


COMMUNITY

Upstage
Players perform
Lion King Jr.

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HEALTH

Happy Hippie
Mama

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Where am I?

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Volume 10 • Issue 3

March 2019

4th Annual Lake Erie Folk Fest Draws Patrons from Near and Far



by *Laura Lewis*

The sounds of accordions, banjos, fiddles and drums filled the halls of the Shore Cultural Arts Centre during a culturally diverse celebration of music and dance this past weekend.

The 4th annual Lake Erie Folk Fest began Friday, Feb. 23rd, with a rousing school program presented by the Chardon Polka Band for students from Bluestone Elementary School, Conneaut Middle School and others. The fun continued Friday night with a contra dance before the main event on Saturday, Feb. 24th when more than

50 free daytime events were enjoyed by residents of all ages from Euclid, Northeast Ohio and beyond.

The festival featured music and dance from Brazil, Ireland, Appalachia, India and Cleveland. Artists from Arkansas, New York State, Northeast Ohio and Euclid were involved. A special performance by the Euclid High School Marching Band drum line was a highlight of the day.

Early estimates are that almost 1,000 people attended the festival’s daytime events and 600 attended the evening concert. Attendees dined at local restaurants

Commercial Development Booms in Euclid



The new O'Reilly Auto Parts building on East 200th Street is one of the many commercial development projects of 2018. The store is scheduled to open in April.

by *Jonathan Holody*

By all accounts economic development activity soared in Euclid in 2018. Based on permit data, an incredible \$157 million of commercial construction took place in the City last year.

The commercial activity was boosted by over \$100 million of construction spending on the new Euclid-Amazon Distribution Facility at the former Euclid Square Mall site.

A variety of other commercial projects also contributed to the widespread construction boom.

Northeast Factory Direct refurbished

and reopened the former B&B appliance store on Lakeland Boulevard. Construction of a new O'Reilly Auto Parts store began on East 200th Street.

Lincoln Electric increased its footprint in the City by leasing the entire third building at Bluestone Business Park. Other major industrial investments were made at Keene Building Products, American Punch Corporation and Terves Inc.

Office vacancies in the City fell as the Government Services Agency leased much of the Rockwell Office building at 24701 Euclid Avenue and Universal Electronics claimed an entire floor of the Euclid Medical Office Building at 26250 Euclid Avenue.

All told, an estimated 1,829 new jobs will be created in Euclid as a result of the economic development activity that took place last year.

2019 is also expected to be another tremendous year for economic growth in the City as developer Ray Fogg Building Methods prepares to construct two buildings totaling over 212,000 square feet of industrial space at Bluestone Business Park and BWX Technologies begins a major facility upgrade.

Faith in the City Annual MLK Celebration



by *Dana Heil*

On Sunday, January 27th, the community came together to celebrate the life and accomplishments of Dr. Martin Luther King, Jr. and at the same time pray for our Euclid community, it’s leadership and first responders. Rev. Denise Cunningham-Doggett, pastor of Lake Shore Christian Church, planned the annual Faith in the City event that was originally planned for January 20th but postponed due to the weather.

This event truly was a celebration! The participants included a diverse cross sec-

tion of Euclid residents, faith leaders, city council representatives and police officers. Much of the focus was on the idea of being of service to one another. A Litany of Service included quotes from a variety of civic leaders intended challenge us to make service a regular part of our lives as Dr. King did.

“Service is the rent we pay for being. It is the very purpose of life, and not something you do in your spare time.” -Marian Wright Edelman

“True leaders understand that leadership is

(continued on page 20)

30th Anniversary of the Euclid Municipal Complex



by *Paul Oyaski*

When George Washington still lived and before Ohio became a state, real estate developers from Connecticut sent a group of surveyors to explore the Western Reserve in northeast Ohio. They were led by former Revolutionary War officer Moses Cleveland. The surveyors named one of the townships that they laid out after Euclid, the Greek mathematician whose work they relied upon to do their jobs.

David Dille was one of the first settlers on land near Euclid Creek near the road that today carries his name. Euclid’s early growth centered on the intersection of Euclid Avenue (once known as Buffalo Road) and Chardon Road.

Townships are sections of land created

to permit local governance and services to local residents. In Ohio, these large areas were generally designed to be square in shape, five miles long by five miles wide

The first organizational meeting of Euclid Township took place in 1809. Local officials were selected.

For more information about Euclid’s earliest days, please visit the Euclid History Museum at 21129 North Street (phone: 289-8577). The museum is located in Euclid’s public school opened in 1894, one block north of Euclid Avenue and one block east of Chardon Road. The Euclid Historical Society will celebrate its 60th anniversary in 2019.

In the late winter of 1903, an election was held by Euclid residents to decide if the

(continued on page 4)

DIALOGUE

YOUR INDEPENDENT SOURCE FOR
EUCLID NEWS & OPINION

Published monthly with a current circulation of 10,000+ copies. The paper is made available free of charge and can be found at business locations within the City of Euclid and on our web site. The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the publisher and staff.

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Be a Voice
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From the desk of the Mayor



Greetings neighbors! Last month I presented the "State of the City" to the public and to the Chamber of Commerce and I want to take a minute to share the highlights with you. I framed my remarks around

a quote from Peter Block, author and community building consultant, which resonates with me: "We are a community of possibilities, not a community of problems. Communities exist for the sake of belonging and takes its identity from the gifts of its citizens."

I am grateful for the many gifts our employees, partners and residents give every day to make our city a great place to live, work and visit. I do believe that if we focus on the possibilities and community assets, our community will thrive!

The most visible progress last year includes:

- Groundbreaking of Phase 2 of the Water-front Improvements Plan – rocks are going in the water!
- Demolition of Euclid Square Mall and building of the new Amazon Fulfillment Center

- Opening of the Lincoln Electric New Welding Technology Training Center and announcement of their new Additive Welding Division at Bluestone Business Park
- Other business growth at Keene Building, American Punch, BWXT, DriveTime, Terves, and more
- Increase in Housing Values in county re-appraisal – greater than any other eastside suburb! Growth in both residential and commercial building permits issued
- Euclid Police Department improved outreach efforts, training and community initiatives resulting in a decrease in criminal offenses from 2017 to 2018 in most major categories
- Euclid Fire Department responded to a record number of calls for service while

also making progress on our Emergency Operations Plan and outreach activities

- Began reconstruction of E. 222nd Street
- Completed the 15 million gallon Equalization Tank at the Water Reclamation Plant
- New Tennis and Pickleball Courts completed at Memorial Park, improvements to baseball fields and new walking paths through Memorial Park
- New mural painted as part of the Art Walk, City Hall Academy and many other community engagement events across the City

There is so much more than what I can share here. When you take the time to look at it all– I think you will agree there has been a lot accomplished. We all agree that there is more work to be done, but also that there are great possibilities. I look forward to working with you to realize our possibilities and build on the many gifts that are truly unique to Euclid.

Mayor Kirsten Holzheimer Gail

See you at the annual "Big Clean" on Saturday, April 6



Visit the City of Euclid's website before April at www.cityofeuclid.com and click the "Big Clean" icon to be routed to the registration page.

by Allison Lukacsy-Love

We are just weeks away from the third annual Euclid v. Collinwood "Big Clean" Great American Cleanup on Saturday, April 6th, 2019 from 9am to 1pm at Villa Angela – St. Joseph High School.

Euclid volunteers are the undefeated champions so gather your family, friends, coworkers, neighbors – EVERYONE – and let's sweep the Collinwood "competition" again this year!

REGISTER NOW!

Registration for individuals and organizations - in both Euclid and Collinwood – is highly preferred and greatly appreciated in advance of the event. Please visit the City of Euclid's website before April at www.cityofeuclid.com and click the "Big Clean" icon to be routed to the registration page.

Want to support the "Big Clean" with a monetary or in-kind donation? Please visit the City of Euclid's website or contact Linda Beck at the City of Euclid. Donations are due by March 25th in order to make our t-shirt printing deadline where we will recognize our valuable donors!

For more information on how to get involved in creating a beautiful Euclid, email Linda at LBeck@cityofeuclid.com to join the KEB mailing list.

EUCLOUD LIBRARY

March Programs at Euclid Public Library



by Ashley Gowens

Augmented Reality for Teens

Tuesday, March 12

2:00 PM / Shore Room

Have you ever played Pokemon Go? Curious about augmented reality (AR)? Step inside another world with AR at EPL. Registration required. Space is limited.

Teen Spa Day

Friday, March 15

2:00 PM / Shore Room

Join us for a Spa Day! Ami and her friends, Lugenia and Kamaria, will teach you how to make your own facial and hair treatments. Some will be made out of everyday materials in your house, and some will be fancier. Everyone will have the opportunity to make one skin treatment and one hair treatment to take home. Grades 7-12 Registration Required.

Monday Morning Movie: Won't You Be My Neighbor?

Monday, March 18

10:15 AM / Lake Room

This documentary paints a portrait of the life and work of children's entertainer Fred Rogers, star of "Mister Rogers' Neighborhood." This film takes a closer look at the person behind the show that helped define what it meant to be a good person and be a part of a healthy community. Through his children's show, Mr. Rogers would go on to inspire a generation by confronting issues of social justice and maturity through a lens that was approachable by kids and appreciated by the entire family. (PG-13; 94 min)

Wednesday, March 20

Beer Education and Tasting

CANCELED – Please check back with EPL for a future date. Thank you.

Euclid Public Library Seeks to Renew Operating Levy in May



Euclid Public Library looks to renew its 5.6 mill levy this spring.

by Ashley Gowens

On Tuesday, May 7, the Euclid Public Library will ask residents to renew its current 5.6 mill five-year operating levy that supports services and programming for more than 47,000 residents in the City of Euclid.

The operating renewal generates \$3.1 million each year and will not increase taxes. On average, the renewal will cost taxpayers \$115.85 annually, based on a \$75,000 property valuation.

Since 2014, Euclid Public Library has identified new ways to provide patrons with cutting-edge services. EPL expanded its program offerings for adults and families, increased skills and job readiness training through Ohio Means Jobs, and began

passport acceptance services in fall 2016. Additionally, in early 2018, EPL launched personal Wi-Fi mobile hotspots check out to library cardholders.

In addition to traditional offerings such as books, internet, and computer access, Euclid Public Library provides early literacy and STEAM programs in community schools and supports Euclid preschools and daycares, and homebound patrons by way of Outreach Services – one of the few remaining libraries in the area to offer the needed service.

For more information about the Euclid Public Library and a listing of services and programs, please visit www.euclidlibrary.org.

Friends of the Euclid Public Library Presents: Susan B. Anthony

by Ashley Gowens

In 1919, the Nineteenth Amendment to the U. S. Constitution granting women the right to vote was adopted by Congress and sent to the states for ratification. We celebrate this historic event with a dramatic recreation of the life of Susan B. Anthony brought to us by Women in History. Join

us for lunch and meet abolitionist, reformer and activist Anthony who was a leader in the movement for women's suffrage. Tickets are available in the library beginning Monday, February 25 for \$12/members and \$15/nonmembers. Call (216) 261-5300 for more details.

Euclid Public Library offers more than books and computer-internet access; we also provide

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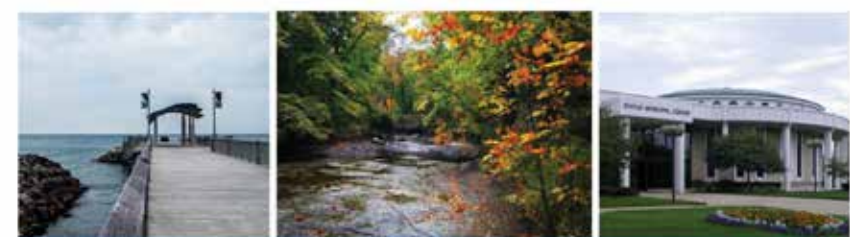
eMEDIA & DATABASES



MEETING ROOMS



Fireside Chat Series



Euclid Public Library's Fireside Chat tradition continues this winter! Join us around the fireplace for special conversations with city officials and community leaders.

6:00 PM by the Fireplace



Wednesday, March 6
Euclid City Mayor Kirsten Holzheimer Gail



Wednesday, March 13
Euclid Schools Superintendent Dr. Marvin Jones

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30th Anniversary of the Euclid Municipal Complex (continued from front page)

Village of Euclid was to be split off from the rest of Euclid Township. Almost 500 voters participated. The decision was closely contested. By a few dozen votes, Euclid residents decided to form their very own village. A village is another form of local government, smaller than a township that has greater local control and its own set of elected officials. A certain amount of residents must live in the area before it can become a village, if the voters agree. Mayor Pickands who lived on the top of Chardon Hill was elected Euclid's first mayor.

Soon after, a Town Hall was built near Euclid and Chardon that housed the village government. It was destroyed by fire in the 1929. That building stood on the south side of North Street where a parking lot now exists.

President Roosevelt was elected in 1932 during the Great Depression. One key part of his New Deal platform was to put people to work building public improvements. The Works Projects Administration, Public Works Administration and Civilian Conservation Corps were prime examples of the federal effort to improve local communities and fight unemployment; two major improvements were built in Euclid. Euclid Creek Park and a new Euclid City Hall on East 222nd Street (originally known as Bliss Road) . The New City Hall was built north

and east of Euclid's original downtown on Euclid Avenue because it was more centrally located. That City Hall still stands today and it was opened in 1938. Mayor Ken Sims, the legendary leader of Euclid for more than 32 years had his office there as Euclid grew after the end of the Second World War

In the late 1960s, Mayor Sims started to think about a New City Hall as Euclid approached its peak population of over 70,000 by 1970. Mayor Sims envisioned a new building shaped like a 5-point star to be built near the lake in what is now known as Sims Park. Mayor Sims retired due to health issues in June 1970 and never got the chance to fulfill his dream. His successor Mayor Harry Knuth named Sims Park in his honor shortly after taking office. It is now home to the Henn Mansion and Sims Park beach and pier. The coming lakefront boardwalk will begin at the northeast corner of Sims Park.

In the early 1980s, Euclid was led by its 10th mayor, Anthony J. Giunta. Mayor Giunta grew up on Goller Avenue and graduated from old Shore High School in 1947. He worked his way up through the ranks in city government until he was elected mayor in 1979. He revived the planning for a new city hall or municipal complex with the help of local architect Nick Roman. At that

time, the Euclid jail was housed on the second floor of the police station above the old Euclid Municipal Court, home of the long-serving Judge Robert Niccum. Serious issues had developed about the adequacy of the small jail. At the same time, local government for a large suburb had grown so that the old city hall could not hold all of its essential operations. Extra space was rented in a private building across from the library for the Finance Department, the Building Department and Community development Department occupied old Benjamin Franklin school on Wilmore and the Recreation Department was located in the Henn Mansion.

Consolidating all city operations in a modern, handicapped-accessible, cost-effective, conveniently located building with plenty of parking was Mayor Guinto's goal. Bids were taken in the fall of 1985 and ground was broken for the new complex in April 1986. Carbone was chosen as the general contractor having submitted the lowest and best bid.

A municipal election then intervened. In November 1987 during the construction of the new courthouse, jail and city offices, David Lynch was elected as Euclid's 11th mayor. Mayor Giunta's signature project would then be finished by a new administration.

At a total cost of just over \$9 million, the new and beautiful municipal complex opened thirty years ago in early 1989. It has served the community well. The Council Chambers are among the finest around. The Police Department was enlarged as the jail and court facilities received their own spaces. City operations were consolidated. The former home of the Recreation Department, once named for Ruth Kramer, became the Henn Mansion.

Mayor Sims died in 1975. Former Mayor Giunta proudly attended the first Council meeting on April 17, 1989 in the new building. He died young at 64 in late 1992. Former Mayor Lynch is now the city manager of the Village of Newton Falls, Ohio, near Youngstown. Then Council President Mike Kosmetos chaired the first meeting.

Euclid has a proud history of over 200 years. First a township full of vineyards, later a village and now a city of nearly 50,000 residents, Euclid rightly earned the title of "City of Superior Services."

It is a good time, after a generation of productive use, to remember the dedicated efforts of former mayors Sims, Guinto and Lynch who collaborated to construct the symbol of today's Euclid government.

Northeast Factory Direct



We started humbly in a 2-car garage. There was literally no overhead except the folding chairs we bought to sit on and the pizza we ordered. We were able to sell a dining set others were selling for \$5,000, for \$1,800. With growth and the right people, we have been able to expand that idea with two warehouses over 25,000 sq. feet and offer over 4000 products! We still use the same formula when

pricing our products, and we can do that due to the volume in which we sell our products. We can also thank all the customers that understand how we do things, the word of mouth and all the repeat customers. Take a look around, we are always running specials and we do not hound you. Just let us know if you have questions or when you find something you like! Stop in today.




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Joint replacement: 4 benefits of outpatient surgery.

Total hip and knee replacements have come a long way.

"As a result of advances in orthopaedic surgical technology and techniques, outpatient joint replacement surgery is an option which offers several advantages for patients," says orthopaedic surgeon Robert Nickodem, MD, who sees patients at Cleveland Clinic Euclid Hospital.



Robert Nickodem, MD

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Outpatient joint replacement surgery usually includes one overnight stay in the hospital. Being discharged the next day means you get to recuperate in the comfort of your own home.

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A physical therapist begins working with you the day of surgery and continues when you return home. He or she will help you exercise to regain full function in the joint.

Dr. Nickodem says it's important to talk with your surgeon to determine if you're a candidate for outpatient joint replacement surgery.

"We'll discuss and evaluate your overall health, level of mobility and activity prior to surgery, your motivation to follow through with physical therapy, and your support network of family and friends," says Dr. Nickodem. "Our goal is to choose the procedure which will lead to the best outcome for the patient."

To make an appointment with one of our orthopaedic specialists at Euclid Hospital or at any of our 14 orthopaedic east-side locations call 866.275.7496. For more information, visit clevelandclinic.org/ortho.

1

Community Calendar

17th Annual Minority Men's Health Fair

Thursday, April 11, 2019 | 5:30 to 8:30 p.m.

FREE screenings and health information for all members of the public.

Locations and Screenings

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Cleveland Clinic Lutheran Hospital

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COMMUNITY

Euclid Hunger Center’s \$20,000 Pyramid



check, or involve their employees, vendors and customers in an event or drive to raise the funds.

The EHC van is crucial to the Hunger Center’s work. Volunteers use the van Wednesday thru Saturday, to pick up food purchases and donations for our semi-weekly food distributions. Rather than taking out a loan, we purchased the van using funds from our operating budget, so it is important that those funds be restored in order for us to continue serving the more than 700 families who come through our doors each month.

Participants will receive a number of benefits, such as:

- Logo displayed on the back of the EHC van for one year
- mentions on our weekly Facebook and Twitter updates
- Name & logo prominently displayed at the EHC Kick off Summer event in June
- 2 tickets to the Kick off Summer event
- Name added to the EHC Wall of Thanks plaque

“The \$20,000 goal may seem lofty,” said Board President Grace Wright, “but the citizens of Euclid have shown us time and again that they support the work we are doing, and we are confident that the business leaders in our community will step up to the challenge of committing these funds.”

Members of the EHC Board of Directors will be personally reaching out to many area businesses, but if your organization or family would like to be a part of this fundraiser, please contact the Hunger Center directly at 216-731-3329 or euclidhungercenter@gmail.com

We look forward to keeping you updated on our progress.

The Stroll is Rolling Along

by Sherrie Zagorc

June 1 will be here in a flash and the Stroll Committee is working to bring great things to the E. 200th Street Stroll. Some of our favorites will be back – Rob White and the White House Band, Lolly the Trolley, and the Euclid Beach Boys with the Rocket Ship Car and Thriller Car. Councilman Kris Jarosz and Sherrie Zagorc will be walking E. 200th Street to personally invite our many businesses to step outside their doors to meet the Strollers. Organizations will be receiving their invitations soon in the mail and we look forward to hearing about their important missions up and down the

street. We are planning another partnership with merchants on E. 185th Street to publicize the Stroll from 10 am to 2 pm and the E. 185St. Walk and Roll later in the afternoon and looking for ways to promote the Housing Task Force’s new initiative for streets located between our two streets.

Our next Stroll meeting is Tuesday, March 12th at 9 am - 20110 Wilmore Ave. at the corner of Wilmore and E. 200 Street. We’d love to have you join us for breakfast and relevant conversations. Contact Sherrie at e200thstreetstroll@gmail.com or 216.798.7089 if you have questions or want more information.

Help Foundation, Inc. Helping Lives Bloom Spring Gala Welcomes Arcadia Glasshouse And Arthur J. Gallagher & Co. As Leading Sponsors

by Stefanie Merkosky

HELP Foundation, Inc. proudly announces Arcadia GlassHouse, LLC as our Presenting Sponsor and Arthur J. Gallagher & Co. as our Building Community Sponsor at our inaugural Helping Lives Bloom Spring Gala to be held at Stillwater Place at the Cleveland Metroparks Zoo on Saturday, April 13, 2019.

Jeff Kenyon, President of Arcadia Glass-House explains, “We are proud to be the Presenting Sponsor for this gala event because we have seen the great work that HELP Foundation is doing in our community. Growing organic vegetables all year round in a self-staining greenhouse is therapeutic, productive and rewarding for everyone involved. We share the vision for Helping Lives Bloom.”

Matt Carrier from Arthur J. Gallagher & Co. adds “We are proud to be a Building Community Partner for the HELP Foundation’s Helping Lives Bloom Spring Gala. Helping the communities in which we live and work is The Gallagher Way and I am honored to lend our support to an organization that makes such a difference in our community.”

Helping Lives Bloom will benefit the construction of a self-sustaining greenhouse

for individuals with developmental and intellectual disabilities. The greenhouse will provide access to an adaptive environment with year-round growing capabilities. Producing “farm-to-table” organic fruits and vegetables for group homes, supportive living locations and our HELP Cornucopia Vocational Training Center.

Guests will enter via red carpet, savor chef prepared hors d’oeuvres and plated meals as well as sip cocktails throughout the evening. Musical entertainment will be provided by Ensemble Mercury from Cleveland Institute of Music. Activities will include a wine pull, sought after silent auction items and a live auction that boasts exotic trips around the globe. For more information on Helping Lives Bloom please visit www.helpfoundationinc.org.

Like other annual resolutions, Losneck said, most consumers don’t meet their goals.

According to research commissioned by

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COMMUNITY

Tips for Keeping New Year’s Financial Resolutions

by Dave Godek

In only two months, most Ohioans who started 2019 with plans of bettering their personal finances have already fallen off track.

An Ohio Credit Union League 2019 consumer survey found 69 percent of respondents said their New Year’s resolution was to get on a budget, Eaton Family Credit Union CEO Mike Losneck said.

“This statistic isn’t surprising,” Losneck said. “Each year, we see many of our Members look at their financial situations and plan to make big changes in the new year.”

Statista, a platform providing statistical data on a variety of topics, polled 2,000 people about their New Year’s resolutions in early January. The survey found financial goals were the fourth most-popular resolution, falling just behind dieting, exercising and losing weight.

Like other annual resolutions, Losneck said, most consumers don’t meet their goals.

According to research commissioned by

GuideVine, a service that matches people with financial advisers, 70 percent of Americans with a budget struggle to stick to it.

Losneck said the Ohio Credit Union League’s survey found, even when someone makes a budget as part of their New Year’s financial resolution, it usually doesn’t help to make things easier to stay on track.

The Ohio Credit Union League survey found 79 percent of Ohioans who made incremental improvements toward keeping their resolutions each year fall short in keeping them. Another 14 percent have never kept a New Year’s resolution.

The statistics in Ohio are similar to our national average, Losneck said.

According to a study of 1,450 Americans by Vitagene, about 89 percent reported they’d likely keep their resolutions for a year or less. Another 36 percent of respondents said they usually keep their resolutions for a month or less, meaning they’d be off track by February.

“Though your financial resolutions may

have not gone as planned, it’s always better to keep on trying versus giving up entirely,” Losneck said, offering the following tips to help achieve financial stability:

• **Use a budgeting tool:** a successful budget must be recorded somewhere. Many websites, including Consumer.gov, NerdWallet and Mint, offer free Excel spreadsheet templates to help with recording budgets. If you’re looking for more mobile options, consider budgeting apps such as EveryDollar and YouNeedABudget.

• **Be realistic about spending and saving:** don’t set goals you can’t realistically achieve with your budget. Trying to spend too little or save too much each month could create frustration which will increase the likelihood you’ll dump your budget altogether. Instead, map out incremental changes you can make that will add up to big financial gains over time.

• **Keep goals in mind:** reminding yourself how you’d ultimately like your money to work for you can help with exercising control over impulsive spending habits.If

you have a hard time picturing your long-term goals when you’re tempted to splurge, consider making those goals visual. Try keeping a picture of your ideal retirement in your wallet or a list of all the reasons you want that new car stuck to the fridge.

• **Reward yourself:** it is important to keep long-term goals in mind, but rewarding yourself for small budgeting wins along the way will keep you feeling positive about your budget. The more positively you feel toward a task, the more likely you are to continue performing it. After you reach certain budgeting goals, treat yourself to a small splurge. You earned it!

• **Seek help:** if you’re struggling to stick with a budget, consider asking for help. Sometimes, aid can come in the form of a family member who shares household finances. Other times, however, you may require an expert opinion. Credit unions often offer free financial counseling to Members and are happy to aid with budget set-up and maintenance.

Hospice of the Western Reserve Celebrates 40th Anniversary



David Simpson Hospice House is shown under construction. When facility opened in January 1995, it was the first hospice care inpatient care facility in Northeast Ohio.

by Laurie Henriksen

Forty years ago, a small group of visionaries saw an unmet need in the community. They marshaled their passion and their resources, and with the help of friends, they established Cancer Family Service, Inc. This was the forerunner of what would eventually become Hospice of the Western Reserve. Over time, the tiny operation grew from caring for 23 cancer patients in 1978 to a nonprofit agency caring for more than 1,100 patients a day living with a wide range of advanced illnesses. Since its inception, the organization has cared for more than 120,000 people in Northern Ohio.

Delivering exceptional quality has been at the heart of the agency’s mission since its grassroots beginnings. As a result, Hospice of the Western Reserve’s quality scores as

independently rated by families on Hospice Compare (medicare.gov/hospicecompare) continue to be among the highest in the region.

“We feel honored to have earned the trust of families in our community for so many years,” said Bill Finn, President and CEO. “Our role is to provide comfort and support during the transition that will allow each person to have the best quality of life possible. We provide comprehensive support not only for our patients, but for the entire family.

“As we head into the next 40 years, we will continue to innovate and evolve. We’re grateful for the community support that allows us to achieve our mission.” For more information, visit hospicewr.org/40years

Summer Camps Provide Grief Support for Children

by Laurie Henriksen

Looking for a summer camp to support a grieving child or teen? Western Reserve Grief Services offers Together We Can grief support camps. The camps connect children with peers who have also experienced a loss, and incorporate art, music, play and nature exploration. They are led by trained children’s grief support specialists from Hospice of the Western Reserve. No family experience with hospice is required to attend.

“Children tend to process their grief

differently than adults,” said Diane Snyder Cowan, Bereavement Center Director. “The camps are tailored to support needs in a way that is beneficial and comforting for each age level. They provide a ‘safe zone’ where kids can feel comfortable sharing big emotions and where they can ask questions in a supportive environment. Camp activities encourage memories and the expression of feelings.”

At Riding Through Grief (ages 8-12), June 24-28, 9 a.m. to 12 noon, children explore grief issues through riding and work-

ing with horses. Offered in collaboration with Fieldstone Farm Therapeutic Riding Center, 16497 Snyder Road, Chagrin Falls, the cost is \$75 per camper (scholarships available). Registration is due May 31.

Red Oak, 9057 Kirtland-Chardon Road, Kirtland, is a three-day grief camp (ages 6-13). Transportation is provided from two locations. Activities include commemorative crafts, drum circles and storytelling to encourage memories, coping skills and the expression of feelings. The cost is \$25/camper (scholarships available). Registra-

tion is due July 8.

“There’s nothing better than seeing all these kids who have experienced so many different losses come together in a beautiful natural setting to share stories, learn new ways to handle their grief and have fun with other children who understand what they’re going through,” said Karen Hatfield, Team Leader.

More information and applications for both camps are available by calling 216.486.6838.

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COMMUNITY

Children's theater group marks 25 years with performance of Lion King Jr



Founder Bernadette Walsh (seated) is flanked by her daughters and fellow UpStage Players staff members (l to r) Stephanie DeNardo, Kris Walsh, and Carrie Walsh-Hilf.

by Kurt Steigerwald

Those who work in the world of live theater live by the saying, "The show must go on." For UpStage Players, a children's performing arts group, the show continues as they approach their 25th annual performance.

From the first performance of Camelot in 1994 to this year's production of The Lion King Jr., UpStage Players has always featured child actors ages 7-15 from all over the Cleveland area. With a no-cut policy, every child that wants to participate gets a part in the production. While this year's show will be staged at the Memorial-Nottingham Branch of the Cleveland Public Library March 21-24, the group has played at many different venues over the years.

Although the shows change every year, the children age as new actors take their place, one thing remains constant with UpStage Players, a dedicated volunteer staff inspired by the Walsh family. Family matriarch Bernadette Walsh of Euclid founded UpStage Players with the dream of providing children with an opportunity to be involved in a community-centered theater program where every child had the opportunity to participate. With the support

of her late husband Joe and other family members, the endeavor grew in popularity as her children became performers and ultimately staff, directors and production managers.

"We saw a need to give kids a safe, supportive environment where they could participate in a kids-only theater group to help them build confidence, character, and leadership skills in an inclusive environment," said Walsh, Executive Director.

Today the all-volunteer staff of UpStage Players is a community endeavor as the Walsh extended-family now includes people whose children grew up performing with the group, or former performers who want to give back to UpStage Players.

With a cast and crew of 60 children, directing the performance falls on the shoulders of Carrie Walsh-Hilf whose children grew up watching practices as babies, performing as children and now offer support as crew members when needed. "It's kind of like The Lion King, the circle of life as kids are coming back and reinvest in the community," said Walsh-Hilf whose husband is a technical director while her sister Kris choreographs the dance moves and



Actors practice for the upcoming Lion King Jr. production under the watchful eye of director Carrie Walsh-Hilf on the stage of the Memorial-Nottingham Branch of the Cleveland Public Library on Lakeshore Blvd.

another sister Stephanie is also active. All were former performers.

Several years ago, UpStage Players got an infusion of support from a local Kiwanis Club when Jerry Seppelt, an active Kiwanis member with contacts in the Downtown Cleveland Club #2 including current president Robin Stone, saw the impact of UpStage Players and threw his support behind the group. As a non-profit, community organization that supports children throughout the world, the Kiwanis saw UpStage Players as another opportunity to impact the lives of children. Working in partnership with Kiwanis, UpStage Players launched its Builders Club to provide additional community support and leadership opportunities for its child actors.

Since then, UpStage Players performers have visited nursing homes, VA Hospitals, worked with special needs children through Playhouse Square, participated in food drives and many more activities. "The Kiwanis partnered with UpStage Players because we saw how they were impacting kids' lives. With our resources and support, we're able to connect with more kids and their families to help build stronger communities," said Seppelt.

"The Kiwanis and Jerry's involvement

have been such a blessing for us," said Walsh-Hilf. "Of course Kiwanis and the Cuyahoga Arts & Culture help us financially, taking some of the pressure off our constant need to fundraise. But even more important is the leadership, business and community contacts they provide that have really helped us offer kids even more opportunities to get and stay involved."

A special focus of this year's performance will include featuring Alumni who will come back to celebrate 25 years of UpStage Players performances. "We've seen a lot of children grow up and move on to varied careers and lives. It's great to see them come back and share memories and hear how they benefited from their experience," added Bernadette Walsh. "We're looking forward to a celebration of life, the performing arts, and of children learning how to face challenges because the show does have to go on."

Lion King Jr. tickets are available at www.UpStageplayers.com. Performances are March 21-24.

The Peoples Perspective

by joe oreilley

Definition of racism 1 : a belief that race is the primary determinant of human traits and capacities and that racial differences produce an inherent superiority of a particular race 2a : a doctrine or political program based on the assumption of racism and designed to execute its principles b : a political or social system founded on racism 3 : racial prejudice or discrimination

Definition of prejudice 1 : injury or damage resulting from some judgment or action of another in disregard of one's rights especially : detriment to one's legal rights or claims

2a(1) : preconceived judgment or opinion (2) : an adverse opinion or leaning formed without just grounds or before sufficient knowledge

b : an instance of such judgment or opinion

c : an irrational attitude of hostility directed against an individual, a group, a race, or their supposed characteristics

Definition of discrimination

1a : prejudiced or prejudicial outlook, action, or treatment racial discrimination b : the act, practice, or an instance of discriminating categorically rather than individually 2 : the quality or power of finely distinguishing the film viewed by those with discrimination 3a : the act of making or perceiving a difference : the act of discriminating a bloodhound's scent discrimination b psychology : the process by which two stimuli differing in some aspect are responded to differently

Blue, green, red, yellow, Euclid, Cuyahoga County, Government, mayor, part time council, Police, Fire, Vote, Dont Vote,

School board, classes, new schools, new stadium, new superintendent,

Politics, President, congress and senate, Poverty, Middle class, wealthy, Downtown, Browns, Indians Cavaliers

I am sure a word or two can stir an emotion within you, they are all to commonly used. We need to think past these words, think about us, we live together each day, there is good here and you can find it every day.

We need to look towards each other as neighbors and individuals.

We need Relation-ism respect one another and do unto others as you would do unto you

Pride in our community and all the positive aspects and amenities it provides and offers.

Unite as a community - concered and caring for one another - goes a long way

Words do have meaning, we should speak freely and speak our minds, be mindful of others because words can hurt a persons soul. example, lazy, no good, two bit, slow, unattractive.

We all live together, we should come together as a community and solve all of our problems, finance, services, schools, business, economy.

It is very very important part of having a strong and vibrant community.

Look forward to seeing ya in Euclid

April 13, 2019 • Lakeland Community College • 10am – 1pm

\$9,000 IN TOTAL SCHOLARSHIPS

HIGH SCHOOL JUNIORS & SENIORS

Grab your friends and classmates to join Northeast Ohio Credit Unions for the 2019 Mad City Money Competition! You and your team will compete in a virtual "Game of Life" with an opportunity to win a **Grand Prize** of a **\$1,500 scholarship for EACH** of your team members! **Second Place** team wins **\$1,000 Scholarships EACH!** **Third Place** team wins **\$500 EACH!**

EASY REGISTRATION

1 Go to madcityneo.com and register. You will be teamed up with two other competitors at random on the day of the event. This is a great team-building exercise and opportunity to meet new friends.

2 To complete your registration you will need to complete the online registration form and accept the terms of the competition.

Deadline for registration is **April 6, 2019**. Direct questions to one of the participating credit unions listed below or email support@madcityneo.com.

Credit Unions Partnering for Financial Education

unitycatholiccu.org

portoniroucu.com

lakecountyeuclidcu.org

westerncreditunion.com

lakeviewfcu.com

leccu.org

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20150 Lakeshore Blvd, Euclid 44123
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info@euclidchamber.com

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president@euclidsoccer.com

THE EUCLID CHAMBER OF COMMERCE PRESENTS

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MARCH 26TH, 2019 | 5:30 - 7:30 PM
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Tickets, table reservations and sponsorships available at euclidchamber.com

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Small Business of the Year:
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Organization of the Year:
Cuyahoga Community College

Lifetime Achievement Award:
Rich Lea

Business Person of the Year:
Charlie Sims

Bluestone Award:
Rick Case Honda

Bluestone Award:
Pamela Turos, Good Cause Creative

Young Professional Award:
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YCN RAY young hot rapper on the rise

by Damien Hayes

Q How long have you been rapping? And what made you wanna start rapping?

A Since I wa little like real young but I only been taking it serious for like a couple months now ,and wanting to be somebody I wanted a name.

Q. So how did you get into this like did you just bust out a freestyle somewhere , and your Bros heard you, and was damn man you need to do this rapping thing or did you just wake up one morning and was like i'm about to start doing this, and found a studio and just start recording? How was the actually start process?

A .Really just watching with all the money just made me write a song , I showed the song to my cousin, and he told me I need to take it serious

Q .There's a lot of people in Cleveland making music what are you doing, or going to do that's making you stand out from everyone ? whats makes you so different?

A. I feel like my sound is different , and my work ethic make me different

Q. Who are your music influences?
A. Nba youngboy

Nba youngboy is a upcoming rapper from baton rouge louisiana, I asked ycnray why he's a fan of Nba Youngboy ? he speaks on what I go through, and success motivates me to go get it

Q What do you think the best way to get your music out to the audience? And do you like collabing, or just doing solo tracks with no features?

A. Being consistent ,showing them Im gone be here for a while, and not stopping, and I like doing solo tracks with no features

Q. Do you feel there's a life span in this music game ? Like do you feel you can rap for 5 years to 10 years, or do you have something else in in mind with your music if it slows down after a few years?

A. I feel if i blow up this year or next I shouldn't be rapping for more than 7 to 10 years I should be rich signing my own artists, and I wanna write movies, I believe artists should expand their horizons

Q. What's the fun part about making music and what are the difficulties parts?
A. The fun part about making music is the girls the money you know all that difficult part about it is you never know what someone around you what like they could be pretending to love you but really there for what I got

Q. A Lot of people think artists can't get

any support here in cleveland especially if your a local artist have you noticed that with yourself, or others ?

A. Naw I feel I can get the support from my city imma different artist.

Q. Do you prefer physical mixtapes are streaming your mixtapes?
A. I like streaming like on youtube I think youtube is the best platform

Q. On a chill relax day what do you like to do ?
A. The studio being in the Studio getting high with my bros

Q. What do you think the best weed is ?
A OG purp

Q. Who has the best studio in cleveland ?
A. I record 216 is the studio Dario Baker is the founder

Q. What's your favorite Jordans shoe
A. The jordan 12s

Q. Would you rather be a independent artist or have a deal?
A. I don't know fr , I just want to have a lot of money you can follow me the on Instagram Iamthegreatdame and twitter the great dame you can follow Ycnray on Instagram at Ycnray

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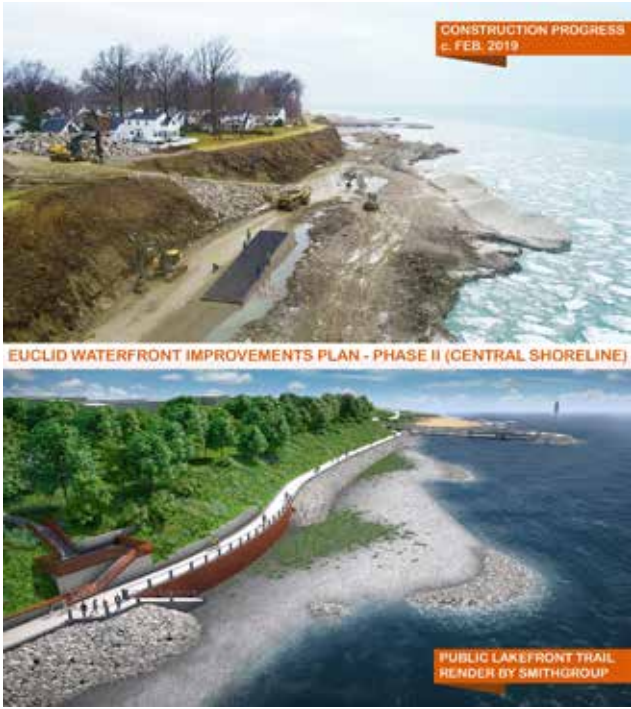
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CITY OF EUCLID

From VR to Reality: Euclid Waterfront Update



by Allison Lukacsy-Love

Over the past decade, SmithGroup crafted multiple renders – from hand drawn marker sketches to sophisticated computer models – to help the community vision our dream of lakefront development. A favorite tool in the past two years has been the virtual reality video (follow this link: <https://vr.yulio.com/DudfFv2EGh>). Some stakeholders had the opportunity to view the model through a special VR headset and “walk” the future trail at waterfront events.

Now that ‘rocks are in the water’ and equipment moves over the approximately ½ mile-long construction site almost daily, our vision is making the leap from virtual reality to reality. Later this year, we all will have the opportunity to enjoy a sunset stroll on the lakefront.

Timeline: The bases of nearly all breakwaters, composed of 1 and 2-ton limestone slabs specially selected from a quarry in Ohio and carefully placed in the water

SmithGroup typically pilots a drone to monitor construction progress. Compare the render from 2018 to the construction in mid-February 2019, taken from about the same perspective looking west over Lake Erie.

EDCOR Home Programs

by Karen Tomsic

You do not have to be cited by the City of Euclid’s Housing Department to apply for and receive an EDCOR (Euclid Development Corporation) 3% Home Improvement Loan. This independent program is open to all Euclid homeowner’s. There are qualifications, but most Euclid residents will be eligible. You must be of low or moderate income, own and live in your home for more than a year and have equity in the home. All types of remodeling and improvements can be financed through this program. An inspection is done before hand to determine what is needed, and afterwards to make sure that work was completed properly. All contractors must be licensed by the City of Euclid.

EDCOR was founded in 1978 by civic minded individuals. Over 1600 loans have been made by EDCOR. It is not part of the

City of Euclid, but works closely with the Housing Department.

In 2010 EDCOR began its Down Payment Assistance program for people wishing to purchase a home in the City of Euclid. To date more than 200 homes have been sold with EDCOR’s assistance. The program is for low and moderate income households. There are eligibility qualifications. To view these qualifications go to www.CityofEuclid.com then click on Resident Information and then on EDCOR. Read all of the links at the bottom of the web page.

EDCOR’s motto is “Improving Euclid, One home at a time”. Please contact Karen at EDCOR (216)289-4625 for further information. Now is the time to apply for those Spring/Summer projects and needed remodeling or to be purchasing the home of your dreams.

Do You Have Fire Extinguisher in your Home?

by Jeff McDaniel

Every home should have one, does yours?

You would use a portable fire extinguisher whenever the fire is confined to a small area, such as a stovetop, and is not growing, everyone has exited the building, the fire department has been called or is being called, and the room is not filled with smoke. If you already have a fire extinguisher in your home, check the bottom for the date. The National Fire Protection Association (NFPA) recommends replacing fire extinguishers older than 12 years. If your extinguisher doesn’t have a date on the bottom, you should replace it. Fire extinguishers are available at your local hardware store or home center, and other retailers.

Purchasing a Fire Extinguisher

For the home, select a multi-purpose extinguisher (can be used on all types of home fires) that is large enough to put out a small fire, but not so heavy as to be difficult to handle. These are also known as “ABC” fire extinguishers. Choose a fire extinguisher that carries the label of an independent testing laboratory.

Read the instructions that come with the fire extinguisher and become familiar with its form and operation before a fire breaks out. YouTube is a great source for videos on fire extinguishers and their use.

Installing Your Fire Extinguisher

Mount your fire extinguishers close to an exit. Be sure the extinguisher will not be blocked by equipment, coats or other objects that could interfere with access in an emergency.

Your Euclid Fire Department recommends one on every floor. Considering the leading cause of home fires nationwide is unattended cooking, if you only have one, it

should be mounted in the kitchen.

Maintaining Your Fire Extinguisher

Be sure the pressure is at the recommended level. On extinguishers equipped with a gauge, the needle should be in the green zone - not too high and not too low. The nozzle or other parts should not be blocked in any way. Look for things like spider webs, grease, dust, etc. The pin and tamper seal (if it has one) should be intact. There shouldn’t be any dents, leaks, rust, chemical deposits and/or other signs of abuse/wear. Wipe off any corrosive chemicals, oil, gunk etc. that may have deposited on the extinguisher.

Using Your Fire Extinguisher

Remember to keep your back to a clear exit when you use the device so you can make an easy escape if the fire cannot be controlled. If the room fills with smoke, leave immediately.

Know When To Go.

A portable fire extinguisher can save lives and property by putting out a small fire or containing it until the fire department arrives, BUT portable extinguishers have limitations. Because fire grows and spreads so rapidly, the #1 priority for residents is to get out safely.

Fire extinguishers are one element of a fire response plan, but the primary element is safe escape. Every household should have a home fire escape plan and working smoke alarms. Remember when you turn your clocks ahead this month, check and test your smoke alarm. Check the date on your smoke alarm. Alarms more than 10 years old should be replaced. If there is no date on your smoke alarm, it should be replaced. There are smoke alarms available that have a lifetime (10 year) battery.



Euclid

Euclid pride is the community coming together and showing that love is real!



Euclid



COMMUNITY Relations Task Force

CITY OF EUCLID

Euclid City Services

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Euclid City Hall	289-2700
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Euclid Court	289-2888
Euclid Creek Resv	440-473-3370
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Euclid Police Non-Emergency Block Watch	731-1234 289-8449
Euclid Library	261-5300
Euclid Neighborhood Engagement	289-826
Henn Mansion	731-5060
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Lakefront Sr. Community Ctr.	289-2985
Mayor's Office Kirsten Holzheimer Gail	289-2700
Recreation Dep't. Youth, Adult and Family Pgms	289-8114
Service Dep't. Street Conditions	289-2701
Sim's Park	289-2700
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OHIO CRIME PREVENTION ASSOCIATION

OCPA is the nation's largest state crime prevention association, with a diverse membership representing law enforcement agencies, government offices, businesses, the faith community and resident groups. As the Professional Voice of Crime Prevention in Ohio, OCPA is a clearinghouse for state and national crime prevention

Gross but Great!

by Brian Moore

On Friday, February 7th I had the pleasure of judging a Science Fair at Noble Academy. Participants in the science fair were students in the 5th – 8th Grade. I had the honor of judging a group of students that were interested in moving on to a statewide competition.

This was my first experience judging a Science Fair and I had no idea what to expect. I was very impressed with some of the projects that I saw and with the students that presented their work. I was impressed with many of the students and the projects that I saw. The students clearly put a lot of time and effort into their projects.

There were two young ladies that really impressed me. The first young lady experimented with the best way to clean and sanitize a tooth brush. Her research question was, “What method of disinfecting a toothbrush kills most bacteria?” When presenting her project, you could see how

proud she was of the work that she did! She had all of her procedures clearly outlined and attractively displayed. While talking to her about her project, she spoke very confidently about how she conducted her experiment. It was very inspiring to me to see her enthusiasm.

The second young lady experimented with growing bacteria on a variety of items. Trust me when I tell you I learned more about bacteria and where it grows than I wanted to know! Her research question was, “How does bacteria spread in our lives?” There are so many items that we handle on a daily basis without giving a second thought to the germs and bacteria that may be growing on them. One of the items she used in her experiment was a cell phone. I know that when I put my cell phone up to my ear and mouth, I was not thinking about bacteria, but I sure am now. I was a little dismayed to discover that she found more bacteria in the kitchen than in

the bathroom!

I was fascinated with the research questions that many of the students came up with. Their sense of curiosity was contagious and as they presented their projects, you could see that they were really engaged and invested. Not only did they gain scientific knowledge, they also developed presentation skills. I was amazed at their comfort in describing their projects and answering questions. I see a bright future for these students and pray that their curiosity and enthusiasm continue to inspire them in the future.

I am grateful to Noble Academy for inviting me to be a part of their Science Fair. I truly appreciate the opportunity to see some of the exciting things that are going on in the schools and to meet some of the impressive young people that will be making the important scientific discoveries in the future.

Euclid Police Crime Prevention Mini Conference

by Mary Mastalski

Kate McLaughlin

BCI

The Bureau of Criminal Investigation, known as BCI, is the state's official crime lab serving the criminal justice community and protecting Ohio families. BCI also provides expert criminal investigative services to local, state, and federal law enforcement agencies upon request. With offices throughout the state, BCI stands ready to respond 24/7 to local law enforcement agencies' needs at no cost to the requesting agency.

Staff at BCI work every day to provide the highest level of service. This includes special agents who are on call 24/7 to offer investigative assistance at crime scenes, knowledgeable scientists and forensic specialists using cutting-edge technology to process evidence to bring criminals to justice, and criminal intelligence analysts and identification specialists who help local law enforcement solve cases.

DAMSEL IN DEFENSE

Damsel in Defense is dedicated to helping change the statistics by Educating, Equipping & Empowering women to be safe. We offer ways to be safe in every aspect of your life whether you are at home or out on the go. We offer a range of products to include: pepper sprays, stun guns, personal alarms and whistles, along with RFID Wallets to protect your identity, Roadside safety tools, and a Kevlar safety sleeve for your kid's backpacks. Additionally, we offer an education based program to help teach your kids how to navigate “tricky” people and difficult situations.

OHIO CRIME PREVENTION ASSOCIATION

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and community policing training and resources. OCPA projects range from basic crime prevention schools and conferences, to training on important crime prevention topics, and timely publications. The OCPA is committed to the development and advancement of a continuum of educational opportunities in crime prevention and community policing, to ultimately make your community and state a safer place to live, work, and play.

SAFE KIDS/SAFE COMMUNITIES

University Hospitals Rainbow Babies & Children's Hospital is the lead agency for the Safe Kids Greater Cleveland Coalition. The coalition is part of the Safe Kids Worldwide campaign, the first and only global organization dedicated solely to the prevention of unintentional childhood injuries. The Rainbow Injury Prevention Center coordinates local Safe Kids campaigns and events and offers resources from our Lending Library to coalition members. Rainbow and Safe Kids Greater Cleveland are committed to promoting the health of children in our region by addressing common injury areas, such as child passenger safety, fire and burn safety, water safety, and home safety.

CUYAHOGA COUNTY DEPARTMENT OF CONSUMER AFFAIRS

Scam Squad unites nonprofits and social service agencies with local, state and federal law enforcement in the fight against fraud. The task force's goal is to make it easier for seniors to report scams and to allow agencies to quickly share information about scams with each other and with the public. Member organizations use their own networks to share information that can help Older Americans avoid or report scams. The widely cited MetLife Study of Elder Financial Abuse estimates that, nationwide, older Americans lose about \$2.6 billion a year to fraud. Some studies put losses much higher, but it's hard to know for sure because relatively few seniors report scams.

The Scam Squad, chaired by the Cuyahoga County Department of Consumer Affairs,

taps into existing senior and law enforcement networks to:

- Rapidly identify current fraud threats to older residents
- Ensure scam reports reach the appropriate enforcement agencies
- Make sure victims get a “warm hand-off” if they must be referred
- Arm county residents with the information they need to spot and avoid scams
- Share research about scams and scam victims
- Conduct public education about scams

PROTECHDNA

DNA for property is a new technology that will assist law enforcement and their communities to reduce property theft and give the advantages back to citizens that work hard and want to protect their valuables. DNA labels are being used by law enforcement around the world to register bicycles, computers, cell phones, and other single assets. The DNA labels is very unique, in the labels adhesive are several microdots. If the label is removed the adhesive with the microdots will stick and remain on the item, giving the police the ability to authenticate the item and identify ownership.

ALTERNATIVE DEFENSE STRATEGIES

ADS provides non-lethal personal defense products, stop the bleed kits, and conducts training in workplace violence prevention and personal safety with the goal to empower ordinary people caught up in extraordinary violence to defend themselves without harming others. ADS is an integral part of violence response protocol for individuals, schools, churches, manufacturers, healthcare, and government.

ADDITIONAL ORGANIZATIONS

Other organizations bringing their expertise in crime prevention, target hardening, security systems, communication and education include: ACE Hardware; Power Alarm; Precision Alarm, Chagrin Valley Dispatch, Cuyahoga County Sheriff Office, Cleveland FBI and Block Watch.

EUCLID POLICE CRIME PREVENTION MINI CONFERENCE

WHEN
Saturday, April 6, 2019
Come anytime between 10 am—1 pm

WHERE
Lakefront Community Center
1 Bliss Lane, Euclid, Ohio

STOP & TALK WITH

- BCI Crime Scene Unit • Ohio Crime Prevention Association • Block Watch • Cuyahoga County Sheriff Office • Ohio State Highway Patrol • Scam Squad • Chagrin Valley Dispatch • Power Alarm • Precision Alarm • Alternative Defense Strategies • ACE Hardware • Animal Control • Euclid Crime Watch and Discussion • Safe Kids Safe Communities • Stop the Bleed • City of Euclid • Euclid Police Department

LISTEN & LEARN BREAK OUT SESSIONS

- Scams—Prevent Becoming a Scam Victim
- Bleeding Control—Prevent Loss of Life
- Block Watch—Prevent Neighborhood Crime

FREE EVENT

WHEN IT COMES TO SAFETY AND HOME SECURITY

- Do you want to make a difference in your community?
- Would you like to take positive action and play an active role in change?
- Are you willing to work with your neighbors and police to make your street a safe place?
- Does learning something new interest you?

PLAN TO ATTEND

This first ever Euclid Police Crime Prevention Mini Conference will provide resources and information to residents who would like to learn how to make their homes and community safer. Questions call 216-289-8449.

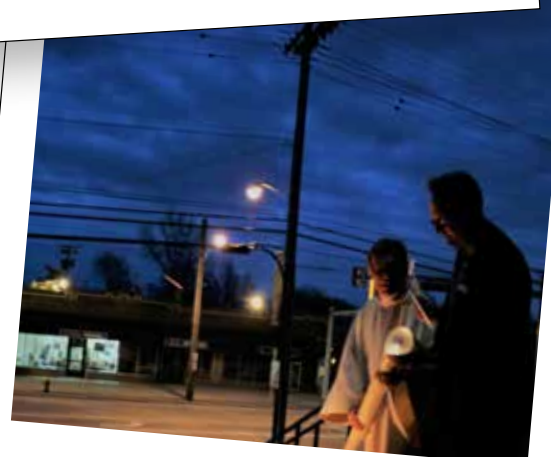


“We are a community of possibilities, not a community of problems. Communities exist for the sake of belonging and takes its identity from the gifts of its citizens.” - Peter Block



Faith | Academics | Community

Five Photos – Five Dollars: A Special Lenten Retreat



Five Photos – Five Dollars: A Special Lenten Retreat Saturday, March 30
9:00-Noon (8:30 Continental Breakfast)
\$5.00 per person
Our Lady of the Lake
Lakeshore Blvd & E. 200th St.
(216) 486-0850

Our Lady of the Lake is hosting a fun and affordable Lenten retreat that invites parishioners and guests to explore their personal history through photos, and gain

insights into the ways God is working in their lives. We'll enjoy hospitality, community, conversation and reflection that will deepen our relationship with Jesus and bring us new understanding of our personal faith paths. Please join us! For registration and information on what to bring for this special day, please visit our website at www.OLLEuclid.org, or email Shawn@OLLEuclid.org or Brianna@OLLEuclid.org. The registration deadline is March 25.

Living Stations a Special Tradition at OLL



Living Stations of the Cross is a cherished tradition at Our Lady of the Lake. Each Easter season, youth from the parish spend weeks preparing for a living presentation of Christ's journey to the cross. Made special through the eyes of these children, this moving journey brings the faith community together to reflect on the sacrifice made for us, and its deep meaning in our own faith lives.

"Working with the youth to create this presentation each year is really meaningful, for me, for the young people, and for all the people who join us," says Youth Minister

Rita Testa. "This is a very special time of reflection and sharing and our youth help us to see Christ's journey through fresh eyes. We encourage anyone in our community to join us for Living Stations -- it's a wonderful way to bring new meaning to this very special season."

All are welcome at OLL's Living Stations prayer service. It will be held April 12 at 8:00pm at Our Lady of the Lake, Lakeshore Blvd and E. 200th St. For more information, visit www.OLLEuclid.org, or email Rita@OLLEuclid.org.

Meet the Entrepreneurs at Microloan Fair

Our Lady of the Lake is hosting its first Microloan Fair! Come by to learn about businesses and people in our community who are partnering to help grow a stronger neighborhood. This innovative loan program, supported by OLL, brings together parishioners and small business owners and entrepreneurs to help people forge new paths, both to personal prosperity and to a more connected community. You can be part of it, too -- by supporting local businesses and learning some of the good things

our small business owners are up to. Please stop by to meet our group, sample some products and services and get a wealth of information on how Microloans can be part of making our community a better place for all of us.

Saturday, March 23: 4:00-6:00
Sunday, March 24: 11:00-2:00
Our Lady of the Lake Church Hall
Lakeshore and E. 200th St
For information, visit www.OLLEuclid.org, or call (216) 486-0850



Join OLL for Lent and Easter, or any time!

All are welcome at Our Lady of the Lake
March 6: Ash Wednesday Mass, 7:00pm
March 10, 17, 24 and 31: Evening Prayer, 6:30pm
March 30: Lenten Retreat, 9:00-Noon
April 12: Living Stations, 8:00pm
April 13-14: Palm Sunday Weekend
April 17: Tenebrae, 7:00pm
April 18: Holy Thursday, Mass of the Lord's Supper, 7:00pm
April 19: Good Friday, Community Stations of the Cross, 12:00pm
Celebration of the Lord's Passion, 7:00pm
April 20: Holy Saturday Blessing of Food, 12:00pm Easter Vigil, 8:00pm
April 21: Easter 8:00am, 10:00am, 12:00pm

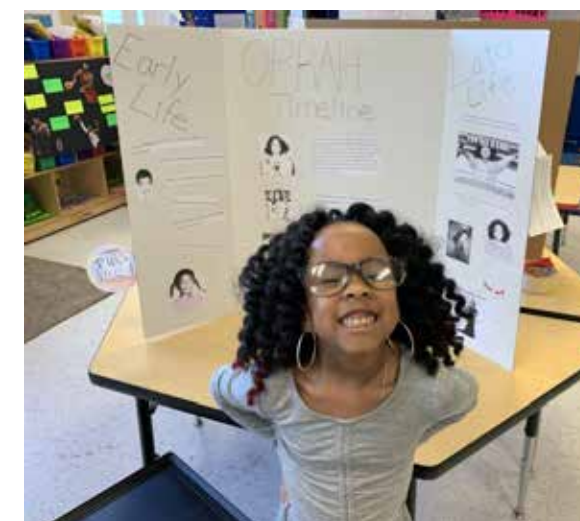
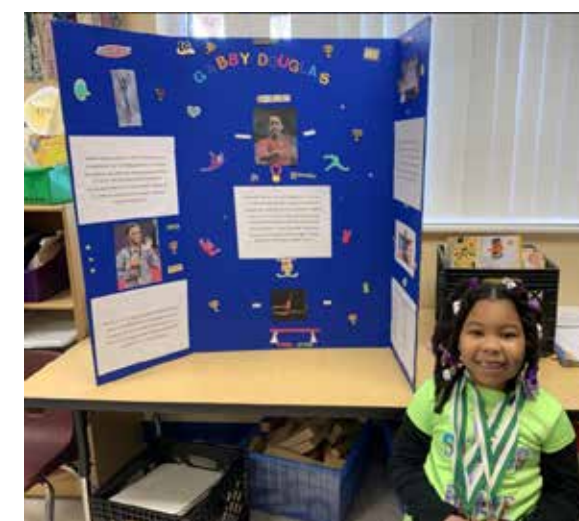
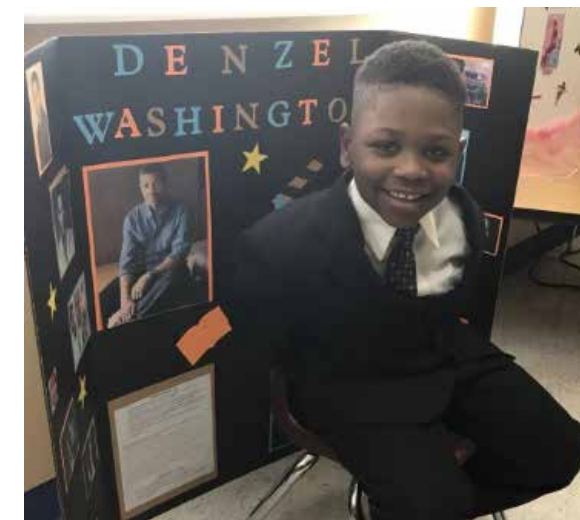
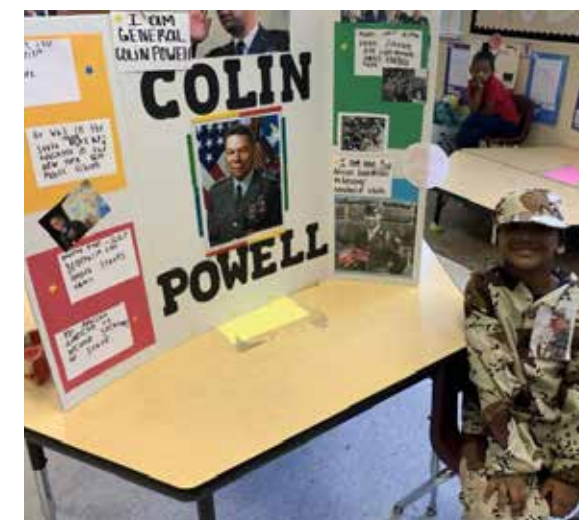
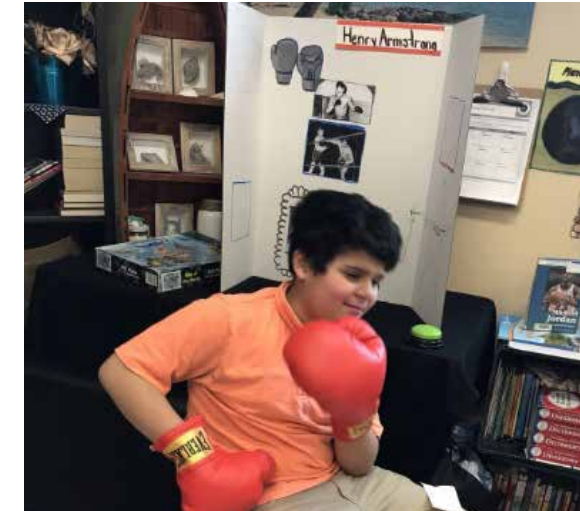
OLL School Accepting Applications

Our Lady of the Lake School is accepting applications in grades Pre-K - 8. Call today to schedule a tour - and find out whether you could qualify for a scholarship! Registrations ones March 1, so call today!
Jenny@OLLEuclid.org
(216) 481-6824 | Join us for Open House | April 3 6-7:30

Join the Discussion at: www.euclidobserver.com



Black History Month Live Wax Museum



In honor of Black History Month, Imagine Bella held a school wide Live Wax Museum on Thursday February 21st. Students helped students practice and prepare presented for parents and other students during this special event. Students were assigned significant figures from different

decades and acted as that person during our Live Wax Museum. Classroom teachers helped students practice and prepare during school time for the showcase event. Students conducted research studies to help them with their presentation.

Thank you to the amazing Imagine Bella families for helping students finish their posters, plan matching outfits, and practice their speeches too. It was so great to see all our families coming to support our students and listen to their presentations.

Since a picture is worth a thousand words we included some of our favorite photos here! We can't wait to see who everyone will be in the next Live Wax Museum!!

Friday Clubs are Back!



Artists in action with rock painting club! Check out a few photos from the return of Friday clubs!



Movie time for movie club!

Playhouse Visit



2nd grade visited Playhouse Square for a special presentation for students. They had a blast!

Join the Discussion at: www.euclidobserver.com



STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.

19 Euclid Panthers Sign National Letters of Intent

Parents, grandparents, aunt, uncles, friends, and mentors packed the Hal “Doc” Daugherty Gymnasium on February 6, as 19 of our “Euclid Made” student-athletes committed to continuing both their education and sport at the collegiate level.

“When I look at our Senior student-athletes here today, three words come to mind: integrity, perseverance, and pride,” said Euclid High School Head of Campus, Janis Svoboda. She continued, “As you finish your senior year, and begin the next chapter of your academic and athletic careers, please know that the people in this room today will always be with you. We stand behind you, as your base, your foundation, your refuge.”

Guest speakers included three-time Super Bowl Champion and media personality, Jerod Cherry and Euclid Schools Superintendent, Dr. Marvin B. Jones, II.

Congratulations to our exceptional student-athletes:

- Alicia Mitchell | Tiffin University | Volleyball
- Constance Chaplin | Eastern Michigan University | Basketball
- Jaylen Jacobs | United States Military Academy West Point | Football
- Phillip Patterson | Lake Erie College | Football
- Ashawon Berry | Seton Hill University | Football
- Omari Howard | Lake Erie College | Football
- Damien Brown | Ashland University | Football
- Reese Worship | Marietta College | Football
- Drevon Lindsay | University of Toledo | Football
- Christopher Parker | West Virginia Wesleyan College | Football
- Vincent Jackson | Missouri State Southern University | Football
- Darrius Johnson | Ashland University | Football
- Raylan McGuire | Lake Erie College | Football
- DeAndre Williams | West Liberty University | Football
- Jalen Jackson | Urbana University | Football
- Brandon Wright | Michigan State University | Football
- TreShawn Luton | West Virginia Wesleyan College | Football
- Sean Jackson | Walsh College | Football
- Octavious Hardy | West Liberty University | Football



The Panthers football team finished the season as the Greater Cleveland Conference Co-Champions and earned their fourth-straight trip to the postseason. The squad also featured five All-Ohio nominees, 11 News Herald All-Stars and 10 All Greater Cleveland Conference honors.



STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.

EHS Ambassadors sprinkle kindness on peers with surprise Valentine's Day party



These vibrant pictures captured by Euclid High School student, Stephen Grier tell the heartfelt story of our Junior and Senior Ambassador students' Impact Project. These students decided to plan a “surprise” Valentine party for the students in our MH Unit. They created a cookie decorating station, card making station, and Chick-fil-A Willoughby Commons donated enough nuggets to feed 50 people! The Ambassadors also made walking taco salad and served lunch to the kids and their aides. The goal is to reduce feelings of isolation for students in the MH Unit. The Junior and Senior Ambassadors group also constructed a spirited playlist. Courtney Rice and Cameron Holton acted as resident DJ's supplying line dancing tunes!

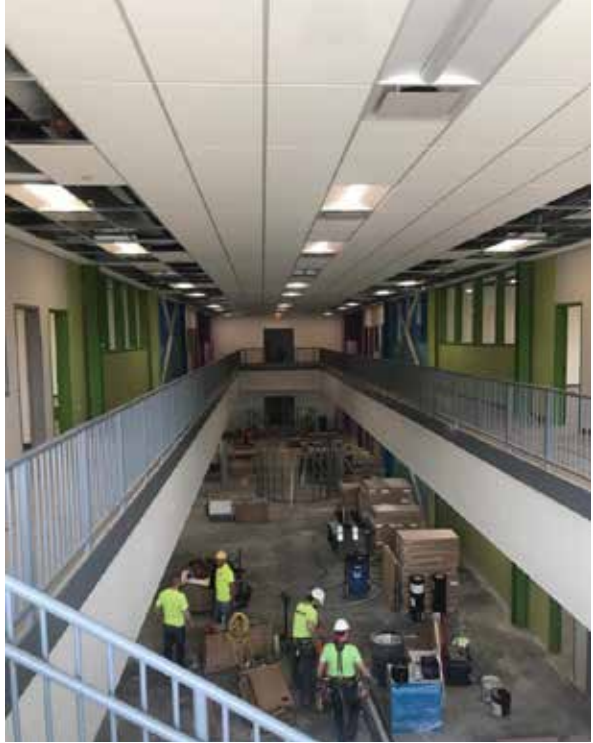
Exciting things happening in Our Euclid Schools



Central Middle School seventh-graders Kiauna Watford and Asu Pelima were chosen to represent Euclid at the District Seven Honors Band Concert in Mentor on February 21!



Euclid Alumna and local pediatric dentist, Dr. Kari Cunningham visited Shoreview Elementary School to speak with students about Black History Month!



The Early Learning Village at the former Forest Park site is on schedule to open this August!



WED, MAR 13 AT 6 PM - 7 PM
Fireside Chat with Superintendent Marvin Jones
Euclid Public Library



The Euclid High School Drumline performed in the Lake Erie Folk Fest at the Shore Cultural Center!



Members of the Euclid High School Chinese Club experienced the dynamite Broadway revival, Miss Saigon, at Playhouse Square!

Villa Angela-St. Joseph High School

Faith. Family. Future.

VASJ basketball hosts Broadmoor Bobcats

The Broadmoor Bobcats traveled to VASJ High School on Friday, February 22, for a special basketball game against members of the Vikings boys and girls teams.

The Vikings fought hard but ultimately fell to the Bobcats 53-32, continuing the team's 200+ game winning streak. This may be the only game of the year that VASJ doesn't mind losing.

When the Broadmoor team arrived at VASJ, they received an enthusiastic welcome from a gym full of VASJ students, faculty, and staff dressed in green and white (Broadmoor's school colors) and decorated with personalized signs and banners.

At halftime, all of the VASJ students joined the Broadmoor team on the basketball court for a dance party. Everyone got involved in a fun (and long) conga line. The smiles on the faces of all the students was quite a heartwarming sight to see.

Every basket scored by the Broadmoor team was followed with enthusiastic screaming and cheering. Even after the Vikings lost, there was nothing but excitement and joy for the winning Bobcats team.

After the game, VASJ Principal Dave Csank presented Broadmoor with a championship trophy for their efforts. Both teams then gathered at center court for a group picture.

This is not the first time the Bobcats have battled the VASJ Vikings in a basketball game. The game has



The Villa Angela-St. Joseph High School community enthusiastically welcomed the Broadmoor Bobcats to the Viking Village for what has become an annual basketball game. The Bobcats continued their winning streak of over 200 by defeating VASJ 53-32.

become a highly anticipated and much-loved annual event for both schools.

"The Broadmoor-VASJ basketball game is the high point of the year for all of us," says VASJ Principal David Csank.

The basketball game at VASJ is a great example of the mission of the Lake County Board of Developmental Disabilities/Deepwood which is to empower people with developmental disabilities to engage in activities that enrich their lives and contribute to their community.

"Bobcat basketball games are one of the most treasured events for our Broadmoor students," says Ann Mahler,

assistant superintendent at Lake County Board of DD/Deepwood.

"This experience allows our students to show everyone just how capable and extraordinary they truly are. Through their hard work and sportsmanship, each game is a learning experience for not only our Bobcats but for the opponent as well."

It was clear by the level of enthusiasm and support shown during the game that the VASJ community enjoyed the experience just as much as the Broadmoor students.

"The support that our kids show for the Bobcats, and the love and enthusiasm the Bobcats have

for the game of basketball is such a joy to witness," says Csank. "The Bobcats exemplify heart, courage, and determination. The example they set for our students is impossible to measure."

The Broadmoor community once again felt the love and support from the VASJ community during their visit.

"We appreciate Villa Angela-St. Joseph and their enthusiasm and willingness to join us on this journey of inclusion and acceptance," says Mahler.

The Broadmoor Bobcats may have left with the victory trophy, but it was clear that every student involved with this wonderful event felt like winners that day.



VASJ is a *faith-based* educational *community* that accepts you for *who you are* and helps you become the person *you want to be*.

OPEN HOUSE
March 21
6 p.m.

VASJ.COM/ADMISSIONS

VILLA ANGELA-ST. JOSEPH HIGH SCHOOL
18491 Lakeshore Boulevard • Cleveland, OH 44119 • 216-481-8414 • www.vasj.com

Catholic education in the Ursuline and Marianist traditions



Merit and Honor Roll Students in Euclid

<p>8th Grade Merit Roll - 3.0 to 3.4 GPA Ja'Kayla Baker Neveah Bolling Devin Brown Taylor Callahan Caden Coffield Kayla Cook Keyanna Dorsey Jordan Edwards Jeffrey Elkins Ciara Gantz Jaylon Grant Rakaya Hodges Armani Howard Jada Hutchins Dominic Jackson Nadia Jarvis Simeon Johnson Sha'Ron Johnson Keith Johnson Naomi Jones Alecia King Alythia Maxwell James Mays Aniya Nevels Lekiah Rodgers Na'Davia Rogers Sahara Sharpley Tanaya Smith Nyjah' Thomas Michaya Wallace India Wilkerson</p> <p>8th Grade Distinguished Honor Roll - 3.75 GPA or Higher Malikah Abdul-Wali Ella Augustine Jeanee Bibbs Kaitlin Bogner Claire Carmody Grace French Erin Grisez Madison Hampton Lauren Johnson Curtis Johnson Da Jahnae Moore Tyrone Penny Sadye Penny Legacy Pratt Amarii Randall Taylor Randle Kaila Sanders Eleni Saterides Anje'La Scott Sara' Sherman Nolan Tatar Nautila Tyson Precious Westbrook</p> <p>8th Grade Honor Roll - 3.41 to 3.74 GPA Kassidy Anderson Edward Banks Jr. Jada Banks Ciara Bell Rayshawn Black Jr. Jay-Din Bowles Joy Byous Shaniyla Byrd-Vanhorn Damia Carson Ariana Griffin Christina Harden-Nicholson Haden Hewis Seante Hodge Sanaya Howard</p> <p>9th Grade Merit Roll - 3.00 to 3.499 GPA Xavier Battista Dilyn Brown Jeffrey Brown Garrett Chatmon Fr. Alyssa Cruz Jayda Edwards Trejure Dial Aisha Diouf Lola Dyson Seantia Faison Kenia Felder</p> <p>9th Grade Honor Roll - 3.50 to 3.999 GPA Jeremiah Caldwell Jessie Demore Tashani Edwards Jayda Edwards Makayla Fleming Jimaya Ford Shawn Freeman Sanija Gainer Savannah Galloway</p> <p>9th Grade Distinguished Honor Roll - 4.00 to 5.00 GPA Taylor Alexander Chyla Alexander Kayla Brown Lania Brown Zoe Burford Arianna Godwin Joshua Hudson Bryana Hunter Kiera Johnson Savon Aaron Loving Jacquelynn Miles Christle Moran Diamond Motley</p> <p>10th Grade Merit Roll - 3.00 to 3.499 GPA Michael Akakuru Shnya Algee Broncia Austin Nyaira Bacchus Queen Baker Tania Bell Serenity Black Jameelah Burns Chequonn Carter Ahjay Cody Layla Davis-Branner Jada Dennis Chrishaun Edwards Atiba Fitz Brandon Ford Quavon Franklin Jeremy Fuqua Deavante Graves Marquan Greer Domenic Griffin Ananda Harmon Brady Herbst Kellen Hill Korey Hollins Kylan Holt Harold Jarvis Lamond Jefferson Cassandra Johnson Steven Key Clarence King Brandon Krivacic Melissa Maina Talia Mc Lin Jaylen McCauley Shan'ia McClendon Ramon Merriweather Akayla Middlebrooks William Moss Emily Orazen</p> <p>10th Grade Honor Roll - 3.50 to 3.999 GPA Olivia Augustine Kristen Bannerman Carliyah Bissell Patrice Calvin Joshua Cerjan Breanna Clayton Amari Cleveland Aaliyah Davis Muhtayvyn Dye Damitria Ferguson Deshawn George Ja'Nyia Gilner Myah Goodman Ty'Shawn Gregory Di'Miere Hansbro Nakhia Hopkins Nicholas Jackson Faith Matlock Roland Miller Kyrin Morris Jaylen Morris Jezzie Oliver Ty'Shari Otis-Johnson Daade Pack Kobe Patrick</p>	<p>8th Grade Merit Roll - 3.0 to 3.4 GPA Tayja Linder Mariana Lowe Daisy Maina Armoni Matthews Sariyah Meneffee Amaru Rand Jalen Smith Destini Tucker</p> <p>8th Grade Distinguished Honor Roll - 3.75 GPA or Higher Jaiden Flowers La'Meyah Greathouse Paris Greene Kyjanae Hart La'Tianna Harvey Sean Hill Tyshaun Hudson Danyia Hudson-Nunn D'Yavionne Jordan Taiona Kirksey Mya Lewis Khalil Lewis Timiyah Lively Jayla Marshall Latoya Mathews Ta Shar Ree McClay AlaysiaMcKinney Na'Kia Morris Jade Neal Greg Noydara Dontel Owens-Jones Sharon Pruitt Ya Jhaira Reid Kaiya Relliford Trevionte Rembert Zaire Ridgeway Bogerty Alaysha Rogers Shamarr Rollins Jonathan Roth Tamika Smith Ta'Nyia Spencer William Starks Charona Terrell Nailah Tinsley Micheal Webber Tyrell Williamson Tristen Wittine Tysean Yorke Makhyya Zewalk Sankey</p> <p>8th Grade Honor Roll - 3.41 to 3.74 GPA Kassidy Anderson Edward Banks Jr. Jada Banks Ciara Bell Rayshawn Black Jr. Jay-Din Bowles Joy Byous Shaniyla Byrd-Vanhorn Damia Carson Ariana Griffin Christina Harden-Nicholson Haden Hewis Seante Hodge Sanaya Howard</p> <p>9th Grade Merit Roll - 3.00 to 3.499 GPA Xavier Battista Dilyn Brown Jeffrey Brown Garrett Chatmon Fr. 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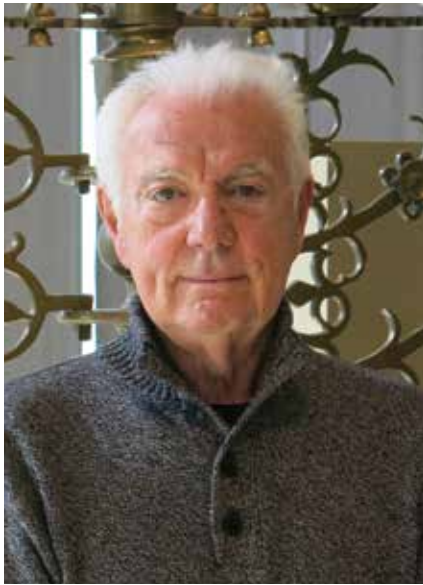
EVENTS

Ss. Robert & William Catholic Parish to Host Holocaust Survivor

by Linda Shenk
“Roman Frayman speaks with purpose. As a Holocaust survivor, he shares his experience so others don’t forget. As a Jew, he talks to educate others.” This quote is from an interview given by Mr. Frayman in the Cleveland Jewish News in November 2018, and it serves as a wonderful introduction to an event being sponsored by Ss. Robert & William Catholic Parish (SSRW) and the

SSRW Catholic Relief Service Parish Ambassadors Corps to mark the second year of the Share the Journey campaign. Share the Journey was initiated by Pope Francis as a call for us to share the journey with all our neighbors, not only those who live near us, look like us, speak like us, or pray like us. Mr. Frayman’s talk is one of a series of events the CRS Parish Ambassadors have planned and undertaken since the incep-

tion of the two-year campaign in September 2017.
As a Holocaust survivor who came to the United States in 1949, Frayman has spent the last 35 years teaching others about the hate anti-Semitism can cause, and his motivation comes from the anti-Semitism that he and his wife personally have experienced. With so much anger and division in our country today and with anti-Semitism and racism seemingly on the rise, his is a timely message which should be heard by young and old alike.
Everyone from Euclid and surrounding communities is invited to attend this free talk which will take place on Sunday, April 7, 2019, at 7:30 PM at Ss. Robert & William Catholic Church, 367 East 260 Street. A light reception will follow.
Come Share the Journey with us!



Roman Frayman

The Waterloo Alley Cat Project’s 10th Annual Fundraiser Celebration

by Debbie Gulyas
The Waterloo Alley Cat Project is celebrating a decade of helping stray cats and kittens at their 10th Annual Fundraiser on Saturday, March 9th at the Historic Slovenian Worker’s Home, now known as Waterloo Hall, located at 15335 Waterloo Road.
Once again, they will be holding a \$1,000 Grand Prize Raffle along with their fabulous basket raffles and local art sale. Tickets are on sale now... only \$20 and a bargain in 4 ways:
*Each Ticket enters you into the Grand Prize drawing of \$1,000 (you do not need to be present to win);
*Only a limited number of tickets will be sold;
*Each ticket also provides free admission to their big event which includes DJ entertainment, food by Melt Bar and Grilled, and lots of feline related fun;
*All money raised goes to help cats!
Tickets can be purchased online at www.waterlootalleycatproject.org.
The Waterloo Alley Cat Project is an all-volunteer, nonprofit organization that depends entirely on the generous and compassionate support of people who care about the homeless animals in our city.
They hope to see everyone on March 9th to celebrate together!

ST. MARY OF THE ASSUMPTION
Roman Catholic Church 15519 Holmes Ave. Cleveland

FISH FRY

Every Friday during Lent Except Good Friday
DINE IN 3:00 P.M. to 7:00 P.M. TAKE OUT

All Dinner & Combo Meals Include
Home fries or French fries, Coleslaw or Applesauce, Dessert, Coffee/Tea

Fried Perch Dinner.....\$10.00
Baked Cod Dinner.....\$11.00
Shrimp Dinner..... \$10.00
***Combo Meals.....\$10.00**
*Choice of Two: Fried Fish, Shrimp or Crab Cake
Mae and Cheese Dinner...\$6.00
Soup of the Day..... \$3.00
Extra Fish (With Dinner).\$3.00
1 Fried Perch/ 3 Shrimp/ 1 Crab Cake
Extra Side.....\$2.00
Coleslaw/Applesauce/Home Fries/French Fries/ Mae and Cheese

LIKE US ON FACEBOOK: ST. MARY'S COLLINWOOD FISH FRY

SOFTBALL

REGISTRATION

2019 Softball League Season
April - Mid July
Resident \$75 | Non-Resident \$112
Age Groups
8U 10U 12U 14U 16U

Euclid will participate in the Willoughby Baseball League. Games will be played in Euclid, Wickliffe, Willowick, Eastlake, Willoughby and Willoughby Hills depending on the division on weekday evenings. This is a competitive recreation league.

Volunteer Coaches are welcome!

Register Today - April 7th
Online or @ Euclid City Hall
Cityofeuclid.com

EVENTS

Scholarship Opportunity

by Pamela Gray-Mason
The National Congress of Black Women - Greater Cleveland Chapter is accepting application for their 2nd Annual Scholarship. One or more college scholarships in the amount of \$500 each will be awarded to a high-school senior (female) from the Greater Cleveland area. Applications can be obtained from your high school counselors, chapter member or emailing: poetichoneybee@gmail.com. OR ncbwcleveland@gmail.com Late applications will not be reviewed(Deadline: Midnight, March 8, 2019). Basic criteria: students who will receive their high school diploma from a high school(2019); Students who have a minimum GPA of 2.5; Students who can demonstrate community service and involvement; and students who have applied and been accepted into a college or university.

Bagel Buddy's

20070 Lakeshore Blvd
Mon—Fri 6:00 am to 1:00 pm
Sat and Sun 7:00 am to Noon

American Red Cross

Become a Lifeguard
Register Now

Euclid Recreation Department
American Red Cross Lifeguard Training

Course Dates and Times:
Tuesday, April 2nd | 7:30-9:00 p.m.
Thursday, April 4th | 6:00-9:00 p.m.
Saturday, April 6th | 10:00 a.m.-3:00 p.m.
Tuesday, April 9th | 6:00-9:00 p.m.
Thursday, April 11th | 6:00-9:00 p.m.
Saturday, April 13th | 10:00 a.m.-3:00 p.m.
Tuesday, April 16th | 6:00-9:00 p.m.

Location:
Euclid High School West Pool
711 E. 222nd St.
Euclid, OH 44123

Course Fee:
\$110 for participants who pass the course and commit to working for the City of Euclid
\$210 for all others

Visit CityOfEuclid.com/Recreation/Programs to Register by April 1st.
Must be 15 years old by April 16th and able to swim 300 yards, tread water for 2 minutes, and retrieve a 10 pound brick from a depth of 9 feet.

Rishis Institute of Metaphysics
Self-Mastery is the Highest Goal of Man

Do you struggle to express your REAL SELF?
Are you living the most positive, productive life you desire?
Have life challenges discouraged your zeal to move forward to new beginnings?
Join others who are learning universal laws, metaphysical insights to create the life they desire.
Weekly one-hour classes through the **Path of Light** studies offered on a donation basis.
Change your beliefs...change your behavior...change your life!

21933 Euclid Ave.
Euclid OH 44117
(216) 486-7240

www.rishisinstituteofmetaphysics.com.

A Spiritual Journey to the Real You

by A Tabar
Discovering WHO you are is a life long journey. Each and every moment you can become aware of your emotions, thoughts and actions to face the real you. Coming face to face with your reality can be a scary thing if you are not living in a sense of peace and harmony from within. Are you carrying resentments that display themselves as anger? Has loneliness invaded your plans to enjoy the precious moments in life in new ways versus old destructive habits? Spring is right around the corner with its wonderful energy of new beginnings. Making constructive use of this cycle of life is to live in a metaphysical (energy beyond the physical) universe. Awaken the life force within you to effect positive changes to fully express the radiant person you were created to be. SMILE from within as you embrace all that you are. Unite mind, body and spirit to the life plan your soul is desiring. Experience joy and prosperity in all aspects of life. Learn new avenues to this Self awareness. In the ancient esoteric sciences of astrology and numerology, much can be understood of your soul plan and human experiences that influence your course of thought and action. Join us at the Rishis Institute of Metaphysics to learn about the Path of Light studies. Embrace positive actions to eliminate negative reactions to life situations. Be the person you were meant to be. Enjoy the journey with new beginnings. Call 216 486 7240 for the Spring schedule or email rishisinstituteofmetaphysics@gmail.com.

Euclid Public Schools Alumni Association Annual Meeting, Saturday, March 23rd

by Greg Fondran
Please join your fellow Alumni at our Annual Meeting on Saturday, March 23rd at 10:00 a.m. in the Euclid High School Little Theater. Not only will you be able to catch up with old friends and classmates, but you'll hear what your Alumni Association has been up to lately and what we have planned for the future. We are planning on updating our by-laws and voting in new Trustees. All alumni are invited, but only those in good standing (with a current annual or lifetime membership) may vote. You can join the Association on line at our website euclidalumni.org, or in person at the meeting. In addition, we will be forming committees on membership, communication, memorabilia, reunions and special events.
If you're looking for other ways to connect with Euclid Alumni, we have a standing reservation at the Euclid Culinary Bistro in the Shore Cultural Centre every Wednesday from 11 a.m. to 12:30 p.m. (when school is in session). We look forward to seeing you all soon!

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FAITH

Faith in the City Annual MLK Celebration (continued from front page)

not about them but about those they serve. It is not about exalting themselves but about lifting others up.”-Sheri L. Dew

“You have not lived a perfect day, unless you have given something to someone who will never be in a position to repay you.” Dada J. P. Vaswani

“I wondered why somebody didn’t do something. Then I realized, I am somebody.” – Author Unknown

After the Litany of Service, Councilwoman Rev. Taneika Hill gave a moving tribute to Dr. Martin Luther King, Jr. asking the question, “Do will still need Dr. King today?” After recounting a variety of stories in the news that illustrate that racism, sexism and xenophobia still exist in many places, she reminded us that it isn’t not enough to dream, hope or believe, but we must speak up, speak out and take action, giving a voice to the voiceless and restoring power to the powerless. In closing

she encouraged us to reflect on the work and the mission of Dr. King, as we celebrate his life and legacy, remember that it is up to us to carry on his vision and mission in all that we do, in the choices we make and conversations we have.

After the tribute to Dr. King, there was a scripture reading that asked us, “What does it mean to do justly, love mercy, and walk humbly (Micah 6:8)?” To help illuminate the scripture, Rev. Armando Arellano spoke about doing justly, Dr. Martina Moore preached about loving mercy and Rev. Brian Moore spoke about walking humbly with our God.

One of the most inspiring moments came as a young man by the name of Taj Epps gave a tribute to Dr. King from a youth’s perspective. In an afternoon that featured many moving, challenging moments, his presentation was something extraordinary. He brought everyone to their feet.

The afternoon also featured a speech by Dr. King entitled, “If I Would Have Sneezed” dramatically presented by Rev. Jeffrey Doggett. Interspersed during the celebration were moving musical pieces and protest songs.

The service ended with prayers for our first responders, city officials and the city of Euclid. The police and council people present came to the front of the church to receive prayers and blessings. As the police officers were recognized, they received a standing ovation in recognition of their service. After the service, Councilman Wojtila commented, “I can think of no better way to unite as a community than through praise and worship of our Lord. The time spent together provided the opportunity to recognize and highlight our shared beliefs, concerns and struggles. I am grateful to the individuals who arranged, prepared and presented this awe-

some service highlighted by numerous reflections on the Dr. Martin Luther King Jr. I am also grateful to our police officers who attended giving us the opportunity to pray with and for them.”

If you are interested in seeing excerpts from some of the talks, please visit the Faith in the City Facebook page. If you would like to hear Dr. King’s “If I Had Sneezed” speech, it is available on YouTube.

In years past, this celebration ended with the song, “We Shall Overcome”. This year Pastor Denise changed things up with, “I Need You to Survive”. To me, the lyrics of that song described how we will overcome by recognizing that we are all part of one family and that we do need each other survive. It is my hope that the sentiments expressed over the course of the afternoon continue to grow and spread throughout the city. Can I get an AMEN?

Celebration United Methodist Church
771 East 260th Street
Euclid, Ohio 44119
Day and Hours of Service:
Sunday 11:00 a.m. Worship
Office M-F 12 Noon-4:00 p.m.

Bethlehem Community Church (LCMS)
24490 Euclid Avenue Euclid OH 44117 216-692-1085
Sunday 9:15 a.m. Adult Bible Class
10:30 a.m. Worship Service and Children’s Church
Monday 6:45 p.m. Prayer Team (484 East 222nd Street)
Thursday 7:00 p.m. Alcoholics Anonymous
Friday 7:00 p.m. Celebrate Recovery
And every 3rd Sunday at 12:00 Noon -- Free Friends and Family Community Lunch

East Shore Church United Methodist
23002 Lakeshore Blvd., Euclid, OH
Sunday Morning Worship Services
10:15 am Classic (Traditional)



St. John of the Cross Parish
140 Richmond Road, Euclid, OH
Mass Schedule
SATURDAY:4:00 PM
SUNDAY:9:00 and AM11:00 AM
MONDAY:8:00 AM, TUESDAY:6:30 PM
WEDNESDAY:8:00 AM, THURSDAY:6:30 PM
FRIDAY:8:00 AM

Area United Methodist Churches Lenten Services 2019

by Armando Arellano

Area United Methodist Churches Lenten Season Series 2019

Ash Wednesday Service - March 6th - 6:30 pm at Nottingham UMC, 18316 St. Clair Avenue, Cleveland, OH 44110 (216) 481-4827 with East Shore UMC and Celebration UMC.

Maundy Thursday Service - April 18th - 6:30 pm at Celebration UMC, 771 East 260th Street, Euclid OH 44132 (216) 797-1990 with East Shore UMC and Nottingham UMC.

Good Friday Service - April 19th - 6:00 pm at East Shore UMC, 23002 Lakeshore Blvd., Euclid, OH 44123, (216) 261-1688 with Nottingham UMC and Celebration UMC.

Easter Sunrise Service – April 21st - at 6:30 am Sims Park Pier. Lakeshore Blvd, Euclid, OH 44123.

All Churches will have their own Easter Services.

Church of the Epiphany (Episcopal)
21000 Lakeshore Blvd, Euclid, OH 44123
www.epiphanyeuclid.org
Sunday Service 10am (with Sunday School)
Thursday Healing Service 6:30pm
Tuesdays at 7pm Centering Prayer/Bible Study
"God loves you: we love you"

Our Lady of the Lake Parish
19951 Lake Shore Blvd Euclid, OH
Mass Schedule
Saturday, 4:00pm
Sunday, 8:00am, 10:00 am and 12:00 Noon
Monday, Wednesday, Thursday
9:00 am in the Main Church.

Shore Haven Lutheran Church
280 East 222nd Street Euclid, OH 44123
Worship Services
Sunday: 8:45 AM - Adult Bible Class, Youth Bible Class, and Sunday School 10:00 AM - Worship Service (Holy Communion on the 2nd, 4th and 5th Sundays of the month)
Special mid-week services during the church seasons of Advent, on Christmas Eve and Christmas Day, on New Years Eve, Lent, Holy Week, on the National Day of Prayer, on Ascension Day, and on Thanksgiving Eve.

Imani United Church of Christ
1505 East 260th Street
Euclid, Ohio 44132-3109
WORSHIP TIMES
Sundays 8:00 AM | 10:00 AM | 12:00 PM

Ss. Robert & William Catholic Parish
367 E. 260th St. Euclid, OH
Mass Schedule
SAT:4:00 PM (Vigil) SUN:9:00 AM, 11:00 AM, 6:00 PM
MON:12:00PM (Rosary before/Miraculous Medal Novena after)
TUE:8:00 AM (Rosary after Mass) WED:12:00 PM (Rosary before Mass)
THU:8:00 AM (Rosary after Mass) FRI:12:00 PM (Rosary before Mass)
SAT:8:30 AM (Rosary after Mass)

REAL ESTATE



Euclid– Edgecliff Dr. Steps to Lake Erie! Sunnycliff Beach Club. Offers just over 2,000 sq ft. City Violation Free! Close to Downtown Euclid. \$164,900



Euclid– Lake Shore Blvd. Still retaining its “just built” appearance. 4 bedrooms, 2.1 baths. Over 2300 sq ft of living space! City Violation Free! \$249,900



Euclid- Near Lloyd Rd. Exceptional rehab. 3 bedroom, 2 full bath ranch with gorgeous curb appeal! Stunning new kitchen! City Violation Free! \$125,000



Cleveland– East Park Dr. East Shore Beach Club. One house from Lake Erie. 2 story addition with basement, and additional living suite. 3169 sq ft! \$249,900

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Euclid 2018 Real Estate Market Update



sales price was just under \$80,000 with a large portion of homes going owner occupied. From 2010 to 2015, a large portion of homes were sold to investors who are now ready to remarket into rehabbed homes. Many of these homes were purchased for \$40,000 in 2011 and now boast remodeled

by Lenny Vaccaro

2018 was an exciting year for the real estate market in Euclid as home prices continued to rise with approximately 583 single family homes being sold. The average

kitchens, bathrooms, floors, paint, and etc... and have sold or are selling for approximately \$90,000 to 120,000. Owner occupied homes, on average tend to take better care of the exterior and interior of their homes and help our neighborhoods in many ways. With sale prices rising, the City of Euclid will start seeing an increase in income and property taxes.

If you, or anyone you know may be interested in purchasing a home or would like information on how to obtain a pre-approval to purchase a home, please reach out to the Vaccaro Team for a consultation. Home ownership is not for everyone, but in the long run if you buy right, it can be a good life change and investment.



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HEALTH & WELLNESS

Who is Happy Hippy Mama?

by Emily Holody



Happy March Everyone!

Does this Cleveland winter weather have you feeling down? Have you suffered from loss in the last year? Did you know that moving your body can spark joy and help you heal? Here is a little peek into how I use movement to heal my body.

(5:30 am) Ding. Pam: “Are we doing this?” Ding. Anne: “I am in.”

I can hear the light frozen rain hitting the roof. I groan and roll over. Thoughts race in my mind. “Do I have a headache? Am I getting a cold?” I pause and breathe, and drag myself up.

Me (responding to their texts): “See you in 15 minutes.”

This is how most of my mornings start. I get up and join a small group of dedicated women from my active beach club, and we walk together. (Excerpt from Healing Movement: Walking Group Offers Support Friendship published on WISHcleveland.com)

Yesterday was an especially “Cleveland” morning. Gray, cold, and rainy. My friend, Maria and I planned to walk at 6 am, and in committed walking group fashion, we showed up for each other. We started out nice and steady, it felt good to move in the light drizzle. As our walk continued the rain grew heavy, and soon we were soaked. This didn’t stop us. At our walks end, I dropped Maria at her house, and started my short walk home. I took the rare moment alone to pause and breathe. I realized, yes I was wet, but more importantly I felt energized and peaceful. Over the last two years movement has brought me peace, and has helped my mind and body heal. The sadness and grief remain, but movement has shown me healthy ways to find joy again.

My preferred methods of movement are walking (as I described above), yoga, and running. Yoga is a unique and ancient practice of breathing and movement. It allows for my mind to settle and my body to be challenged through breathe and different poses. At the end of each class when I am rewarded with the final resting pose, Savasana (think best nap on your back)

tears flow from my eyes. Slowly cleansing and healing me with each drop.

Running has been a close companion, for much of my life. I ran cross country and track through middle and high school, and attended college on a running scholarship. Today, as a (late) 30 something I run neighborhood fun runs and try to prove to myself I still have the muscle memory to win my age group. (Spoiler, I somehow often do. lol) Running is one of the few activities that challenges me physically and allows for my mind to fully relax.

I have never walked, ran, or taken a yoga class, and felt it was a waste of my time. Rather, I always feel better. The movement is physically good for me, and it truly heals my soul.

Please find what movement sparks joy for YOU. There are many different kinds of activities. Check the end of the column each month for new and exciting options in our neighborhood. Breathe, move, and be gentle with yourself. Healing happens.

To continue the conversation or if you have any questions you can email at: HappyHippyMama@yahoo.com or visit us on Facebook at: Happy Hippy Mama.

This Month’s Mantra:

I am STRONG, I am BEAUTIFUL, I am ENOUGH

March Movement Options in our Neighborhood:

Pound at Shore Cultural Center, Room 241

Instructor:EricaCarpenter
ecarpee@yahoo.com

Tuesdays & Thursdays: 6:15-7pm

Ages: 13+ Fee: \$5/class

“Rock Out with the Workout” using weighted drumsticks.

Pilates at Shore, Room 239

Instructor: Michelle Stachnik

216-780-0183

Thursdays 6-7 PM and Saturdays 9-10 AM

Ages: 15+ Fee: Trial class free \$8/drop in class

New Community Mental Health Group: Grief and Loss Meet Up

Every Monday

7:30 pm Room 104 East Shore

Church 23002 Lakeshore Blvd.

Questions: Contact Emily Holody at 330-256-6641

Join us next month when we dive into how clean eating is good for our body and mind.

Until Next time...Namaste

Take a Selfie of your Healthy



by Natalie-Jo Flynn

If you are reading this you likely have some interest in your health, well-being, living well or your looking for info for a friend.

Whatever the reason, You are in the right place.

I want to jump ahead of the game and say, Who could you be if you could photoshop your wellness? Is this a joke? What do I mean?

It is so easy now with technology to take a selfie and fix it up to make us appear flawless. Better skin, bigger eyes, better color, hair, lips and even the shape of our face can be “fixed” and then we can present the pic on Facebook or IG, we then feel good that we were able to Fix our look and control how others see us.

OK let’s say you took a selfie of your health, and if you could photo shop your health what would it look like?

Let your thoughts paint a picture of you and how you want to feel.

Weigh less, smaller waistline, clearer skin, more energy, a good nights sleep, doing yoga or dancing, content and peaceful. Maybe you see health as being free of your limited beliefs, gaining a voice for yourself, healing from self-doubt, bad relationships or addiction issues.

The number one comment I hear from my clients and patients is, “I know what I have to do and should do I just don’t do it”!

Whatever your idea of healthy is, Picture it, draw it Breathe into it See you in that picture living it.

When that is clear, Think of the one small thing that you’re not doing that you could do that will make a big difference in your health? I repeat, small thing, start doing that.

At this point, no matter what your current situation is, if you want it better, it will be. Its starts with painting a mental picture, taking small steps and being accountable for your actions.

There are no secrets, no quickie photo-shop apps but there is a great satisfaction in doing something for yourself everyday that will get you to your vision of your picture of health.

To start your journey, I will say that all of the research I have done on wellness, illness, medications, prevention etc.... Hands down, no question at all WE MUST EAT GOOD FOOD!

If you are confused about what Good Food is, start with Fresh food, the stuff on the perimeter of the grocery store, leave the isle foods, boxed, packaged processed, fast foods on the shelves.

Eat mostly veggies and whole fruits, not juices or dried fruits, adequate amounts of good fats, fiber and protein.

Truth is there are as many diets as there are people, The best tip I have is to get a balance, and try different foods, see how your body reacts, Did that give you energy did it make you tired or bloated, how long after you ate did you get hungry again?

Just because you always did something a certain way does not mean you have to continue that way esp. if it’s not working. Keep a record.

Last but most important, and if you do nothing else Please Do this, Bodies need water.

Water keeps you clean from the inside, keeps muscles, joints, eyeballs, skin and your intestines happy and working. We cannot avoid water if we want to be healthy.

How Much Water To Drink: Most guidelines state to Drink between 64 ounces and 67% of your body weight

if your body weight is 150 pounds, then you need to drink anywhere between 64 ounces and 100 ounces (percentage x body weight or 0.67 x 150) of water per day. Unless your medical practitioner has advised you on a specific amount, this tip is for a well-functioning urinary system.

Both caffeine and alcohol are dehydrating, so be sure you go “1- for-1”

How To Drink Water When You Don’t Like The Taste Of Water: Add slices of lemon, lime, cucumber or orange or mint leaves.

Drink 20 oz (1-2 glasses) of water first thing in the morning.

Feel free to contact me with any questions about this or any of the comments I have written.

Feedback is welcome.

Also, text, call or email for a complimentary easy, fun discussion session about your health goals and to making heathy habits now to last through the year and your lifetime.

Turn the “Maybe I will do it someday” goal into “Done” today. Feel good, get control of your own health and wellness plan. I provide one on one, group sessions, as well as educational wellness tips and talks for any size groups! Let’s Move That Mountain! One little push is all it takes.

Natalie-Jo Flynn, MSN, CHC, Personal lifestyle Coach 216-406-0154
nataliejo@mtmcoaching.net
www.MTMhealthcoach.com

HEALTH & WELLNESS

Being Kind to Yourself



by Robin Phillips

You may have grown up hearing very negative messages. You may have been told not to try, you won’t be successful. You may have believed these messages. You may have been physically and verbally abused and believed that you deserved that treatment. It is possible that no one ever said to you: ‘good job, I am proud of you’. You may have lived your whole life expecting the worst at all times.

If any of this is true for you, it is probably hard for you to believe that your life can be

better than it is right now. But everyone deserves to be happy, everyone deserves to be proud of themselves, everyone deserves to be safe and everyone deserves to be loved. And everyone includes you.

It takes work to change the messages in your head but it is possible. You can stop caring what others think of you and start caring what you think of you. You can feel heard, validated, cared for. If you are hurting it matters. Talking to someone who truly listens can make a huge difference for you.

Many people use the new year as a time to make changes, they may make lists that they give up before the end of the week. These lists, or resolutions, frequently involve major behavior changes, like dieting or starting an exercise program. The resolutions don’t last because they feel more like punishment or deprivation than like anything positive. But you can resolve to be kind to yourself. It can be difficult to learn at first, but a counselor can get you started.

I would love to meet you and work with you on being kind to yourself.

Robin Phillips LISW-S

Collinwoodcounseling.com

Your Gift



Deb Dobbs is a Communication Coach. She uses a unique blend of empathy and insight to unravel conflict, isolate issues and enhance growth. Contact her at: DobbsCommunication.com.

by Deb Dobbs

Devotion. When you hear the word, you may think of family, friends, a sense of belonging to a group or a familiarity with a geographic location. Perhaps you will think back to your teen years or time served in military service. When you hear the word, legacy, you might again think of family, friends or a group. However, in a contextual sense legacy is more. It is that essence that continues long after the originating source (person) is gone. Have you ever considered your legacy? What are you leaving behind as your essence? What will you leave for the

benefit of others?

When you think of an inheritance, you might think of something financial. Something that is tangible, measurable, significant. Yet, legacy is more. It is the intangible value others feel about you. It is the summation of actions, the impressions, the gifts of joy that you share with others. In this sense, legacy has more to do with how you treat others than the tangible items you might leave behind.

The memories you build with others, the past joys and sorrows you share with others, these are the gifts of yourself that you offer. As you generously offer yourself, you establish your legacy. As you willingly give of your time, your talent you build your legacy. Then later, as others re-act based on your actions, your legacy becomes active. Your essence continues as your influence thrives. What are you leaving behind? What will your legacy be? How will your actions influence others? Choose to be intentional. Design a vibrant, dynamic mosaic of your gifts, talents and influence to benefit others. Look around you. There’s no lack of need, just boundless opportunities to create and develop your living legacy. Don’t hesitate. Start building today.

Skin, Toes, Hands, & Lips



by Liz Healey

We are officially in the homestretch of this brutal winter!! Just a little reminder to keep moisturizing your skin and drinking lots of water to stay hydrated. Here are a few of my go to favs! Winter hydration facials are sometimes so refreshing and just what you need in these months. Give us a call at Bombshell Beauty for all your Spa needs! Liz Healey 216-215-1896

Find Help with Prescription Costs



Laura Mutsko. Owner and Agent. Mutsko Insurance Services.

by Laura

Mutsko

Access to affordable prescription medication is often a critical component to staying healthy. Unfortunately,

with the rising costs of medicines, many people cannot afford their prescription drugs. This is where Patient Assistance Programs (PAPs) may be able to help.

Patient Assistance Programs are offered by many drug manufacturers to provide discounted or no-cost prescription medicines for seniors, limited-income individuals, persons with disabilities and those with special circumstances.

To learn whether there is a PAP to help with the cost of your medications, you will have to do some investigative work. PAPs are not available for all drugs. And, eligibility guidelines and the application process will vary widely from program to program.

While all programs will require you to submit an application, no two applications are the same. Some ask for very detailed medical and financial history while others require very little. Some require a doctor to complete part of the application while others only require a doctor’s signature. All PAPs have income guidelines, but these too can vary widely.

PAPs are constantly changing as new medications are added or removed and enrollment requirements are modified. You can find the most current information and application forms online, on the drug manufacturer’s website. Or you can go to www.medicare.gov/pharmaceutical-assistance-program to search by drug name. Another reliable source for up-to-date information on PAPs is the National Council on Aging’s website, www.BenefitsCheckUp.org. If you do not have access to the internet, or would like assistance, you can check with your local, county or regional senior services department for help you search for a program.

Program administrators offer a few tips to help make sure the application process goes smoothly. They suggest you (1) make sure to answer every question completely, (2) securely attach all documents requested, (3) include an addressed, stamped envelope addressed to the PAP when you give the application to your physician or health care provider to speed the process, and (4) keep a copy of all paperwork for your records.

PAPs may not be an answer for everyone but they are the key to low-cost or no-cost prescriptions for many people. The time you invest in your search may be well worth it.

If you have questions concerning Health Insurance including Individual, Group, Medicare Advantage Plans or Medicare Supplements, call me at 440-255-2500 or email me at Lmutsko@mutskoinsurance.com. I look forward to helping you.

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SENIORS

Bob’s Corner



by Bob Payne
I have a challenge for you.
This may sound easy, but I guarantee it’s not. You may believe that you can do it, but I bet that you can’t. Okay, here’s the challenge.

Go one day without complaining.
Easy, right? Well, consider yourself challenged. It means no complaining about others; inconsiderate drivers, people at the store, co-workers, family, etc. It means no whining in your head about situations, other people’s reactions, and the state of national or neigh- borhood affairs. It also means not criticizing yourself for something you just did that you view as stupid, ridiculous, or dumb. I bet you can’t do it for long, but please do try!

It seems that we all have thoughts and ideas about how people should act and how things should be. There is something within us that is drawn to seeing with a critical, even nit-picking, eye. It may come from the way we were raised, maybe it’s the belief that we know better than others, or perhaps it’s just our particular point of view, but we can’t help but judge and compare.....everything.

If you really think about it, there are many, many things in life that do not require your input, your comments, or even your thoughts. What complaining often shows is the inability to accept reality as it is. You want things to be different. You want control. Here’s an important truth. Not everything in life is a problem to be solved. Most of the time you are left with either accepting the situation, or leaving it alone. If you can’t change it, why complain about it? If you can change it, then step-up and be a problem solver.

There’s already more than enough complainers to go around.

Please understand that you can’t expect to have a positive life when your thoughts and words are all negative. Besides, it seems to me that the more complaining you do, the more you’ll find to complain about.

So today, consider yourself challenged to not complain. When you mess-up (and you will), gently redirect yourself and try again. With practice, this simple adjustment can make a tremendous difference in your experience of life.

One final thought. Please remember that the times you are complaining about now, may well be what you someday refer to as the good old days.

Bob Payne, Manager
Breakfast with Bob
Breakfast with Bob will be on Thursday, March 14, 2019 @ 8:30AM
Gus’s Diner One Eight Five
797 E 185th St, Cleveland, OH 44119
You must have your OWN transportation.



March 2019 Euclid Senior Programs

<u>MONDAY</u>	<u>TUESDAY</u>	WEDNESDAY	<u>THURSDAY</u>	<u>FRIDAY</u>
				1 9:00 Silv Snkrs Classic 10:00 Fitness Over 50 10:00 Beading/CR 10:00 Lisa Lee Reflex 12:45 Bingo – 1:00 Pinochle – 1:00 Chess Club 1:00 Rock Painting
<u>MONDAY</u>	<u>TUESDAY</u>	WEDNESDAY	<u>THURSDAY</u>	<u>FRIDAY</u>
4 8:30 Line Dancing, Beg. 9:00 Line Dancing, Adv 10:00 Fitness Over 50 10:00 Chair Yoga 12:45 Bingo 1:00 Ballroom Dance	5 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Crochet 10:00 Bible Study 10:00 Billie Exercise 11:00 Music Bingo 12:45 Art with Jack 1:00 Fun Bingo 1:00 Adult Coloring 3:30 Tai-Chi MAYA ANGELOU TRIP	6 9:00 Fitness Over 50 10:00 Silv Snkrs Classic 10:00 Crafts 10:00 Comp Lab Help 10:45 Neuro Inst Talk 11:00 Chair Exercise 12:45 Bingo 1:00 Open Card Play 1:00 Open Computer 1:00 Ballroom Dance 2:30 Zumba Gold DRUG MART TRIP	7 8:45 Floor Yoga 10:00 Silv Snkrs Clsc 10:00 Sewing 10:00 Billie Exercise 11:00 SS Str & Bal 1:00 Paint & Sip w/Gateway 1:00 Line Dancing NOSCD BLOOD DRIVE	8 9:00 Silv Snkrs Classic 10:00 Fitness Over 50 10:45 The Players 12:45 Bingo – 1:00 Pinochle – 1:00 Chess Club 1:00 Rock Painting
<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
11 8:30 Line Dancing, Beg. 9:00 Line Dancing, Adv 10:00 Chair Yoga 10:00 Fitness Over 50 12:45 Bingo 1:00 Ballroom Dance 1:15 Book Club	12 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Free Consults 10:00 Crochet 10:00 Bible Study 10:00 Billie Exercise 12:45 Art with Jack 1:00 GameShow Day w/Braeview 1:00 Adult Coloring 3:30 Tai-Chi	13 9:00 Fitness Over 50 9:20 Podiatrist 10:00 Silv Snkrs Classic 10:00 Gr Pt Brkfst 10:00 Crafts 10:00 Comp Lab Help 11:00 McGregor/Pace 11:00 Chair Exercise 12:15 Cop a Question 12:45 Bingo 1:00 Open Card Play 1:00 Open Computer 1:00 Ballroom Dance 2:30 Zumba Gold	14 8:45 Floor Yoga 10:00 Silv Snkrs Clsc 10:00 Sewing 10:00 Billie Exercise 11:00 SS Str & Bal 12:30 Quilting Class 12:45 Grief Support 1:00 Fun Bingo 1:00 Line Dancing BRKFST/BOB	15 9:00 Silv Snkrs Classic 9:20 Pool Tournament 10:00 Fitness Over 50 10:00 Lisa Lee Reflex 12:45 Bingo 1:00 Pinochle 1:00 Chess Club 1:00 Rock Painting
<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
18 8:30 Line Dancing, Beg. 9:00 Line Dancing, Adv 9:00 Benefits Check Up 10:00 Chair Yoga 10:00 Fitness Over 50 12:45 Bingo 1:00 Ballroom Dance	19 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Crochet 10:00 Bible Study 10:00 Billie Exercise 12:45 Art with Jack 1:00 Adult Coloring 3:30 Tai-Chi GRANDE POINTE TRIP	20 Birthday Day 9:00 Fitness Over 50 10:00 Silv Snkrs Classic 10:00 Crafts 10:00 Comp Lab Help 11:00 Chair Exercise 11:00 Nutrition Talk 12:45 Bingo 1:00 Open Card Play 1:00 Open Computer 1:00 Ballroom Dance 2:30 Zumba Gold	21 8:45 Floor Yoga 10:00 Silv Snkrs Clsc 10:00 Sewing 10:00 Billie Exercise 10:30 FFF 11:00 SS Str & Bal 12:30 Quilting Class 1:00 Line Dancing WATERFORD BINGO TRIP CARP	22 9:00 Silv Snkrs Classic 10:00 Fitness Over 50 10:00 Beading/CR 12:45 Bingo 1:00 Pinochle 1:00 Chess Club 1:00 Rock Painting POST OFFICE ON WHEELS
<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
25 8:30 Line Dance Beg 9:00 Line Dance Adv 9:00 Benefits Check Up 10:00 Chair Yoga 11:00 Muffins/Mayor 12:30 Fresh Produce 12:45 Bingo 1:00 Ballroom Dance	26 9:00 Silv Snkrs Classic 10:00 Silv Snkrs Circuit 10:00 Crochet 10:00 Bible Study 10:00 Billie Exercise 12:45 Art with Jack 1:00 Intl Food Day 1:00 Adult Coloring 3:30 Tai-Chi MT ST. JOE’S TRIP	27 9:00 Fitness Over 50 10:00 Silv Snkrs Classic 10:00 Crafts 10:00 Comp Lab Help 11:00 Chair Exercise 11:00 Oak Street Talk 12:45 Bingo 1:00 Open Card Play 1:00 Open Computer 1:00 Ballroom Dance 2:30 Zumba Gold HORSESHOE CASINO TRIP	28 8:45 Floor Yoga 10:00 Silv Snkrs Clsc 10:00 Sewing 10:00 Billie Exercise 11:00 SS Str & Bal 1:00 Line Dancing 1:00 Meditation w/Chera NOSCD	29 9:00 Silv Snkrs Classic 10:00 Fitness Over 50 12:45 Bingo 1:00 Pinochle 1:00 Chess Club 1:00 Rock Painting CHINESE AUCTION FINALE

ENTERTAINMENT

The Standard: Make The Standard your New Standard



Beef Tartare



Duck D'Alsace



Grilled Chermoula Bronzino

by Rita DiPasquale DiCello
One of the perks of our job running NEO-FOODIES is we get heads up on any new restaurants or when a restaurant comes under new ownership. When that happens, we feel it’s our duty to check them out for our readers. This review comes from 2 different perspectives, 1) As owner & Administrator of NEO-FOODIES & 2) As an artist who works on Waterloo. The latter is just as important as the former because Waterloo is lined up & down the street with a thriving arts & culture scene all looking for where to eat.

I was informed that one of my favorite restaurants, The Standard was sold & under a new owner & chef. His name is Said Ouadadaa, originally from Casablanca, Morocco & formally from Bodega & Club Isabella. I had heard great things about Bodega & they were on my list of places yet to try so I was optimistic. His partner in this new venture is Michael J. Kav & he is the new GM & co-proprietor.

Now, truth be told, us on Waterloo were die hard loyalists to The Standard under Chris Hammer & Matt Quinn & we had a huge soft spot for Marty the head Chef & of course sous chef Paddy. We were/are close to the staff as well. We have all been regulars, popping in for a bite as we work endlessly to create our own magic. When I first heard of The Standard being sold, I was heartbroken. We didn’t have many options nearby for a nice cocktail, really good honest food & just a nice place. Where would we go?

What would we do after our shows? I was... to say the least, disappointed.

So, before I lost The Standard completely (I assumed), I stopped in after painting all day to get a bite to eat & to write about another restaurant. I decided to scrap that idea of the other restaurant & check this place out. Here is my experience:

Computer bag (which I believe still had a canvas roll up of brushes I meant to leave at the studio) in hand I walk in for a late lunch/early dinner. I’m seated & I’m happy to see my regular server Mackenzie & back in the kitchen I see the great Standard guys Paddy, Kirk & Ben. Mackenzie gets me my regular cocktail (she knows me well), Tito’s shaken, up, with blue cheese olives & a side of lemon & lime. She presents me with a new menu & proceeds to tell me that the new owner/chef just released it that week.

My eyes do a fast scroll looking for remnants of the old menu. Will he still have the

oysters? Will he have the charcuterie that Marty did so well? Who is this new chef? What does he like..what is his style?

Immediately I see 4 dishes that make my eyes light up. Foie gras (yes please), the fresh oysters are still there (thank goodness), tuna tartar & beef tartar (yum). I’m hopeful & excited. So I put in an order for the oysters & beef tartar first, knowing I’m going to get that foie gras but pacing myself. The oysters that day were Mystic oysters from Noank, Connecticut (Long Island Sound). They are farmed year round with large heavy shells, deep cup & they have a gentle brine with a nice meaty flesh & clean finish. They were delicious. The accoutrement mignonette was different. A champagne vinegar, shallots, scallions, & fresh red & yellow pepper mixture. It was the peppers that at first threw me off. I wasn’t used to those in my mignonette & I just don’t like cocktail sauce, horseradish and/or hot sauce so I was glad to not see those served with the oysters. I’ll take fresh lemon if nothing else.

The forward note dipping my mollusk in this mixture was, as I suspected, peppers. I’m not a fan of raw peppers. That said, it actually complimented the brine & finish of this oyster. Mystics aren’t very overbearing, they are delicate & can take on the flavors of shallots, lemon, champagne very well & to my surprise, even peppers. I do suspect, because they are so mild, that the whole cocktail sauce, horseradish, hot sauce thing would just out right ruin it. You wouldn’t taste the oyster itself. So, I enjoyed it & learned more about another proper pairing for this certain oyster profile. As for presentation? The oysters are served over a bed of seaweed salad & a little side of tobiko & an edible flower. It’s a lovely presentation but the seaweed salad & tobiko seem out of place. What I mean is, the menu & vibe of the place have not one Asian note. The only other time I see any hints of Asian on the menu is with the calamari which is listed as a pan fried squid with black sesame seeds & a wasabi honey ginger sauce. I can see the edible flowers yes, the mignonette yes, the seaweed salad & tobiko? Not necessary but that is just my opinion. The shell would be better off sitting on top a little bed of rocket lettuce with lemon & olive oil. However, I’m nitpicking here. I really did enjoy it.

Moving on to other appetizers, next is the beef tartar. We shall see, I’m picky. I was spoiled when Jonathan Sawyer made his for me right when he opened Greenhouse Tavern & I’ve had amazing tartar in Rome, London, New York & locally, Giovanni’s does a fantastic job so this had big shoes to fill.

This was probably one of the freshest beef tartar’s I’ve tasted in a while. Fresh herbs, capers, shallots, quail egg & the highest quality beef. No extra filler, just clean ingredients to bring out the meat. I have to say it reminded me of the tartar I had many years ago at Gordon Ramsay’s flagship Restaurant Gordon Ramsay & the beautiful deconstructed beef tartar I had by Daniele Boulud at his flagship Daniel. It’s the actual taste of the meat itself, so clean, so fresh, that reminds me of those two dishes.

Moving on to the hot appetizer, the foie gras cake next. It consisted of several pan seared lobes served over a shiitake mushroom & white truffle risotto & chive oil. The chef recommended the Bodega, Quintana Tempranillo from Spain which paired beautifully. The risotto was a bit salty but that’s just my preference. The foie gras itself was seasoned nicely. It is important to mention that it was at this point I noticed there weren’t salt & pepper shakers on the table. I always find this a positive thing, it’s a statement from the chef that he/she believes in their food enough that one should try first then season if need be. I enjoyed this dish, it was luxuriously decadent but not ostentatious in any way.

Moving on to entrees, I decided to try the Duck D’Alsace & the Grilled Chermoula Bronzino. Now, on the menu it says bronzini but to be correct it should be bronzino since it is one fish not several, that’s just me being picky about proper Italian. Let’s begin with

the duck. I was not familiar with this particular dish preparation but I love duck & it sounded very interesting. It is a pan seared duck in a cinnamon glaze with a lingonberry beurre blanc served with garlic mashed potatoes. Chef Said served me a glass of a beautiful Côtes du Rhône & it paired beautifully with this dish. The duck was lovely cooked at a medium rare. Cinnamon is not something I would think of with duck & I was pleasantly surprised. My favorite was the lingonberry beurre blanc, it was absolutely delicious with the duck & my only complaint was that there wasn’t enough of it, that & the fact I wish instead of the mashed potatoes, nicely roasted fingerlings seasoned with rosemary or sage & thyme would be lovely or other roasted vegetables but again, that’s just my European upbringing, not very many mashed potatoes sides where I come from. The lingonberry beurre blanc is not overly sweet but delicate & luscious, those are the words that come to mind for this dish.

Switching to the bronzino, the chef chose a nice Oak Grove Reserve Rosè from California. I was excited to try this dish. Growing up on the Adriatic coast, this is a dish I’ve had quite often. To have it prepared Moroccan style was intriguing & so far, everything else had been delicious, I expected this to be no different. The dish consists of a Moroccan style fish with a cilantro marinade, parsley, paprika, garlic & ginger. It is served with 2 sides, a refreshing cucumber tomato salad & pommes frites. When brought to the table, the chef properly & beautifully deboned it for me table side which is refreshing to see. I’ve had grilled whole bronzino here in the states & few will go to the trouble of deboning it for you upon presenting the dish. In Europe, this is standard, sadly here it isn’t but I wish it was. The Moroccan marinade was wonderful & again, this fish was cooked perfectly. I added a squeeze of fresh lemon & very happily ate as memories of my childhood came rushing back. As a side note, if you like dry white wines, the Vermentino from Perolla Tuscany would also pair nicely.

To end my overall experience, Chef Said mentioned he was in the process of making a chocolate banana bread pudding & that I should try it. As some of our members know, I can not have a lot of gluten. There are various levels of gluten intolerance & celiac & under the team at the Cleveland Clinic, as their guinea pig, I, at level 1 celiac can handle a certain amount of gluten per week. So, I was so happy to see that he had so many gluten free options on the menu (which are labeled) & can accommodate vegetarian as well. Since I monitor my levels, I agree to have a taste & I’m glad I did.

I have tasted some amazing bread puddings in New Orleans, I mean really, really good bread puddings that make me hate the fact I have celiac & can never eat a whole serving. So I am very critical of any bread pudding outside of the Crescent City. This was different. I couldn’t compare it to any of the traditional ones I had because it wasn’t a typical bread pudding. Instead, it brought me to another place...it brought me home, back to Italy.

You see, growing up back in Italy, my aunt made an amazing tea cake called Ciambellone. She made two versions, one was lemon & one was Nutella. She always made me the Nutella version whenever I was sad or upset. She knew I loved it since she used to give me fresh, crusty bread with Nutella as my snack after school.

So, as I am waiting to try this bread pudding from Chef Said, I begin to smell it baking. I smell what I think is hazelnut & I smell the chocolate & I’m getting nostalgic. Finally, it’s done & I dig in. Sure enough, my nose was right, it tasted just my aunt’s Nutella Ciambellone. I dropped my fork & sat there reminiscing about being a little girl again at my aunt’s little side kitchen table eating it right when it was still warm & the chocolate melted in my mouth as I told her about my bad day. Sitting there eating this was one of the best feelings I had in a long time. When he comes to check in on me, I ask for the ingredients. How did

he make this taste like her tea cake? I had to know. I can’t give the whole list of ingredients, I think it’s only fair to the chef that I not reveal his entire process but I will give a few, which make me understand why it reminds me of home. He uses amaretto, hazelnuts (ah...I get it now), dark chocolate, fresh vanilla bean & other goodies I can’t share but I start to understand, based on the ingredients, why I love it so much. Again, I’m sad I can not eat the whole thing but he was able to give me a moment in time where I was home. That’s very special to me because I miss my home very much. As a side note, for our NEOFOODIES Wine Group, the Ripasso by the glass from Italy paired perfectly with this.

Overall, the key thing that I noticed throughout the meal was how perfectly balanced everything was. When dealing with Mediterranean dishes they can be both complex & simple. The key thing is finding the harmony of the two. That only comes from someone who lovingly takes the time to find it. For me, many of the flavor profiles are very familiar so I find comfort in his menu. However, I also learned quite a bit about other flavors I never would have considered together so that was nice.

Running NEOFOODIES we have tasted a lot of dishes & part of our passion comes from tasting & learning more, it’s what we love & we love sharing it with our members. What was also so nice to see was Chef Said come out frequently to greet the seated guests, introduce himself & check in on them, as did his partner Michael. They are very customer forward, aware & present to make sure everyone is pleased. I really admire that. Even when it really picked up, that made no difference. They didn’t skip a beat & the servers did an excellent job as well taking care of their tables.

Now for those of you sad to lose some of the staples of the original Standard, the chef has chosen to keep some of the old dishes for now as he transitions. Whether they will stay on permanently I do not know but for now, some of the dishes are still there.

The restaurant also will have several nights of live jazz & happy hour along with nightly dinner specials.

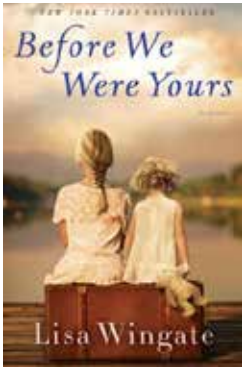
So what do I think of The Standard now? I really like it. There are few places I can honestly say take me back to a moment in time that was special for me. In an Italian home, food is love so some of my best memories are around food & family. I hold that sacred so I always go into trying certain foods with a critical eye & look for finding those moments. Who wouldn’t? All of us here on NEOFOODIES love to have that feeling, our common bond is our love of food, good food right? You won’t find a lack of good food on this menu. I believe it has a little something for everyone yet still reflects the chef’s Mediterranean background & stays true to who he is.

I like the new Standard. I like the atmosphere, the food is absolutely delicious & they have a great wine list. Both Chef Said & Michael are so personable, they make you feel at home right away & the staff is just as great as before, in fact no one was let go upon the sale. Everyone still had a job going in which I’m happy to hear. I’m also glad to see that us artists still have a good place to go to eat & that our fellow members can rediscover The Standard or, if you’ve never been, discover it for the first time.

I highly recommend coming in for yourself, you won’t be disappointed. The staff is great, the food is wonderful & reasonably priced, Chef Said & Michael will welcome you with open arms, I think literally because again, Said is from Morocco & Michael is Sicilian, but that is just my cultural observation here. They also have a great bar atmosphere that I noticed got quite full later in the evening. So go, whether it’s just for a bite, a cocktail with friends, a nice romantic dinner, a friend get together, an NEOFOODIES event (which I’d like to do), a nostalgic moment, or just to go in by yourself, it’s worth it. Make The Standard your new Standard.

ENTERTAINMENT

Book Review: Before We Were Yours



new to read and am excited to find an author that already has several books published.

Before We Were Yours tells the story of the Foss siblings and how they ended up in the Tennessee Children's Home Society orphanage. They are repeatedly reassured that they will soon be returned to their parents. The eldest sibling Rill fights the cruel director of the orphanage to keep her sisters and brother together. Before long they realize that they are being separated and illegally adopted by wealthy families.

The story starts in 1939 in Memphis and goes back and forth from that time to present day.

by Janeen Copic
Before We Were Yours by Lisa Wingate. I picked this book up after seeing it on the New York Times Best-seller List. I am always looking for something

ent day. What unfolds is the journey each of the siblings have taken after leaving the orphanage. Soon brought into the mix is Avery Stafford, who was born into a family of wealth and privilege. Avery returns home to help her father, who is facing a health issue. While home Avery visits with her grandmother and a chance encounter makes her question her families hidden past. Avery begins asking questions and searching for a truth that may ruin her family or make it whole again.

Lisa Wingate's, Before We Were Yours is based on one of America's most notorious real-life scandals. Georgia Tann, director of a Memphis-based adoption organization, kidnapped and sold poor children to wealthy families all over the country. For me this was a bonus to reading the book, as I learned something new.

I highly recommend this book. The story was emotional and riveting. I couldn't put it down and was anxious for the mystery of the Foss siblings to be solved. Before We Were Yours is the first book of Lisa Wingate's that I read and I'm excited by the prospect of reading more of her books.

Recipes Wanted

by Janeen Copic

Do you have a favorite recipe for pot roast or that one delectable cookie recipe that has been passed down for generations? The Observer is starting a new feature where our readers can submit their recipes to share in our member center at www.euclidobserver.com or www.collinwoodobserver.com.

Pork Roast with Gravy



by Janeen Copic

A favorite of the Copic family, this recipe is courtesy of Grandma Ann Copic.

Cook a small to medium size pork loin for two hours at 350

Put into fridge overnight to cool

Dump two packages of Lipton's beefy

onion soup mix into a saucier
Add 4 tablespoons of flour
Mix well
Add 4 cups of cold water
Whisk well
Slice pork into quarter inch slices while gravy is cooking gently

Once the gravy starts to thicken add one can of Lipton's golden mushroom soup
Place pork in glass baking dish
Pour the thickened gravy over the pork
Cover
Bake for 45 minutes at 350 degrees

Glass Movie Review



by Brian Friedman

A solid film with an outstanding performance by James McAvoy and some really interesting camera angles. Add in a strong score for good measure. Over all - a solid "B".

Lego Movie 2 The Second Part

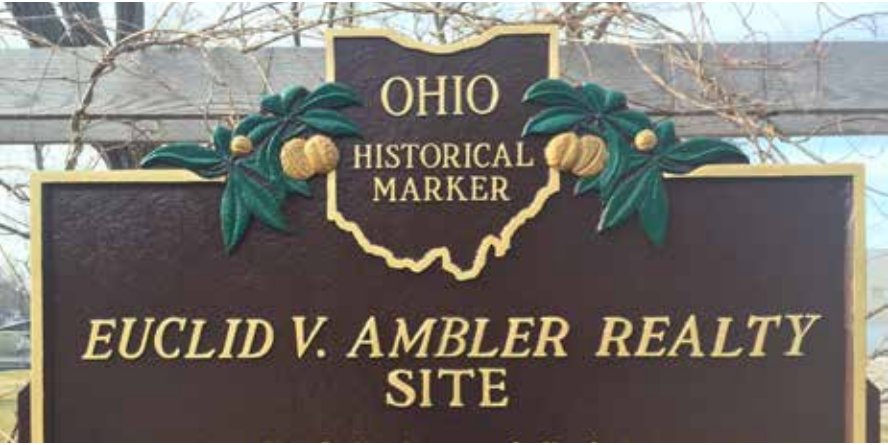


by Brian Friedman

Lego Movie 2 The Second Part Movie Review - I loved the original and this one tried so very, very hard to recreate the magic. So much was right but it barely missed the mark. Themes and pacing were great. It just wasn't funny or original enough. Too many ideas were already stolen by the Lego Batman movie and the Unikitty cartoons. I give it the highest C+ possible (which is 79% for those of you that are math challenged).

ENTERTAINMENT

Where Am I ?



Take a selfie with this month's Where am I Picture and email it to CollinwoodPublishing@gmail.com and you will be eligible to win a \$25 Gift Card to Great Scott.



Congratulations to last month's winner who correctly identified the location as the railroad bridge on East 222nd Street.

Book Reviews Wanted

by Janeen Copic

The Observer is starting a new feature in the paper, a book review section. Do you love to read and are always looking for a new author or genre to read, but don't know where to look? As an avid reader, I am always looking for something new, or old to read. For me reading is like going on a vacation without ever leaving my home. I can visit faraway places or worlds and make new friends and sometimes enemies

between the pages of a book. We are encouraging our readers to submit a review of their favorite (or least favorite book) to share with our readers. It can be a new release or an older book that perhaps many of our readers have never read before. Please submit your 200 to 400-word review by becoming a member online at Euclidobserver.com or Collinwoodobserver.com. We will publish at least one review each month.

Fyre and Fyre Fraud Streaming Movie Reviews

by Brian Friedman

By now, you probably are aware that two different documentaries regarding the failed 2017 Fyre Festival are available on Netflix and Hulu. I watched them both one day apart. Either one is a fascinating look into the arrogance and gross identity conumerism that afflicts a certain group of young adults. They are not conflicting documentaries, so it is not critical you watch both to get the full story. From pacing to telling a more rounded story of perspectives/victims, the Netflix documentary is far superior. The only advantage that Hulu has is they have the exclusive interview with the fraudster at the center of the whole thing. But that interview is pretty useless

and not super informative. Overall - Netflix (Fyre) - Solid B. Hulu (Fyre Fraud) - C+



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