

Define it.
Jesus is Tempted
Matthew 4: 1-11

Do it!

When your children do even the tiniest right thing this week, acknowledge how happy it makes you. Help them notice when *you* do the right thing it pleases *them*. To drive home the point, supply an “instead of” scenario, like “instead of saying ‘please’ to you, I could have yelled angrily” or “instead of waiting patiently for your brother to move you could have yelled and kicked him. It is much nicer for everyone when we choose to do the right thing.”

Drink it.

“When Jesus lived on earth, he was tempted in every way that we are, but he did not sin.” Hebrews 4: 15

Say it.

Temptation is the feeling we get when we want to do the wrong thing.
Jesus was tempted to do wrong, but he chose to do right.

Pray it.

Dear God, thank you for that Jesus chose to do the right thing always. Please make me strong to choose what is right when I am tempted.
Amen.

Play it.

No No No

(Frere Jacques)

No, no, I won't! No, no I won't
Do what's wrong, do what's wrong.
I will follow Jesus! I will follow Jesus!
So, no, no! No, no, no!

Display it

On the back of this page is a picture of something that could be hard to resist.

Mom might say, "Wait till after dinner."

What do you really want to do?

What is the right thing to do?

How can you wait?