



# Continuing Care Health Services

AT CHARLESTOWN



**Charlestown**

BY ERICKSON SENIOR LIVING®

# Continuing Care Health Services

## AT CHARLESTOWN



### **At Charlestown, you're a person, not a patient.**

Our interdisciplinary care team creates a detailed personal profile for each resident that covers everything from favorite foods and hobbies to past habits and sleeping schedules.

This information helps us develop a customized service plan that respects and reflects the whole person: mind, body, and spirit. All team members—from housekeeping and dining to nurses and care associates—take part in ongoing staff training to embrace and demonstrate this person-centered approach to care.

### **Your satisfaction and well-being are our top priorities!**

## Care for every stage of living.

Whatever your needs, Charlestown® is here to help. Our person-centered approach to care is specifically designed to accommodate the changing needs of each resident and guest, while promoting and encouraging the highest level of independence.

### **Assisted Living**

Charlestown's assisted living neighborhood is ideal for individuals who would benefit from extra help with daily tasks like medication management, meal preparation, and mobility. Our impressive staff-to-resident ratio allows us to provide each resident with the highly personalized service they deserve.

Residents enjoy the comfort of a private apartment and private bath that can be decorated to their liking with personal furnishings and keepsakes. Our ever-changing calendar of clubs, programs, and events also provides ample opportunities to stay active and engaged.

### **Rehabilitation Services**

Our dedicated therapists are employees of Charlestown and are skilled at providing physical, speech, and occupational rehabilitation designed especially for seniors.

Enjoy the comfort of a private room while benefiting from specialized programs, therapeutic technologies, and equipment designed to help each guest achieve their highest level of success.

Outpatient therapy is available at Charlestown so you can continue your recovery after returning home (if clinically appropriate).

### **Memory Care**

Adults with Alzheimer's, dementia, and other cognitive difficulties will thrive as a Charlestown memory care resident. This neighborhood is specially designed to promote independence and socialization, while keeping safety a top priority.

Our dedicated caregivers are expertly trained to meet the unique needs of individuals with memory challenges. They create a homelike atmosphere and support each resident with daily activities that are self-directed, guided, or structured, based on individual needs and desires.

### **Nursing Care**

At Charlestown, our nursing care residents receive the attention and respect they deserve from our team of dedicated doctors, nurses, therapists, and specialists—all of whom work exclusively at Charlestown. We provide total assistance with daily tasks as well as medication administration and companionship.

Charlestown's full-time physicians ensure quality care, consistency, and attention to detail—which helps minimize rehospitalization and promotes positivity and overall well-being for nursing care residents.

## **Schedule a visit to learn more.**

Call **410-737-8923** for more information or to schedule a personal visit. You don't need to be a resident of Charlestown to take advantage of our care options.



## Quality care in a beautiful setting.

Charlestown is a private senior living community for adults age 60 and older. Our Catonsville campus offers a full range of continuing care health services and independent living options to meet your changing health care needs.

Residents and guests experience personalized, quality care from a team of doctors, nurses, therapists, and dietitians who specialize in health and well-being for older adults. Community members also have access to an abundance of amenities, services, and activities throughout our lovely campus, including our on-site medical center, convenience store, bank, and ATM.

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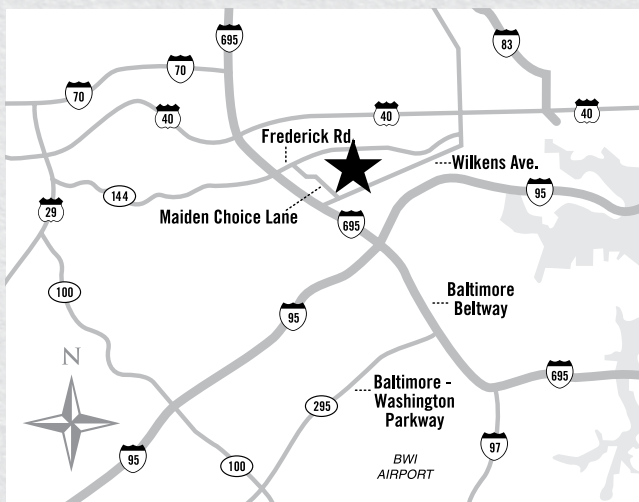
### Turn to us for:

- Inpatient and Outpatient Rehabilitation
- Assisted Living
- Memory Care
- Nursing Care



## Experience you can trust.

Charlestown is part of a network of communities with 40 years of health care experience and managed by Erickson Senior Living®, a leader in senior health and well-being.



**709 Maiden Choice Lane**  
**Catonsville, MD 21228**  
**410-737-8923**

**Location:** Charlestown is conveniently located on Maiden Choice Lane in Catonsville, just off Baltimore Beltway Exit 12B (Wilkens Ave.).



Catonsville  
[CharlestownCommunity.com](https://CharlestownCommunity.com)

Independent Living | Inpatient and Outpatient Rehabilitation  
Assisted Living | Memory Care | Nursing Care



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