

# Tallgrass Creek CLUBS AND ACTIVITIES

## ART:

- Art Club
- Art Lessons
- Creative Hands
- Let's Write Club
- Scrapbooking and Card Making Club (Crop 'til You Drop)
- Tallgrass Creek Chorale
- Tallgrass Creek Quilters
- Woodshop Club

## SPIRITUALITY:

- Bible Study & Fellowship
- Church of the Resurrection Simulcast Group
- Vespers

## EDUCATION & SOCIAL:

- Antiquing Club
- Book Club
- Genealogy
- Men Only Breakfast (M.O.B.)
- Nature Club
- RNR (Retired Nurses Reminiscing)
- Tallgrass Tasters
- Veteran's Club

## GAMES:

- Games
- Billiards Club
- Bingo
- Board Games
- The Bridge Bunch
- Bunko
- Canasta
- Card Games
- Duplicate Bridge

- Mah-Jong
- Party Bridge
- Rummikub
- Trivial Pursuit Group
- Wii Bowling League

## RECREATION & WELLNESS:

- Arthritis Foundation Water Aerobics
- Ballroom Dancing Club
- Caregiver Connection
- Low Impact Exercise Class
- Core Workout
- Garden Club
- Low Vision Group
- Memory Fitness
- M.O.P.E. (Men Only Pool Exercise)
- Stretch & Tone
- Tai Chi Club
- Tallgrass Creek Golf Club
- Walking Group
- Water Aerobics
- Yorobics
- Zumba Gold

## COMMITTEES:

- Dining Services Committee
- Display Case Committee
- Entertainment/Event Committee
- Finance Committee
- General Services Committee
- Hospitality Committee
- HUGS Committee
- Interfaith Committee
- Ladies Lunch Around Town Committee

- Library Coordinating Committee
- Lifelong Learning Committee
- Movie Committee
- Resident Advisory Council (RAC)
- Resident Life Committee
- Tallgrass Tales Committee
- Television Production Committee
- Treasure Chest Committee
- Trip Committee

## ACTIVITIES:

- AARP Driver Safety Program
- Blood Pressure Screenings
- Coupon Clipping for Charity
- FIT (Fall Prevention Seminar)
- Grandfriends
- Happy Hour
- Interfaith Gathering
- KU Osher Classes
- Lifelong Learning Series
- Movie Night
- Musical Theatre Night
- Nature Movie on the Big Screen
- New Resident Orientation
- Resident Advisory Council Forum
- Resident Birthday Parties
- Resident Support Series
- Safety Presentations
- Saturday Donuts
- Sporting Events
- Tell Your Story
- Town Hall Meeting
- Wellness Seminar—Erickson Advantage®