

When is it time to consider **long-term care**?

Use the checklist below to assess your loved one's needs and determine if they could benefit from long-term care.

My loved one...

- ☐ Has a chronic condition or a prolonged illness such as diabetes, CHF, COPD, Parkinson's, stroke, or neurological issues that requires around-the-clock skilled care.
- ☐ Has a history of falls with or without injury.
- ☐ Requires total assistance with daily tasks such as bathing, dressing, grooming, and using the restroom.
- ☐ Requires skilled nursing services and at least 10 hours of support with daily tasks in their home every day.
- ☐ Requires 24-hour skilled nursing care for insulin management, finger sticks, nebulizers/inhalers, wound care, Coumadin management, or other concerns related to chronic conditions.
- ☐ Requires assistance to get to medical appointments.
- ☐ Cannot independently prepare and eat meals.
- ☐ Experiences incontinence.
- ☐ Requires medication management for prescriptions as well as over-the-counter medications.
- ☐ Would benefit from a personalized care plan designed by a care team.

If you checked any of these boxes, long-term care may be a good option for your loved one. **Contact us today to learn more and discuss your specific needs.**