

January 2019

CLOSED:

January 21, 2018 for Martin Luther King Day

January 22, 2018: EARLY registration reservations 2019-2020 preschool year begins for currently enrolled families only.

Snacks are served with 4 oz. milk, 4 oz. 100% juice, and water is always available. 2 oz. portions of yogurt are served in combination with other food servings. Two or more servings of dairy or grain-rich foods or protein or fruits or vegetables are served with snacks each day.

Menu * - if available

	Monday	Tuesday	Wednesday	Thursday	Friday	
	7 AM ½ banana Ritz PM grahams *banana	8 AM tortilla w/peanut butter or plain PM cheerios *banana	9 AM chips/salsa PM cheezits	10 AM grahams/milk PM ritz	11 AM saltines/cheese PM chips	
	14 AM cheerios/milk PM grahams	15 AM chips/salsa PM ritz	16 AM fruit/ritz PM saltines	17 AM saltines/peanut butter PM cheezits	18 AM grahams/milk PM cheerios	
	21 CLOSED MLK Day AM PM	22 Early reservation 2019-2020 AM tortilla w/peanut butter or plain PM grahams	23 AM yogurt/ritz PM cheerios	24 AM saltines/cheese PM ritz	25 AM grahams/milk PM chips	
	28 AM fruit/ritz PM cheezits	29 AM saltines/cheese PM cheerios	30 AM cheerios/milk PM grahams	31 AM tortilla w/peanut butter or plain PM chips	1 AM chips/salsa PM cheezits	