



St. John Athletic Program

The Athletic Program of St. John Lutheran School serves as an extracurricular arm of the school. Its purposes and goals are consistent with the philosophy, purposes, and objectives of the school

It is our belief that participation in athletics can be a positive component in the growth and development of any child's physical, mental, and spiritual health.

Our purpose and aim include:

- 1) Christian fellowship and sportsmanship
- 2) Opportunities for Christian witness
- 3) An outlet for physical exercise
- 4) An opportunity to participate in athletic competition
- 5) The fostering of an individual's confidence

These purposes rank higher than a team's achievement in winning games by score or a team's accomplishment of an impressive win-loss record. If these do occur, then all praise and glory goes to the Lord.

Objectives

- 1) Each participant will understand that the victory of eternal life in Jesus Christ, our Lord, is the major goal in life.
- 2) Each participant will honor God and accord Him praise for the blessings of physical health and the ability to participate.
- 3) Each participant will grow in Christian fellowship, teamwork, and sportsmanship in a setting that includes athletic training and competition.
- 4) Each participant will experience an increase in self-worth and self-confidence.
- 5) Each participant will develop a greater capacity for physical fitness.
- 6) Each participant will advance or improve in his or her individual skill level principally in the sports offered at St. John.

Sports Physical

Students are required to have an annual health exam or physical before participating in a sport.

One physical per year qualifies the student for entry into all sports for that year.

Physicals must be turned in to the school office before the player can begin practice for any sport.

Sports Offered For 5th – 8th Grade Students

<u>Cross Country</u>	(Fall, Aug. – Oct.)	(\$30.00 per season)	
<u>Girls Basketball</u>	(Fall, Aug. – Nov.)	(\$60.00 per season)	
<u>Volleyball</u>	(Winter, Dec. - March)	(\$60.00 per season)	(\$20.00 for shorts)
<u>Boys Basketball</u>	(Winter, Nov. – Feb.)	(\$60.00 per season)	
<u>Track and Field</u>	(Spring, March – May)	(\$30.00 per season)	

*Athletic Fees will be assessed before the start of the season and must be paid prior to the first practice.