

24-Hours of Prayer

October 4-5, 2013

Thank you for investing an hour of your time in praying and seeking the Lord on behalf of Believers Church. This guide is intended to help you navigate this hour, to get the most out of your time. **Nothing is more powerful than prayer!** Prayer can accomplish anything God can accomplish because He is the One who moves and acts when we pray. Big Day won't be BIG if God doesn't show up significantly ~ so together, let's commit it to Him!

Feel free to use this guide to supplement your own plans for your hour of prayer. Be creative. Get together with some friends. Include your family in your time of prayer. Incorporate prayer walking while you pray...it's a great way to actively pray for those around you. Be mindful of the acronym **A-C-T-S** as you enter this hour of prayer.

A – Adoration

(15 Minutes)

“Our Father in heaven, may your name be kept holy.”

Matthew 6:9

When starting your time of prayer, begin by revering the name of God. An old Presbyterian catechism says, “The chief end of man is to glorify God and to enjoy Him forever.” Another term for adoration is “praise.” Praise is simply vocal adoration of God. We praise God first because Jesus instructed us to (see Matthew 6:9) and because it puts God in His rightful position at the very beginning of our prayers.

The Bible says, in Psalms 50:23, *“Giving thanks is a sacrifice that truly honors me. If you keep to my path, I will reveal to you the salvation of God.”*

- **Praise God for His righteousness:**

“My tongue will speak of your righteousness and of your praises all day long.” Psalm 35:28 (NIV)

- **Praise Him for His creation:**

“Praise him for his acts of power; praise him for his surpassing greatness.” Psalm 150:2

- **Praise Him for His Word:**

“I have rejoiced in your laws as much as in riches. I will study your commandments and reflect on your ways. I will delight in your decrees and not forget your word.”
Psalm 119:14-16

What can you spend time praising God for? Consider His mercy, His grace, His love, His power, His knowledge, His presence.

C – Confession

(15 Minutes)

When approaching God it is important to have a time of confession. Read the following verses out loud. Note the important link between **confessed sin** and **answered prayer**. After reading the verses, spend some time confessing any sin in your own heart so that the Lord will hear your prayers.

- *“Search me, O God, and know my heart; test me and know my thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.”*
Psalm 139:23-24

- *"If I had not confessed the sin in my heart, my Lord would not have listened."* Psalm 66:18
- *"The eyes of the Lord watch over those who do right, and his ears are open to their prayers. But the Lord turns his face against those who do evil."* 1 Peter 3:12
- *"Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and wonderful results."* James 5:16

T – Thanksgiving

(15 Minutes)

Thanksgiving is closely related to adoration. While adoration is praising God for **who He is**, thanksgiving is praising God for **what He has done!**

"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done."

Philippians 4:6

Here are some things you can thank god for:

- **Spiritual blessings**
How has God recently blessed you spiritually? What have you learned from His Word? Maybe you've experienced something in this time of prayer for which you can thank him.
- **Material blessings**
Whether you have much or little, all that you have has been generously provided by God. Thank him for the car that provides you transportation; thank Him for the home or the apartment that provides you shelter; thank Him for the food that provides you nourishment. Be specific.

- **Physical blessings**

Thank Him specifically for good health. If you've been healthy, praise him for that. If you are experiencing pain in one leg, then express appreciation for strength in the other. If your body is ill, praise Him that your mind is sharp. Thank Him that you can breathe, that your heart beats... that you get to experience His blessings each new day.

S – Supplication

(15 Minutes)

Supplication is when we bring our needs and requests to God, asking Him to act on our behalf. Pray specifically and **boldly**.

- *“Then Jesus told them, ‘I tell you the truth, if you have faith and don’t doubt you can do things like this and much more. You can even say to this mountain, ‘May you be lifted up and thrown into the sea,’ and it will happen. You can pray for anything, and if you have faith, you will receive it.’” Matthew 21:21-23*
- *“Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.” Ephesians 6:18*
- *“Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results. Elijah was as human as we are, and yet when he prayed earnestly that no rain would fall, none fell for three and a half years! Then, when he prayed again, the sky sent down rain and the earth began to yield its crops.” James 5:16-18*

- “Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you.” Matthew 7:7

Ask God to Act on These Things:

- **Believers Big Day** (October 6). Pray many come to Believers, pray many trust Christ.
- Boldness on the part of Believers in sharing their faith and extending an invitation to people around us.

Who are YOU inviting? Pray for them now!

- Open hearts for those who have received invitations and/or mailings to attend the *Relationship Rescue* series.
- For *Relationship Rescue* to be used by God to strengthen many relationships.
- Pray that God will GROW Believers while we prepare to move.
- Pray for the GREAT volunteers at Believers and for an increase in their number.
- Pray for NOTJUSTABUILDING. Pray that we will receive the full amount pledged.
- Pray for all the BeGroups to fill up!
- What are your requests? Pray for them!

Look at that, you did it! One hour of prayer has come and gone. Continue to seek Him in your own private prayer times. We can't wait to see what God is going to do this Sunday!