

# Continuing Care AT WIND CREST



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## At Wind Crest, you're a person, not a patient.

Our interdisciplinary care team creates a detailed personal profile for each resident that covers everything from favorite foods and hobbies to past habits and sleeping schedules.

This information helps us develop a customized service plan that respects and reflects the whole person: mind, body, and spirit. All team members—from housekeeping and dining to nurses and care associates—take part in ongoing staff training to embrace and demonstrate this person-centered approach to care.

## Your satisfaction and well-being are our top priorities!

### Care for every stage of living.

Whatever your needs, Wind Crest® is here to help. Our personcentered approach to care is specifically designed to accommodate the changing needs of each resident and guest, while promoting and encouraging the highest level of independence.

#### **Rehabilitation Services**

Our dedicated therapists are employees of Wind Crest and are skilled at providing physical, speech, and occupational rehabilitation designed especially for seniors.

Enjoy the comfort of a private room while benefiting from specialized programs, therapeutic technologies, and equipment designed to help each guest achieve their highest level of success.

Outpatient therapy is available at Wind Crest so you can continue your recovery after returning home (if clinically appropriate).

#### **Assisted Living**

Assisted living is ideal for individuals who would benefit from extra help with daily tasks like medication management, meal preparation, and mobility. Our impressive staff-to-resident ratio allows us to provide each resident with highly personalized service.

Residents enjoy the comfort of a private apartment, private bath and kitchenette that can be decorated to their liking with personal furnishings and keepsakes. Our ever-changing calendar of clubs, programs, and events also provides ample opportunities to stay active and engaged.

#### **Memory Care**

Adults with Alzheimer's, dementia, and other cognitive difficulties will thrive as a memory care resident. This neighborhood is specially designed to promote independence and socialization, while keeping safety a top priority.

Our dedicated caregivers are expertly trained to meet the unique needs of individuals with memory challenges. They create a homelike atmosphere and support each resident with daily activities that are self-directed, guided, or structured, based on individual needs and desires.

#### **Nursing Care**

Nursing care residents receive the attention and respect they deserve from our team of dedicated doctors, nurses, therapists, and specialists. We provide total assistance with tasks like bathing, dressing, eating, mobility, and medication administration.

Our integrated health care model supports quality care, consistency, and attention to detail—and encourages communication between families, providers, caregivers, and nursing staff. This may help reduce unnecessary hospitalizations and promotes positivity and overall well-being.

#### Schedule a visit to learn more.

Call **303-876-8400** for more information or to schedule a personal visit. You don't need to be a resident of Wind Crest to take advantage of our care options.



## Quality care in a beautiful setting.

Wind Crest is a private senior living community for adults age 62 and older. Our Highlands Ranch campus offers a full range of continuing care and independent living options to meet your changing health care needs.

Residents and guests experience personalized, quality care from a team of doctors, nurses, therapists, and dietitians who specialize in health and well-being for older adults. Community members also have access to an abundance of amenities, services, and activities throughout our lovely campus, including our on-site medical center, bank, and ATM.

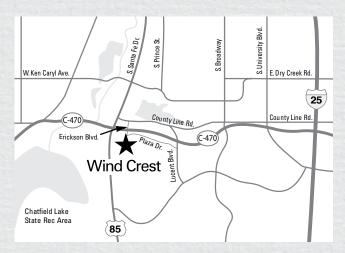
#### Turn to us for:

- Assisted Living
- Memory Care
- Short-Term Rehabilitation and Nursing Care



## Experience you can trust.

Wind Crest is part of a network of communities with 40 years of health care experience and managed by Erickson Senior Living, a leader in senior health and well-being.



3420 Mill Vista Road Highlands Ranch, CO 80129 303-876-8400

**Location:** The entrance to Wind Crest is located off County Line Road at Erickson Boulevard and Plaza Drive, directly across from the Hampton Inn and NoNo's Cafe.



Highlands Ranch WindCrest.com

Independent Living | Assisted Living | Memory Care Short-Term Rehabilitation and Nursing Care

Wind Crest, Inc., a nonprofit organization, is solely responsible for fulfilling financial responsibilities to residents under the contract. Wind Crest is within the network of communities developed and managed by Erickson Senior Living."

