

September

2018

WELCOME BACK !

Snacks are served with 4 oz. milk, 4oz. 100% juice, and water is always available. 2oz. portions of yogurt are served in combination with other food servings. Two or more servings of dairy or grain-rich foods or protein or fruits or vegetables are served with snacks each day.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>3</p> <p>CLOSED</p> <p>LABOR DAY</p>	<p>4</p> <p>AM tortilla w/peanut butter or plain</p> <p>PM cheerios</p>	<p>5</p> <p>AM yogurt/ritz</p> <p>PM pretzels</p>	<p>6</p> <p>AM grahams/juice/milk</p> <p>PM chips</p>	<p>7</p> <p>AM chips/salsa</p> <p>PM ritz</p>	
	<p>10</p> <p>AM fruit/ritz</p> <p>PM cheerios</p>	<p>11</p> <p>AM saltines/cheese</p> <p>PM saltines</p>	<p>12</p> <p>AM chips/salsa</p> <p>PM ritz</p>	<p>13</p> <p>AM ritz/peanut butter</p> <p>PM pretzels</p>	<p>14</p> <p>AM cheerios/milk</p> <p>PM grahams</p>	
	<p>17</p> <p>AM chips/salsa</p> <p>PM ritz</p>	<p>18</p> <p>AM tortilla w/peanut butter or plain</p> <p>PM saltines</p>	<p>19</p> <p>AM chips/salsa</p> <p>PM pretzels</p>	<p>20</p> <p>AM saltines/cheese</p> <p>PM cheerios</p>	<p>21</p> <p>AM grahams/milk</p> <p>PM chips</p>	
	<p>24</p> <p>AM grahams/juice/milk</p> <p>PM cheerios</p>	<p>25</p> <p>AM cheerios/milk</p> <p>PM ritz</p>	<p>26</p> <p>AM yogurt/ritz</p> <p>PM grahams</p>	<p>27</p> <p>AM tortilla w/peanut butter or plain</p> <p>PM chips</p>	<p>28</p> <p>AM ritz/cheese</p> <p>PM pretzels</p>	