

November 2025

Snacks are served with 4 oz. milk or 4 oz. 100% juice, and water is always available.
2 oz. portions of yogurt are served in combination with other food servings. Two or more servings of dairy or grain-rich foods or protein or fruits or vegetables are served with snacks each day.

MENU SUBJECT TO CHANGE DEPENDING UPON AVAILIBILT

SNACK MENU

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
26	27	28	29	30	31	1
	AM Cheese and saltines PM Penguin crackers/juice 4K Penguin crackers/water	AM WW/WG cereal bowl PM+4K Ritz/juice	AM WG corn chips/salsa PM+4K Pretzels/juice	AM WG grahams/milk PM+4K Saltines/juice	AM Fruit or yogurt PM WW/WG cereal/milk 4K WG corn chips/water	
	3	4	5	6	7	
	AM Cheese and saltines PM Penguin crackers/juice 4K Penguin crackers/water	CLOSED	AM WG corn chips/salsa PM+4K Pretzels/juice	AM WG grahams/milk PM+4K Saltines/juice	AM Fruit or yogurt PM WW/WG cereal/milk 4K WG corn chips/water	
	10	11	12	13	14	
	AM Cheese and saltines PM Penguin crackers/juice 4K Penguin crackers/water	AM WW/WG cereal bowl PM+4K Ritz/juice	AM WG corn chips/salsa PM+4K Pretzels/juice	AM WG grahams/milk PM+4K Saltines/juice	AM Fruit or yogurt PM WW/WG cereal/milk 4K WG corn chips/water	
	17	18	19	20	21	
	AM Cheese and saltines PM Penguin crackers/juice 4K Penguin crackers/water	AM WW/WG cereal bowl PM+4K Ritz/juice	AM WG corn chips/salsa PM+4K Pretzels/juice	AM WG grahams/milk PM+4K Saltines/juice	AM Fruit or yogurt PM WW/WG cereal/milk 4K WG corn chips/water	
	24	25	26	27	28	
	AM Cheese and saltines PM Penguin crackers/juice 4K Penguin crackers/water	AM WW/WG cereal bowl PM+4K Ritz/juice	CLOSED	CLOSED	CLOSED	

4K Breakfast Menu

The kitchen closes at 8:15 for breakfast service. If your child arrives after this time, your child may be offered a cereal bar or bowl of cereal. 4K class starts promptly.

1% white milk is served with breakfast

Juices are always 100% fruit juice

Water is always available throughout the day.

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	Monday	Tuesday	Wednesday	Thursday	Friday	
26	27	28	29	30	31	1
	WW/WG cereal bowl milk fruit juice fruit	WW toast/cheese squares milk fruit	Pancake/sausage milk orange fruit	Greek yogurt/WW toast milk fruit	WW/WG cereal bowl milk fruit juice fruit	
2	3	4	5	6	7	8
	WW/WG cereal bowl milk fruit juice fruit	CLOSED	Pancake/sausage milk orange fruit	WG oatmeal/WW toast milk fruit	WW/WG cereal bowl milk fruit juice fruit	
9	10	11	12	13	14	15
	WW/WG cereal bowl milk fruit juice fruit	WW toast/cheese squares milk fruit	Pancake/sausage milk orange fruit	Greek yogurt/WW toast milk fruit	WW/WG cereal bowl milk fruit juice fruit	
16	17	18	19	20	21	22
	WW/WG cereal bowl milk fruit juice fruit	WW toast/cheese squares milk fruit	Pancake/sausage milk orange fruit	WG oatmeal/WW toast milk fruit	WW/WG cereal bowl milk fruit juice fruit	
23	24	25	26	27	28	29
	WW/WG cereal bowl milk fruit juice fruit	WW toast/cheese squares milk fruit	CLOSED	CLOSED	CLOSED	

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1% with milk is served with lunch

Juices are always 100% fruit juice

Water is always available throughout the day

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First Steps 4K

Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
26	27	29	30	31	1	
	Mac and cheese Green beans Carrots Milk	Sandwich (WW bread, turkey or ham, cheese) Baby carrots/ranch, cucumbers Apple, Milk	Hot slider sandwich (beef/turkey) Corn, Peas Milk	Fish Fillets WW Pasta/tomato sauce Sweet potatoes, peas Milk	Chicken nuggets Apple Fresh broccoli Milk	
2	3	4	5	6	7	8
	Mac and cheese Green beans Carrots Milk	CLOSED	Hot slider sandwich (beef/turkey) Corn, Peas Milk	Meatballs/gravy White Potatoes Green beans Milk	Chicken nuggets Fresh broccoli/Ranch dressing Apple, milk	
9	10	11	12	13	14	15
	Mac and cheese Green beans Carrots Milk	Sandwich (WW bread, turkey or ham, cheese) Baby carrots/ranch, cucumbers Apple, Milk	Hot slider sandwich (beef/turkey) Corn, Peas Milk	Fish Fillets WW Pasta/tomato sauce Sweet potatoes, peas Milk	Chicken nuggets Fresh broccoli/Ranch dressing Apple, milk	
16	17	18	19	20	21	22
	Mac and cheese Peas Carrots Milk	Sandwich (WW bread, turkey or ham, cheese) Baby carrots/ranch, cucumbers Apple, Milk	Hot slider (beef/turkey), gravy Corn, Peas Milk	Meatballs/gravy White Potatoes Green beans Milk	Chicken nuggets Fresh broccoli/Ranch dressing Apple, milk	
23	24	25	26	27	28	29
	Mac and cheese Green beans Carrots Milk	Sandwich (WW bread, turkey or ham, cheese) Baby carrots/ranch, cucumbers Apple, Milk	CLOSED	CLOSED	CLOSED	