



The TELOS Report

Encouraging...Empowering...Equipping...

The official TELOS international information source for our partners: *Helping make the world whole . . . one person and one relationship at a time!*

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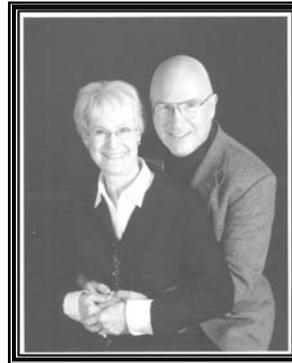
January—June, 2007

TELOS Activities Continue; Newsletter Resumes

We at TELOS have been busy since December, 2005, carrying out our mission. Our activities in East Asia have been so extensive that we put the newsletter aside temporarily. Now we are back in a different format, informing you of the ministry experiences of the past year and a half.

In our last newsletter, we spoke of the dangerous opportunity of transition times. We continue to balance stability and needed change. While we sorely miss our team members, Mike Ward and Sherry Brinkley, God is sending others to help and support. April Schock has agreed to work with the website and

its need for updating. Mike Butler has joined the board, bringing to us his experience in business and as a former missionary. Susan Butler will be volunteering to assist in administrative tasks. Another board member, Janet Taylor, put us in touch with the Tyndale House Foundation as a source of grant funding for the East Asia project. Peter Nordbye has skillfully led the board through a process of honing our mission statement. The process was carried out



Phyllis & Rand Michael,
Co-Founders of TELOS

over several Saturday sessions. The final product is as follows:

TELOS international, inc. provides culturally-sensitive, wholistic mental health services dedicated to encouraging, empowering, and equipping underserved people and communities by offering training, counseling, and related mental health resources.

Judy Zollner continues to serve as board secretary and earnestly record the minutes of our meetings. She would appreciate your prayers as she recovers from extensive knee surgery. Jeralynne Hawthorne has kept us abreast of the financial aspects. She will be leaving TELOS as she plans to join her husband in San Diego in 2008.

We appreciate the prayers of all of our supporters, along with your financial help. We could not continue to serve without all of you!!!! Many new opportunities for service are opening as the need for mental health services around the world continues to grow.

East Asia Marriage & Family Therapist Training Program

Fruit Thus Far (June 2005-May 2007)

The students in our 3-year training program for marriage and family therapists are actively involved in their final year. The initial funding was for the first 18 months. We and our East Asian coordinators and clinical directors tightened our belts and stretched those funds to be sufficient for 2 years.



Now we have received grants and donations to support the third year. Supporters include First Fruit and Tyndale House Foundation, along with generous individual donors.

The students are growing rapidly in their own primary relationships, and this has been a major emphasis of the training. The need to "practice what is preached"

is especially powerful in the field of marriage and family therapy.

Feedback from people receiving counseling has been positive. Here's a taste of that:

"My relationships with my wife and children are more intimate. My anger problem has decreased. I am more in control. In



East Asia Marriage & Family Therapist Training Program (cont.)

“Because I was so busy in my work, I was unable to give my thoughts and attention to my family when I was at home and listen to them as they talked. As a result, I gave my family a lot of hurt and misunderstanding, and the atmosphere at home was often anxious and silent. When I learned the listening skills and practiced them, my family started also learning to listen, and it reduced many of our misunderstandings.”

those who were seen in counseling said their marriage and family relationships had improved.

In October, 2007, the students will study psychopathology, and in January, 2008, they will complete their courses with socio-cultural foundations of counseling in East Asia, domestic violence, and a summative integrative seminar. Throughout their

training, they have been actively engaged in counseling clients and receiving supervision. This in-ministry model helps the students wed theoretical principles with the pragmatics of practice.

Because of security concerns for our students, please do not publish or distribute these pictures.

Cohort One (spouses included) after the January training in Marriage Enrichment and Family Life Education Methodology.

the past, I did not express myself emotionally, but now I have clearer communication. My wife and I used to have many difficult decisions that we couldn't make, but we are now able to make constructive decisions together.”

A client who was psychotic as a result of unaddressed secrets in the family is now stable and reports, “Our whole family's relationships have improved.”

The group is becoming more and more active in counseling and training. Just to give you an idea of how active, they (20 students in all) have seen over 500 clients since the beginning of the project. An additional 1000 persons have participated in marriage and family life enrichment and education experiences. Many more persons are being influenced indirectly. In a survey of clients, 74% of

Cohort Two (with some spouses) at the conclusion of the January training.

Bulgaria Training Helps Trauma Sufferers



Diane Moore and Rand Michael conduct training in Montana, Bulgaria. Their interpreter stands between them to translate English into Bulgarian.

Winter flooding in northwest Bulgaria had brought significant loss to the already impoverished people in the villages near the city of Montana. Motivated by Jesus' wholistic approach to people, Christi DeFalco of Nazarene Compassionate Ministries contacted TELOS, asking for training in listening so people could process their stress and trauma, including sorting through questions of life's

meaning. Diane Moore, (a Portland area Christian marriage and family therapist) and Rand Michael joined forces with Christi. Rand and Diane allowed people to process their experiences, to wrestle with their questions and taught them to listen empathically to one another. Not only were there Bulgarians, but also participants from Romania, Albania, and Poland. Part of the wholistic work being carried out by

Nzarene Compassionate Ministries is the provision of food and clothing. Thus the TELOS team also participated in this distribution. The experience is an example of TELOS' philosophy of partnering with people and organizations to provide care to underserved populations around the world.



A Dream Resurrected—Clinical Ministry in Bulgaria



A Bulgarian participant in traditional clothing studies the materials for listening training and dealing with trauma

God's Timing

God has a way of reawakening old dreams...dreams *He* planted! But tender plants can be crushed by words of discouragement from those who could and should encourage...by persons whose own understandings are limited and parochial. However, dreams that seem dead, as it turns out, are often simply lying fallow...for greater fruit later on...

Thursday, January 26, 2006 at 2 pm I welcomed to my office a local counselor educator—Rand Michael. A fellow clinician connected us. Since George Fox University, the school for which Rand teaches, requires their counseling students to experience being counseled, Rand and I discussed the possibility of my being of service to the students. Then the conversation turned to international mental health services.

I learned of the international ministry in which Rand and his wife, Phyllis, and other clinicians had been involved. My heart stirred. For twenty years, these clinicians had been doing what I had been told twenty years ago could not be done—counseling and training persons in other cultures who do not speak English!

After discussing the work of TELOS, I could not believe what I was hearing: an invitation to serve in Bulgaria. I could hardly contain my excitement. What a grand opportunity! And Bulgaria: it was wonderfully unknown to me. The vision and work of TELOS was exactly what I had dreamed of doing twenty-five years ago, when I first sensed the call to international clinical work.

In 1984, before starting my Masters in Marriage and Family Therapy, I met with the leaders of my church. They inquired about my dreams for the future. I shared with them my desire to do cross-cultural counseling. They quickly and emphatically informed me that it was not really possible. I could certainly help American missionaries overseas, but the cultural and language barriers presented too many problems for effective counseling of nationals. They killed my dream in that one sentence. I was sorely disappointed. But God has a way of reawakening old dreams...dreams *He* plants! Now over two decades later, He resurrected the dream.

Five weeks after that late January office visit from

Rand, after intense planning and preparation, we were in Bulgaria and thus began eight days of teaching church leaders and lay people about trauma and healing of persons, families and communities, and training the participants in listening skills...through a translator! And we provided counseling—via interpreters—to non-English speaking nationals from Bulgaria, Romania, and Poland. We saw healing and transformation.

While the entire time was a rich adventure, the most pivotal experience for me was when I counseled, via an interpreter, a Bulgarian woman and her grown daughter. I was very aware of God's facilitating both this time of healing for the clients and of His renewing and confirming the dream He had placed in my heart twenty-five years ago.



Diane with the team of missionaries and trainees at the Nazarene Church in Montana, Bulgaria

Now the dream was resurrected, confirmed, and more fully orbbed than ever. And I was bringing personal and professional maturity to the dream which I did not have before.

While I went to give, I found I was ministered to personally in ways that only God could have known I needed. The dream is alive in me... and now being pursued in ways I could not imagine earlier! Hallelujah!

Diane Moore, MA, MFT, LPC



Participants work together in trios as they practice the listening skills.



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To Encourage...
To Empower...
To Equip...



Teams in training for ministry in various world venues

Domestic and International Services are provided in the following areas:

- ✦ Individual, Couple, and Family Counseling/Therapy
- ✦ Life and Leadership Coaching and Consultation
- ✦ Education/Training in Living, Relating, Leading & Counseling
- ✦ Member Care
- ✦ Speaking and Retreats
- ✦ Candidate screening
- ✦ Reentry and trauma debriefing

International Clinical/Training Associates and Teams have served in:

Albania; Australia; Bulgaria; Burundi; Cyprus; East Asia; Germany; Hungary; Israel; Jordan; Kenya; Kosovo; Mexico; Mongolia; Nicaragua; Romania; Russia; Taiwan; Thailand; Uganda; Ukraine; Venezuela

Grounded in the Christian faith and its Scripture along with being informed by the study of persons and relationships, it is the philosophy of TELOS:

- To value persons served as equals and partners
- To be open, teachable service providers
- To partner with people over time
- To equip others and to train trainers so that ministry multiplies and is not dependent on TELOS



Burundian recipients of TELOS training

TELOS international, inc. focuses on mental health and relational well-being from a Christian perspective. Recognizing the wholeness of Truth, TELOS seeks to wed the best training in mental health with a faithful Christian worldview. While TELOS provides services within its home country of the United States, a significant portion of its efforts and ministries are provided internationally. TELOS is a non-profit, 501(c)3 corporation—all contributions to its ministry are tax-deductible.