

# Continuing Care AT GREENSPRING

## Looking for quality senior health care for your loved one?

With so many options for senior care, how can you feel confident that you're making the right decision? Use this checklist to compare other options in your area. To help get you started, we've already checked the Greenspring column for you.

Review your senior care options, then call **703-923-4650** to request more information or to schedule a visit to Greenspring. Our knowledgeable team is here to help.

### PERSON-CENTERED APPROACH

	GREENSPRING	Name	Name
A holistic assessment is completed for every resident to understand likes, dislikes, desires, and needs.	✓		
Interdisciplinary approach looks at residents' physical, spiritual, and emotional needs to create an individualized plan for each resident.	✓		

### INNOVATIVE DESIGN

	GREENSPRING	Name	Name
Homelike environment strategically designed to include smaller, intimate spaces to allow residents to meet their highest level of independence during their stay.	✓		
Access to tranquil outdoor courtyard with gardens and walking paths.	✓		
A variety of floor plans and suites with modern finishes and full baths.	✓		
Medications stored in a locked cabinet in each resident's room to create a more homelike environment, encourage independence, and create efficiencies in managing medications.	✓		

### COMPASSIONATE, EXPERIENCED STAFF

	GREENSPRING	Name	Name
Full-time providers on campus who are experts in caring for older adults.	✓		
On-site providers who make rounds and get to know each resident.	✓		
Interdisciplinary approach involving our own medical director, and nursing, therapy, and social services teams to support each resident's progress and goals throughout the day.	✓		

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## QUALITY HEALTH CARE

GREENSPRING **Name** **Name**

Provider is part of a network of communities with 35+ years of health care experience and managed by Erickson Senior Living®, a leader in senior health and well-being.	✓		
Several levels of care available in one location to seamlessly manage changes in care needs.	✓		
Routine care planning meetings that allow the resident, family, and care team to partner together in developing the care plan and making adjustments as needs change.	✓		



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Independent Living | Inpatient and Outpatient Rehabilitation  
Assisted Living | Memory Care | Nursing Care  
**703-923-4650**



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