

**Define it**

**Young David**

1 Samuel 17, 18

**Do it**

Your children have hard things to do all the time. You know these things will be ok and are not beyond their capabilities but nevertheless, your children are afraid. God sees your lives filled with whatever fear you indulge and feels the same way. He knows if you rely on Him there will be courage and a solution.

As you deal with your children and their fears, let it become a trust increasing exercise for your whole family. Trust God together. Pray for each other. Mimic reaching into God's hand to take the courage He offers. It will take some time, but you will begin to see your family's current fears diminish and new fears being met with stronger strategies based on faith rather than (lack of) self-sufficiency.

David's courage to face Goliath lay in his unwavering notion of God's activity. He didn't even stop to consider what could happen to him.

**Drink it**

You need not be afraid of disaster or the destruction that comes upon the wicked, for the Lord is your security. He will keep your foot from being caught in a trap.

Proverbs 3: 25, 26

**Say it**

God gives me courage.

**Pray it**

Thank You, God, for not being afraid of anything. Thank You for having courage to share with me. Help me to remember You are for me and close to me.

Amen.

**Plan it**

God loves and blesses us by giving us courage. We love and bless God and others by being courageous. Those we bless will see our courage from God and come to love God themselves

**Display it**

The thing we are afraid of can become like a giant we can never beat.

God isn't afraid of anything and nothing beats HIM.

Like David, let God handle the details while you step up to do what He's given you to do.

Above the giant word below, write the thing you are afraid of right now. Then, take a black marker and with giant, thick letters, write GOD over the giant and little you. He's got you.



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