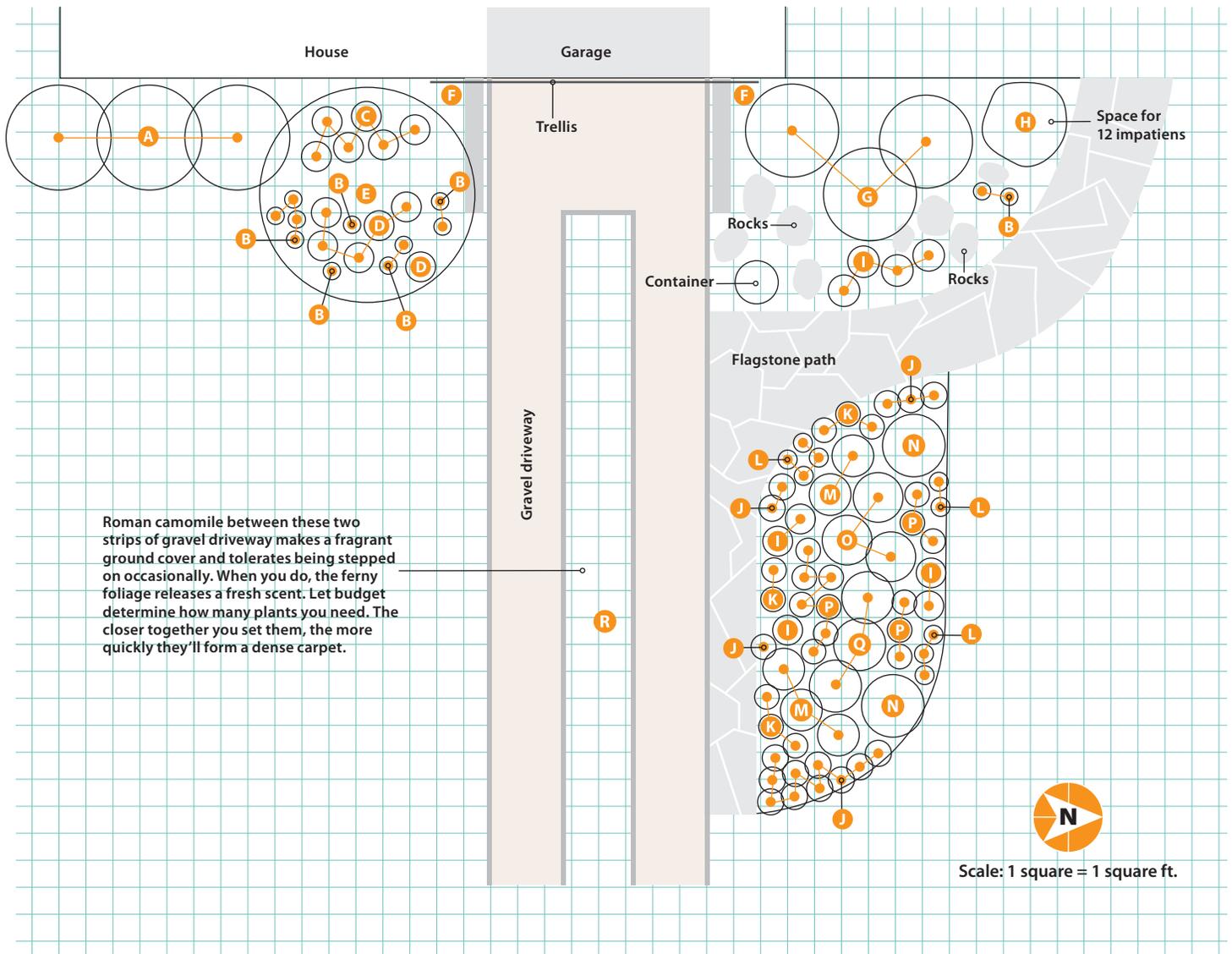


BUTTERFLY SMORGASBORD

Butterfly gardens that offer more than just flowers for nectar stand the best chance of attracting the most visitors. If you can provide food for the larvae, or caterpillars, many butterflies will stick around and lay eggs. Don't be overly tidy with your fall cleanup, either. Often the adult butterfly lays eggs on leaves or stems that fall to the ground in winter. In spring, the eggs hatch and the caterpillars crawl up the plant for food. After they feast they form chrysalises before evolving into beautiful butterflies. To keep both generations happy you'll find plants to feed the caterpillars, as well as nectar plants for the adults in this garden setting. □



FEED A HOARD OF BUTTERFLIES

Code	Plant Name	No. to Plant	Type	Blooms	Height/Width	Cold/Heat Zones	Comments
A	Dwarf Arctic blue willow <i>Salix purpurea</i> 'Nana'	3	Shrub	Pale gray; spring	3-5 ft./ 3-5 ft.	4-8/8-1	Blue-gray foliage; feeds tiger swallowtail, mourning cloak, viceroy, admiral and red spotted purple butterfly larvae
B	Common violet <i>Viola sororia</i>	12	Perennial	Purple or white; early to midspring	6-9 in./ 6-9 in.	3-7/7-1	Spreads by seeds; tolerates both sun and shade areas; foliage feeds the caterpillars of fritillary butterflies
C	Virginia bluebells <i>Mertensia virginica</i>	6	Perennial	Pale blue; early to midspring	18-24 in./ 12-18 in.	3-8/8-1	Grows quickly and flowers in spring, but goes dormant after the flowers fade; early nectar flower
D	Canadian columbine <i>Aquilegia canadensis</i>	6	Perennial	Red and yellow flowers; midspring	2-3 ft./ 1-2 ft.	3-8/8-1	Spreads by seeds; tolerates sunny or shady locations; feeds the caterpillars for dusky wing butterflies
E	Common lilac <i>Syringa vulgaris</i> 'Miss Ellen Willmott'	1	Shrub	Double white flowers; midspring	8-10 ft./ 8-10 ft.	3-8/8-1	Fragrant spring flowers; grows best in full sun; leaves are a popular food for eastern tiger swallowtail larvae
F	Dutchman's pipe <i>Aristolochia macrophylla</i>	2	Perennial vine	Yellow to green; midspring to summer	15-30 ft./ 15-20 ft.	4-8/8-1	Vine needs a trellis to twine onto; flowers lined with purple; foliage feeds pipevine swallowtail caterpillars
G	Red-osier dogwood <i>Cornus sericea</i> 'Arctic Fire'	3	Shrub	Creamy white; late spring	3-4 ft./ 3-4 ft.	3-7/7-1	Orange-red stems in winter; prefers moist soil in sun or shade; spring azure butterfly larvae feed on the leaves
H	Impatiens <i>Impatiens walleriana</i> Super Elfin XP™ 'Melon'	12	Annual	Soft melon; summer	8-10 in./ 12-14 in.	10-11/12/1	Easy-to-grow annual; one mass of color is easiest for adult butterflies to find; nectar flower
I	Aster <i>Aster novi-belgii</i> 'Jenny'	9	Perennial	Pink; autumn	12-16 in./ 12-16 in.	4-8/8-1	Pinch in midsummer for more flowers; foliage feeds pearl crescent larvae; also a nectar plant for many butterflies
J	Pot marigold <i>Calendula officinalis</i> 'Candyman Yellow'	16	Annual	Yellow; all summer	6-10 in./ 12-15 in.	12-1	Sow seeds in early spring for summer flowers; keep spent blooms picked to stimulate more flowers; nectar flower
K	Parsley <i>Petroselinum crispum</i>	8	Biennial herb	NA	12-18 in./ 12-18 in.	5-9/9-1	Sow seeds or set out new plants in spring; flowers and dies the second year; feeds Eastern black swallowtail larvae
L	Goldenrod <i>Solidago</i> 'Baby Gold' ('Goldkind')	9	Perennial	Yellow; fall	18-24 in./ 8-12 in.	5-9/9-1	Popular late summer nectar plant for a wide variety of butterflies
M	Garden phlox <i>Phlox paniculata</i> 'Katherine'	5	Perennial	Pale lavender; summer	24-30 in./ 18-24 in.	4-9/9-1	Fragrant flowers; keep spent flowers picked to avoid reseeding; many butterflies like it for its nectar
N	Peony <i>Paeonia lactiflora</i> 'Elsa Sass'	2	Perennial	White; spring	18-24 in./ 24-36 in.	3-8/8-1	Long-lived perennial is a popular nectar flower for many skipper butterflies and spicebush swallowtails
O	Prairie coneflower <i>Ratibida columnifera</i>	3	Perennial	Orange and brown; summer	24-36 in./ 12-24 in.	3-10/10-1	Native wildflower; reseeds; colorful daisy blooms are a source of nectar for many butterflies
P	Blazing star <i>Liatris spicata</i> 'Kobold'	13	Perennial	Purple; summer	18-24 in./ 12-18 in.	4-9/9-1	Native wildflower; long-blooming flowers provide loads of nectar for many butterflies
Q	Monarda <i>Monarda</i> 'Cambridge Scarlet'	3	Perennial	Red; summer	24-36 in./ 24-30 in.	4-9/9-1	Dark green leaves have a minty scent when crushed; nectar flower for butterflies and hummingbirds
R	Roman camomile <i>Chamaemelum nobile</i>	50	Perennial	White; early summer	12-18 in./ 12-18 in.	4-8/8-1	Spreads to form a dense ground cover; needs full sun and heat to perform best; daisy flowers provide nectar

