

# EUCLID OBSERVER

Proud Member of the Observer Media Family of Community-Owned and Written Newspapers & Websites

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January 2019

## Euclid Culinary Bistro Holiday Buffet



Chef Daniel Esquivel and his staff once again laid out a wonderful spread for the annual Holiday Buffet.

The prime rib carving station, and crepe station were a huge hit.



The Bistro is located in Shore Cultural Center and is open for lunch, Wednesday, Thursday, and Friday, 11:00 am to 12:30 PM during school. It is always best to call first at 216.261.2073.



## A Sparkling Holiday Celebration at Mama Catena's Restaurant



(story and more photos on page 7)

## The Observer Wants Your Story

The Observer is an ongoing experiment in citizen journalism. We do not have reporters. You get to tell your story in your own words. It's easy to submit a story. And there are a lot of great stories. Submit a picture with a caption. Submit a story about a good neighbor. Submit your Church's schedule of worship. Go to [www.EuclidObserver.com](http://www.EuclidObserver.com), become a member and click submit story. If you are having a problem, give me a call. John Copic, owner and publisher, 216.505.0185.

## Euclid Waterfront Update: Rocks are in the Water!



The view from the first breakwater of the Euclid Waterfront Improvements Plan - Phase II, installed in December 2018.

by Allison Lukacsy-Love

After weeks of mobilization, clearing the bluff and removing impervious debris from the shoreline, construction of the first breakwater was completed in December for Phase II of the Euclid Waterfront Improvements Plan. The breakwater is composed of 1 and 2-ton limestone slabs specially selected from a quarry in Ohio and carefully placed in the water with GPS coordinates. It provides necessary shoreline stabilization

and forms the edge of new cobble beach to serve as nearshore wildlife habitat – as well as a place for the public to enjoy.

This critical milestone in construction represents nearly a decade in planning for lakefront development. Furthermore, the construction of this stone tombolo, other permanent breakwaters as well as temporary shoreline protection and turbidity barriers allow the contractor, Haynes Construction, to continue work in Lake Erie throughout



A temporary road at the toe of the bluff allows construction vehicles to access the water from city-owned property up above.

the winter.

Phase II–West, beginning from the Joseph Farrell Memorial Fishing Pier and stretching east to City-owned property is anticipated to be complete in October 2019 with trail construction beginning in early spring 2019. The City of Euclid continues to engineer and fundraise for future phases. In December 2018, Council authorized the City to hire a fundraising consultant entirely with grant funds from the Cleveland Foundation to en-



Construction crews in Lake Erie, viewed from the east.

sure the successful completion of Phase II.

As the weather permits this winter, take a walk or bike down to the Fishing Pier for a front-row seat to watch the exciting construction activity. The City of Euclid's Facebook page regularly features photographs and other updates and all current construction projects in the City have information pages hosted on the main page of the City of Euclid's website (click on "Construction Project Updates").







Opinion

Life as a Vegan



by Damien Hayes  
Recently my good friend Dashaun Jones has been living the Vegan culture life . I was so amazed by his Drive to live and try something so different from how he came up eating the traditional food culture, so I had to give him this interview on how and why he did it  
**Q: So with the popular tradition dishes such as , pizzas, cheese steaks, mexican grill foods , and etc . So what made you decide to go the Vegan life?**

A: I was trying something new. I wanted to experiment with this way of dieting to see how it would effect me. I was drinking 2 energy drinks a day and wanted to find a much healthier way to build energy. I did research and learned that various fruits could improve my energy and thought i might as well go full vegan.

**Q: Years of eating food you grew up on how hard was the transitions to switch to vegan eating?**  
A: Tough. Real tough. The whole first week all i would think about is hot wings with ranch. It's always the wings. It was a mental thing. I saw results the second day so i didn't want to stop the diet. I had to stay diligent and remember why i started this journey to begin with.

**Q: So how did you start off? What did cutting out your diet? And what did you start putting in your diet? Since been a vegan , what changes have you noticed so far with your change of eating?**

A: To answer the first two questions, as a vegan i had to cut out anything i ate that came from an animal, or had something from an animal in it. Next, i did excessive

research on what vegans would normally eat. I also understood that i had to change my whole way of eating.

**Q: With being a Vegan do you believe in growing your food or buying vegan food from the stores ? Do you see the world shifting over to the vegan life?**

A: Growing your own foods are more beneficial than buying foods from a store. You never know exactly what they are doing to the foods in the stores. And yes, more and more people are waking up and joining the vegan way of living.

**Q: Do you think your the closing the gap for the future of traditional food culture for your family , by showing your kids a life that they could learn and pass down vegan culture to their kids?**

A: This is most definitely changing the way we eat and look at foods. My daughter rarely eats meats and is one of the most healthiest kids ever. With that being said, her diet made it even easier to change our diet and i know she will have influence on other kids with this diet and i do expect this generation to pass down these habits.

**Q: Do you think you can continue life as a vegan or is it faze that you are this curious about?**

A: As of right now I faze in and out of the vegan diet because i haven't quite master my protein intake, but I could definitely do this as a permanent diet.

You can follow Dashaun Jones on insta-gram and twitter @dae\_12\_dae. I can be followed on Instagram @imthegreatdame Twitter damehayes1

The Peoples Perspective

by Joe Oreilley  
As a current resident and as an American citizen, I wish to aid in making Euclid great again.

My first idea here, and it's a very simple one, an I hope all Euclidians will support.

First and foremost I would like our City Government as well as the School Board to be a open and transparent operation. I would recommend an open checkbook, where citizens could actual see and participate in all of the City and School Boards revenue and expenditures. As concerned citizens we have a duty to participate and understand. Can we not designate a place on the School Boards and the City of Euclid web sites where citizens can see for themselves where and what our tax dollars are being spent for and on. It is my understanding (for example) that the city of Euclid is in financial hardship. Are we?

My example of this is that in the past

November ballot, our city ask for a special road tax to repair some roads. Why because we have not budgeted for roads in a long time. You the people voted NO to this extra road tax, and rightfully so.

Over 15,000 people voted in our November elections, that is over a 150% increase over 2016 and that being a Presidential election, soI thank all who voted against and for.

I would like to wish all health, happiness and prosperity for 2019 and beyond.

It is my hope to bring about a Fair, Just and Transparency to the Euclid School Board and the City of Euclid. I ask all the citizens of Euclid to participate and voice your opinions in the open forum discussions held by our City in the City Hall building every first and third Mondays beginning at 7 pm.

With that I conclude and wish all a HAPPY NEW YEAR .....

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Finance

Merchant Data Breaches, the Gift that Won't Stop Giving

by Dave Godek

The pressure is on. You've grabbed the last of this holiday season's popular toy off the shelf. You race to the checkout counter, swipe your debit card, and... "declined!" Why, you wonder? Chances are, it's because your debit or credit card information has been compromised due to a merchant whose data protection infrastructure was penetrated by fraudsters forcing your financial institution to suspend your account.

It's a common occurrence these days, and it's creating frustration for not only consumers but for the financial institution that provided you that card. Each day, credit unions like Eaton Family Credit Union receive a list of potentially-compromised cards due to frequent merchant-borne data breaches. It's in our best interest to protect our members and, therefore, must cancel those debit and credit cards in the hopes of lessening the amount of fraud exposure. Often it is too late, and if our members are defrauded, we will make them whole, and promptly order and send a new card.

Credit unions not only cover the cost of fraud, but also the costs of blocking transactions, reissuing cards, increasing staff at call centers, and monitoring consumer accounts. After the Target breach in 2013, for example, credit unions were left on the hook for \$30.6 million, according to estimates by the Credit Union National Association. Additionally, credit unions reissued roughly 4.6 million credit and

debit cards in the aftermath. The 2014 data breach at Home Depot was larger than Target, costing credit unions an estimated \$57.4 million.

Ever wondered how much cost incurred by credit unions, and, as such, their members to merchant data breaches, is repaid by merchants? Zero.

As member-owned, not-for-profit institutions, these dollars are better used for lending to consumers and small businesses in Northeast Ohio.

It also causes great reputational harm to credit unions such as ours. Each time a member is inconvenienced by card cancellation, the finger is usually pointed back at us. That's compounded by the fact that merchants aren't required to notify institutions like ours after a possible breach has occurred. The sooner we can identify the source of the breach, the more quickly we can inform our members and reduce the amount of fraud.

Congress needs to pass legislation that would subject merchants to the same data

Why Buy Instead of Rent?

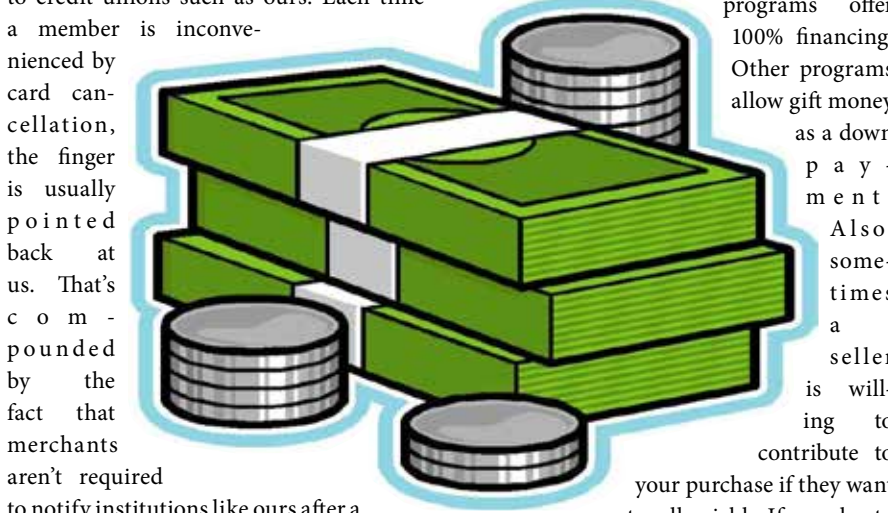
by Cosmo Berardinelli

Is it time for you to get out of the rent race and buy a home of your own? While buying isn't right for every person or for every life stage or circumstance, there are several perks of homeownership that tend to stay stable over time. These include building long-term equity, the comfort and pride that can be associated with owning your own home and, of course, lower overall monthly cost.

If you don't think you can afford to buy a house right now, then you may not know all of your options. Many loan programs offer options for low down payments and some programs offer 100% financing. Other programs allow gift money as a down payment. Also, sometimes a seller is willing to contribute to your purchase if they want to sell quickly. If you plan to stay in your home for several years, buying a home could save you thousands of dollars over renting. And you can get rid of the nosy neighbors upstairs!

BENEFITS OF HOMEOWNERSHIP:

- Tax deductions:
- Unlike rent, property taxes and the interest on your mortgage payment are all tax deductible.
- Home equity: Home equity is the difference between the value of your home and the amount you owe on your mortgage. As you pay your mortgage down each month and your home value appreciates, you build more equity to your overall net worth.
- Affordable payments: Your mortgage payments could be the same or less than what you're paying in rent. With a long-term, fixed-rate mortgage, your payments will also remain stable and predictable.
- Express yourself: When you own your own property, you get to control it. That means planting your favorite flowers in the garden, allowing Fido in the kitchen, and having friends over after hours.



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**FOOD OVER MEDICINE**

Tami Pace, HHA  
Serenity Wellness Center

Learn how simple changes in your diet can make a profound impact on your overall health.

TUESDAY, JANUARY 29, 2019 12 PM



Must Register By January 20, 2019

**REFUSE TO BE A VICTIM**

Doug Murillo & Ted Reed  
Action Defense

Learn how to easily and inexpensively create layers of safety in your life.

TUESDAY, April 9, 2019 12 PM



Must Register By March 31, 2019

**VETERANS BENEFITS**

John Reiss & Adam Sandor  
Cuyahoga County Veterans Service Commission

benefits discussed will include Federal Disability, Pension, and Emergency Financial Assistance.

TUESDAY, July 9, 2019 12 PM



Must Register By June 30, 2019

**HOME & PALLIATIVE CARE**

Sean Droney  
Residence Home Care

Dispell the myths of palliative care while learning about the benefits of receiving care in your home.

TUESDAY, October 8, 2019 12 PM



Must Register By September 29, 2019



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## Shore Cultural Center

### Lake Erie Folk Fest returns to Shore Cultural Centre!



Richie & Rosie will be performing in the evening concert at the Lake Erie Folk Fest at Shore on Feb. 23rd.

by Mark Laskey

The fourth Annual Lake Erie Folk Fest (LEFF) will be held Saturday, February 23, 2019 at the Shore Cultural Centre located at 291 East 222nd Street in Euclid. This annual event celebrates a diverse array of traditional music and dance styles from a wide variety of cultures, and provides free afternoon workshops, with accomplished instructors, to encourage the preservation of and participation in the traditional arts.

Musicians, dancers and fans of bluegrass, old time, Irish, blues, polka, ballads and everything in between are welcome to participate in LEFF's free workshops,

dances and mini-concerts from 1:00 to 6:00 PM at the Shore Cultural Centre. There is something during the afternoon for all ages and any skill level. There is also plenty of room for musicians to get together and jam throughout the course of the day. The event will cap-off with a 7:30 pm concert featuring the acclaimed Americana duo, Richie & Rosie, who present traditional and original music in unique and wonderful settings. Other featured performers include:

**Jim Volk** - Guitarist  
**Journeywork** – Traditional Irish music featuring flute, whistle, uilleann pipes and guitar



Enjoy a performance by Shir Kalaa Mandir at the Lake Erie Folk Fest on Feb. 23rd at Shore Cultural Centre.

**Shri Kalaa Mandir** – Classical Indian Music & Dance

**The Chardon Polka Band**– Polka, what else!

All Saturday afternoon workshops, mini-concerts and dances are free and open to the public and tickets for the evening concert are \$10 (advance) and \$15 (day of show) with 12 and under free! Additional information regarding the festival may be found on its website <http://www.lakeeriefolkfest.com>, including how to sup-

port the program as a sponsor, or call 216-289-8578. The event is presented by Shore Cultural Centre and the North East Ohio Musical Heritage Association. Mark your calendars now and plan to spend the day with great people and great music!

Also, warm up for the fest by joining us for the Festival Kickoff, Friday, Feb. 22, 7:30 PM Community Dance with the Saints and Opossums at Shore, \$10 adults, \$5 students, children 12 & under free!



In the heart of downtown Euclid!  
291 East 222nd Street  
216-289-8578

#### Lake Erie Folk Fest Community Dance

Friday, February 22, 7:30-10 PM  
Band: The Saints and Opossums

#### Lake Erie Folk Fest

Saturday, February 23

Free Workshops, Performances — 1-6 PM  
Evening Concert 7:30, \$10 advance, \$15 day of,  
children 12 & under free

Performers:

Richie & Rosie—Americana

Jim Volk—Guitarist

Journeywork—Traditional Irish

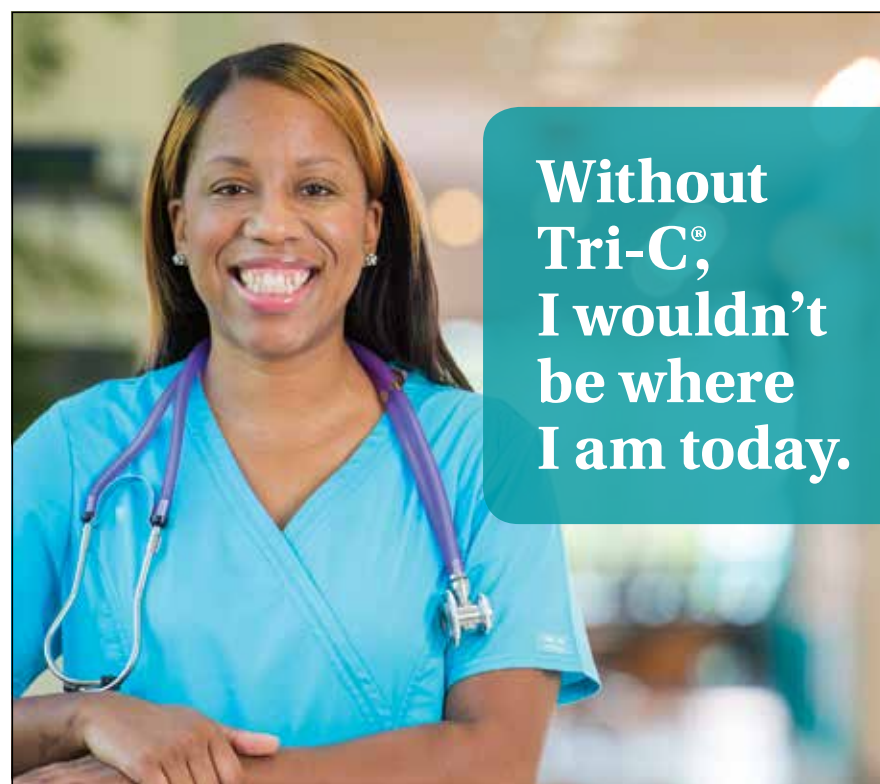
Shir Kalaa Mandir—Classical Indian Music

Check our website for tickets and to view class, event and service info.

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As you begin a new year, fulfill your resolution to give back to your community. Shore accepts gifts year round on our website.

VISIT OUR WEBSITE: [www.shoreculturalcentre.com](http://www.shoreculturalcentre.com)



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## Community

### Kiddie City Hosts Annual Winter Fest 2018



VASJ Volunteer Ariel Robinson plays "Santa's Elf". Dayna White, Asst. Director, (Background) organizes books to give to all KC children.



VASJ volunteers Janessa White and M'Kaylan Robinson paint faces.



Cookie decorating station in KC cafeteria.



VASJ volunteer Isaiah White mans "snowball toss" station.



Director, Jennifer Boger, and Board Member, Meg McGarry, review WinterFest Schedule of Activities.



Pre-K "Jingle Bells"



"Look! No Hands!" KC co-founder, Sherrie Zagorc plays festive music on KC player piano.



Pre-K children are mesmerized by the "larger than life" snowman.

by Jennifer Morrison Garza

Kiddie City Childcare Community hosted its annual WinterFest 2018, on December 14, for all its students and their families. The event was also attended by Kiddie City Staff, Board Members and volunteers from VASJ. The event is family oriented, with an opportunity for families to participate in old-fashioned games and face-painting stations. Cookie decorating and craft stations were among the other fun hands-on activities. Children were able to visit with "Mrs. Claus", played by Maryellen Fedel, and her elves to have a personalized picture taken. Each child received a Scholastic book from Kiddie City, to promote literacy and family reading in the home. In addition, all Pre-K

children received a warm scarf, donated by "National School Choice".

The highlight of the festivities included the Kiddie City player piano, donated in 2017 by Sherrie Zagorc, co-founder of Kiddie City. Each Pre-K classroom was featured in a short performance, singing holiday songs for their guests. Children were given the opportunity to play kazoos to accompany the player piano with its deep, rich sound.

Kiddie City is a Five-Star rated "Step Up to Quality" center located at 280 East 206th St. It participates in both CEOGC Head Start and Universal Pre-K (UPK). For more information on how to become enrolled in Kiddie City, please call 216-481-9044.

### A Sparkling Holiday Celebration (continued from front page)



On Sunday, December 16, a packed house was treated to a Sicilian Christmas eve celebration at Mama Catena Vino e' Cucina located at 711 Babbitt Rd.

A smorgasbord of delicacies such as misto fritto, roasted artichokes, pastas, savory meats and more desserts than we could eat were served. Sparkling and Red wines were served to put us in the Holiday Spirit.

Jeff May was spinning our favorite Christmas tunes. Even Santa himself made a visit.

This special event was a wonderful treat during the busy holiday season. The food and the hospitality was 5 star.



City of Euclid

Thank You Euclid!



"DeSigned for This" volunteers at Senior Center



Simone Dean organized a hat, gloves, scarf, blanket drive for our Euclid Seniors.

Landlord Tenant Training Provides Best Practices



Photo Courtesy of the Fair Housing Center for Rights and Research

by Mary Mastalski  
Residents, tenants and landlords alike gathered in mid-December for the Fair Housing Law Seminar. The Fair Housing Center for Rights and Research provided an informative and detailed presentation on how to manage and maintain housing successfully. Michael Russell, from the Legal Aid Society of Cleveland, spoke to attendees about the basics of landlord-tenant law. Topics included landlord and tenant obligations, lease basics, remedies and the eviction process. There are relevant statues both parties must adhere to and also prohibited terms. Landlords in attendance were able to share scenarios from past or potential situations and walk through options of how to address issues. Mr. Russell made aware multiple resources including

Cleveland Housing Court and their specialists, community clinics and workshops which are available to the public and at clevelandhousingcourt.org  
The second speaker was Darlene English of the Fair Housing Center. Ms. English spoke on the history of fair housing law and how it came to be. Residents were informed of restrictive covenants, the perpetuation of segregation, and discrimination many still face today. Federal, State and Local government levels, including the City of Euclid have worked to protect classes equally and prohibit discrimination when it comes to fair housing. State of Ohio protected classes include race/color, national origin, religion, gender, familial status, disability and military status. In September of 2018, Cuyahoga County became the first in the state to adopt legislation to add protections to the LGBTQ+ community. More information on the Fair Housing Center for Rights and research can be found at www.thehousingcenter.org  
The City of Euclid works with the Fair Housing Center for Rights and Research to ensure fair housing protections. Random audits of landlords are conducted to monitor the service provided to protected classes in our community. The City of Euclid is committed to providing fair housing to all residents and works with partners such as the Fair Housing Center to bring awareness to and eliminate these issues.



Many generous businesses donated toys for distribution by Euclid Police Department.

by Kirsten Holzheimer Gail  
A huge THANK YOU for the generosity of our residents – we have so many people who give back to our community through donations of gifts, food, money and time not only during the holidays but throughout the year. A special thank you to the many businesses and residents who donated toys that the Euclid Police were able to give away during the holidays. Thank you to the many who gave to our seniors- espe-

cially Simone and "DeSigned for This" who organized a hat, scarf, glove drive! Thanks to resident Brian Scheider for organizing a Holiday Lighting Contest to help spread the holiday cheer! Thank you to our Euclid Hunger Center and many churches/ Faith Communities for providing meals, food and other assistance to our residents in need. We are truly a community that cares and looks out for each other!

Home Repair Resource Center: Euclid Series

by Mary Mastalski  
Join us at the Lakefront Community Center on Thursday, January 31st and make dripping or malfunctioning faucets a thing of the past! You'll learn how to take apart and fix a faucet, why it's better than buying a brand new one, as well as identify & repair the different types of faucets (compression, ball, cartridge, ceramic disc) that exist. You'll even get to work with a bunch of plumbing tools that are essential to do the job right, and see how to install a faucet. After this workshop, you'll feel a lot more comfortable making those plumbing repairs yourself.  
The following Thursday, February 7th is all about installing ceramic tile. In this

demonstration and hands-on workshop, you'll learn how to lay tile by actually laying tile. You'll learn about subflooring options and how to lay your own subfloor. Then you'll measure, cut, lay, and grout tile on a real ceramic tile floor. If you learn best by seeing and doing, then this is the class for you!  
The class on January 31st is free and the class on February 7th is \$25 with a discount possible for Euclid or partner city residents. Both classes run from 7-8:30pm and are held at the Lakefront Community Center at 1 Bliss Lane in Euclid. For more information and to register, visit <https://hrrc-ch.org/repair-classes/current-classes/>



City of Euclid



Prayers for the New Year

by Brian Moore  
Happy New Year to everyone!  
On Saturday, December 8, I had my quarterly Ward Meeting. One of things we discussed was the various forms of communication that I employ to stay connected to my constituents and the citizens of Euclid. As I explained at the meeting, although I realize life in Euclid is not perfect and I welcome anyone that wants to discuss a problem, generally, I choose to stay positive in my communications. There is far too much negativity around and I refuse to contribute to it. As I begin my second year in office, I will remain positive in my communications.  
It was just about a year ago that I was sworn in. The last four words in the oath of office for a Euclid Councilperson are "so help me God". Being a minister, I am used to asking for God's help and considering what service God has in mind for me to do.

For that reason, I decided I would combine New Year's Resolutions and prayer. Here are some of the things that I am praying for this year, adapted from an anonymous prayer that I came across:  
I am praying for faith and vision. I pray for a faith that will challenge me to act with humility and concern for all I come in contact with and a vision that helps me create a safe, friendly community.  
I pray for a faith that sustains me when I have difficult, complex choices to make for the common good and a vision that helps me to be creative with plans and projects.  
I pray for a faith that continues to grow and that keeps me grounded in truth and wisdom and a vision that encourages me to stretch beyond the boundaries that can sometimes enclose us in solutions that are not wide enough.  
I pray for a faith that is strong enough to respect the beliefs of others and that does

not crumble in the face of disagreement, conflict or opposition. I pray for a vision that helps me to see beyond and beneath externals acting with kindness and compassion even in the face of contradiction.  
I pray for a faith that burns with intensity for justice and sustains me when justice calls for sacrifice and a vision that reveals to me where my gifts and talents can be shared in the pursuit of justice for all.  
I would like to share one more prayer with you, the Prayer of Cardinal Newman. What I love about this prayer is that it really speaks to everyone. We all have something to contribute no matter what we are experiencing.  
May you and your family have a happy and healthy New Year. May we all work together respectfully to make Euclid a great place to live, work and play!

Happy New Year from the Euclid CommUNITY Relations Task Force



by Marilou 'Louie' Myrick, on behalf of the Euclid CommUNITY Relations Task Force  
It's a New Year; a fresh start. Time to recalibrate, to decide how each of us can make a positive difference in our neighborhood and commUNITY.  
Here are a few ideas for resolutions (for the resolution-averse, think reminders.) All of these are free of charge and simple to do. The real challenge is learning to be aware and in-the-moment enough to recognize opportunities to practice simple random acts of kindness:  
• Reach out to an elderly or disabled neighbor. A few ideas: clear the walk, salt icy steps, return rubbish bins, drop off a treat  
• Try not to lean on the horn when the car ahead doesn't move 2 seconds after the light changes.

• Hold doors open when you can; say thank you and smile when someone holds the door for you  
• Clean out your pantry or pickup extra cans of food when they're on sale and donate to the food bank or local kitchen.  
• Above all – can we all agree to practice tolerance? How we judge others says more about us than it does about them. We have no idea what others are suffering through.  
There is far too much random meanness in the world and we all have the power to change that every day...one person at a time. A smile or a kind word can change a person's day, quell fear, improve their self esteem. The gift that costs nothing and can mean so much.  
Wishing you a Happy and Peaceful 2019!  
ABOUT US:  
The Euclid CommUNITY Relations Task Force is a diverse group of volunteer residents who are passionate about Euclid, and committed to supporting and advocating for all residents and neighborhoods in the city of Euclid.

We are your neighbors. We understand that all residents of Euclid want to be heard, to be proud of our city, to experience fairness and mutual respect, and to peacefully enjoy all that Euclid has to offer. We are committed to listening to you, and to supporting open communication.  
Residents are encouraged to reach out to the CommUNITY Relations Task Force – by email temporarily to Kristal Grida at [kgrida@cityofeuclid.com](mailto:kgrida@cityofeuclid.com) or by phone at 216-289-8268.  
We look forward to talking with you, and we thank you for your positive involvement and support.  
The purpose of the Euclid CommUNITY Relations Task Force is to promote respect, cooperation and positive interaction among Residents, and between Residents and the city's administration. We will be a resident-driven entity that supports and implements community groups, projects, and policies that embrace inclusion, meaningful dialogue, and fairness.

**President of the United States**  
Comment Line 202.456.1111  
Switchboard 202-456-1414  
The White House  
1600 Pennsylvania Avenue NW Washington, DC 20500

**United States Senator**  
Sherrod Brown (D-OH) (202) 224-2315  
713 Hart Senate Office Building Washington DC 20510  
Contact [www.brown.senate.gov/contact](http://www.brown.senate.gov/contact)

**United States Senator**  
Rob Portman (R-OH) (202) 224-3353  
448 Russell Senate Office Building Washington DC 20510  
[www.portman.senate.gov/public/index.cfm/contact?p=contact-form](http://www.portman.senate.gov/public/index.cfm/contact?p=contact-form)

**United States Congresswoman for the 11th District**  
Marcia L. Fudge (D-OH) (202) 225-7032  
2344 Rayburn House Office Building Washington DC 20515  
Contact <https://fudge.house.gov/email-me/>

**Governor of Ohio**  
John R. Kasich (614) 466-3555  
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Columbus, Oh 43215-6117  
<http://www.governor.ohio.gov/Contact/ContacttheGovernor.aspx>

**State Representative Ohio House District 8**  
Kent Smith (D) (614) 466-5441  
77 South High Street 10th Floor Columbus, Ohio 43215  
Contact <http://www.ohiohouse.gov/kent-smith/contact>

**State Senator Ohio Senate District 25**  
Kenny Yuko (D) (614) 466-4583  
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Contact <http://ohiosenate.gov/yuko/contact>

**Cuyahoga County Council**  
Sunny Simon (216) 698-2035  
2079 East 9th Street – 8th Floor Cleveland, Ohio 44115  
Email : [ssimon@cuyahogacounty.us](mailto:ssimon@cuyahogacounty.us)



Community




# EUCLID CHAMBER OF COMMERCE


Euclid Chamber of Commerce | 20150 Lakeshore Blvd, Euclid 44123 | Ph 216.731.9322 | info@euclidchamber.com

### COFFEE CONNECTIONS

Join us for our first networking event of 2019! We will double the networking with our friends at the Western Willoughby Lake County Chamber.



**JANUARY 8TH**  
8:30 - 9:30 AM  
ROLLHOUSE  
28801 EUCLID AVE




euclidchamber.com/events

### CHAMBER EVENTS

Coffee Connections: Monthly networking event  
Luncheons: lunch with guest speaker, 4-6 times per year  
Awards Dinner/Taste of Euclid: annual event in March  
Euclid Works Expo: a day in March dedicated to manufacturing with a student expo and job fair open to the public  
Golf Outing: held annually in July at Briardale Greens Golf Course  
Holiday Mix-n-Mingle: annual event in December  
Community Leaders Breakfast: annual event in the fall  
Business After Hours: networking events held at a variety of locations  
Grand Opening and Ribbon Cutting Ceremonies: Contact the Chamber to schedule  
BiteSize Business Workshops: scheduled throughout year  
Candidates Forum: In partnership with the Euclid Public Library, we moderate a forum with Euclid City candidates


**Networking. Education. Advocacy.**




**BUILDING YOUR BUSINESS FACE-TO-FACE IS SO VALUABLE**

JOIN THE CHAMBER TODAY  
EUCLIDCHAMBER.COM/JOIN

216.731.9322 | info@euclidchamber.com



**Join our e-news mailing list! Go to the link on our Facebook page @ChamberEuclid**




### START-UPS AND NONPROFITS 101

HAVE AN IDEA FOR A BUSINESS OR NON-PROFIT BUT NOT SURE WHERE TO START? JOIN US FOR AN INFORMATIVE TRAINING SESSION TO START YOU ON THE PATH TO SUCCESS. WE WILL DISCUSS THE STRUCTURE OF THE DIFFERENT TYPES OF ENTITIES, THE PROPER FILINGS, TAX IMPLICATIONS, BUDGETING, AND MUCH MORE. PRESENTED BY B.B.L.O.T.T. AND EUCLID CHAMBER OF COMMERCE

**January 29th, 6:00 - 8:00 PM**  
Euclid Public Library  
No cost to attend but registration is required:  
euclidchamber.com/events or 216.731.9322

Registration and additional information at euclidchamber.com/events

## RECYCLE YOUR UNWANTED CHRISTMAS LIGHTS






-RECYCLE YOUR UNWANTED, BROKEN, AND/OR BURNED OUT STRINGS OF HOLIDAY LIGHTS AT EUCLID CITY HALL NOW THRU JANUARY 20, 2019.

-CORDS AND POWER STRIPS ARE ALSO ACCEPTED.

-GREEN KIMBLE RECYCLING CONTAINERS ARE AVAILABLE 24/7 LOCATED OUTSIDE THE REAR ENTRANCE OF CITY HALL (585 E. 222 ST)

SPONSORED BY:

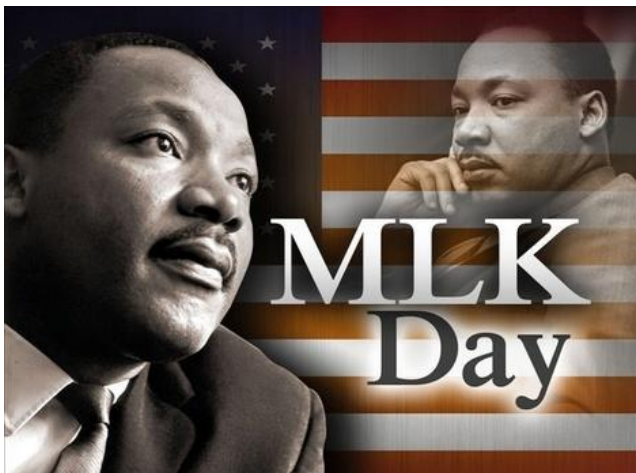




### A Time of Prayer and Peace in the City of Euclid

## “Faith in the City” Series continues with

### Unity in the Community



Tribute in celebration of Rev. Dr. Martin Luther King, Jr.  
Prayers and Litanies in tribute to Dr. King

**Theme: “How Can We Serve Others and Reach the Next Generation to Keep Dr. King’s Dream Alive?”**

**When: Sunday, January 20, 2019**

**Host Church**  
**Where: Lake Shore Christian Church (Disciples of Christ)**  
**28010 Lake Shore Blvd.**  
**Euclid, OH 44132**  
**(216)289-2226**

**Rev. Denise Cunningham-Doggett, Senior Pastor**


**Time: 3:00 p.m.**

**All are welcome to attend!**

January 2019

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## OUR LADY OF THE LAKE SCHOOL

Pre-K through 8th Grade

Faith

Academics

Community

## A Lifelong Commitment to Catholic Education

All of these teachers were once students in the very same building, and their own experience here inspired them to dedicate their careers to Catholic education. From left to right: Katy Butauski, Jenny Millett, Meghan McGarry, Pete Dautovic, Korie Rossman, Lauren Zbiegien and Rita Testa.

All of the teachers at Our Lady of the Lake are dedicated, caring professionals. Some of them are so dedicated that they returned to the school they attended as children, so they could pass along the gift of Catholic education to the next generation. In fact, nearly a third of today’s teaching team at OLL School were once students in the very same building, a rare level of commitment and continuity that helps reinforce the school’s strong culture. What about this place is so special, it made all these teachers into “lif-ers”?

Jenny Millett has taught a number of different grades at OLL, and gotten to know all aspects of the school. Now the Principal, she can tell you exactly what drives her love for this place: “This is home for me,” she says. “I am also a member of the community, and it’s important to me that this area

so it is like a home for me.”

Other teachers give credit to the culture of inclusion and care that Catholic Schools, and particularly Our Lady of the Lake, support. Pete Dautovic talks about the ways in which that culture is not only good for students, but good for teachers, as well. “I love the catholic school environment. I think teaching in a Catholic School gives teachers and students a unique opportunity to infuse faith into all academic subjects and all areas of the school. The interaction with the kids is by-far the highlight of the job. The students have so much energy and positivity. They help keep you young.” And indeed, all of these teachers have stayed “young” in their energy for their teaching. They continue to come into the classroom with enthusiasm and joy every day. What makes this possible?

It seems there is something special about a faith-filled environment, grounded in the Catholic mission of education, that lets both teachers and students experience something more, and supports and renews them. Korie Rossman, a 25-year veteran at OLL School, talks about this when she says “My favorite subject to teach this year has been religion. It’s a great opportunity to see the true child. They love to share their stories with each other.” Rossman goes on to share how a strong teacher was an influence for her as a child, and motivated her decision to return to Catholic education. “My sixth grade teacher, Sr Jeanette, was a true example of a Christian role model,” she says. “She was very sincere, fair, and caring toward her students. I strive to be as good a role model as she was.”

Meghan McGarry, OLL’s Pre-K Teacher, gives another example of what makes this faith-based environment special for her and her students when she says “I think it’s spe-

cial that I can see some of my students at Mass on Sunday’s. It’s so exciting to watch their faces light up when they see you. I am proud that I can be a model of the Catholic faith for our children who continue to grow in their faith.” It’s this extra level of caring that makes the school experience so valuable for students.

Lauren Zbiegien reinforces the importance of caring when she shares a lesson taught to her in her early years as a teacher, by a wise and experienced colleague at Our Lady of the Lake. “She said, “Lauren, teachers can have all the best technology and teaching tools, but what students want is to feel loved. If they know you love them, then they will be on the path to success.” It’s true that Our Lady of the Lake School prides itself on having advanced technology in every classroom, as well as nationally recognized curriculum. But maybe its greatest gift is the depth of commitment and caring seen in its teaching team. And that teaching extends beyond the classroom.

As youth minister, Rita Testa gets to both teach electives in the classroom and spend time with the students in ministry group. That means fun outings, service projects, parties and activities. You’ll often hear her saying, “I love these kids!” and it’s clear that she means it. She can tell you all about the students who have come through her ministry group, about their interests and their passions, where they’re working or going to college today – and many of them keep in touch, years later, stopping by to visit or to volunteer. That seems to be the connection – the connection that keeps teachers and students coming back to Our Lady of the Lake, that has made so many teachers dedicate their lives to Catholic education, and that continues to make Our Lady of the Lake School a very special place.

## Races and Raffles and Fun!

Every year, Our Lady of the Lake School hosts a fundraising bash that has become a high point of the season for the hundreds who attend. Known as Life on the Lake, this annual event has raised more than \$450,000 to support quality Catholic education at OLL School, supporting technology in every classroom and a whole range of enrichment programs such as languages and arts.

This year the theme for Life on the Lake is Races and Raffles -- and it promises to be

a lot of fun! Entertainment includes races, betting booths, dozens of high end raffle baskets, and sideboards, as well as dinner, full bar, music, and dancing. It’s sure to be a great night, and to support a great cause.

If you’re interested in buying tickets to Life on the Lake, or making a donation to support Our Lady of the Lake School, please email kilroy2012@roadrunner.com for more information.

## OLL Open House

Our Lady of the Lake School invites everyone to stop in for Open House on Sunday, January 27 from 11:00am-1:00pm. Open House is a great time to learn more about Our Lady of the Lake School, the advantages of a quality Catholic education, and opportunities that could be available for your child.

Along with classroom exhibits and demonstrations, guided tours and information packets, the school will also be offering some fun entertainment. The PTO will have refreshments available for all, and will be

displaying some really exciting raffle baskets. Open House is a perfect opportunity for interested families to learn more, but it’s also a great chance for neighbors to come and get acquainted. Our Lady of the Lake School is invested in the community, and always welcomes visitors who want to find out more about the good things happening at the school.

For more information on Open House, please call Jennifer Millett, Principal, at (216) 481-6824, or email Jenny@OLLEuclid.org.

Join the Discussion at: www.euclidobserver.com

Join the Discussion at: www.euclidobserver.com





Season of Service



Here are some great photos featuring our student projects!



Sweet! Hot Cocoa with Santa!

Before winter break, classroomsshared out about Service Learning projects as part of our “Season of Service”. Check out below for some images of how the students helped to spread holiday cheer or support a need in

the community (recycling, animal shelters, etc). The school passed out Hot Chocolate to parents and featured a special appearance by Santa!

Project Based Learning



Painted clay landforms from the 4th graders. Lots of volcanoes!

Merry Mischief



Elves were busy in several classrooms during the month of December. Check out some silly photos of some of their hiding spots this month!



Rainforest ecosystems by 5th graders in Mrs. Akers class.

Giving Tree



Imagine Bella featured our annual giving tree. What’s a giving tree? The giving tree gives families and staff the opportunity to give back to families that could use a little extra support during the holiday season. The tree was located on the first floor in the hallway directly across from the office. There were paper snowman ornaments on the tree that list items that students need. The process is completely anonymous and we had many helpful “elves” this season! We sincerely appreciate your support. The PTO helped out with wrapping too during their December meeting. Thank you for all you do to help the Imagine Bella community!

Guest Reader



Thank you for reading and bringing the books from Santa!



Thank you Claire Powell for visiting with our students!

Guest readers were featured throughout the month of December in classrooms at Imagine Bella. In Kindergarten, Board

Member Claire Powell visited to read to students and Mrs. Jenkins mom came by to read to her class too!

Guest Reader



Thank you Mr. Streeter for visiting as a guest reader!

Third grade students at Imagine Bella had the pleasure of having Mr. Jake Streeter Sr. come to our classes and read his book.

What an inspiration! Thank you Mr. Street-er! Shout out to Ms. and Mr. Smith for serving hot chocolate and goodies. Thank you!

Euclid YMCA

Euclid YMCA at the Community Center

by Michael Yunis

Wishing all our Friends at the Euclid Community Center a Happy and Healthy and New Year – Mike, June, Diane, Gigi and Patrice, Euclid YMCA Staff

**January 2019 Senior Spotlight is on You!** Since May 2018 we have increased our SilverSneaker member participation 110%. What’s more we have seen a steady increase in our classes that are considered more advanced, meaning many of our members have experienced physical improvements that would allow them to participate in more difficult classes. We look forward to continuing this progress into the coming year by offering a variety of health-based activities, fitness classes and other healthy engagements. Let’s make 2019 the best year ever . . . Join your friends for SilverSneakers at The Euclid Community Center and begin your journey to wellness with us.

SILVERSNEAKERS: THIS MONTH’S HEALTHY QUOTE::

Healing is movement. Disease is inertia. If you put the body in motion, you will change. — Gabrielle Roth

12 Simple Ways to Improve Your Health in the New Year – By June Taylor, Active Older Adult Coordinator, Euclid YMCA at Euclid Community Center

- 12 ways to make 2019 healthier happier:
- Take a deep breath. Exhale. Relieves stress.
  - Eat A plant-based/meat free or healthy alternative meal.
  - Take a group fitness class at Euclid Community Center.
  - Visit a family member. Call an old friend.
  - Complete a small task
  - Meditate – Spend some quiet time with yourself.
  - Take A Nap.
  - Laugh at Yourself
  - Smile More – It uses less energy than frowning.
  - Help someone; donate, share, lend a hand

- Treat yourself. Give yourself to something simple you have been denying yourself of. . . like a latte or spa treatment.
- Be Adventurous – Try something new. Share this list with people you care about this year . . .

A Sunnier Outlook on Your Health in 2019 with Vitamins D & D3 - Mike Yunis, Active Older Adult Coordinator, Euclid YMCA at Euclid Community Center

The Great Lakes Region is a beautiful live, play and work for most of the year, but the long winter season gloom is not only less visually appealing . . . it also contributes to our overall mental and physical wellbeing or should I say not-so-wellbeing. A proven cure for many of our winter ailments can come from a little bit more Vitamin D. As you see, the lack of sunlight can result in a lack of Vitamin D, leading to a deficiency that can cause mood, energy and serious health issues. Here are 8 important reasons to have your Vitamin D levels checked now, before it takes its’ toll on your mind & body:

**#1 Bone Health** - The vitamin’s most basic role is calcium absorption. Without adequate calcium, the body can suffer from a weakening of the bones, nails, hair, and teeth. In fact, the long-term deficiency of Vitamin D can lead to a condition known as osteomalacia, in which can lead to osteoporosis, a condition that causes bone and muscle weakness as well as chronic pain.

**#2 Brain Health** - Research has also shown that vitamin D affects weight and mood. One recent study even suggests that having adequate levels can protect against early fatalities from conditions like cancer and heart disease.

**#3 Healthy Heart** – Research shows that vitamin D may to heart health. A number of recent studies discovered that low vitamin D was to blame when high blood pressure worsened during the winter (or in

low sunlight environments). Scientists from Harvard University remind us that the blood vessels and the heart contain countless vitamin D receptors, so it makes perfect sense that the it helps in both of these areas.

**#4 Healthy Weight** - If you struggle with insulin imbalance, and weight gain, again, vitamin D deficiency is can be the reason. The National Institutes of Health found that low vitamin D levels may have an adverse effect on the insulin secretion and glucose tolerance of type 2 diabetes patients. In addition, the British Heart Foundation and the UK Medical Research Council found an influx of societal obesity and vitamin D deficiency from their studies.

**#5 - Depression** – Mood and low spirits are often associated with low levels of Vitamin D, especially from the post-Holiday Season until mid-spring. Resulting in periods of irritability to Seasonal Affective Disorder (or SAD), and other mood disorders that can lead to depression.

**#6 – Natural Sources of Vitamin D** - In colder, darker weeks when you’re either not able to get outside much or when sunlight isn’t as plentiful food can provide some vitamin D stores. However, natural vitamin D food sources can be hard to come by and difficult to satisfy daily sources (the Institute of Medicine recommends 600 IU for average adults, per day). Fatty, cold water fish (i.e., salmon, herring, sardines, tuna, and mackerel) Fortified milk (including non-dairy products) , juices, cheese, or cereals (with individual serving sizes containing at least 100 IU of vitamin D) and Eggs.

**#7 – Need for Vitamin Supplementation** - Vitamin D deficiency is common among two-thirds of Americans, particularly if you lead a life primarily indoors, suffer with kidney issues, have dark skin pigmen-

tation, are obese, have a dairy allergy (not getting adequate calcium), or follow a strict vegetarian or vegan diet (not eating fish, milk, or eggs). In all cases, supplementing with vitamin D may be an option. Research from the University of Auckland, New Zealand, linked vitamin D supplementation to an overall decrease in osteoporosis, but still advises individuals speak to their doctor before starting any new vitamin regimen.

**#8 – Sunlight** - Researchers from Harvard Medical School attest that sunlight is the best and purest source. The body produces its own stores of vitamin D when exposed to ultraviolet (UVB and UVA) light. For the average individual, just 5 to 10-minutes of sunlight (without sunscreen) a few times each week will give you an adequate level of Vitamin D.

Hopefully this sheds a little more light on the value and benefits of Vitamin D and how it can make your dark winter days a little brighter

Euclid SilverSneakers Welcomes New Members

Mili Slavec  
Alma Wojno

Coming in 2019

The Euclid YMCA at the Euclid Community Center is committed to bringing concepts and activities that will contribute to improving overall health and wellness to it’s members. In 2019, we will invite industry experts to share products and services to enhance the quality of your life.

Tips to Financial Wellness – Simple tips to safeguarding your retirement money. February 2019

Eat your way to a healthier you – March 2019 Stop by the Euclid Community to learn more.

<b>CLASSIFIED ADS</b> A GREAT WAY TO ADVERTISE ON A BUDGET. EMAIL COLLINWOODPUBLISHING@GMAIL.COM FOR MORE INFORMATION ABOUT PUTTING YOUR AD HERE NEXT MONTH.	<b>Like New Generator</b> 6500 Watts. Only used for 20 min. More pics available. \$ 350.00 216.505.0185	
	<b>Antique Maytag Stove</b> Amazing condition. Perfect for a themed remodel project. \$ 300.00 216.505.0185	<b>Rolling TV Cart with built in power strip.</b> Just like they used to roll out in elementary school. (TV not included) \$ 100.00 216.505.0185
<b>Now Hiring</b> - Casino Dealers for fun and fundraiser parties. Flexible scheduling. Most events are on the weekends. Will train the right applicants. Fun environment. Hiring all ages, ethnicities, and sexual preferences. Must own your own car to get to gigs, and have a smart phone for texts and driving directions. Email JobatJackpot@gmail.com with a short description of why you want to work with us.		<b>Antique Fisher Body Tool Drawer</b> Vintage tool rack in great condition. \$ 100.00 216.505.0185
	<b>Plastic Playing Cards</b> Professional quality. Sealed new, and comes in a hard plastic case. Bulk available. \$ 5 for set of 2 decks 216.505.0185	
		<b>Antique Casino Wheel</b> Unique find for decorating, or for fun. Wheel stand not included. \$ 450.00 216.505.0185





STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.

STUDENT ACHIEVEMENT. FISCAL RESPONSIBILITY. CREDIBILITY.



**Arbor and Shoreview Awarded Momentum Awards Again**

Both Arbor Elementary School and Shoreview Elementary School received the “Momentum Award” from the State of Ohio for straight A’s in the progress measure on the State Report Card. This marks the second consecutive year for Shoreview and the second time in three years for Arbor.



The winter weather is here! Be sure to download the FREE FirstView Parent App on your smartphone, tablet or computer to track your child’s bus. The FirstView Parent App is available at both the Apple App Store and Google Play.

Each child has a unique student ID number so be sure to call 216-797-2984 to gain access to yours.

Chardon Hills helps to feed Our Euclid

In the month of December, the Chardon Hills Student Council sponsored a school-wide food drive for the Euclid Hunger Center that raised more than 1,900 food donations.



Inaugural Fab Lab Family Night

The Early Learning Center staff was thrilled to host the first annual Family Night in our state-of-the-art STEM Fab Lab!



First Student teams up with EPD to spread joy

Our partners at First Student made a special delivery today to Our Euclid “boys in blue” at the Euclid Police Department last month. Each year, the Euclid Police Department seeks to spread holiday cheer throughout the city with their annual toy distribution drive. So this year, our drivers, monitors and staff at First Student pitched in to help by collecting and donating hundreds of toys for EPD.



Our Euclid Schools know how to get into the holiday spirit! From Holiday Heartwarming events to Cocoa & Cookies with Santa, our little elves were busy spreading joy this holiday season.

Bluestone Elementary School held its seventh annual Holiday Heartwarming event where families sang Christmas carols, made crafts, had a visit with Santa, and enjoyed hot cocoa & sweet treats. We ended the night by reading “Twas The Night Before Christmas.” Each family left with a Santa Sack, holiday cheer, and smiles from ear to ear!

Before students left for winter break, we invited parents to join us as we made gingerbread houses in class.

Our Euclid Advantage: College Tech Prep Programs at work



Euclid High School Criminal Justice Instructor, Nick Selvaggio had the honor of joining EHS alumni, Gabriella Crombie class of 2015 and Ryan Pate class of 2013 as they were sworn into office.

Gabriella is now working for the Cuyahoga Metropolitan Housing Authority and Ryan for the Richmond Heights Police Department.

Ryan and Gabriella are both excellent examples of the stellar products our Euclid High School College Tech Prep programs produce.



Congratulations to our Visual Communications College Tech Prep students, Tianna Harper, and Serria Crites-Chases for being selected to represent Euclid High School in this year’s eXpressions® program sponsored by The Cleveland Clinic. Over 1,400 art, language, and math projects from 52 schools were submitted last month as a part of eXpressions® program.



If you visited Lake Metroparks Farmpark last month, you may have seen this fabulous tree created by Euclid High School welding students. Designed, welded and installed, these welders have a keen eye for this craft!



Events

Annual Shareholders Meeting for The Slovenian Society Home

by *Debbie Galasky*  
Annual Shareholders Meeting for The Slovenian Society Home  
201713 Recher Ave.  
Euclid, Ohio

Will be held on Sunday February 10, 2019 at 2:00 p.m. in the upper hall. There will be refreshments in the clubroom immediately after the meeting. The Board would like to see a good turnout at the meeting.

Bari’s Health & Wellness Talk

by *Barbara Liddell*  
Join us for another FREE health talk on Tuesday, February 5, 2019 from 6-7 p.m. We will focus this month’s discussion on

detoxing and cleansing the body. All are welcome to this free event. We are located at 637 East 185th Street Euclid, Ohio 44119. We will see you there!

Bethlehem News & Notes

JANUARY 2019  
Bethlehem Community Church (LCMS)  
24490 Euclid Avenue Euclid OH 44117  
216-692-1085  
Joyfully Celebrating and Passionately Sharing Life in Jesus Christ  
EVERY WEEK AT BETHLEHEM  
**Sunday**  
9:15 a.m. Adult Bible Class  
10:30 a.m. Worship Service and Children’s Church

**Monday**  
6:45 p.m. Prayer Team (484 East 222nd Street)  
**Thursday**  
7:00 p.m. Alcoholics Anonymous  
**Friday**  
7:00 p.m. Celebrate Recovery  
And every 3rd Sunday at 12:00 Noon -- Free Friends and Family Community Lunch

A Jolly Visitor at HELP!




by *Stefanie Merkosky*  
Our friends at Eaton Family Credit Union used their connections to arrange a special meet and greet for the men at HELP’s Nottingham Home. Jolly Old St. Nick listened to each Christmas wish and brought his signature Holiday Cheer along with a bag full of goodies for the house to enjoy!  
Each Holiday Season, Eaton Family Credit Union takes time out of their busy schedules to spend time with HELP clients and make sure they receive plenty of joy, laughter and, of course, Christmas presents! We are beyond grateful for their continued support and always enjoy spending time with them for the Holidays.  
HELP serves people with intellectual and developmental disabilities by providing residential, employment, transportation and day support services for adults and summer enrichment opportunities for children. HELP supports pathways that give every person the chance to thrive and reach their full ability, contributing to a vibrant, inclusive community. For more information visit [www.helpfoundationinc.org](http://www.helpfoundationinc.org).



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**Hours Monday - Saturday 11am - 10pm, Sunday 12pm - 8pm**

Save the Date  
April 13, 2019  
Stillwater Place @ Cleveland Metroparks Zoo  
6:00pm—10:00pm



Helping Lives Bloom  
Spring Gala

Auctions (Live & Silent) · Cocktail Hour with Hors d'oeuvres  
Open Bar · Plated Chef-Prepared Dinner · Wine Pulls  
Event to benefit the building of a self-sustaining greenhouse for individuals with developmental disabilities.  
To sponsor this event, please call 216-432-4810 x331 or visit [www.helpfoundationinc.org](http://www.helpfoundationinc.org)



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to reach their full ability

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Community

Be an Optimist



Deb is a Communication Coach. Her services focus on building, strengthening or repairing relationships for individuals, teams or groups. She uses a unique blend of empathy and insight to unravel conflict, isolate issues and enhance growth. Contact her using the form on her website at: [DobbsCommunication.com](http://DobbsCommunication.com)  
by *Deb Dobbs*  
With the start of a new year, we often hear friends making New Year’s resolutions. They make promises to do something, or to refrain from doing something. Some people spend a lot of their time thinking up resolutions and promises. Yet so often those promises are not kept. What about when you make promises to yourself? How do you feel when you do not live up to your own expectations? What happens when

you feel you have fallen short of your goals?  
Everyone experiences a time when they fall short of their own expectations. Perhaps they miss out due to inadequate preparation. Or perhaps the goal they want turns out to not be what they really want. Either way, languishing in despair is not productive. When you find yourself feeling defeated, it is time to regroup and try again.  
Here is a remedy to get you up and back in the game. Start fresh. Take stock of what happened. Be honest with yourself. Figure out what part of your plan did not roll out the way you anticipated it would. Admit that you may not know everything about what you want to do. Let those with good experience guide you. Find a mentor. A good mentor is successful at what you are striving to do. LISTEN to their advice. Be open to hear criticism. Accept constructive criticism as golden nuggets of feedback that can make you better. Next, create your plan of action. Get organized. Think your plan through. Then take the next step, start.  
Make 2019 your year to achieve your goals. Let your efforts build your confidence. Let your confidence focus your actions. Start now.

Master Mechanical Saves Christmas

by *Liz Copic*  
The average car has around 30,000 parts, and I only know what like 10 of them actually do. I have many skills but mechanics was never one of them, that’s why I take my car to Rich, my car doctor, saying “she’s not sounding too good, so let’s see Rich for a checkup”, and he never let’s me down.  
Rich Ziegler has been the owner of Master Mechanical on East 200th St. for as long as I can remember, and has taken care of every car I’ve had from 16yrs old to my now 37yrs old, including getting my old car ready to drive across the country to Seattle.  
A few weeks ago (during the busiest time of the year for my family business) my car wouldn’t start. Since I was on the westside I found a shop nearby with towing, and had it taken there. They charged the battery, and replaced the old cables connecting to it, thus getting it running again. The price wasn’t too bad, but then they tried to talk me into spending \$400+ more for a new alternator. I passed on the alternator, saying

I would rather have my usual guy do it. A week later, I took it to Rich at Master and after looking, he tells me “it doesn’t need an alternator, it’s fine, and do you really need back wiper blades? Cause the new motor for those is almost \$300”. Luckily it just needed some fluids, and tightening up of the muffler that was rumbling.  
I’m thankful to have a trusted friend that asks good questions like “Do you need to drive it on the freeway?”, “Would you like the inexpensive get it running fix, and do the expensive stuff next month?”, “When was the last time you \_\_\_\_?”, and “Do you really need back wiper blades”. The answer is no, no I did not want to spend an extra \$300 on a motor for back wipers, or \$400+ on an alternator I didn’t need, especially right before Christmas.  
Thanks and Happy New Year to everyone at Master Mechanical! Master Mechanical is located at 718 East 200th street, 216.481.9090. Tell Rich the Observer sent you!

Euclid Culinary School Chef Wins Gold Medal



In the Family Career and Community Leaders of America Culinary Competition, junior Vanessa Billingsley was a Gold Medal award winner at State for her Red Velvet Cake with French Chocolate icing. Congratulations to Vanessa for winning a \$3000 scholarship!

Seeking Volunteer Court Appointed Special Advocates (CASAs) for Youth



by *Michele Blazina*  
CASA of Cuyahoga County, a program of Child and Family Advocates of Cuyahoga County, recruits, screens, trains, and supports volunteers who act as independent fact-finders for the court in cases involving child abuse and neglect.  
CASAs collect information that helps the judge make the best decision for a safe, caring, and permanent home for children involved in the juvenile justice and child welfare systems. CASAs are everyday citizens who are trained and appointed by the court to advocate for the safety and well-being of children who are victims of abuse or neglect. CASAs are assigned at the earliest stages of a case and continue to be an advocate for the child through their time in the court system. CASAs work collaboratively with all parties on the case, for the best interests of children. CASAs are only assigned to 1-2 cases at a time and spend approximately 10 hours a month on a case.  
The CASA is responsible for the investigation, facilitation, advocacy, and monitoring of the assigned child’s case of abuse, neglect, and/or dependency to represent the child’s best interests.  
Volunteer Requirements: At least 21 years of age; have access to transportation; pass screening; complete training; respect and relate to people of various backgrounds; gather and record factual information accurately; communicate effectively; maintain objectivity/perspective; work within established program policies and procedures and accept supervision from program staff.  
Take a stand ~ Make a difference ~ Change a life ~ Get involved today!  
Those interested in becoming a CASA, visit [www.cfadvocates.org](http://www.cfadvocates.org) to apply or call 216.443.3377 for more information.

2018 - 2019 Local High School Basketball

by *William McCulloch*  
**COLLINWOOD RAILROADERS:**  
12/01 @ GlenOak (L) 76 - 42  
12/04 @ John Hay (L) 70 - 53  
12/07 @ Lincoln West (W) 57 - 52  
12/14 @ Glenville (L) 91 - 45  
12/18 John Adams (W) 75 - 73  
12/28 @ Madison 6:30p  
01/11 Martin Luther King Jr. 6:00p  
01/15 John Marshall 6:00p  
01/18 John F. Kennedy 6:00p  
01/22 @ John Ford Rhodes 6:00p  
01/24 @ Western Reserve Academy 7:00p  
01/25 East Tech 6:00p  
01/29 @ Max Hayes 6:00p  
02/12 New Day Academy 6:30p  
02/19 @ Notre Dame-Cathedral Latin 7:00p

**VILLA ANGELA - ST. JOSEPH VIKINGS:**  
12/01 @ Pickerington North (L) 89 - 58  
12/06 Cleveland Heights (W) 53 - 52  
12/14 Archbishop Hoban (W) 80 - 78  
12/21 @ Cleveland Central Catholic (W) 75 - 71  
01/04 @ Walsh Jesuit 7:00p  
01/05 Warren John F. Kennedy 7:30p  
01/08 @ Cornerstone Christian 7:30p  
01/11 Benedictine 7:00p  
01/18 Gilmour 7:00p  
01/21 St. Ignatius 7:00p  
01/25 @ Archbishop Hoban 7:00p  
02/01 Cleveland Central Catholic 7:00p  
02/08 Padua Franciscan 7:00p  
02/09 @ Euclid 7:00p  
02/15 @ Benedictine 7:00p  
02/18 Mentor 7:00p  
02/19 St. Vincent-St. Mary 7:00p  
02/21 @ St. Edward 7:00p  
02/22 @ St. Thomas Aquinas 7:00p

**EUCLID PANTHERS:**  
12/01 Lorain (L) 82 - 65  
12/07 Medina (L) 74 - 61  
12/11 Garfield Heights (L) 57 - 49  
12/14 @ Solon (W) 62 - 57  
12/21 Shaker Heights (L) 57 - 52  
12/27 Shaw 12:45p  
12/29 Beachwood 7:30p  
01/04 Strongsville 7:30p  
01/08 @ Mentor 7:30p  
01/11 Elyria 7:30 pm  
01/15 Eastlake North 7:30p  
01/18 @ Brunswick 7:30p  
01/22 @ Willoughby South 7:30p  
01/25 @ Medina 7:30p  
01/29 Solon 7:30p  
02/01 @ Shaker Heights 7:30p  
02/05 Kirtland 7:30p  
02/08 @ Strongsville 7:30p  
02/09 Villa Angela - St. Joseph 7:00p  
02/12 Mentor 7:30p  
02/15 @ Elyria 7:30p  
02/22 Brunswick 7:30p









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**Mon., Feb. 11 • 6-8:00 pm**  
**Eastlake Library**  
**440-942-7880** to register

**Thur., March 28 • 6:30-8:30 pm**  
**Concord Comm. Center**  
**440-639-4650** to register

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