



Continuing Care

AT ASHBY PONDS



Ashby Ponds

BY ERICKSON SENIOR LIVING®

Continuing Care AT ASHBY PONDS



At Ashby Ponds, you're a person, not a patient.

Our interdisciplinary care team creates a detailed personal profile for each resident that covers everything from favorite foods and hobbies to past habits and sleeping schedules.

This information helps us develop a customized service plan that respects and reflects the whole person: mind, body, and spirit. All team members—from housekeeping and dining to nurses and care associates—take part in ongoing staff training to embrace and demonstrate this person-centered approach to care.

**Your satisfaction and well-being
are our top priorities!**

Care for every stage of living.

Whatever your needs, Ashby Ponds® is here to help. Our person-centered approach to care is specifically designed to accommodate the changing needs of each resident and guest, while promoting and encouraging the highest level of independence.

Assisted Living

Assisted Living is ideal for individuals who would benefit from extra help with daily tasks like medication management, meal preparation, and mobility. Our impressive staff-to-resident ratio allows us to provide each resident with the highly personalized service they deserve.

Residents enjoy the comfort of a private apartment and private bath that can be decorated to their liking with personal furnishings and keepsakes. Our ever-changing calendar of clubs, programs, and events also provides ample opportunities to stay active and engaged.

Memory Care

Adults with Alzheimer's, dementia, and other cognitive difficulties will thrive as a memory care resident. This neighborhood is specially designed to promote independence and socialization, while keeping safety a top priority.

Our dedicated caregivers are expertly trained to meet the unique needs of individuals with memory challenges. They create a homelike atmosphere and support each resident with daily activities that are self-directed, guided, or structured, based on individual needs and desires.

Rehabilitation Services

Our dedicated therapists are employees of Ashby Ponds and are skilled at providing physical, speech, and occupational rehabilitation designed especially for seniors.

Enjoy the comfort of a private room while benefiting from specialized programs, therapeutic technologies, and equipment designed to help each guest achieve their highest level of success.

Outpatient therapy is available at Ashby Ponds so you can continue your recovery after returning home (if clinically appropriate).

Long-Term Care

Long-term care residents receive the attention and respect they deserve from a team of dedicated doctors, nurses, therapists, and specialists—all of whom work exclusively at Ashby Ponds. We provide total assistance with daily tasks, as well as medication administration and companionship.

Ashby Pond's full-time physicians ensure quality care, consistency, and attention to detail—which helps minimize rehospitalization and promotes positivity and overall well-being for long-term care residents.

Schedule a visit to learn more.

Call **571-291-6215** for more information or to schedule a personal visit. You don't need to be a resident of Ashby Ponds to take advantage of our care options.



Quality care in a beautiful setting.

Ashby Ponds is a private senior living community for adults age 62 and older. Our Ashburn campus offers a full range of continuing care and independent living options to meet your changing health care needs.

Residents and guests experience personalized, quality care from a team of doctors, nurses, therapists, and dietitians who specialize in health and well-being for older adults. Community members also have access to an abundance of amenities, services, and activities throughout our lovely campus, including our on-site medical center, convenience store, bank, and ATM.

Turn to us for:

- Assisted Living
- Memory Care
- Post-Acute Rehabilitation
- Long-Term Care



Experience you can trust.

Ashby Ponds is part of a network of communities with 40 years of health care experience and managed by Erickson Senior Living®, a leader in senior health and well-being.



21160 Maple Branch Terrace
Ashburn, VA 20147
571-291-6215

Location: Ashby Ponds is located in Ashburn, VA, between Route 7 and Waxpool Road—just off the intersection of Loudoun County Parkway and Gloucester Parkway.



Ashburn, VA
AshbyPonds.com

Independent Living | Post-Acute Rehabilitation
Assisted Living | Memory Care | Long-Term Care



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