

February 2019

Registration opens to the Parish on February 11th and opens to the public on February 25th.

Return your form and fee if you have not done so already.

Snacks are served with 4 oz. milk, 4 oz. 100% juice, and water is always available. 2 oz. portions of yogurt are served in combination with other food servings. Two or more servings of dairy or grain-rich foods or protein or fruits or vegetables are served with snacks each day.

	Monday	Tuesday	Wednesday	Thursday	Friday	
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	4 AM cheezits PM grahams	5 AM tortilla w/peanut butter or plain PM cheerios	6 AM ritz/fruit PM pretzels , cheerios T2's	7 AM grahams/milk PM ritz	8 AM chips/salsa PM saltines	
	11 Registration continues with Parishioners AM cheerios/milk PM saltines	12 AM saltines/cheese PM pretzels, ritz T2's	13 AM grahams/milk PM saltines	14 AM cheezits PM chips	15 AM saltines/peanut butter PM grahams	
	18 AM chips/salsa PM ritz	19 AM tortilla w/peanut butter or plain PM grahams	20 AM yogurt PM cheerios	21 AM cheerios/milk PM saltines	22 AM grahams/milk PM chips	
	25 OPEN REGISTRATION AM saltines/cheese PM ritz	26 AM fruit/ritz PM cheerios	27 AM cheerios/milk PM cheezits	28 AM ritz/ peanut butter PM chips	1 AM Ritz/cheese PM pretzels , cheerios T2's/	