



# Continuing Care Health Services

AT RIDERWOOD



# Continuing Care Health Services

## AT RIDERWOOD



### **At Riderwood, you're a person, not a patient.**

Our interdisciplinary care team creates a detailed personal profile for each resident that covers everything from favorite foods and hobbies to past habits and sleeping schedules.

This information helps us develop a customized service plan that respects and reflects the whole person: mind, body, and spirit. All team members—from housekeeping and dining to nurses and care associates—take part in ongoing staff training to embrace and demonstrate this person-centered approach to care.

### **Your satisfaction and well-being are our top priorities!**

## Our levels of care.

Riderwood® offers inpatient and outpatient rehabilitation, assisted living, memory care, and nursing care on the same campus—ensuring that residents and guests enjoy continuity of care.

### **Rehabilitation**

Our dedicated therapists are employees of Riderwood and are skilled at providing physical, speech, and occupational rehabilitation designed especially for seniors.

Enjoy the comfort of a private suite while benefiting from specialized programs, therapeutic technologies, and equipment designed to help each guest achieve their highest level of success.

Outpatient therapy is available at Riderwood so you can continue your recovery after returning home (if clinically appropriate).

### **Assisted Living**

Assisted living is ideal for individuals who would benefit from extra help with daily activities like preparing meals, bathing, dressing, running errands, housekeeping, and managing medications. It's the perfect solution for seniors who want to maintain their maximum level of independence while also receiving quality care and support.

Every Riderwood assisted living residence is private and can be decorated with personal furniture and belongings. Residents are free to relax in their home or take part in the many planned activities offered in the community, including arts and crafts, gardening, day trips, and lively happy hours.

### **Memory Care**

Unique programming, ongoing staff training, and a secure neighborhood set Riderwood apart from other memory care providers. Our thoughtful, research-based approach to care promotes independence, socialization, and greater self-esteem for individuals with Alzheimer's, dementia, and other cognitive challenges.

Residents also enjoy the comfort of a private suite that can be decorated with keepsakes to reinforce memories, build familiarity, and reflect rich life experiences.



Our open neighborhood design includes many intimate areas where residents can enjoy social interactions or private leisure time. Throughout the space, carefully selected designs, colors, and symbols aid residents with orientation and way-finding.

### **Nursing Care**

Nursing care residents receive the attention and respect they deserve from our team of dedicated doctors, nurses, therapists, and specialists. We provide total assistance with tasks like bathing, dressing, eating, mobility, and medication administration.

Our integrated health care model supports quality care, consistency, and attention to detail—and encourages communication between families, providers, caregivers, and nursing staff. This may help reduce unnecessary hospitalizations and promotes positivity and overall well-being.

## **Schedule a visit to learn more.**

Call **301-572-8463** for more information or to schedule a personal visit. You don't need to be a resident of Riderwood to take advantage of our care options.



## Quality care in a beautiful setting.

Riderwood is a private senior living community for adults age 60 and older. Our Silver Spring campus offers a full range of continuing care health services and independent living options to meet your changing health care needs.

Residents and guests experience personalized, quality care from a team of doctors, nurses, therapists, and dietitians who specialize in health and well-being for older adults. Community members also have access to an abundance of amenities, services, and activities throughout our lovely campus, including our on-site medical center, convenience store, bank, and ATM.

---

### Turn to us for:

- Inpatient and Outpatient Rehabilitation
- Assisted Living
- Memory Care
- Nursing Care



## Experience you can trust.

Riderwood is part of a network of communities with 40 years of health care experience and managed by Erickson Senior Living®, a leader in senior health and well-being.



**3160 Gracefield Road**  
**Silver Spring, MD 20904**  
**301-572-8463**

**Location:** Riderwood is conveniently located in Silver Spring, about a mile from the intersection of Cherry Hill Road and Route 29 (Columbia Pike).



Silver Spring  
[Riderwood.com](https://Riderwood.com)

Independent Living | Inpatient and Outpatient Rehabilitation  
Assisted Living | Memory Care | Nursing Care



802150-10/2023