging
- Tone of voice



# DISRESPECT

## The Tongue:

- Criticizing
- Nagging
- Tone of voice
- Always correcting or fixing



# DISRESPECT

## The Tongue:

- Criticizing
- Nagging
- Tone of voice
- Always correcting or fixing
- Constantly reminding of past failures



# DISRESPECT

## The Tongue:

- Criticizing
- Nagging
- Tone of voice
- Always correcting or fixing
- Constantly reminding of past failures
- Teasing or sarcasm

- Critical spirit



**ATTITUDE**

- Critical spirit
- Ignore or disregard



# ATTITUDE

- Critical spirit
- Ignore or disregard
- Self-righteousness – my way is the right way



# ATTITUDE



- Critical spirit
- Ignore or disregard
- Self-righteousness – my way is the right way
- Self-serving – I don't need to do my part unless he does his



# ATTITUDE

- Critical spirit
- Ignore or disregard
- Self-righteousness – my way is the right way
- Self-serving – I don't need to do my part unless he does his
- Take control



# ATTITUDE

- Critical spirit
- Ignore or disregard
- Self-righteousness – my way is the right way
- Self-serving – I don't need to do my part unless he does his
- Take control
- Unforgiving



# ATTITUDE



**RESPECT**

The Tongue:



**RESPECT**

The Tongue:

- Encourage



# RESPECT

## The Tongue:

- Encourage
- Say “thank you”



# RESPECT

## The Tongue:

- Encourage
- Say “thank you”
- Practice healthy communication – tone of voice & timing



# RESPECT

## The Tongue:

- Encourage
- Say “thank you”
- Practice healthy communication – tone of voice & timing
- Do not bring up past hurts





# RESPECT

## The Tongue:

- Encourage
- Say “thank you”
- Practice healthy communication – tone of voice & timing
- Do not bring up past hurts
- Be mindful



# RESPECT

## The Tongue:

- Encourage
- Say “thank you”
- Practice healthy communication – tone of voice & timing
- Do not bring up past hurts
- Be mindful
- Ask for forgiveness

- Be thankful



**ATTITUDE**

- Be thankful
- Humble willingness to learn to communicate & hear criticism



# ATTITUDE

- Be thankful
- Humble willingness to learn to communicate & hear criticism
- Forgive



# ATTITUDE

- Be thankful
- Humble willingness to learn to communicate & hear criticism
- Forgive
- Let go of the small stuff



# ATTITUDE

- Be thankful
- Humble willingness to learn to communicate & hear criticism
- Forgive
- Let go of the small stuff
- Stop trying to fix & control



# ATTITUDE

- Be thankful
- Humble willingness to learn to communicate & hear criticism
- Forgive
- Let go of the small stuff
- Stop trying to fix & control
- Realize failure may be part of God's plan



# ATTITUDE



- Be thankful
- Humble willingness to learn to communicate & hear criticism
- Forgive
- Let go of the small stuff
- Stop trying to fix & control
- Realize failure may be part of God's plan
- Trust God's plan



# ATTITUDE

# Q & A

Describe the role of friends in your marriage?

# Q & A

What if you married the wrong person and you have no reason for biblical divorce, but you're not happy?

# Q & A

How often do you pray together as a couple?

# Q & A

How do you handle the mental load that often falls on mothers? Doctor appointments, buying new clothes, extracurricular activities, family schedule, etc.?

# Q & A

What do you do when the husband is misusing the Bible to bully or abuse his wife?

# Q & A

What do you do if your husband is not a spiritual leader at all?