

## Don't Be Afraid!

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### Jesus said don't be afraid

Jesus came to them and touched them and said, "Get up, and do not be afraid." (Matt. 17:7)  
Jesus said to the synagogue official, "Do not be afraid any longer, only believe." (Mark 5:36)  
Jesus said, "Do not be afraid; only believe." (Luke 8:50)  
Jesus said, "Let not your heart be troubled, nor let it be afraid" (John 14:27)  
"Do not be afraid, little flock, for your Father has chosen gladly to give you the kingdom." (Luke 12:32)  
Jesus said, "Are not two sparrows sold for a cent? And yet not one of them will fall to the ground apart from your Father. So do not fear; you are more valuable than many sparrows." (Matt. 10:29,31)

### Don't be afraid of starving

"I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear... So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.'" (Matt. 6:25-33)

### Don't be afraid when others are panicking

"You will be hearing of wars and rumors of wars, see that you are not frightened" (Matt. 24:6).  
"Do not be afraid of sudden terror, nor of trouble from the wicked when it comes, for the Lord will be your confidence, and will keep your foot from being caught" (Prov. 3:25-26).  
"You will not be afraid of the terror by night, or of the arrow that flies by day." (Psalm 91:5)  
"Do not fear those who kill the body but are unable to kill the soul; but rather fear Him who is able to destroy both soul and body in hell." (Matt. 10:28)  
"In God I have put my trust, I shall not be afraid. What can man do to me? (Psalm 56:11).  
"The Lord is for me; I will not fear; what can man do to me?" (Psalm 118:6)

### Don't be afraid of persecution

"But even if you should suffer for the sake of righteousness, you are blessed. And do not fear their intimidation, and do not be troubled" (1 Peter 3:14).

### Putting your trust in God drives away fear

And He said to them, "Why are you afraid? How is it that you have no faith?" (Mark 4:40)  
He said to them, "Why are you afraid, you men of little faith?" (Matthew 8:26)  
"When I am afraid, I will put my trust in You" (Psalm 56:3).  
"In God, whose word I praise, In God I have put my trust; I shall not be afraid. What can mere man do to me? (Psalm 56:4)  
"In God I have put my trust, I shall not be afraid. What can man do to me?" (Psalm 56:11).

### Don't be afraid because God is with you

"Be strong and courageous, do not be afraid or tremble at them, for the Lord your God is the one who goes with you. He will not fail you or forsake you." (Deut. 31:6)  
"I will fear no evil for You are with me" (Psalm 23:4)

### Don't be afraid at night

"You will not be afraid of the terror by night, or of the arrow that flies by day" (Psalm 91:5)  
"When you lie down, you will not be afraid; When you lie down, your sleep will be sweet" (Proverbs 3:24)

### Christians don't need to be afraid of dying

"He Himself likewise also partook of the same, that through death He might render powerless him who had the power of death, that is, the devil, and might free those who through fear of death were subject to slavery all their lives" (Heb. 2:14-15)  
"Do not fear those who kill the body but are unable to kill the soul; but rather fear Him who is able to destroy both soul and body in hell." (Matt. 10:28)

### Perfect love casts out fear

"There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love" (1 John 4:18)

For much more information read [The Sure Cure for Worry](#)

