

June

2018

Snacks are served with 4 oz. milk, 4oz. 100% juice, and water is always available. 2oz. portions of yogurt are served in combination with other food servings. Two or more servings of dairy or grain-rich foods or protein or fruits or vegetables are served with snacks each day.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 AM saltines/cheese PM grahams	5 AM ritz/p'nut butter PM cheezits	6 AM fruit/ritz PM pretzels	7 AM cheerios/milk PM chips	8 AM grahams/milk PM saltines	9
10	11 AM fruit/ritz PM cheerios	12 AM saltines/cheese PM pretzels	13 AM pretzels/p'nut butter PM cheerios	14 AM grahams/milk PM ritz	15 AM chips/salsa PM saltines	16
17	18 AM grahams/milk PM cheerios	19 AM yogurt/ritz PM ritz	20 AM cheerios/milk PM pretzels	21 AM saltines/cheese PM chips	22 AM ritz/p'nut butter PM cheezits	23
	AM cheerios/milk PM chips	AM cheese/ritz PM grahams	AM cheezits PM cheerios	AM chips/salsa PM ritz	AM pretzels/p'nut butter PM saltines	