

## Were Adam and Eve Real People?

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You probably grew up being taught that evolution is true and the Bible is a myth. Evolution teaches that life arose on earth from non-life, while the Bible teaches a Supreme Being created the first two people. I do not believe that both can be true at the same time, which means that we need to decide which one we will believe. No one was present when either story claims to have happened, so we must follow that facts to lead us to a conclusion.

Some people immediately reject the Bible being true because it records numerous miracles that were humanly impossible to occur. If you follow human logic alone, then the Bible cannot be true. However, **if you include the supposition that a supernatural being called God can do what is humanly impossible**, then the miracles can be accepted, even if you cannot logically understand it. Jesus did numerous miracles to validate the power of God. He said, "With people it is impossible, but with God all things are possible" (Matt. 19:26). The angel Gabriel explained to the virgin Mary how she would become pregnant, "For nothing will be impossible with God" (Luke 37).

**1. How do we know that the Bible is true?** Since it's from the Bible that we learn about Adam and Eve, it's fair to question its validity. If you are going to stake your belief in a God who is invisible to you, is it too much to ask for some proof the Bible is true? I don't think so.

God has provided [indisputable proof that the Bible is true](#) through the predictions made by the Old Testament prophets that have come to pass. Since God knows everything, He told the prophets what would happen in the future, who recorded His words in the Scriptures. The prophets would die long before most of those predictions would be fulfilled. Time has proven their predictions to be correct. We can look back on history and see that their numerous prophecies did indeed come to pass. This is proof the Bible is true, therefore we can believe what it says about miracles and the creation of Adam and Eve.

**2. [Evolution is statistically impossible](#).** Evolution has many loose ends and unanswered questions. How did the opposite sexes, which require both a male and female to reproduce another person, instantaneously evolve? To believe in evolution, you have to believe that life came from non-life. Intelligent scientists, who have never been able to make this happen in laboratories, have attempted to prove that it happened without intelligence!

However, many scientists have rejected the Darwinian theory of evolution due to its many flaws, and have concluded that life must have come from an "[Intelligent Designer](#)." For example, a watch that keeps accurate time had an intelligent designer behind it, even if you weren't there to see him or her make it. The [amazingly complex design of the human body](#) therefore must have had an Intelligent Designer to coordinate all the organs so they would function together. The Intelligent Design theory stops short of endorsing the biblical account of creation and naming the Designer.

**3. Adam and Eve are mentioned in 10 different books of the Bible.** Jesus taught that Adam and Eve were real people. He fulfilled hundreds of Old Testament prophecies and performed many miracles, proving that He is the Messiah and what He says is true. Jesus quoted from Genesis 1:27 and 2:24 when He said, "From the beginning of creation, God made them male and female. For this cause a man shall leave his father and mother, and the two shall become one flesh" (Mark 10:6-8).

### Why is it necessary to believe in Adam and Eve?

The Bible teaches that sin entered the world through Adam and righteousness entered the world through Jesus. But if you believe in evolution, you must dismiss sin entering the world through Adam and righteousness through Jesus. The apostle Paul writes:

Just as through one man sin entered into the world, and death through sin, and so death spread to all men, because all sinned . . . Nevertheless death reigned from Adam until Moses, even over those who had not sinned in the likeness of the offense of Adam, who is a type of Him who was to come. . . . For if by the transgression of the one the many died, much more did the grace of God and the gift by the grace of the one Man, Jesus Christ, abound to the many. . . For if by the transgression of the one, death reigned through the one, much more those who receive the abundance of grace and of the gift of

righteousness will reign in life through the One, Jesus Christ...For as through the one man's disobedience the many were made sinners, even so through the obedience of the One the many will be made righteous. (Romans 5:12-19)

Paul also compares Adam with Jesus when he said:

"The first man, Adam, became a living soul. The last Adam (Jesus) became a life-giving spirit...The first man (Adam) is from the earth, earthly; the second man (Jesus) is from heaven" (1 Cor. 15:45, 47).

Yes, Adam and Eve were real people, They teach us how the human race came into being, are an example of being joined together in marriage, demonstrate how sin entered into the world, and why Jesus needed to come into the world as the second Adam to be our Savior.

Making Life Count Ministries  
P.O. Box 680174  
Prattville, Alabama 36068  
[www.makinglifecount.net](http://www.makinglifecount.net)