I am experiencing a holistic deepening and renewing of my life that is yielding a greater sense of peace and wholeness internally as well as more patience and care relationally. Using Paul's metaphor: more "fruit of the Spirit" (see Galatians 5:22-23). Thank you, Holy Spirit, for doing what Jesus said you would: "The Spirit will be leading you into all truth." (John 16:13). This on-going Spirit-guided truthing adventure involves my reading widely God's multi-faceted expressions and revelations of Himself. The Fullest Revelation is God Embodied in The Person of Jesus of Nazareth by Whom all things were created and in Whom all things hold together (Colossians 1:16-17). Faithful reading of God's Expression-and-Revelation of Truth involves reading His Creation. This wider reading of God's Self-expression involves our partaking of studies about the nature of persons and relationships.

As Mark Noll writes in Jesus Christ and the Life of the Mind: "...coming to know Christ provides the most basic possible motive for pursuing the tasks of human learning." Noll contends: "...if what we followers of Jesus Christ] claim is true, then [we] should be the most active, most serious, and most open-minded advocates of general human learning." Noll encourages us to "approach... human learning as a distinctly Christian enterprise."

Noll testifies: "The light of Christ... makes possible the study of humans in all their interactions , he is the source of all of life..."

Noll's confessions and claims have spoken to me as I have been reading in the new and emerging field known as "interpersonal neurobiology" (IPNB).

Of special significance to me have been the writings of Daniel Siegel. An example of The Spirit's continuing to lead and guide me toward all...full...truth has to do with peace. Jesus clearly bequeathed a gift and trust fund to His followers: "Peace I leave with you... My Peace I give to you...so let not your hearts be troubled nor let them be afraid." (John 14:27). While I have pondered and "claimed" this verse for years, I have come to a deeper understanding of myself and of Jesus, I have come to know how to "appropriate" this Peace as I have read IPNB which describes our brains, our minds and our relationships—how God has created us. The Spirit's Creative Leading us into "all truth" includes The Spirit's breathing in and through the work of such persons as Daniel Siegel so we can come to know how to be more Peace-full in and through Jesus.

We are told that Jesus was made in all ways as we are, that He was tempted in all ways as we are, and that He was made complete/ mature through suffering (see Hebrews 2: 9-18). We need to keep these things in mind when we juxtapose what John recorded of Jesus’ last night with us physically... John heard Jesus’ own self-disclosure: "Now my soul has become troubled..." (John 12:27). John also noted, as he was within feet of Jesus on His last night with us: "He [Jesus] became trouble in spirit..." (John 13:21).

So I came to ask myself: "Is Jesus expecting something of us that He Himself does not experience?"

As I asked this question, The Spirit led me into all truth by bringing together my pondering of Scripture-IPNB-The Incarnation and my own experience. Jesus did not automatically have peace...Jesus was made in all ways as we...He was tempted—stirred, agitated...yes, troubled—in all ways as we are...but He did not remain in the agitated, troubled state. As Simon Peter noted: "...while being He reviled, He did not retaliate; when others inflicted suffering on Him. He did not threaten them or return their suffering, rather, He kept entrusting Himself to Him who judges justly. (1 Peter 2:23). In other words, as fully human, he experienced exactly what we would physically and neurologically and His solution was to constantly keep entrusting Himself to His Loving Father who empowered Him to move from being troubled into being Peace-full in the midst of the challenges. Thus, Jesus, by The Spirit, helps me be aware of my agitation and helps me entrust myself to Jesus and Loving Father so my brain-and-body are calmed—are integrated...I receive His Gift of Peace.
In 2009, Seta Kejelian invited a TELOS team to Beirut to assist church members as they grieved the death of her husband and Nazarene Pastor Raja Nwaiser. Seta had graduated from Near East School of Theology and Haigazian University with a BA in Christian Education and a Teaching Diploma. Her plan for the future was to become a Christian Worker in the Union of the Armenian Evangelical Churches in the Near East when she met and married a Nazarene pastor (Rev. Raja Nwaiser) and had two daughters, Glory and Holy. She taught for 8 years at the Lebanon Evangelical School for Boys and Girls. She started as a homeroom teacher, then she became the Bible teacher of the elementary school and its chapel coordinator.

After marrying Rod, she joined him in serving the church as an intern missionary. Her job involved Child Sponsorship and Child Protection. With Rod’s counsel and supervision she revised and translated a Child Protection Policy for the Nazarene churches and schools in Middle East. She presented it to the teachers and staff at the Nazarene school in Beirut.

Soon Rod will become the executive pastor at the Venice, Florida, Church of the Nazarene. He will be doing administrative work to free up the lead pastor to focus more on vision and pastoral ministries. Again, he will be mobilizing average church members to allow God’s spirit to minister through them to the community. The church already has a small food bank, a community garden, and some recovery ministries, and Rod will be working to equip volunteers to minister in redemptive, holistic ways.

Rod and Seta Green have been a blessing to TELOS and its ministries for many years. We first met Rod in Israel in 2001, while he was serving as an administrative assistant to the Field Director, working especially in volunteer coordination. In 2003 he became Nazarene Compassionate Ministries Coordinator for the field for the purpose of helping the churches to further develop and adopt a more holistic approach to ministry. The Lay Counseling Training with TELOS became, in Rod’s words, “a really good tool to enhance all of our existing ministry strategies as well as any new endeavors we would start. For example, for the past two years, Issa, an LCT graduate, has been coordinating his church’s Syrian and Iraqi refugee outreach. He has been so excited how the training has helped him support families going through crisis and trauma. Issa is passing on his training to people who join in weekly programs that provide food and education for refugee families.”
East Asian Training Project Is Completed May, 2015

The East Asian Project of training marriage and family therapists and family life educators came to an official day of completion in early May, 2015. Phyllis and Rand Michael conducted trainings in Couple Communication Instruction and Marriage Enrichment Leadership. Four cohorts have finished the 3-year program. Many stories were told of changed lives and relationships, not only of those the graduates have helped through counseling, but also in the experiences of the graduates themselves.

The fruit continues as these graduates use their training in varied ways. One couple has taken the material from the training and modified it to serve as workshops for pastors and leaders throughout East Asia.

Students who finished the program in April, trained in Couple Communication Instruction, Marriage Enrichment Leadership, and Play Therapy

Mike and Susan Butler have been active for TELOS in East Asia for the past year. In October, 2014, Susan taught a course in Psychopathology, from a systemic perspective, and Mike met with pastors to discuss how they are taking care of themselves in the midst of serving others. In June, 2015, they returned as Susan taught a course in Play Therapy, and Mike continued his ministry with pastors and members.

Mike has served faithfully as a TELOS Board member for the past 10 years. Currently, he works in sales and project management for Smoke Guard California. He is in the process of completing a DMin at George Fox Seminary, with his project focusing on emotional health within church leadership.

Susan is a licensed Marriage and Family Therapist with the State of Oregon, having completed her MA in Couple and Family Therapy at George Fox Graduate School of Counseling. She is currently Director of Hope Connection, a counseling agency in Portland, Oregon.

Together they have served as missionaries in Latin America. Both of their hearts reach out to the underserved people of the world.

TELOS is fortunate to have the Butlers as its newest Associates.
Domestic and International Services are provided in the following areas:

- Individual, Couple, and Family Counseling/Therapy
- Life and Leadership Coaching and Consultation
- Education/Training in Living, Relating, Leading & Counseling
- Member Care
- Speaking, Workshops, & Retreats
- Candidate screening
- Reentry and trauma debriefing

To Date, International Clinical/Training Associates and Teams have served in:

Albania; Australia; Austria; Bulgaria; Burundi; Cyprus; East Asia; Germany; Hungary; India; Israel; Jordan; Kenya; Kosovo; Lebanon; Madagascar; Malaysia; Mexico; Mongolia; Nicaragua; Romania; Russia; Switzerland; Taiwan; Thailand; Uganda; Ukraine; and Venezuela

Gloria and Sheldon
TELOS Partners in East Asia

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TELOS international, inc. focuses on mental health and relational well-being from a Christian perspective. Recognizing the wholeness of Truth, TELOS seeks to wed the best training in mental health with a faithful Christian worldview. While TELOS provides services within its home country of the United States, a significant portion of its efforts and ministries are provided internationally. TELOS is a non-profit, 501(c)3 corporation—all contributions to its ministry are tax-deductible.