



The TELOS Report



... around the World!

The official TELOS International information source for our partners:
Helping make the world whole... one person and one relationship at a time!

Volume 2, Issue 4
October-December 2004

Tel•os (tél-os, Gk
τελο) – “to achieve
one’s ultimate aim,
purpose or goal in life...
to be complete, mature
and whole.”

Twenty-seven gather for *historic Saturday!*

Twenty-seven eager people gathered early on Saturday morning, October 16, in Salem, Oregon. They were so eager that many of them were there early—without being bribed by some of the Pacific Northwest’s typical morning currency: *mochas and lattes!*

These twenty-seven were there for one purpose: to learn more how they could share with people in other countries some of the wonderful resources they themselves have, resources in life and living, resources in counseling, marriage and family therapy, in mental, spiritual, and relational health and well being. The numerical break down:

expert, with servant attitude and heart for the nations

- 1 Nurse with international vision and compassion

- 5 spouses there to be supportive of their partners and who have a heart for the nations

This “Training and Orientation Day”

was a significant and historical step forward for TELOS and its associates. It is the first of many days of training

“...participants considered and shared the privileges and challenges of working cross-culturally...”

for the TELOS teams who respond to needs and requests throughout the world.

Under the capable leadership of **Glenn Koppang**, TELOS Team and Training Coordinator and assisted by **April Schock** and **Judy**

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- 13 degreed/practicing/experienced/ licensed Christian therapists

- 6 graduate students preparing to be Christian therapists

- 1 Human Resources trainer

- 1 Computer



Team Albania includes: Front row, left to right: **Caran Smith** and **Ann Martin**. Back row, left to right: **Adam Smith**; **Glenn Koppang**; **Leanne Schamp**; **Sandy Ahlquist**; **Murray Ahlquist**

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Historic Saturday...

Tuttle Zollner, participants considered and shared the privileges and challenges of working cross-culturally in any field, but especially in the mental health field. Attendees were also given an overview of two key resources that TELOS uses in its international work:

(1) *CORE Caring*, a resource in key essentials of effective communication and relationships, regardless of culture; and (2) "solution-focused pastoral care and counseling," an approach that focuses on people's strengths and is uniquely adaptable

to cross-cultural work. Every TELOS team member will receive full training in these resources to use them in their own international work as team members, as clinicians, as interna-



Team China consists of: Front row, left to right: **Sue Daley; Tiffany Proctor.** Back row, left to right: **Ron Daley; Beth Swain; Janet Taylor; Patrick Proctor; Rand Michael; April Schock**

e.g. missionaries, embassy personnel, etc.) so that when TELOS leaves a country, there can still be an on-going, even a multiplying ministry that is the yield of TELOS partnering with in-country hosts.

tional visitors. They will also receive training to teach these resources to nationals and "ex-pats" (persons who are residing in a country that is not of their origin and citizenship,

Summer of 2005, TELOS teams will be going to the following countries to provide counseling, consulting, and training (listed alphabetically):

- (1) Albania;
- (2) China;
- (3) Nicaragua;
- and
- (4) Venezuela.

In each location, TELOS teams will be training nationals in counseling skills so nationals can serve nationals, responding to the great needs there are

around the world—needs in individuals, couples, and families lives for healing and wholeness spiritually, psychologically, relationally.

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Comments from the President...

By **Rand Michael, D.Min., Co-Founder and President, TELOS International, Inc.**

On July 21, 2004 at 8:40am Pacific Daylight Time I was rushing to a meeting via my bicycle. I did not want to be late so in my rush, I took a double 90 degree-right-left-turn too quickly. In a flash the wheels of the bike skidded out from under me. I was thrown vigorously onto the side walk. My left hip and the concrete colliding, my hip losing the oppositional encounter. I did not know it at the time, but I had a broken femur. I did not know it at the time but found out later that with breaks of femurs a person can bleed to death in less than five minutes—if the broken bone punctures the femoral artery. I thought I had a bad bruise, bad enough that I could not stand, but it did not occur to me anything was broken. A woman who was walking was kind to stop, kind to get my cell phone out of my backpack so I could dial 911 and kind to hold my left leg in place while I lay on the side walk on my right side. To move my leg was excruciatingly painful. From two blocks away, the fire truck and ambulance came screaming. Not until after the X-rays at the hospital and the orthopedic surgeon's announcement: "Yep, it's broken!" did I realize I had broken my left leg.



I have learned to be more intentional, more deliberate, more methodical in my movements. I have learned to appreciate the situation of others who have some "impairment." I have learned to receive. This last one is probably one of the harder things to be learning. Some of us need to learn to give; some of us need to learn to receive. Neither is better or worse than the other...simply lessons to learn. Surgery, stay in hospital, rehab...strangers giving and caring, strangers to whom I am deeply indebted. People I know, people who are friends, family, colleagues, students...caring, taking interest, giving. I am not used to receiving. It is a valuable lesson to learn. Since the adage says "It is more blessed to give than receive" then I must not in my need keep others from being blessed! Thank you one and all for your giving to me in this chapter of my life. Thank you for the lessons I am learning and your being among my teachers. This is all part of moving toward my *telos*, my maturity and I am indebted to so many. Thank you.

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A rough “guess-timate” of the number of persons being trained to provide listening and care giving skills:

- (1) Albania: 30;
- (2) China: 20;
- (3) Nicaragua: 25;
- (4) Venezuela: 25.

Keeping in mind that each of the nationals being trained serve many others through social work, through pastoring, through listening and lay counseling and other avenues, the potential impact for good is profound. Considering that each person trained will, in the coming months, help at least 10 persons each, then the 100 listeners trained by TELOS will yield positive impact on some 1000 people! That is correct! I invite you to do the math for yourself. It is astounding and exciting. We are still getting reports of on-going positive impact of the listeners we trained in Central Africa over two years ago. And now we have the privilege of revisiting and following up on places where we have served—Albania and China—as well as move into new world locations, partnering with new and eager nationals and “ex-pats” in Central and South America for the first time.

Will you also become a TELOS associate and team member? You can and we need you to do so. We need you to be a prayer partner and we need you to be a financial asso-

ciate. Team members pay their own way to give of themselves so that others might also experience the wonderful riches of positive Christian



Team Nicaragua consists of: Front row, left to right: **Trisha Medina** and **Sarah Howson**. Back row, left to right: **Kathy Canning**; **Peter Nordbye**; **Blythe Nordbye**

mental health and relationships. TELOS provides the infrastructure so that the teams can render their much needed service. Will you partner with TELOS and its associates to positively impact the world?

We need your help. Recently, I received a precious note from a couple whom I served years ago. They

have pledged to give \$10 per month to support this cutting edge ministry. That \$10 is so encouraging to us and it is going to help. And if you combine your \$10 with theirs...or your \$25 or \$50 or \$100 or more per month, then TELOS can continue in confidence to be the vehicle through which

“...the 100 listeners trained by TELOS will yield positive impact on some 1000 people!”

caring, committed Christian counselors can provide service and training to needy people around the world. Your donations to TELOS are fully tax-deductible, always a nice plus when contributing to such ministries.



Team Venezuela consists of: Front row, left to right: **Sharon Casurella** and **Judy Tuttle Zollner**. Back row, left to right: **Matt Markell**; **Steve Coffin**; **Sue Coffin**; **Chris Cole**; **Elise Cole**.



encouraging · empowering · equipping

TELOS INTERNATIONAL

"Helping make the world whole... one person and one relationship at a time"

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Our Motivation, Our Vision...

relational wholeness from a Christian perspective, seeks to wed the best in training in mental health with the Christian worldview and perspective. Our vision includes and counseling for reconciliation, wholeness, maturity, and growth, first for believers and also for non-believers. This is our cup of cold water in Jesus name. It's our way of being good and faithful stewards.

However, in addition, we are aware that in this process, we experience what Paul confessed: that those to whom he ministered and he himself were mutually encouraged by one another (Romans 1:12). We go to impart, to encourage, to empower, to equip yet the yield is that not only those we serve but we ourselves are also encouraged and empowered and even further equipped.

TELOS serves and equips missionaries and other "ex-patriots" as well as nationals because these also live and serve in areas of the world where mental health resources, especially from a Christian perspective, are scarce to non-existent.

YEAR-END GIVING and Monthly Partners make a MONUMENTAL difference...

Consider the possibilities... YOUR giving matters!

Because of partners like you TELOS faces historical opportunities! In 2005, TELOS associates will minister in: *Albania, China, Nicaragua, and Venezuela!*

You have an opportunity to make a monumental difference. NOW more than ever, your giving matters!

Over the past months TELOS has informed **Geneva Global, Inc.** of our ministry. Geneva is led by experts in Third World humanitarian causes, business, missions, technology and education. Their specialty is matching donors who want to give money with worthy ministries. Geneva extensively researches ministries before recommending a project to donors.

Geneva has *extensively* researched TELOS and our proposed counselor training program in China. The result? They are recommending that their donors fund our project at approximately \$96,000 over 18 months! There are no guarantees that we will be funded, but Geneva tells us a proposal rarely gets this far without being funded. One donor has already expressed interest! This is

about three times what Geneva normally recommends for a first grant... but they found TELOS and our proposal so solid that they made their unusual bid to their donors. There is also the possibility of another \$96,000 for a total of more than \$192,000 over 3 years!



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Our challenge? Geneva has said that we need to raise \$15,000 over 18 months to meet essential organizational expenses and match their \$96,000. That is the equivalent of your donated dollar being turned into another \$6.40 by Geneva donors!

Please help us with this challenge! If 42 people give \$20 per month for 18 months we will exceed our goal! Perhaps you could give \$200 or \$100 per month, perhaps two people reading this could give \$75 per month, maybe it would be possible for you to join several others in giving \$40 per month. Your year-end gifts, large and small, will also help us meet this crucial goal! *Please prayerfully consider what you can do... you may respond on the enclosed response form. All gifts are tax-deductible. Thank you!*

Your \$1 could possibly become **\$6.40!!!**