



Connecting with God, One Another
& Our Mission in the World



October 2026 Newsletter



PIECEMAKERS QUILT SALE

September 26th, 27th and 30th
in the NARTHEX



Trunk or Treat!
Friday, October 30
4:30 PM – 6:00 PM



Are you ready for some fun?! The Youth and Young Adult Ministry Team is once again planning for Trunk or Treat. We will be handing out candy and faith related items to all youth on **Friday, October 30th** (not on Halloween Day).

We are currently looking for interested people to sponsor a trunk and/or donate candy for the event. Watch for a donation board in the Narthex in October.

Please connect with Stan if you are interested in setting up a trunk for the event. This is a great way to connect with Bethlehem and local community youth.

Stan's contact info:

Phone (605) 225-9740 ext. 113

Email: sjung@bethlehemaberdeen.org

FROM THE PASTOR

Dear People of Bethlehem,

This autumn, our *Back to (Old) School* worship series is drawing me back into some of the basics in the Old Testament. These ancient Jewish stories are so rich in what we can learn about God and ourselves. One of the things about many cultures is that names have meanings. This is true in much of the scriptures. Our church's name, Bethlehem, is an ancient Hebrew name that is a compound word, *house + bread*. We are "House of Bread" Lutheran Church.

I find this a fascinating way to see how God has worked through this church since that first gathering in a sod house on October 8, 1881. Those Norwegian immigrants gathered to share the bread of communion as well as feast on the Word of God. And for 145 years since then, serving hungry people has been central to House of Bread Lutheran Church. No doubt over the years there were potlucks and picnics, lutefisk and lefse, walking tacos and even some Jell-o. Certainly, Bethlehem has served people's spiritual hunger as well as physical hunger.

In the Old Stories we are exploring this fall, we see God blessing the ancient people in many and various ways. We also see these people called to be a blessing to others. Likewise, today we see God blessing the Aberdeen area people in many and various ways, and calling us to be a blessing to others.

As you read this, please take a few moments to reflect on the ways that God has blessed you. What are the relationships and resources God placed in your life? As you look through this newsletter, notice the many ways that God is nourishing hungers through the ministries of Bethlehem. Please take a few moments to pray for these ministries. Know that I am praying that you may see the many ways that you are a blessing to Bethlehem and the community!

Thank you for being an important part of this "family of God journeying together in faith."

Go in peace and be the blessing that you are!

PASTOR JEFF

All Saints at Bethlehem



All Saints is a time to remember our loved ones who have died. To mark All Saints at Bethlehem, our worship services include times to remember our beloved departed. We'll hear the names and see the faces of people of Bethlehem who have died since last All Saints Day. We'll have the opportunity to light a candle and remember the light that shined and still shines through our loved ones. Plan to bring a friend or family member to share in this meaningful time of worship and remembering: **Saturday, October 31st at 5:15, Sunday, November 1st at 8:30 & 10:10, and Wednesday, November 4th at 6:15.**



Bethlehem Pre-K kicked off September making new friends, practicing new songs/skills, and learning about different kinds of weather as it begins to change.

Coming up in October we'll have a trip to the Fire Station, "Picture Day", and Trick-or-Treating at the Senior Assisted Living next door!

We are so excited to see what adventures the school year will bring!

Help support the Bethlehem Pre-K!

Bring your Kessler's and Ken's receipts to church and place them in the containers near the Pre-K Classroom or on top of the coat rack near the Hub. Thank you for your support!

Nursery Care

Bethlehem has a staffed nursery for children ages 3 and younger during both the Sunday 8:30 and 10:10 services and the Wednesday 6:15 service. The nursery is located in the Education Wing in room E5.

Families Worship Together - All Saints Sunday

November 1 at 10:10 in the Sanctuary

This is a worship together weekend when we encourage families to worship together. We will not have Sunday School or Route 67 so those students can join us for the whole worship service, but we will have childcare for children 3 and under in the nursery. If you are in town, plan to worship in person, and if you are traveling or out of town, join us by worshipping online.

Family Movie Night

Friday, November 6 in the Fellowship Hall

5:00 Supper serving starts
5:30 p.m. Movie begins

Invite your friends and come share in the fun as we watch *Toy Story 5* and enjoy pizza & popcorn!

**No Sunday School on
October 11th .**

**No Wednesday School on
October 14th .**

Kindergarten Milestone

Kindergarteners will celebrate a God Made Me Milestone with a Parent/Child learning event on **Sunday, October 25 at 9:40 in the East Fellowship Hall** or **Wednesday, October 28 during Wednesday School (5:15 – 5:45). Watch for a postcard coming soon!**

First Communion Class



First Communion class will be held on Saturday, December 5 from 10:00 – 11:00 a.m. in the Chapel. Following the class, First

Communion will take place in worship on Sunday, December 6 or Wednesday, December 9.

At Bethlehem, families are welcome to decide when their children will receive First Communion. Most children take the class in mid to upper elementary. Older students are always welcome as well.

Registration with the church office by November 30 is required. Contact Cyndi Holtz, Director of Children's Ministries, at 225-9740 or choltz@bethlehemaberdeen.org with any questions.

Book Fair



Parents, grandparents, and book lovers: We will be holding a Scholastic Book Fair during worship and Christian Education hours on **Sunday, November 8 and Wednesday, November 11** during Wednesday School, supper and worship.

Come pick up some books and support the Bethlehem Pre-K Program. Stock up for upcoming birthdays, the holidays and cozy reading time during the upcoming cold, winter months.

Wednesday School & Route 67 All Saints Family Worship Service

Wednesday, November 4 at 5:15 in the Sanctuary

On November 4 we are asking that Wednesday School & Route 67 parents attend a special worship time together with their children.

Parents and kids are asked to meet in the Sanctuary at 5:15 for a simple and short worship service. This will take the place of Wednesday School/Route 67. We will still plan to be done by 5:45.

We look forward to sharing this worship service with you!



Welcome Back to Route 67!

We have hit the ground running and are off to a fast start! It is so awesome to have our halls filled with students and teachers scurrying about. Route 67 is all about new experiences, friendships and explorations of faith that happen together as a team.

October will be filled with lots of fun and excitement! This month we will participate in our annual overnight retreat at NeSoDak Bible Camp. We leave Friday late afternoon and return Saturday mid-afternoon. There are limited spots available, so sign up via the BLC website or connect with me as soon as possible to get your spot reserved. Friends are welcome too! We will also have discussions about the 2027 Middle School Mission Trip to Duluth, MN during the first week of October. I will be passing out information to students during class time on Sunday, October 4 and Wednesday, Oct 7. Parents are welcome to join us!

Here is a look at the schedule for the upcoming weeks:

September 27th and 30th : Treat Day! – Genesis 12:1-9 (Abram's Call)

October 4th and 7th : Game Day! – Genesis 17:1-7, 15-16 (Abraham & Sarah's Visitors) – Middle School Mission Trip
Discussion during class

October 11th and 14th : NO ROUTE 67 – Indigenous People's Day holiday

October 18th and 21st : Something New Day! – Genesis 45:1-15, 50:15-21 (Joseph Helps His Family)

October 25th and 28th : Service Project Day! – Exodus 2:1-10 (Baby Moses)

November 1st and 4th : NO ROUTE 67 – Family Worship in the Sanctuary for All Saints Day



Middle School NeSoDak Retreat



The students in Route 67 will be heading to Camp NeSoDak for an **overnight retreat on October 23rd and 24th**. We will be leaving Friday late afternoon/early evening and return Saturday afternoon.

Spots are limited to 20 6th/7th graders!

The retreat is planned to be filled with activities, games, food, mission work, snacks and more! Connect with Stan or go to the BLC website (TEACH tab, YOUTH 6 TH -10 TH dropdown, 2026 ROUTE 67 NESODAK RETREAT button) to register. This is a great overnight get-away for Route 67 participants and friends (yes, you can invite friends!). Don't miss out!

Middle School Mission Trip Duluth, MN – June 13–18, 2027

Our middle school will once again be setting their sights on the beautiful city of Duluth, MN. Duluth is one of the top requested places to go for a summer mission trip, for many reasons. Join us for a great time and awesome experience!

We are limited to 16 spots this year. You don't have to be a member of BLC to attend; so ask a friend and spend a week in Duluth doing service projects, having fun and meeting new friends! There is a link on the BLC website (BLC website, TEACH tab, YOUTH 6TH -10TH dropdown, scroll down to ROUTE 67 and select the 2027 MIDDLE SCHOOL MISSION TRIP – DULUTH button) to register.

Registration and deposit are due January 1st, so don't delay! Please connect with Stan for more information.

Students currently in grades 6th – 9th are eligible to attend. We are also seeking adult leaders to travel with us. If you are interested, please connect with Stan.

Stan's contact info:

Phone (605) 225-9740 ext. 113

Email: sjung@bethlehemaberdeen.org

2026 College/Tech School Freshmen Care Packages

The Youth and Young Adult Ministry Team will be sending care packages to college and tech school Freshmen just in time for finals again this year! Packages will be mailed out mid to late November. If you have a college or tech school student or you know one that you would like a care package sent to, please forward that information to Stan at the church office. A \$25 donation to help purchase items and cover shipping is appreciated, but not required. We will also accept donations!



Holiday Fundraiser 2026 Christmas Wreaths and More!

The BLC youth will be selling Christmas Wreaths, Garland, Crosses, Mantle Pieces, Door Swags, Porch Pots and more again this year to raise money for summer mission trips in 2027 and the 2027 Youth Gathering. A full list of items and prices can be obtained from Stan, the church office or from one of the youth that are fundraising. We will be taking pre-orders starting Sunday, October 11th and continuing through Wednesday, October 28th, with delivery right after Thanksgiving.

These products are premium quality, beautiful and bring the fresh smell of Christmas to your house! Thank you for supporting our youth!

2027 ELCA Youth Gathering – Minneapolis, MN

We will be registering with the ELCA this month for the ELCA Youth Gathering in 2027. The gathering will be June 28–July 2, 2027. The gathering is open to all students entering the 7th–12th grades in the fall of 2026. Don't delay, sign up today!

Visit the Bethlehem Lutheran website to register. Click on the "TEACH" tab and then the "YOUTH 6TH -10TH" dropdown. The youth gathering will be featuring a new format and lots (I mean LOTS!) of fun, entertainment, food, new friends and more!

If you are interested, but want more information, please connect with Stan. Remember, we need you (students and adult leaders) to make this the best event yet!!

Stan's contact info:

Phone (605) 225-9740 ext. 113

Email: sjung@bethlehemaberdeen.org

**IMAGINE
more**



8th Grade Confirmation Schedule

We have just begun our journey of developing within ourselves a deeper understanding of the Bible. This month we will learn more about how God takes care of us and always welcomes us. Small groups kick off this month too!

Here is a look at the calendar for the next few weeks:

September 27th and 30th: Large Group: Bible Intro (Youth Center)
October 4th and 7th: Service Event (meet in the Fellowship Hall)
October 11th and 14th: NO CONFIRMATION – Indigenous People's Day holiday
October 18th and 21st: Small Group: God's Love
October 25th and 28th: Small Group: God's Faithfulness
November 1st and 4th: Large Group: Prayer (Youth Center)

9th Grade Confirmation Upcoming Schedule

October 4th and 7th: Small Group: The Ten Commandments 1-3
October 11th and 14th: NO Christian Ed
October 18th and 21st: Small Group: The Ten Commandments 4, 5, and 7
October 25th and 29th: Large Group: The Ten Commandments 6 (Tying blankets for Safe Harbor)
November 1st and 4th: Small Group: The Ten Commandments 8-10

10th Grade Confirmation

October 4th & 7th: Promise 4 – Serve
October 11th & 14th: NO Christian Ed / Confirmation
October 18th & 21st: Promise 5 – Justice & Peace
October 25th: Sunday Morning @ 9:15 Faith Fair
Sunday Afternoon @ 2:00 Confirmation
Worship Service

The Living Nativity

The Living Nativity will be held Sunday, December 13th at 3:00 PM, with intro music beginning at 2:30 PM. The Christmas Story will be performed through music and narration by students attending the 2027 ELCA Youth Gathering and the BLC choir. This year the Living Nativity will be combined with the Cantata, for an extra special performance!

This will be a fundraiser for the youth that will be attending the 2027 Youth Gathering in Minneapolis, MN. Please plan on joining us for an awesome event! Watch for more information in the Bulletins, the Journal, Facebook, etc.

High School Youth Group

Youth Group is **open for all 9th – 12th graders**, and we do a variety of activities including Bible studies, service projects, community trips, and fun nights. If you are a high schooler looking for a community of peers who value faith, this would be a great group for you! Youth Group will meet each **Wednesday** from 7:30pm-9:30pm.

If you would like more information about youth group, talk to Pastor Matt at

mspoden@bethlehemaberdeen.org or Stan at sjung@bethlehemaberdeen.org.



Board Game Night

You are invited to come to Board Game Night this October! All are welcome to come on **October 22nd starting at 5:30pm and ending at 8:00pm** in the Fellowship Hall. You are welcome to bring your own games, or come play games that others bring. New players are welcome to attend! Pizza will be provided. If you arrive late or leave early, that's okay! If you would like more information about board game night, talk to Pastor Matt at mspoden@bethlehemaberdeen.org

Open Gym – Coming Soon!

We will once again be offering open gym times for the Re-Creation Center this fall and winter. Open gyms will begin in November and run through March. This is a great time to come out with your family to get some exercise and do some family bonding! Basketball, volleyball, walking, corn hole, and many other games and activities are available.

We are looking for interested individuals and/or families to supervise the open gym dates. You must be 18+ to volunteer. Please connect with Stan if interested. See you soon!

MARK YOUR CALENDARS

Gayla Martens from the **American Foundation for the Prevention of Suicide** will be presenting on the topic of "post-vention."

MONDAY, OCTOBER 19TH
6:00 P.M. - 7:00 P.M.
EAST FELLOWSHIP HALL

Christmas Cantata & Living Nativity

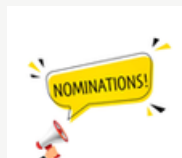
Sunday, December 13th at 3:00 PM

Looking for singers to participate in the Christmas Cantata & Living Nativity.
Contact Mallory for more information at msscott@bethlehemaberdeen.org

15-51 Young Men's Group

Come join Pastor Matt and other young men between the ages of 15-51 for a night of faith, fellowship, and good conversation! Our next meeting is on **October 5th from 6-8pm** at Bethlehem. While we talk about a variety of things from sports to fatherhood to life to faith, our focus for the evening will be, "What do you fear, and what gives you courage?" If you need childcare, please let Pastor Matt now at mspoden@bethlehemaberdeen.org by October 1st.

Serve on a Church Team



Do you know someone with gifts for leadership in the church? We're currently seeking applicants and nominations to serve on our elected leadership

teams next year. Are you interested in serving? *Do you know someone who would be excellent in these roles?*

Every year our Nominating Committee recommends a slate of candidates to serve on our Ministry Teams, Resource Teams and our committees. If you know someone you think we should contact about serving, or if you are willing to be personally considered, please let us know.

If you have questions about the process, please contact a pastor or e-mail the office at office@BethlehemAberdeen.org

You may also pick up a form from the front office.

Bethlehem Coat Drive

Oct 1: Start taking warm coats, gloves, scarves, stocking caps, snow pants & snow boots

Oct 15: Racks will be set up so people can start picking them up

TUESDAY LADIES

The **Tuesday Ladies** next book study will begin on **10/20/26 at 7:00PM in the Fireside Room.**

We will be reading and discussing the book *"Lutheran Questions, Lutheran Answers"*, written by Martin E. Marty.

A brief description—*"Lutherans often have questions about Lutheran theology and beliefs that are basic to the Christian faith itself. Featuring a unique question-and-answer format, Lutheran Questions, Lutheran Answers is an accessible and concise treatment that provides the most frequently asked questions on important topics and brief but complete answers from a distinguished Lutheran historian and theologian."*

If you have questions or would like a book, please contact the church office for more information.

AGING Gracefully

Medicare Updates

Mandy Boe with Mark Mehlhaff Insurance will present new *Medicare Updates*.

**Tuesday, October 6, 2026
2–3 p.m.
East Fellowship Hall**

SAVE THE DATE

Tuesday, November 10th at 2:00 PM

"What You Need to Know about Bone Density"

Tuesday, December 8th at 2:00 PM

"Healthy Holiday Hosting"

Greetings from Pastoral Care Ministry

A Fall Invitation *Finding Rest in God's Presence*

October greetings from your Pastoral Care Ministry Team.

Some days our minds travel everywhere except where we most long to be. We begin with good intentions—to pray, to reflect, to simply be still with God—but before long, our thoughts are filled with unfinished tasks, concerns, and the recurring to-do list that seems to follow us through daily life.

The good news is that God does not ask us to come with perfect focus or attention. God simply invites us to come. We are not called to hide our distractions or pretend to have everything together. We can bring our weary bodies, busy minds, and restless hearts just as they are.

As you linger in this beautiful Fall season—with its busy schedules, school routines, activities, and many demands—we invite you to **set aside a few moments each day to rest in God's presence.**

Bethlehem offers many opportunities to nurture faith, foster connection, and bring joy and renewal to your daily life. Small group ministry is a great way to learn and connect with others. Other group ministries such as *Grief Share*, *Aging Gracefully* and *Spark Joy* bring us together in community.

If you find yourself carrying a particular concern, longing for prayer, or simply wishing for a visit and a listening ear, **please let our Pastoral Care staff know.** You do not need to carry it alone. We would be honored to pray with you, listen to you, and walk alongside you.

We are seeking additional Home Communion Ministers. If you would like to learn more, we welcome you to inquire.

Wherever you are in this season of life, there is a place for you at Bethlehem. Come as you are. Come to rest. Come to connect, learn, serve, and pray. Come to discover the quiet and comforting presence of God among us.

"Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest."

— Matthew 11:28

In Christ's peace,
Janis Heier & Ann Rasmussen
Pastoral Care Ministers



Curious = the opportunity to learn about Bethlehem

Connect = time to gather with others who are currently part of Bethlehem or looking to join

Commit = the milestone of joining Bethlehem on New Member Sunday/Wednesday

CONNECT with Bethlehem

Sunday, October 4th
in the East Fellowship Hall at 11:00 am

Wednesday, October 7th
in the East Fellowship Hall at 7:00 pm

A Walk to Remember

14th Annual A Walk To Remember 2026: A healing event for parent(s), family members and friends whom have lost a baby to miscarriage, stillbirth, infant death or SIDS.

WHEN: Saturday, October 3rd, 2026 at Bethlehem Lutheran Church

12:00 pm: Lunch served – Pulled Pork Sandwich Meal, provided free to attendees

12:30 pm to 1:30 pm: In Person Silent Auction, Kids Craft and Walk merchandise can be picked up

1:45 pm: Program with Name Readings followed by the Group Walk

This event is hosted by the local non-profit organization Mothers of Angels based in the Aberdeen area. This group works to provide memory boxes to small hospitals in MN, ND and SD and provide free of charge in the US to any other families on referral.



Spark Joy – Make a Joyful Noise Presented by Crystal Swenson

"Make a joyful noise to the Lord, all the earth. Worship the Lord with gladness; come into his presence with singing."

— Psalm 100:1-2

God has given each of us a unique voice—not so that we all sound alike, but so that together we can offer joyful praise. Psalm 100 doesn't call us to make a *beautiful* noise; it simply invites us to make a *joyful* one.

Join us for an uplifting session with Crystal Swenson exploring the many ways we use our voices to communicate, encourage, and worship. Through conversation and musical demonstrations using several guitars, Crystal will illustrate how different instruments create distinctive sounds and how each is beautifully suited for a particular purpose—much like the unique voices God has given each of us.

Bring a friend and join us as we gather, learn, laugh, and **Spark Joy** together. Come be refreshed, encouraged, and inspired.

**Friday, October 23, 2026
12:10–12:50 p.m.
Bethlehem Lutheran Church – East Fellowship Hall**

PROPERTY RESOURCE TEAM NEWS

In addition to being one of our congregation members, Tim Stadel wears at least three more hats at Bethlehem Lutheran Church.

- He is a member of the Property Resource Team, working on our special appeal, Caring for God's House.
- He is our resident pocket gopher exterminator. This summer has caught 4 pocket gophers on our campus. One was west of our community gardens, two were east of our tree grove by our pond and one was next to Resurrection Memorial Gardens. One pocket gopher can disturb a large area.
- Tim has also assisted our maintenance staff in upgrading and maintaining our tree grove north of our pond. Recently two large trees were uprooted by strong winds. He trimmed & stockpiled the branches, cut and stockpiled the tree logs and assisted our staff in their disposal. In addition, he cut down and cut up three additional dying trees and included them in their disposal.



Tim & pocket gopher



Trap



Close up of
gopher trap



Tim sawing



Tim & fallen tree

A LIFETIME GIFT WITH SHELLY HALVERSON

We plan for weddings, college, vacation and retirement. Why is it so hard to plan for death? A Lifetime Gift is for anyone who wants tools to help you talk to loved ones and prepare. Certified Celebrant Shelly Halverson offers conversation starters and a practical checklist with encouraging instructions.

Register to join one of our in-person events.

These events are brought to you by Thrivent Member Network - Great Plains Region

Event Location

Moccasin Creek Country Club - Gordie's Room
39084 130th Street
Aberdeen, SD 57401

Lunch event details:

Thursday, October 1, 2026
11:30 a.m. - 1:00 p.m.

Register: <https://bit.ly/LGift26AberdeenLunch>

Dinner event details:

Thursday, October 1, 2026
6:00 p.m. - 7:30 p.m.

Register: <https://bit.ly/LGift26AberdeenDinner>

Join this FREE educational event inspiring families to have loving conversations about death. Registration is required & seating is limited at each presentation.

AVAILABLE OCTOBER SPONSORSHIP OPPORTUNITIES

BULLETINS

Sun., October 4th
Sun., October 11th
Sun., October 25th

Wed., October 7th
Wed., October 14th
Wed., October 21st
Wed., October 28th

BROADCAST

October 4th
October 11th
October 18th
October 25th

WEBSITE

October, November & December

LIVESTREAM

October 4th
October 11th
October 18th
October 25th

Contact the Church Office at 605-225-9740 for more information.

August 2026 Financial Update

GENERAL FUND

Analysis of Budgeted Revenues & Expenses

	MTD	YTD
Undesignated Offerings	\$ 100,984.68	\$ 874,156.80
Other Designated Revenues	\$ 25,421.43	\$ 316,255.02
Total Revenue	\$ 126,406.11	\$ 1,190,411.82
Less Budget Expenditures	\$ (175,244.66)	\$ (1,294,498.80)
Net Operating Total from Budget Operations	\$ (48,838.55)	\$ (104,086.98)

Summary of Assets & Liabilities

Cash & Cash Equivalents	\$ 1,137,497.39
<i>Parking Lot payoff / to be reimbursed to GF</i>	\$ (268,203.83)
Accounts Payable due within 30 days	\$ (19,740.16)
Pre-paid tuition & fees	\$ (4,050.00)
Due to Restricted Fund Accounts	\$ (118,167.38)
Temporary reserve for D. Hagenson estate gift	\$ (205,137.35)
Reserved for Others/Temporary Restricted accounts	\$ (175,460.56)
Total Unrestricted Cash Assets	\$ 346,738.11

RESTRICTED FUND ACCOUNTS

Restricted Memorials & Accounts	\$ 22,301.48
Prairie Mindset Scholarship	\$ 23,206.81

ENDOWMENT FUND

Endowment Fund Assets	\$ 1,612,883.55
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FUTURE MAINTENANCE FUND

Income Statement

	MTD	YTD
Revenues, Investment Activity & Other Sources	\$ 117,819.01	\$ 448,369.82
Expenditures	\$ -	\$ (53,879.65)
Net Operating	\$ 117,819.01	\$ 394,490.17

Future Maintenance Fund Assets	\$ 427,132.33
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FUTURE MAINTENANCE FUND - Parking Lot

	MTD	YTD
Revenue	\$ -	\$ 108,000.00
Parking Lot Expenditures	\$ -	\$ -
Net Operating	\$ -	\$ 108,000.00

Due to General Fund (FM owes GF for Parking Lot Exp)	\$ 268,203.83
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Memorials and Honorariums

General Fund Memorials

Given in memory of Mary Jane Jark by: Roger Rozell

Given in memory of Robert Uttermark by: Helen
Anderson

Given in memory of Reuben Miller by: Helen Anderson

Given in memory of Carol Schuck by: Helen Anderson

Given in memory of Helen Brick by: Helen Anderson

Given in memory of Ruth Wood by: Helen Anderson

Grounds Beautification/Trees Memorials

Given in memory of Helen Brick by: Ron & Joan Ernst

Youth Ministry Memorials

Given in memory of James Perhus by: Joan Foss

Given in memory of Chet Boen by: Joan Foss

Good Samaritan Memorials

Given in memory of Ruth Wood by: Sandra Maier

Worship & Music Memorials

Given in memory of Reuben Miller by: Ken & Bev Jones,
Ron & Joan Ernst, Tom & Barb Paepke

Given in memory of Ruth Wood by: Bill & Linda Roth, Tom &
Barb Paepke

Wednesday Night Supper Memorials

Given in memory of Helen Brick by: Joell Rachel, Jerry &
Susan Brick

Given in memory of Reuben Miller by: Jerry & Susan Brick

Piecemakers Quilters Memorials

Given in memory of Reuben Miller by: Dee Sanderson

Broadcast Ministry Memorials

Given in memory of Helen Brick by: Bill & Linda Roth

WELCA Memorials

Given in memory of Ruth Wood by: Dee Sanderson

Aberdeen Area
**Healthy Aging
RESOURCE FAIR**
THURSDAY, OCTOBER 8TH
1:00 PM - 3:30 PM at BETHLEHEM LUTHERAN CHURCH
PUBLIC WELCOME FREE ADMISSION

A **free** informative health fair for seniors & their adult children offering 1 on 1 interactions with local professionals, free health screenings, flu shots, and educational speakers.

FEATURING SPECIAL GUEST SPEAKERS DISCUSSING TOPICS REGARDING:

- Senior Eye Health with Angela Hase, Dr. of Optometry
- Senior Nutrition with Annie Jacobson, Licensed Dietician
- Preventing Isolation & Loneliness with Ashley Geist & Rebecca Christiansen, Certified Counselors

**FREE REFRESHMENTS
& DOOR PRIZES**
FOR MORE INFORMATION, CONTACT:
JULIE @ 605-725-3982

 Like Us on Facebook!
facebook.com/HealthyAgingResourceFair

Healthy Aging **RESOURCE FAIR**

**THURSDAY, OCTOBER 8TH
1:00 PM - 3:30 PM
BETHLEHEM LUTHERAN CHURCH**

This is a FREE informative health fair for seniors & their adult children offering 1 on 1 interactions with local professionals, free health screenings, flu shots, and educational speakers.

FEATURED PRESENTATIONS

1:30 PM - 2:00 PM

Senior Eye Health
Dr. Angela Hase, O.D.
Barnett Vision Center

2:15 PM - 2:45 PM

Senior Nutrition
Annie Jacobson, RDN, LN
Sanford Aberdeen Medical Center

3:00 PM - 3:30 PM

Preventing Isolation & Loneliness
Ashley Geist, LPC-MH & Rebecca Christensen, LPC-MH
Inner Peace Counseling

*We are a family of God journeying together in faith, touching lives by
Welcoming, Worshiping, Teaching and Serving.*

Bethlehem Lutheran Church - 1620 Milwaukee Avenue NE - Aberdeen, SD 57401 - 605-225-9740

www.BethlehemAberdeen.org - office@BethlehemAberdeen.org - www.facebook.com/BethlehemAberdeen