



Continuing Care

AT HIGHLAND SPRINGS



Highland Springs

BY ERICKSON SENIOR LIVING®

Continuing Care AT HIGHLAND SPRINGS



At Highland Springs, you're a person, not a patient.

Our interdisciplinary care team creates a detailed personal profile for each resident that covers everything from favorite foods and hobbies to past habits and sleeping schedules.

This information helps us develop a customized service plan that respects and reflects the whole person: mind, body, and spirit. All team members—from housekeeping and dining to nurses and care associates—take part in ongoing staff training to embrace and demonstrate this person-centered approach to care.

Your satisfaction and well-being are our top priorities!

Our levels of care.

Highland Springs® continuing care offers post-acute and outpatient rehabilitation, assisted living, memory care, and long-term care on the same campus—ensuring that residents and guests enjoy continuity of care.

Rehabilitation

Our dedicated therapists are employees of Highland Springs and are skilled at providing physical, speech, and occupational rehabilitation designed especially for seniors.

Enjoy the comfort of a private suite while benefiting from specialized programs, therapeutic technologies, and equipment designed to help each guest achieve their highest level of success.

Outpatient therapy is available at Highland Springs so you can continue your recovery after returning home (if clinically appropriate).

Assisted Living

Assisted living is ideal for individuals who would benefit from extra help with daily activities like preparing meals, bathing, dressing, running errands, housekeeping, and managing medications. It's the perfect solution for seniors who want to maintain their maximum level of independence while also receiving quality care and support.

Every Highland Springs assisted living residence is private and can be decorated with personal furniture and belongings. Residents are free to relax in their home or take part in the many planned activities offered in the community, including arts and crafts, gardening, day trips, and lively happy hours.

Memory Care

Unique programming, ongoing staff training, and a specially designed secure neighborhood set Highland Springs apart from other memory care providers. Our thoughtful, research-based approach to care promotes independence, socialization, and greater self-esteem for individuals with Alzheimer's, dementia, and other cognitive challenges.

Residents also enjoy the comfort of a private suite that can be decorated with keepsakes to reinforce memories, build familiarity, and reflect rich life experiences.

Our open neighborhood design includes many intimate areas where residents can enjoy social interactions or private leisure time. Throughout the space, carefully selected designs, colors, and symbols aid residents with orientation and way-finding.

Long-Term Care

Long-term care residents receive the attention and respect they deserve from our team of dedicated doctors, nurses, therapists, and specialists. We provide total assistance with tasks like bathing, dressing, eating, mobility, and medication administration.

Our integrated health care model supports quality care, consistency, and attention to detail—and encourages communication between families, providers, caregivers, and nursing staff. This may help reduce unnecessary hospitalizations and promotes positivity and overall well-being.

Schedule a visit to learn more.

Call **972-656-3500** for more information or to schedule a personal visit. You don't need to be a resident of Highland Springs to take advantage of our care options.



Quality care in a beautiful setting.

Highland Springs is a private senior living community for adults age 62 and older. Our North Dallas campus offers a full range of continuing care and independent living options to meet your changing health care needs.

Residents and guests experience personalized, quality care from a team of doctors, nurses, therapists, and dietitians who specialize in health and well-being for older adults. Community members also have access to an abundance of amenities, services, and activities throughout our lovely campus, including our on-site medical center, convenience store, bank, and ATM.

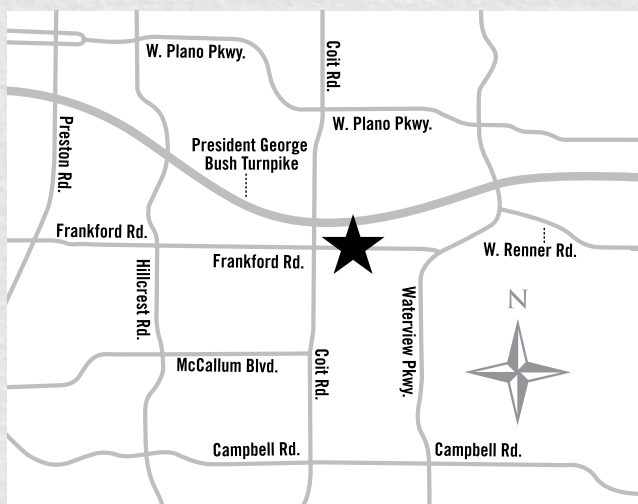
Turn to us for:

- Post-Acute and Outpatient Rehabilitation
- Assisted Living
- Memory Care
- Long-Term Care



Experience you can trust.

Highland Springs is part of a network of communities with 40 years of health care experience and managed by Erickson Senior Living®, a leader in senior health and well-being.



7910 Frankford Road
Dallas, TX 75252
972-656-3500

Location: Highland Springs is conveniently located in North Dallas, just south of the President George Bush Turnpike.



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BY ERICKSON SENIOR LIVING®

Serving Plano and North Dallas
HighlandSpringsCommunity.com

Independent Living | Assisted Living | Memory Care
Post-Acute Rehabilitation | Outpatient Rehabilitation
Long-Term Care



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