

# December 2025

Snacks are served with 4 oz. milk or 4 oz. 100% juice, and water is always available.  
2 oz. portions of yogurt are served in combination with other food servings. Two or more servings of dairy or grain-rich foods or protein or fruits or vegetables are served with snacks each day.

MENU SUBJECT TO CHANGE DEPENDING UPON AVAILIBTY

## SNACK MENU

| Sun | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Sat |
|-----|--|--|--|--|--|-----|
| 30  | 1<br>AM Cheese and saltines<br>PM Penguin crackers/juice<br>4K Penguin crackers/water  | 2<br>AM WW/WG cereal bowl<br>PM+4K Ritz/juice  | 3<br>AM WG corn chips/salsa<br>PM+4K Pretzels/juice  | 4<br>AM WG grahams/milk<br>PM+4K Saltines/juice  | 5<br>AM Fruit or yogurt<br>PM WW/WG cereal/milk<br>4K WG corn chips/water  | 6   |
| 7   | 8<br>AM Cheese and saltines<br>PM Penguin crackers/juice<br>4K Penguin crackers/water  | 9<br>AM WW/WG cereal bowl<br>PM+4K Ritz/juice  | 10<br>AM WG corn chips/salsa<br>PM+4K Pretzels/juice | 11<br>AM WG grahams/milk<br>PM+4K Saltines/juice | 12<br>AM Fruit or yogurt<br>PM WW/WG cereal/milk<br>4K WG corn chips/water | 13  |
| 14  | 15<br>AM Cheese and saltines<br>PM Penguin crackers/juice<br>4K Penguin crackers/water | 16<br>AM WW/WG cereal bowl<br>PM+4K Ritz/juice | 17<br>AM WG corn chips/salsa<br>PM+4K Pretzels/juice | 18<br>AM WG grahams/milk<br>PM+4K Saltines/juice | 19<br>Closed at 12 NOON<br>AM CHRISTMAS PARTIES<br>PM<br>4K                | 20  |
| 21  | 22<br>CLOSED   | 23<br>CLOSED                                   | 24<br>CLOSED   | 25<br>CLOSED                                     | 26<br>CLOSED   | 27  |
| 28  | 29<br>CLOSED   | 30<br>CLOSED                                   | 31<br>CLOSED   | 1<br>CLOSED                                      | 2<br>CLOSED<br>Return to Preschool on<br>January 5, 2026                   | 3   |

# December 2025

1% with milk is served with lunch

Juices are always 100% fruit juice

Water is always available throughout the day

MENU SUBJECT TO CHANGE DEPENDING UPON AVAILIBILTY

First Steps 4K

Lunch Menu

|    | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |    |
|----|--|--|---|--|---|----|
| 30 | 1<br>Mac and cheese<br>Green beans<br>Carrots<br>Milk  | 2<br>Sandwich (WW bread, turkey or ham, cheese)<br>Baby carrots/ranch, cucumbers<br>Apple, Milk  | 3<br>Hot slider sandwich (beef/turkey)<br>Corn, Peas<br>Milk  | 4<br>Fish Fillets<br>WW Pasta/tomato sauce<br>Sweet potatoes, peas<br>Milk | 5<br>Chicken nuggets<br>Apple<br>Fresh broccoli<br>Milk               | 6  |
| 7  | 8<br>Mac and cheese<br>Green beans<br>Carrots<br>Milk  | 9<br>Sandwich (WW bread, turkey or ham, cheese)<br>Baby carrots/ranch, cucumbers<br>Apple, Milk  | 10<br>Hot slider sandwich (beef/turkey)<br>Corn, Peas<br>Milk | 11<br>Meatballs/gravy<br>White Potatoes<br>Green beans<br>Milk             | 12<br>Chicken nuggets<br>Fresh broccoli/Ranch dressing<br>Apple, milk | 13 |
| 14 | 15<br>Mac and cheese<br>Green beans<br>Carrots<br>Milk | 16<br>Sandwich (WW bread, turkey or ham, cheese)<br>Baby carrots/ranch, cucumbers<br>Apple, Milk | 17<br>Hot slider (beef/turkey), gravy<br>Corn, Peas<br>Milk   | 18<br>Meatballs/gravy<br>White Potatoes<br>Green beans<br>Milk             | 19<br>Closed at 12 NOON   | 20 |
| 21 | 22<br>CLOSED   | 23<br>CLOSED   | 24<br>CLOSED  | 25<br>CLOSED   | 26<br>CLOSED  | 27 |
| 28 | 29<br>CLOSED   | 30<br>CLOSED   | 31<br>CLOSED  | 1<br>CLOSED  | 2<br>CLOSED<br>Return to Preschool on January 5, 2026                 | 3  |



## 4K Breakfast Menu

The kitchen closes at 8:15 for breakfast service. If your child arrives after this time, your child may be offered a cereal bar or bowl of cereal. 4K class starts promptly.

1% white milk is served with breakfast

Juices are always 100% fruit juice

Water is always available throughout the day.

# December 2025

|    | Monday  | Tuesday   | Wednesday  | Thursday                                     | Friday  |    |
|----|---|---|--|--|---|----|
| 30 | 1<br>WW/WG cereal bowl<br>milk<br>fruit juice<br>fruit  | 2<br>WW toast/cheese squares<br>milk<br>fruit   | 3<br>Pancake/sausage<br>milk<br>orange<br>fruit  | 4<br>Greek yogurt/WW toast<br>milk<br>fruit  | 5<br>WW/WG cereal bowl<br>milk<br>fruit juice<br>fruit                              | 6  |
| 7  | 8<br>WW/WG cereal bowl<br>milk<br>fruit juice<br>fruit  | 9<br><i>Same ↑</i><br><del>CLOSED</del><br><i>toast/cheese</i><br><i>milk</i><br><i>fruit</i> | 10<br>Pancake/sausage<br>milk<br>orange<br>fruit | 11<br>WG oatmeal/WW toast<br>milk<br>fruit   | 12<br>WW/WG cereal bowl<br>milk<br>fruit juice<br>fruit                             | 13 |
| 14 | 15<br>WW/WG cereal bowl<br>milk<br>fruit juice<br>fruit | 16<br>WW toast/cheese squares<br>milk<br>fruit  | 17<br>Pancake/sausage<br>milk<br>orange<br>fruit | 18<br>Greek yogurt/WW toast<br>milk<br>fruit | 19<br><b>Closed at 12 NOON</b><br>WW/WG cereal bowl<br>Milk<br>Fruit juice<br>fruit | 20 |
| 21 | 22  | 23  | 24   | 25   | 26  | 27 |
| 28 | 29  | 30  | 31<br>CLOSED                                     | 1<br>CLOSED                                  | 2<br>CLOSED<br>Return to Preschool on<br>January 5, 2026                            | 3  |