



Wellspring Anglican Church  
Adult Education 2018-2019

**WELLSPRING U**  
**ADULT EDUCATION CLASS SCHEDULE 2018-19**

**Sunday Mornings 9:00am – 10:00am**

**September 9 – October 14**

*Wellspring 102 – Christian Formation and the Anglican Way*  
The Rev. Jeff Stone

**November 11 – December 16**

*Sailing the 7 C's*  
Pastor Dan Stime

**January 6 – February 10**

*Soul Keeping*  
The Rev. Michael McClenaghan

**February 24 – April 14**

*Forgotten God*  
The Rev. Jeff Stone

**April 28 – June 2**

*Psalms for Life*  
Larry Dorman

**Thursday Nights 6:15pm – 7:30pm**

**September 13 – October 17**

*Wellspring 101 – All About Wellspring*  
The Rev. Jeff Stone

**November 8**

Night of Prayer and Worship

**November 15 – December 20**

*Emotionally Healthy Spirituality*  
The Rev. Jeff Stone

**January 10 – February 14**

*Braving*  
Kristi Hansen

**February 21**

Night of Prayer and Worship

**February 28 – April 11**

*Ephesians*  
Pastor David Ruybalid

**April 25**

Night of Prayer and Worship

**May 2 – May 29**

*Questions*  
The Rev. Jeff Stone

**June 5**

Night of Prayer and Worship

# WELLSPRING U

## ADULT EDUCATION COURSE DESCRIPTIONS

### **Wellspring 101 – All About Wellspring**

This class will offer a snap shot of what Wellspring is all about. It is a good class to attend especially if you are new to Wellspring or even if you have been here for a while and just want to know more.

### **Wellspring 102 – Christian Formation and the Anglican Way**

This class is meant to follow Wellspring 101, but it doesn't have to. Here we will discuss in more detail what Christian Formation can look like in the Anglican Tradition. It is a required class for those who are planning to be confirmed when the Bishop visits. However, the class is also designed in such a way that anyone can attend.

### **Sailing the 7 C's**

Bible Course "Cruise" of **7 major salvation themes** that are found on every page of the Bible! But sometimes, as in one of Jesus' parables, they are like "hidden treasure", unexpectedly discovered! When found, they are priceless! (Matt 13:44-46) **This** short cruise will help those who already "know" the Bible to become more "Biblically literate" in identifying these recurring threads of the **simple, unique and cohesive story** of our salvation; revealed in **sixty-six** books, contained in **two** Testaments, by **many** inspired writers, using **various** literary forms, over **many** centuries; yet telling **ONE unified story** of the **problem** and the **answer** in regard to the **relationship** between our **Creator** and His **creation**. Further, for those who feel they do NOT "know" the Bible or the way of salvation we'll explore what God has done,...and is doing, to fix this broken world, ...and us, it's broken inhabitants.

### **Emotionally Healthy Spirituality**

Based on Peter Scazzero's books, "Emotionally Healthy Church" and "Emotionally Healthy Spirituality." Our emotional experiences in life are rarely considered and often ignored or downplayed. Here, we will explore God's desire for us to become a holistically redeemed people, which includes shaping our emotional health according to His image.

### **Soul Keeping**

This will be a six-session, video-based study featuring John Ortberg and facilitated by Fr. Michael. The class will establish that caring for our souls is a key component for living the Christian life. Participants will learn what their soul is, why it's important, how to assess personal soul health, and how to care for it. The individual soul is the best connection to God there is, and yet it's one of the most neglected parts of ourselves because we often don't understand it. In this class we'll discover that by nurturing our souls, life in this world will come to make more sense; we'll be better able to find our way to God, avoiding hopelessness, depression, relationship struggles, and a lack of fulfillment.

### **Braving**

Based off an acronym in the book "Braving the Wilderness", our study on "Braving" will walk us through what true belonging looks like in an effort to cultivate a culture of trust. In the study we will look at how we interact with one another, how our self worth weaves itself into our interactions with others, and learn the importance of being true to ourselves. Come "be brave" with us!

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## ADULT EDUCATION COURSE DESCRIPTIONS

### **Forgotten God**

Based on Francis Chan's book titled, "Forgotten God." We will be reminded that the true source of the church's power is the Holy Spirit. As Chan contends, we've ignored the Spirit for far too long, and that without Him, we operate in our own strength, accompanying only human sized results. So, let's take some time together unforgetting the fullness of our God in the person of the Holy Spirit.

### **Ephesians**

We will be talking about how through Christ, we are a new humanity. What does that mean? What does that look like? What can we learn about God's heart in a world that does not always share the same values? We hope to get some clarity on these as we continue to be shaped into the people that God wants us to be.

### **Psalms For Life**

The Psalms is the book most often cited in the New Testament, and one most used in Christian worship since its beginning. It is also the most challenging for us who crave easy answers. It contains refreshing but brutal honesty, exalted praise, and deep mysteries. Our short course will touch on the Psalms' background, but it will mainly aim to invite us to consume them and allow them to live in us.

## WELLSPRING U ADULT EDUCATION TEACHER BIOS

### **Larry Dorman**

Larry was raised in the Pacific Northwest, spent most of his college years in California, and received his Ph.D. in Philosophy from the University of California, San Diego. He taught philosophy and religion at Simpson College, San Francisco (now in Redding). He and his wife Kathleen established Yesterday's Books in Modesto in 1980. He is member of the New York C.S. Lewis Society. Avocations include reading (of course), tennis, fishing, and singing—he sang with Townsend Opera Players for twenty-five years..

### **Kristi Hansen**

Kristi Hansen was born and raised just outside of Modesto. She has been involved in ministry at Wellspring for 12 years. She has 2 children, Erik and Merri. Kristi is a proponent of all things fair and just. She is a great believer in the Kindergarten motto - play nice with others.

### **The Rev. Michael McClenaghan**

Fr. Michael McClenaghan has been Rector (Senior Pastor) of the Wellspring congregation for fifteen years and is in the process of retiring this year. Michael has been an Anglican Priest for 33 years, having served congregations in Sacramento, Fresno, and Dallas, prior to moving to Modesto. His wife, Laura, is a public school teacher and Michael and Laura have been married for thirty years. They have two children - their daughter, Kyna, is a graduate student in New York City, and their son, Jimmy, is a college sophomore in Stockton.

### **Pastor David Ruybalid**

David Ruybalid is a musician, writer, and communicator who loves serving within the context of a church. He is married to Kellie and has two children. His style is one that brings both encouragement and challenge around Christ centered thoughts and principles. He loves speaking to rooms of any range from skeptical faith seekers to longtime followers of Jesus. You can find out more at [www.davidruybalid.com](http://www.davidruybalid.com) or his blog at: [www.IDoubtIt.online](http://www.IDoubtIt.online).

### **Pastor Dan Stime**

Dan is a retired Lutheran pastor who enjoys most the ministry of teaching/interacting with adults. He is married to Lynette and has been an important contribution to the ministry and life of Wellspring.

### **The Rev. Jeff Stone**

Jeff was born and raised in Northern California. He is married to Rebecca and they have three children. He attended Grace University in Omaha, Nebraska where he graduated with a B.S. in Christian Ed. Then he continued His education and received two Graduate degrees in Counseling and then in Divinity. He loves soccer and a good beer, and is passionate about the church and leading people to know Jesus.