

July 2018

Snacks are served with 4 oz. milk, 4oz. 100% juice, and water is always available. 2oz. portions of yogurt are served in combination with other food servings. Two or more servings of dairy or grain-rich foods or protein or fruits or vegetables are served with snacks each day.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	CLOSED 4	5	6	7
	AM yogurt/ritz PM grahams	AM ritz/p'nut butter PM cheezits		AM cheerios/milk PM chips	AM grahams/milk PM saltines	
8	9	10	11	12	13	14
	AM cheezits PM cheerios	AM saltines/cheese PM pretzels	AM pretzels/p'nut butter PM cheerios	AM grahams/milk PM ritz	AM chips/salsa PM saltines	
15	16	17	18	19	20	21
	AM grahams/milk PM cheerios	AM saltines/cheese PM ritz	AM cheerios/milk PM pretzels	AM chips salsa PM grahams	AM tortillas/p'nut butter PM cheezits	
22	23	24	25	26	27	28
	AM cheerios/milk PM chips	AM cheese/ritz PM grahams	AM cheezits PM cheerios	AM chips/salsa PM ritz	AM pretzels/p'nut butter PM saltines	
29	30	31	1	2	3	4
	AM yogurt/ritz PM grahams	AM tortillas/p'nut butter PM saltines	AM cheerios/milk PM chips	AM cheezits PM pretzels	AM chips/salsa PM ritz	